

CLUB

HONG KONG FOOTBALL CLUB 香港足球會 JUNE 2014



Renovations around the Club

In this issue:

End of Season reports

Father's Day Celebrations at the Club

Seniors Special in the Coffee Shop

Live Sports shown in the Sportsman's Bar and more...!

Go wild in South Africa with luxury tour packages from Cathay Holidays

Enjoy 1,000 Bonus Asia Miles



Catch a glimpse of the “Big 5” animals on a once-in-a-lifetime holiday to the most famous wildlife regions in South Africa! Guided tour packages include direct flights to Johannesburg on Cathay Pacific, domestic transfers, and a range of luxury accommodation choices!

8-day/ 6-night Sabi Sand & Table Mountain Special From HKD 34,020*

- 3 nights at luxury lodge Kirkmans Kamp within Sabi Sand Reserve with daily meals, scheduled safari activities and nature walks#
- 3 nights at The Queen Victoria Hotel in Cape Town
- Explore Table Mountain, Clifton and Signal Hill
- Enjoy a full-day Cape Point and Winelands Tour

10-day/ 8-night Exclusive Luxury Kruger National Park Safari & Cape Town Package From HKD 61,700*

- 3 nights at the luxury safari lodge in Royal Malewane for game viewing
- 3 nights at Ellerman House plus 2 nights at Delaire Graff Lodges and Spa in Cape Town
- Explore Table Mountain in Cape Town
- Enjoy a full-day Winelands Specialist Tour

Packages include: Round-trip flight tickets on Cathay Pacific Airways • A one-way flight from Cape Town to Johannesburg on South African Airways • Hotel accommodation • All scheduled light aircraft flights, transfers and tours stated in the itinerary • Daily breakfast • Travel insurance

For enquiries and to book, please contact our customer hotline on **2747 4370** or email **service@cxholidays.com**



Royal Malewane



Table Mountain



Stellenbosch

Book now

cxholidays.com



*Prices quoted are subject to applicable taxes and other surcharges. As reference only, the current fuel surcharge for packages between Hong Kong and Johannesburg, and from Cape Town to Johannesburg booked in May is about HKD2,770. **Offer details** | *Guided by experienced armed trackers (subject to availability). | Prices quoted are per person, based on 2 adults sharing 1 room, checking in and travelling together throughout the entire journey. | Prices listed above are based on the lowest available price for sample travel dates and vary by departure date, number of travellers, hotel, room type and flight booking class. Please refer to the website for the latest pricing. | Sabi Sand Conservation Fees of ZAR50 per person are NOT included and payable direct at the lodge. | The availability of flights, rooms and all hotel benefits is subject to the supply of airlines and hotel availability. | Cathay Holidays Limited and Asia Miles™ terms and conditions apply. | Cathay Holidays Limited is a wholly-owned subsidiary of Cathay Pacific Airways. (Licence no. 352024) | Photo provided by andBeyond, Royal Malewane.





CONTENTS

The Thoughts of the Chairman.....	2
From the Desk of Mark Pawley	4
Food and Beverage promotions	6
From the Fitness Centre	12
Rugby.....	14
Colts Rugby	16
Obituary	18
Hockey	20
Squash	21
Soccer	24
Junior Soccer.....	30
Lawn Bowls.....	31
Tennis	34
Swimming and Triathlon	36
Ten Pin Bowling.....	40
Golf	41

Cover image: New Sports Desk counter on 1/F



HONG KONG FOOTBALL CLUB

MISSION STATEMENT

Vision: To be recognised as one of the leading sports clubs in the world.

Mission: To deliver quality services on the principles of accountability, consistency and transparency. To develop an organizational culture that recognises the importance of staff contribution and commitment. To facilitate the development and participation of recognised sporting activities.

Values: Being accountable – to communicate, consult and provide information.

Living within our means – to plan ahead within available resources. Developing a culture of service – to encourage commitment, integrity, courtesy and responsiveness. Managing for performance – to set the direction and develop the necessary skills.

Aims: To provide the services the Membership needs. To improve the quality of Club life.

To up-hold the Constitution and Bye-laws.

To encourage Members to play their part in the Club.

General Committee

President	: Dermot Agnew
Vice President	: Fook Aun Chew
Vice President	: Nick Hunsworth
Vice President	: Bobby Lawson
Vice President	: Iain Valentine
Chairman	: John Shanahan
Hon. Secretary	: Mike Wood
Hon. Treasurer	: David Howell
Constitutional Affairs	: Dave Reeves
Development	: Neil Roberts
Discipline	: James Niehorster
Membership	: Maurice O'Brien
Sports and Recreation	: Philip Woolf
Hockey Officer	: Nicola Russo
Lawn Bowls Officer	: Nick Grimshaw
Rugby Officer	: Damian Babis
Soccer Officer	: Martyn Russell
Squash Officer	: Adam Wilson

Management

General Manager	: Mark Pawley
Director of Operations	: Tony Sealy
Director of Food and Beverage	: Dominique Artigolle
Financial Controller	: Ricky Chan
Executive Chef	: Patrick Lau
Facilities Manager	: Evan Tao
Membership Services Manager	: Kerry Ogle
Human Resources Manager	: Angela Chan
Executive Housekeeper	: Tracy Tseung
Front Office Manager	: Shirley Lo

Club Magazine

Monthly journal of the Hong Kong Football Club. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.

Hong Kong Football Club

3 Sports Road, Happy Valley, Hong Kong
Tel 2830 9500 Fax 2882 5040 •
Website: www.hkfc.com.hk



John J Shanahan, Chairman

The Thoughts of the Chairman

Well, what an exciting finish to the HKFC Citibank Soccer Sevens, held at the end of May, with Manchester City walking away with the Cup after beating local champions Kitchee in a very entertaining final. This is just the sort of top class international sporting competition that the Club hosts on a regular basis. And, this is not to forget the Professional Squash Association and Women's Squash Association world ranking tournaments held the week of the Soccer Seven tournaments. Hong Kong's own Max Lee winning the men's tournament and Amanda Sobhy from USA winning the women's tournament.

We now move into the quieter months of the year as the sporting leagues close down for the summer. Having said that, we are still hosting the World Masters Squash Tournament from the 4th to the 11th July (with so far, some 750 registered players) and also one of the legs of the Asian Rugby Seven's Series on the weekend of the 23rd and 24th August (with 12 men's teams, including Japan and Hong Kong and 12 women's teams).

If you are planning on going away for the summer holidays, I wish you a safe and pleasant trip. If you are staying in Hong Kong, don't forget our wonderful catering facilities and, if you want to keep your fitness levels up, there are plenty of opportunities through the Club-wide activity programmes that are on hand or through the various Section's summer training programmes.

JOHN J SHANAHAN
Chairman

For more information on reciprocal clubs, please visit our website at

<http://www.hkfc.com.hk/membership/reciprocal-clubs>

Featured Reciprocal Club this month:

THE LANSDOWNE CLUB

9 Fitzmaurice Place,
Mayfair, London W1J 5JD
www.LansdowneClub.com

Tel: +44 20 7318 6160

Fax: +44 20 7318 6170

Email: ReceptionDesk@LansdowneClub.com

A home away from home - since 1935

Set in the heart of Mayfair, just off Berkeley Square, the Lansdowne Club is a haven of tranquility where 18th century grandeur and stylish Art Deco meet 21st century vitality. Perfect for relaxation, recreation and business, the Lansdowne Club offers an unrivalled range of facilities including accommodation, sports and social events.

Members are reminded that they can apply for an Introductory Letter from the Membership Services Department and that room bookings should be made by the Members on their own.

Sri Lanka



3 Days / 2 Nights share twin per person **HK\$ 4300 up**
6 Days / 5 Nights share twin per person **HK\$ 8900 up**

Contact	Direct Line	Email
Patrick Lam	3443 7319	patricklam@sunpac.com.hk
Olivia Leung	3443 7352	olivialeung@sunpac.com.hk

Excluding all applicable taxes. Prices are subject to change without prior notice.

Certain terms and conditions apply and should any disputes arise, the decision of Sunpac Tours & Travel Ltd. shall be final.



License No. 350481





Mark Pawley, General Manager

From the Desk of Mark Pawley

As much as we may have wished for it, the fine weather didn't really hit Hong Kong in May with a number of torrential rainstorms in the month. Having said that, the HKFC Citibank Soccer Sevens was blessed, in that there was only one short "drizzly" rainstorm during the entire tournament. Mind you, it was still very, very hot and humid through out. A "Big" thank you to the Sevens Organising Committee for another very well run tournament and a thank you to all our Staff who, once again, had a few tough days of work.

"Lobster is King" as they say and this is the Restaurant promotion in June (every evening from 6.30pm - 10.30pm, Monday to Saturday inclusive) where we will look to showcase a number of different lobster dishes. On Sunday, throughout the month, we have our **"Ocean's Treasures" Dinner Buffet** which is usually very popular, so, do look to book your table early to avoid disappointment.

In the Coffee Shop we have the return of our popular Thai food promotion, **"The Land of Smiles Highlights"** which will run every Friday and Saturday in June. Please note too, that there will be no Breakfast Buffet available in the Coffee Shop from June until the end of August, but the A la Carte Breakfast menu will be available.

For Harp lovers, we host the **Harp Dinner for Friends of the Harp** in the Happy Valley Suites on Sunday 15th June. And, yes, Sunday 15th June is, indeed, **Father's Day** - please go to page 6 of the magazine for full details of what the Club is doing on this special day. With wine in mind, please don't forget the **Château Figeac Wine Dinner** on Friday 20th June where you should expect to be tasting some fine wines!

In the Sportsman's Bar we will certainly be showing the **Wimbledon Tennis** here but we are not too sure, as yet, what **World Cup** matches we will be showing Live as the timings in Hong Kong for the matches are not too good as many matches are early morning kick off's. The match we will be showing is **England v Italy** on Sunday 15th June. It kicks off at 6am and more details of how to book seats (and breakfast) for the match, similar to the Super Bowl morning we do, follow later in the magazine.

MARK PAWLEY
General Manager



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HKD 10,800^{up} (Vancouver & Western Canada & USA)

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3 Days 2 Nights **Hotel Package to Phuket**

- Package validity : 01st June - 30th Sep 2014 • Included 0.15% TIC Levy
- Prices are subject to change without prior notice.
- Subject to HK security charge, all applicable taxes and fuel surcharge.



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The Westin Siray Bay Resort & Spa

HKD 3,450^{up}

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Tel : 3102 2371

Email : package@pattersontravel.com.hk

on Sunday 15th June



FATHER'S DAY



The Restaurant and Coffee Shop will offer a day of great food and fun for the Fathers and the families as a whole.

COFFEE SHOP

"I Love You, Dad" Lunch Buffet

\$228 per Adult

\$148 per Child under 12 years of age

An international buffet lunch and unlimited serving of soft drinks, orange juice and beer.

There will be a free gift for all Dads ordering the buffet.

"Dearest Dad" Dinner Buffet

\$258 per Adult

\$168 per Child under 12 years of age

Enjoy a sumptuous dinner buffet at the Coffee Shop with a selection of international favourites and Asian Delights and unlimited serving of soft drinks, orange juice and beer.

There will be a free gift for all Dads ordering the buffet.

(Limited A la Carte for Dinner)

For a reservation please call the Coffee Shop at 2830 9569 or email at coffeeshop@hkfc.com

RESTAURANT

Brunch Buffet

\$325 per Adult

\$148 per Child under 12 years of age

Kick off your Father's Day celebration with a magnificent brunch which features a selection of international favourites. Enjoy complimentary sparkling and selected white and red wines, chilled juice and soft drinks.

There will be a free gift for all Dads.

Father's Day International Seafood Dinner Buffet

\$378 per Adult

\$168 per Child under 12 years of age

Father's Day is your special chance to make your Dad feel like a king – bring him to the Restaurant for Father's Day Dinner Seafood Buffet.

The event will feature a sumptuous buffet from 6.30pm to 9.30pm, inclusive of unlimited serving of sparkling wine, selected wines, soft drinks and chilled juices.

There will be a free gift for all Dads.

(No A la Carte for Dinner)

For a reservation please call the Restaurant at 2830 9562 or email at restaurant@hkfc.com

HARP DINNER *for the benefit of* FRIENDS OF THE HARP

Judy Ho



Hong Kong's harp community is coming together to bring you a night of wonderful harp music. Artists include Juliana Beckel and Judy Ho accompanied by Jennifer Tse and others playing Debussy, Handel, Salzedo, Rota, Piazzolla and others.



Juliana Beckel

in the Happy Valley Suites
Sunday 15th June

7pm: Pre-Dinner Drinks

7.30pm - 9.30pm: Concert and Dinner

\$350 per person

(Includes a welcome drink, a three course menu followed by tea or coffee)

Please contact the Restaurant at 2830 9562 for a reservation* or email: restaurant@hkfc.com or fax 2576 7598

**Cancellations or amendments must be faxed or emailed to the restaurant and must be made before Saturday 31st May 2014 otherwise, full payment will be debited to the member's account, unless there are exceptional circumstances.*

Summer Great Value, especially for
SENIOR CITIZENS at the **COFFEE SHOP**

Are you 65 years old or above?

GREAT NEWS!

From June to August, as a **SENIOR CITIZEN**, you can enjoy
 our Lunch and Dinner Buffet at the **CHILDREN'S PRICE**

LUNCH BUFFET

- Monday to Thursday: HK\$73
- Friday to Sunday: HK\$78

DINNER BUFFET

- Friday and Saturday: HK\$140
- Sunday: HK\$78

(Terms and conditions apply)

Terms and Conditions

- Offer Valid throughout June, July and August 2014
- The Diner(s) must be 65 years old or above
- You might be required to show your ID card to enjoy this offer
- Management have the right of refusal if diners do not comply with the above terms



Organising Meetings and Workshops?

If so, the Club can provide you with a range of venues suitable for your needs, as well as a variety of value-for-money packages to choose from.

For information on bookings and packages, please call the Catering Department on 2830 9513 or email: catering@hkfc.com



Great Value for Money ***"Take-away Wine"***

How to order:

- Please fill out the enclosed order form or pick up the form at the G/F Lobby or download it from our website www.hkfc.com.hk
- Fax it to: 2576 7598 or e-mail to: bar@hkfc.com
- Please allow 5 working days for the processing of your order

** Allocation is limited until stocks last (on a first come first served basis)

RESTAURANT

Lobster is King

**in the Restaurant
every evening (except Sundays)
from 6.30pm to 10.30pm**

Lobster from the Atlantic coast of Nova Scotia, Canada, is the "king of shellfish", and as such, is always welcomed on restaurant tables.

For the month of June, the Restaurant will showcase a variety of lobster dishes.

Please contact the Restaurant at 2830 9562 for reservation or email: restaurant@hkfc.com



Photo for reference only

RESTAURANT

"OCEANS TREASURES" SUNDAY DINNER BUFFET

**every Sunday for Dinner
(from 6.30pm to 9.30pm)**

\$285 per Adult
\$145 per Child under 12 years
of age

This month, the dinner buffet features a wide variety of Asian and Western seafood dishes, guaranteed to make you come back for more.

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com

Just as impressive, at the dinner buffet enjoy unlimited consumption of chilled juices, soft drinks, beer, selected wines and sparkling wine for just \$65 per person.



Photo for reference only

RESTAURANT AND CHAIRMAN'S BAR

SUNDAY BRUNCH

from 11am to 2.30pm

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com

DRESS CODE: Club Casual.

No Collarless T-shirts, no Flip Flops or sandals with socks, no short Casual Shorts (Knee length – no beach wear). Ladies are required to dress to a comparable standard.

CHAIRMAN'S BAR

WINE CAROUSEL

every day from 6.30pm to 10.30pm

From 6.30pm till 10.30pm daily, you can enjoy 2 hours of free-flowing wines specially selected to match the season at a set price of **\$178 per person.**

Alternatively you can select any two glasses of wine for only **\$88.**

All these wines can be purchased from our takeaway list. Forms are available on our website or at Reception.

CHAIRMAN'S BAR

FRESH OYSTERS

every day from noon to 10.30pm

- 6 oysters and 2 glasses of Sparkling for \$160
- or 12 oysters and 2 glasses of Sparkling for \$265

LUNCH AT THE CLUB

THE RESTAURANT

*Monday to Friday
from Noon to 2.30pm*

Set Lunch with Starter Buffet

2 Courses: \$170
3 Courses: \$190

THE COFFEE SHOP

*Monday to Thursday
from Noon to 2.30pm*
Light Lunch Buffet
\$135 (Adult); \$73 (Child)

*Friday to Sunday
from Noon to 2.30pm*
International Lunch Buffet
\$158 (Adult); \$78 (Child)

THE CHAIRMAN'S BAR

*Monday to Friday
from Noon to 2.30pm*
Express Set Lunch
4 Courses: \$110

COFFEE SHOP

Please note that there will be no Breakfast Buffet served in the Coffee Shop from June until the end of August.

THE 'LAND OF SMILES' HIGHLIGHTS

**in the Coffee Shop
Friday and Saturday
from 6.30pm to 9.30pm
throughout the month of June**

Our friendly chefs are here to bring you smiles as they prepare a sumptuous international buffet, including a taste of Thailand with a mix of hot, sweet and sour spices.

Highlights include Green papaya salad, Tom Yum Soup, Minced Chicken Salad, Massaman Beef Curry, Red Pork Curry, Yellow Chicken Curry and Sticky Rice.

Please call the Coffee Shop at 2830 9569 for more details.



Photo for reference only

COFFEE SHOP

SEMI DINNER BUFFET

**Monday to Thursday
from 6.30pm to 9.30pm**

Treat yourself to a delectable selection of appetizers, made-to-order main courses and tempting desserts at the Semi-Dinner Buffet. Price starts from \$128 per person.

Please call the Coffee Shop at 2830 9569 for more details.



SPORTSMAN'S BAR

OPENING HOURS

As the Mini Soccer and Mini Rugby training seasons are coming to an end, starting from June, the Sportsman's Bar will open at 11am on Saturdays, Sundays and Public Holidays until further notice.

Summer is just around the corner, so come down to the Sportsman's Bar to get your sporting fix before you go off on holiday!

Soccer

The 2014 FIFA World Cup will take place in Brazil from Thursday 12th June to Sunday 13th July. It will be the second time that Brazil has hosted the competition, the previous one being in 1950. Due to time zone differences, we will not

be showing many of the games live as most of them will be played during the middle of the night, but we will be replaying the games the next day.



Rugby League

The State of Origin Rugby League continues, with Game 2 being played on Wednesday 18th June in Sydney.

Tennis

Wimbledon is back with the first set starting on Monday 23rd June and continues until the Men's Singles final on Sunday 6th July. Will Andy Murray remain the Champion?

F1 Auto Racing

The Canadian Grand Prix will be held on Sunday 8th June and the Austrian Grand Prix on Sunday 22nd June.

Keep up to date on the Club website and all sports notice boards.

For further information, please call the Sportsman's Bar at 2830 9531.



IN THE SPORTS HALL
ADULTS AND CHILDREN ARE WELCOME

FIFA WORLD CUP 2014



ENGLAND VS ITALY AND THE BIG BREAKFAST



Sunday 15th June 2014

Live from 6am

\$130 per Adult

\$88 per Child under 12 years of age

A full English Breakfast Buffet including:

Eggs, Fried Bread, Sausage, Mushrooms, Bacon, Grilled Tomato, Black Pudding, Baked Beans, Hash Browns, Toast, Coffee or Tea

Booking Procedures:

- **Advance booking is required.** For further details and assistance, please contact Kenny or Dick at 2830 9531 or fax 2576 7598.
- Entrance to the Club at 5am is restricted to the Sports Hall only. The rest of the Club will open at normal hours.
- Guest must be accompanied by a Member.
- Children under 12 years of age must be accompanied by a Member.
- Tickets are non refundable and will be automatically charged to the Member's account.
- Should the number of bookings be insufficient, the event may have to be cancelled.





2014 STATE OF ORIGIN

NEW SOUTH WALES [THE BLUES] vs QUEENSLAND [THE MAROONS]

LIVE in the Sportsman's Bar

GAME 2
WEDNESDAY 18th JUNE AT 6PM

GAME 3
WEDNESDAY 9th JULY AT 6PM



HOUSE CHAMPAGNE

TAKEAWAY \$299
BOTTLE \$349

Veuve Clicquot



POOL PARTY
Children's Pool Party with BBQ

Date: Friday 20th June 2014

Time: From 6pm to 9pm
(Food served from 6.30pm to 8.45pm)

Price: \$288 per Member (age 18+)
\$298 per Member's Guest (age 18+)
\$140 per Junior (age 13-17)
\$88 per Child (age 3-12)

PACKAGE INCLUDES:

- All you can eat BBQ
- Salad and Dessert Buffet
- Splash in for the kids

Reservations are required and the Poolside will only be "open" after 6pm on the day of the event to Members (and their guests) who have booked. The pool will be closed to non-participants from 5pm onwards.

Don't miss the chance to get wet and cool. Book early to avoid disappointment as *seats are limited*.

Please contact Catering Office on 2830 9513 or email: catering@hkfc.com for reservations.

Booking form is also available at the Reception.

***The Swimming Pool will close at 9pm.**

HKFC 90-Day Transformation Challenge

Congratulations to all 28 participants who completed the 90-day Transformation Challenge from January until April.

Winner: Marven Bowles

Before: Fat Mass was 24kg and Fat% was 26.3%

After: Fat Mass is 8.3kg and Fat% is 10.6%

Fat Mass decrease 15.7kg

1st runner up: Andrew Town

Before: Fat Mass was 28.2 and Fat% was 29.8%

After: Fat Mass is 17.8 and Fat% is 21.6%

Fat Mass decrease 10.4kg

2nd runner up: Robert Lewington

Before: Fat Mass was 24.8 and Fat% was 23.8%

After: Fat Mass is 19.4 and Fat% is 20.1%

Fat Mass decrease 5.4kg



Marven Bowles poses for this photo after losing 15.7kg of fat mass post Transformation Challenge.

Our top three participants lost a total of 31.5kg during the 90-day training period. All participants received a starter pack, nutritional advice, and follow up consultations from our trainers, as well as 10% discount at the Club Shop during the 90 days. Winners also received cash prize based on the total amount pooled by all the participants:

- Winner received \$14,000
- 1st Runner up received \$8,400
- 2nd Runner up received HK Lifefitness Body Shape Kit valued at \$2,317

A big hoorah and a job well done to all participants. Special thanks to Personal Trainers Eric Chan, Sisi Cheung, and Minos Lee for organizing the event.



Robert Lewington receiving his prize from HK Lifefitness

If you missed the Transformation Challenge and/or want to do an individual transformation challenge, please free feel to contact Eric Chan at eric.chan@energearfitness.com or 9455 4189.

PATHFINDERS in collaboration with SAR Philharmonic Orchestra proudly presents

Brahms Piano Concerto No.2 in B flat major, Op.83 and
Rimsky-Korsakov "Scheherazade" Symphonic Suite, Op.35
featuring music director K.K. Chiu and
special guest Julie Bees on piano

Join us for a charity concert on
Monday, 23 June 2014, 7:00pm
Grand Hall Lee Shau Kee Center
The University of Hong Kong

Sponsorship Opportunities:

Empowered Sponsor: HK\$100,000

Dignified Sponsor: HK\$50,000

Fair Start Sponsor: HK\$25,000

Please contact donations@pathfinders.org.hk

Individual Seats: HK\$500

Please visit

pathfinders.org.hk/public/donate

All donations received will ensure that needy migrant children born in Hong Kong receive a fair start in life



With just a little
help, every child
can achieve a fair
start in life



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"Your Beauty, Health & Wellness Specialists"

(a subsidiary of WD's Secret Oasis Spa)

By appointment only

Please contact Wilma Donnelly by:

WhatsApp/Viber/Text/Call Mobile: 92637471

Email: wilmadonnelly@gmail.com



HAPPY 6TH ANNIVERSARY PRICE LIST

Indulge your loved ones with our spa gift vouchers...It's a total bliss!

RELAXING FACIALS FOR HER & HIM

(We offer a free treat of Eye, Lip, Neck, Hand and Arms Treatment for 75-90 mins Facials)

Elemis Tasters Facial	25 mins	\$298
Fruit Active Glow - Dull Lifeless Skin by Elemis	60 mins	\$588
Herbal Lavender Repair - Combination & Oily Skins by Elemis	60 mins	\$588
Exotic Cream Moisture Dew for Dry Skin by Elemis	60 mins	\$588
AGELOC by NUSkin Facial	45 mins	\$488
Elemis Oxygen Skin Calming Facial - Sensitive skin	75 mins	\$700
S.O.S. Purifying Facial - Oily, Problem, Congested Skin by Elemis	75 mins	\$700
Complete Deep Cleansing Facial w/Back Massage	90 mins	\$880
Elemis Visible Brilliance Facial for Ageing, Stressed & Slackened Skin	90 mins	\$1,080
Elemis Procollagen Marine Anti-Ageing Facial for Tired & Matured Skin	90 mins	\$1,080
Dr Murad Glycolic IP5 Advance Peel Facial for Matured and Ageing Skin	90 mins	\$1,150
NEW Organic Facial by Lelan Vital, France for Ageing Tired Skin	60 mins	\$488
NEW Caviar Supreme Facial Switzerland for Mature, Ageing & Slackened Skin	75 mins	\$688
NEW Immortal (Korea) Facial for Matured and Ageing Skin	75 mins	\$688
NEW Imperial Royal (Korea) Facial for Dry, Ageing & Tired Skin	75 mins	\$688

BODY MASSAGE THERAPY FOR HER & HIM

Sports Massage	30/60/90 mins	\$298/598/850
Deep Tissue Massage	30/60/90 mins	\$298/598/850
Reflexology Foot Massage	30/45/60 mins	\$180/298/390
Back Stress Releaser Massage	30 mins	\$298
Swedish Massage	50 mins	\$550
Aromatherapy Massage	60 mins	\$600
Deluxe Pregnancy Massage	45/60 mins	\$450/550
Manual Lymphatic Massage	60 mins	\$650
G5 Gytratory Slimming Massage	30/60 mins	\$300/580
Besem SD Ultrasound Therapy	15/25/45/60 mins	290/390/680/960
NEW Filipino Signature Wellness Massage by Wilma	30/60/90 mins	\$380/750/1125
Elemis Hot Stone Aromatic Massage	75 mins	\$950

Recommended: Massage Therapy Package: One(1) Treatment every two weeks course of 10 (10% discount)
Intensive Course: Massage Therapy Package: One (1) Treatment every week course of 20 (15% discount)

BODYWRAPS, SCRUBS AND GLOW

Elemis Tropical Mint Body Scrub	30 mins	\$390
Elemis Exotic Lime & Salt Body Glow	30 mins	\$400
Slimming Hot Body Mask	60 mins	\$490
Elemis Body Sculpting Cellulite & Colon Therapy	75 mins	\$690
Elemis Musclease Body Wrap	60 mins	\$640
Elemis Cellutox Detox Body Wrap	60 mins	\$640
SKIN, BODY AND LIFESTYLE CONSULTATION	15 mins	\$220 (waived)

HAIR REMOVAL WARM WAXING FOR HER & HIM

Lip Hot Wax	8 mins	\$120
Underarm Hot Wax	8 mins	\$120
Chin	8 mins	\$120
Stomach	10 mins	\$150
Forehead	10 mins	\$150
Half Arm	20 mins	\$220
Eyebrow Wax / Styling	20 mins	\$200
Half Leg (Lower)	20 mins	\$240
Half Leg (Upper)	25 mins	\$260
Bikini Line	15-20 mins	\$200-\$250
Shoulders	15 mins	\$220
G-string Bikini	25 mins	\$280
Full Face Wax	20 mins	\$250
Chest	25 mins	\$250
Maintenance Treatment (3-4 weeks only)	30 mins	\$320
Back and Shoulders for Him	25 mins	\$350-\$450
Full "Hollywood Bikini" (Hotwax) All Off	30-45 mins	\$380
Full Arm	25 mins	\$380
Full "Brazilian Bikini" (Hotwax) With Shape	30-45 mins	\$390
Full Legs	35 mins	\$450

WAXING PACKAGES

a. Half leg (lower) + Bikini Line	30 mins	\$400
b. Half leg (upper) + Bikini Line	30 mins	\$410
c. Half leg (lower) + Bikini Line + Underarm	45 mins	\$488
d. Half leg (upper) + Bikini Line + Underarm	50 mins	\$498
e. Full leg + Bikini Line + Upper Lip	50 mins	\$610
f. Full leg + Bikini Line + Underarm	50 mins	\$640

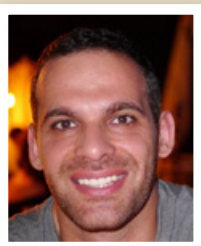
LITTLE EXTRAS

Spa / Basic Manicure (add \$50 for French Polish)	60/45 mins	\$360/220
Spa / Basic Pedicure (add \$50 for French Polish)	75/60 mins	\$560/345
Eyebrow Styling	20 mins	\$200
Eyebrow Tinting	15 mins	\$200
Eyelash Tinting	25 mins	\$200
Eyelash Tinting & Curling	60 mins	\$520
Eyebrow Styling & Tinting	60 mins	\$380
Eyelash Tinting & Eyebrow Tinting Combo	30 mins	\$380
Eyelash Curling	30 mins	\$350

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Updated: 25th May till 31st Dec 2014

Captain's Message



Andrew Eagle,
Club Captain

Dear Section,

Short one from me this month, as the Vandals and Colts articles take centre stage.

Enough time however for a quick note to say a massive thanks to **Tom Deluca** who, with the help of tireless **Fi Atkinson**, put together an absolutely fantastic May Ball event.

Brazilian girls, Latin band, margaritas, doritos....what more could you want?

Congratulations as well to all the award winners, headlined by the wonderful **Kim Kan** picking up a very well deserved Clubman of the Year award. Great effort.

Might I also direct your attention to the very sad passing of another Club stalwart, Sequins founder **Bill Burgess**. You'll find his obituary in the following pages.

To absent friends,

Eagle



The hills are alive with the sound of Vandals

By Adam Harper, with Sean Purdie

Sitting in the shade, the children watched as a gang of giants shuffled on to the mud pitch in front of their school in Nonghet Tai. The pale giants blinked in the afternoon sunlight, conferred in their strange language and then fanned out into a line, facing the children who had come in from mountainous villages for a day of tag rugby. And then they began to sing: "Where it began / I can't begin to knowin' / But then I know it's going strong."

The Vandals visited Laos in early April as part of their mission to support those bringing rugby to some of the most underprivileged people in Asia, play a little rugby themselves and enjoy visiting some of the region's less well known corners. Singing was also at the heart of Laos 2014, as the children of Nonghet Tai (and passengers at the domestic terminal of Vientiane Airport) will testify.

Mr. Virayouth Rathikoun, Laos Rugby

Federation (LRF) President, played against the HKFC Vandals when they toured Laos last in 1974 and commented on the 2014 tour:

"From offering great competition for the Laos Men's National Team hopefuls to training up the next generation of rugby stars at the grassroots level, the Vandals tour was a unique and beneficial opportunity for Laos Rugby and its growing player base. Celebrating the International Day of Sport for Development and Peace with an international cultural exchange really showed the power of rugby to cross borders and inspire players from both sides and we hope the relationship between HKFC and Laos Rugby will remain strong far into the future."

This year, Vandals supremo **Sean "Gandalf" Purdie** formed an alliance with the **Laos Rugby Federation** and **ChildFund Australia**, enabling the Vandals help out with a phenomenal project that is bringing rugby to children in beautiful, remote Xieng Khouang Province.



The Ho Chi Minh trail (now known as the **Gaz “Ferret” Wilde** trail) runs through this area and unexploded bombs dropped by the US Air Force during the Vietnam War still pose a daily threat to villagers, on top of problems associated with sanitation, poor education and alcohol and drugs.

It was a privilege for the Vandals to be involved for a day with an initiative that enables children in this area to enjoy all the benefits of playing rugby. The Vandals coached teams from different villages, developing a fiercely partisan commitment to places whose names they could rarely pronounce. Tourists also refereed matches with varying degrees of proficiency. It was a strange sight to see rugby played under the mountains in rural Laos, but the kids’

enthusiasm for the game was amazing.

After volunteering in Xieng Khouang Province, the Vandals returned to Vientiane to take on two of the capital city’s club sides. Drawing heavily on a large squad in the heat, the Vandals were forced to work hard to overcome both the Buffaloes and Wild Hogs in a triangular tournament played on a pitch of apparently infinite width.

Horse “Mean Pony” and **Richard “Angry” Sharpe** provided some notable go-forward; **Gordon “Ferret Whisperer” Marsden** capped a memorable tour with a fine performance in both matches; **Steve “Special”**

Vandals tourists were:
 Dave Cook,
 Colin Wong,
 Gareth Bourne,
 Paul Christopher,
 Horse, Ian Morrison,
 Tim Carpenter,
 Mick Ryan,
 Callum Dunn,
 Gabriel Lui,
 Mark Liversidge,
 Tony Forrester,
 Gary Hamp,
 Jimmy Atkinson,
 Tom DeLuca,
 Paddy O'Connor,
 Gary Lui, Andy Eagle,
 Arthur van Dijk,
 Richard Scarth,
 Jon Gillespie,
 JD Pequignot,
 Christian von Kimberley,
 Federico Bogna,
 Dave Nazer,
 James Thomson,
 Al Frost, Adam Harper,
 Richard Sharpe,
 Gaz Wilde,
 Steve Special Kay,
 Richard Elms,
 Scott Lindsay,
 Gordon T.H.P. Marsden
 and Sean Purdie



Kay was later heavily penalised for try avoidance; **Andy “Spartan Viking” Eagle** masqueraded unconvincingly in the backs and **James “Tight” Thomson** popped up in loose play like a latter-day Norm Hewitt to score at the end of a long move against the Buffaloes.

Notable Singapore resident and former Club Captain **Mark “SCC” Liversidge** endured a torrid time on the park, however, being muscled into touch by a group of much smaller Laos players and generally exhibiting what one observer described as a “reverse Midas touch.” He was also tormented by smaller gentlemen during the fine session later that day.

Several Vandals bravely supplemented the Buffaloes vs Wild Hogs local derby, notably **Ian “Williamson” Morrison**, who offered a short masterclass in the finer points of forward play, including the much-feared ‘teapot’ technique.

While the Vandals’ numbers and experience helped them to victory, the Laos players demonstrated incredible commitment and tenacity, showing that rugby in this country has great potential. The local players also joined the Vandals for a social event later that evening, where two teams from very different backgrounds bonded in the time-honoured fashion of rugby tours the world over.

All the Vandals would like to thank Sean for organizing yet another outstanding tour. We would also like to extend our heartfelt thanks to the indomitable **Megan Knight** of the Laos Rugby Federation, without whom we wouldn’t have got very far at all...

We would urge you to check out the LRF’s Facebook page (www.facebook.com/laorugby), where you can see pictures from the Vandals tour, and become a Friend of Laos Rugby in Hong Kong. (www.laorugby.com) ■



Colts Update



U19 Colts

HKFC U19 fielded 2 teams in the league, 1 in Div1 and the other in Div2. The Div1 side was league Plate winners and also won the Div1 7’s tournament, beating the Div1 XV league champions in the final. The Div2 team was runners up in the Grand Championship Cup final going down to a very strong DEA side.

Of the 37 active players in this age group, 8 tasted life as a senior player which is a good percentage and over and about that fact, operating two competitive teams at this age group with such a small pool was a great achievement and a huge commitment on behalf of the players.

U16 Colts

HKFC U16 fielded 3 teams in Div1, Div2 and Div3 respectively. They won the league in Div1 and narrowly lost the Cup Final to Valley Fort. In Div2 they were 3rd in the League and were runners up in the Cup Final going down to Sai Kung Stingrays 1st team. In Div3 they were 3rd in the league and won the Cup Final. HKFC U16 had 7 players selected for the HKRFU National squad which is a great achievement. The U16’s also did well in the 7s tournament taking home the Div1 Plate Championship, were runners up in the Div2 Cup Final and Div3 Plate Championship.

U14 Colts

It has been a tough, but ultimately, successful 2014 season for the U14 Colts illustrating the resilience, determination and commitment of all the players involved.

We fielded two teams, HKFC1 and HKFC 2 in the U14 Colts League, in Divisions 1 and 2 respectively. Both teams made it through to their respective Grand Finals of their leagues with HKFC1 being pipped at the post by SKS1 after leading for most of the match. HKFC2 took home the

silverware for Division 2 after beating DEA2 in a close fought encounter eventually scoring a golden try in extra time to win 22-17. The HKFC Colts have been well represented in the U14 National team with nine players being selected for honors at the upcoming Sevens festival.

U13 Colts

HKFC fielded 2 teams in the U13 grade this season. Our White squad (FC2) performed extremely well often against teams boosted by first team players, winning several games and managing some very narrow losses as well. It is a difficult grade to get true balanced contests for this team. Despite this the players played spirited rugby all season and developed a strong never back down team spirit. The Blue squad (FC1) performed well to go through the U13 League unbeaten and win the League Cup playing some excellent mature rugby in a lot of closely contested matches. The quality of rugby was extremely pleasing for the players in their first year of 15 aside on a full pitch. An U13 team comprised of players from both squads also contested the U14 Div 3 League. Fielding this team allowed a lot of our U13 players to get far more competitive rugby than they would otherwise have had. Whilst the intention was purely to get the boys more rugby experience the players combined so well that they managed to win the U14 Div 3 Grand Final in a very close contest against DBP2. February also saw a U13 side sweep aside all before them at the KLS Tens in Kuala Lumpur and bring the trophy back to Hong Kong.



U14 (Division 2) Colts Sevens winners

The team won 6 games from 6 without a point being scored against them in a great weekend of open running rugby.

It has been very pleasing to see all players across this grade take great steps forward this year and particularly satisfying to see both teams play in the true spirit of the game always endeavouring to play attractive open running rugby. All our players have grown well beyond their mini rugby roots and have shown some exciting glimpses of their future rugby potential. Congratulations boys on an excellent first season of Colts rugby. ■

“All our players have grown well beyond their mini rugby roots and have shown some exciting glimpses of their future rugby potential.”



U13 team — Champions in the KLS Tens tournament in Kuala Lumpur in February

Remembering *Bill Burgess*



Bill and wife Suzie

Bill on the
charge at the
Golden Oldies
Perth 1991



A lifelong rugby player and an avid supporter of HKFC's Rugby Section, our friend William 'Bill' Burgess died recently at the age of 65. A man of many accomplishments, he will be best remembered as a friend and mentor to many. Bill had time for everyone and a story for every occasion.

Bill founded the Sequins in 1990 and was the team's Coach for Life. His attitude to rugby was that there was no point in over-exertion. He said team training was to be discouraged on the basis that it showed a complete lack of faith in one's ability. Bill's teams walked onto the pitch, long before it became fashionable.

Stories of Bill's sporting prowess were legendary. He played for the Scorpions and Contemptibles; in earlier times, the University of Western Australia. Bill played at UWA from 1966 to 1982 and represented Western Australia against Australia's Combined Services at prop in 1973.

Always a passionate and vocal supporter of our game, Bill loved that anything could happen in sport – and he was the kind of man that made things happen, on and off the pitch. As Chairman of the HKFC Rugby Section, Bill helped put the Hong Kong Tens on the global stage. The tournament, now widely regarded as one of the best in the world, was a small regional competition in 1990 when Bill got Carlsberg on board as sponsor and began bringing in the top teams and test players from around the globe.

Bill was also a stalwart in the worst of times. He was very active in the aftermath of the Bali bombings in 2002 and was a catalyst to help set up the Bali Memorial Fund. Bill's last outing as a HKFC veteran was for Contemps against the Pot Belly Pigs in their memorial match for Borneo Nick played in 2009.

"Touring is the essence of rugby," Bill would say. A great tourist, he was the driving force behind the Contemps going to their first Golden Oldies in Perth in 1991 and was a regular at the Cup and

Saucer in Bangkok and the Interport Challenge with SCC. Bill loved touring, not for touring itself but because it was a chance for him to get to know his fellow tourists better. As a lawyer, he filled the role as tour judge with aplomb, fining people for misdemeanors large and small. To appear before Justice Burgess in full flight was a scary thing for the accused, but great fun for those watching from the sidelines.

Bill's work, with Hertz, TNT and DHL, took him all over the world too, with extended stints in Australia, Singapore, the UK and Hong Kong. He made friends everywhere and was at home anywhere.

To coin a favourite phrase of Bill's ... what did the romans ever do for us ...! Well Bill they brought us a great man, a great friend and a great supporter of the Section and the Club and not a bad rugby player.

Our sympathies are with Bill's wife Suzie, daughters Gemma and Anika, his grandchildren Errol and Ned. ■

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Nick Studholme-Wilson, Hockey Section Chairman

Chairman's Message

Dear All,

I cannot believe how quickly the season has come to a close already. The shortened format of the Men's League due to the closure of Kings Park and Lok Fu has personally made this season a little unsatisfying, with the big breaks and general lack of games. I am already looking forward to next season as I feel as though I have hardly played a game since Xmas.

Next big events for us are the **AGM (13th June)** and the **end of season party (7th June)**, it would be great to have a large turn-out for both events. **Neil** and **Sophie** have been working hard on the end of season ball with a Casino Royale theme, which looks as though it is going to be another cracker. I am somewhat relieved that there were no roller skates involved in the film, after a large number of near catastrophes at the Disco Inferno party at Xmas. I am also pleased to

introduce the Section's very own band the "Short Corners", who will be playing their inaugural set at the party. Apparently band members have been digging their vintage leather trousers out of storage.

On a more somber note, most of you are aware that one of the key linchpins of the section, **Guv Dillon** is not well and has been suffering with illness for some time. Guv has been a great ambassador of our sport, representing the national team and Club. He has touched all of us in Hong Kong hockey whether as a player, coach and friend and I believe that his enthusiasm and love of the game has been passed onto the next generation of players. Guv, we are thinking of you and thank you for all you have done.

I hope everyone has a good off season and stay fit and out of trouble.

Nick

HOCKEY SECTION ANNUAL GENERAL MEETING

Date:

Friday 13th June, 2014

Where: Happy Valley Suites

Time: 7:30pm

Positions available:

1. Junior Section Chairperson
 2. Men's Captain
 3. Ladies' Captain
 4. Ladies' Vice-Captain
 5. Vets Captain (Men's)
 6. Kit Convenor
 7. Hockey Sixes Convenor
- If you wish to nominate yourself for a position you will need to, together with the names of the proposers and seconders, write all necessary details on the appropriate sheet attached to the notice of the Annual General Meeting affixed to the Hockey Section Notice Board. Nominations will be accepted up to 48 hours before the proposed time for commencement of the Annual General Meeting.

Hockey Section End of Season Party 2014

Casino Royale



*The end of the season is upon us and it's time to **SHAKE IT AND STIR IT UP** with the return of 007 and his Bond ladies. Dress to kill on the night, because only the strong will survive!! There will be gambling tables, live band, photo booth, Martinis galore and the return of the Vodka Luge. Please check your weapons in at the door for a dangerously fun night out.*

Location: HKFC Restaurant

Date: Saturday 7th June Time: 7:00 pm - Midnight

Dress Code: Black Tie

Please contact your team's Social Secretary to join in.

End of Season Captain's Reports

Ladies Divisions

At the end of the season, the 5 HKFC ladies' teams are placed as follows:

Div 1 – Bottom of division 1; a very tough league this season.

Div 2 – L2A – won the division, and are in the playoffs, taking place 9th May

Div 2 – L2B – seventh in the division

Div 2 – L2C – sixth in the division

Div 15 – Team 15b – won the division, and the play-offs

L2A and Team 15b have had excellent seasons- well done ladies!

This season has been a challenging one for ladies' teams in Division 2, due to last minute changes to the league structure, which saw divisions 2 and 3 merged just before the season started. The division had only 8 teams, 3 of which were HKFC; however, the majority of our players have recognised the issues we faced, and responded positively, committing themselves to playing, even if they have not always had competitive games.

Racheal Sutcliff, Ladies Captain

Men's Divisions

At the time of writing, the 2013/14 League Season is now over except for Division 4, still contesting the play-offs.

Looking back versus the previous year, this season proved to be a highly competitive one. As a result, overall division and play-offs wins are fewer this season. Nevertheless, HKFC teams remained very much in touch with the general level of play, with 13 of the 19 men's teams finishing within the top 4 places in their respective divisions.

A Big Congratulations goes out to HKFC9B captained by **Mark Lawson** for winning 4-1 in the final of the Division 9 play-offs, and as a result, claiming the first DOUBLE of the season for the HKFC! (League Champions and Play-off Champions!) Well done!

The second DOUBLE in the men's teams remains up for grabs in division 4, with HKFC4A, captained by **Jonathan Pipe**, having already won the division. They will face the second HKFC team HKFC4B in the final, captained by **Bjorn Fjelddahl**, after their nail-biting 3-2 win over KCC4 in the second round. Nothing like a home derby to finish off the season!

HKFCM1B, captained by **Roger Liden**, won the Masters 1 play-offs! It was a nail-biting campaign, with both the second round and the final ending in a 2-2 draw, only broken by the games

count-back to determine the winner. Great Win HKFCM1B!

HKFC2, captained by **Vincent Cheung**, started their play-offs very strong blitzing their opponent and league champions. This show of strength did not end there with another convincing win over KCC2 in the final!

A special mention goes out to HKFC7, captained by **Leo Kwok**. The team did exceptionally well this season to finish second place in division 7. The "Work Hard Play Hard" team has gone a long way from their initial beginnings in Div 12!

So Congratulations to the following teams for their well-earned successes:

League Winning Teams: HKFC4A, HKFC9B.

League Runners-Up: HKFC2, HKFC3, HKFC7, HKFCM1B & HKFCM2B.

Playoff Winners: HKFC2, HKFC9B, HKFCM1B, (HKFC4A or HKFC4B in Div 4 Final).

Playoff Runners Up: HKFC3, HKFCM2B.

A big thank you to the conveners for their efforts throughout the 2013-2014 season!

On that note, it's time to get to work for the 2014-2015 season!

Good Squash,

Elliot Froidevaux, Men's Captain



Photos from the End of Season Party

End of Season Party

We had the best turn out ever for one of the Section's events. Well done to Vinod Harjani, the Section's Social Convenor for all his efforts, especially for arranging the fancy dress photographer.

We also took this opportunity to present annual awards to Section members who have excelled during the season:

Ladies' Awards

Newcomer of the year - **Ursula Yeung**

League player of the year - **Dodo Kwong**

Convenor of the year - **Rachel Chong**

Team of the year - **HKFC I2a**

Player of the year - **Iris Chung**

Men's Awards

Newcomer of the year - **Mike Shilton**

Master of the year - **Malcolm Kerr**

League player of the year - **Dinesh Hathiramani**

Convenor of the year - **Fred Teng**

Team of the year - **HKFC 9b**

Player of the year - **Jonathan Pipe**

A great night was had by all and we definitely lost a few Members by the end of the night to various locations!

Paul Errington

Publicity Officer

Recent Event

Bangkok Squash Doubles

We were off to sunny Bangkok to play the annual matches with Asia's best Jumbo Doubles squash players. Last year HKFC players won some of the silverware of the popular tournament so the expectations were high this year. Unfortunately **Phil Head, Glenn Hitch, Keith Firth, Matt Robinson, Malcolm Kerr, Simon Barton, Ben Lloyd, Erik Ho, Lee Robinson** and **Dallas Reid** could not make it to the finals this time. Perhaps Glenn's 40th birthday party had something to do with it?

Upcoming Event

World Masters Hong Kong 4th – 11th July

Places are nearly full for this prestigious global event in the Squash calendar of the year.

Over 700 players have registered for games from 50 countries to be held at HKFC and Sports Centre Garden Road. If you are not participating just come along to watch and support our local club players.

For tickets to the opening and closing parties, book on line at www.worldmasterssquash.com.hk



Our New All Glass Squash Courts

Over the last month we have been refurbishing courts 5, 6 and 7. But this is not just any old refurbishment. This raises the Club as a world leader in providing squash facilities as we are now the largest “all glass” court provider in the world.

Unlike the all glass, temporary courts, that are built at international venues for exhibition matches, our courts have the glass panels mounted on supporting brackets against the side and front walls. Frequently asked question, “Can you see through from court 5 to 6?” No the walls are not see through and they have a slight blue tinge.

Approved by the World Squash Federation for all the top global competitions, the courts are more durable and have a longer life than traditional courts.

They will be completed in time for the PSA and WSA tournaments we are organising, the International 3's and the World Masters held in July.



Squash Kit Must Travel

The lengths that some people will go to!

Here, **Jon Pipe** is seen entering the Squash Kit Must Travel competition:



We have seen photographs of squash kit on snowy slopes with **Tom Keenan** in Kazakhstan, mountain biking with **Adrian Ng** in Taiwan and **Tom Chamberlin** with his two ‘blond nieces’ at the MCC in Australia.

But seriously, Jon, tearing his Achilles tendon and going to the hospital in his Squash kit, just to win dinner for two at The Peninsula – that is going the extra yard!

Congratulations to Jon for winning the first prize this year.

Thank you to all the participants and for their photos.



Captain's Message

Scott Semple,
Soccer Section Captain

Hello, hello to one and all.

As the football season has drawn to a close it's time for reflection and as part of this month's issue, we have season reviews from across the Section, namely the HKFC 1st team on their season in the HKFA Division 2, a social season review from Rovers as well as a look back on another successful season for Ladies Soccer. Next month we will continue with season reviews for the remaining teams that make up our Section, as well as a match review of the terrific and nail-biting Wanderers win in last month's Yau Yee League Cup Final!

Also in this month's article, we have the Golden Memories of the HKFC '517' and a match report from Paul Ewing's testimonial which had to be bumped from last month's monster Soccer 7s edition!

More on the Soccer 7s long weekend in next month's edition too, as well as reports from the Singapore 6's and the Bangkok Interport!

Looking forward to the month ahead, even though there is a lack of football to be played down at Sports Road we have a few off-field matters to attend too.

First of all on **Saturday 14th June**, we host our Soccer **Section End of Season Party** to be held at the Club's Restaurant. If you haven't booked your spot yet, then please get your skates on! It's sure to be yet another excellent Soccer Section social event as we reward each team's player of the year.

We also have the **Soccer Section AGM** to look forward to on **Thursday 26th June**. This will kick-off at 7pm.

Please be sure to make the time to come along to the AGM and I would encourage everyone to get involved in voicing their opinions on the season just passed, good or not so good, and where they would like to see the Section going. The committee are always keen for people to give feedback, so this is your chance!

With the AGM in mind, I would finally like to say a big thank you to all my fellow committee members for their hard work and dedication over the season. I will be stepping down in my capacity as Soccer Section Captain and it has been a pleasure and an honour to have been given this role over the previous 3 seasons.

Cheers, *Scott* ■

END OF SEASON PARTY

Date: Saturday 14th June, 2014

Where: Restaurant at the Club

SOCCKER SECTION ANNUAL GENERAL MEETING

Date: Thursday 26th June, 2014

Time: 7:00pm

1st Team End of Season Report

The 2013-14 season was very competitive this year with 3 excellent teams going all out to win the league. However, it wasn't to be this year as a combination of injuries, poor discipline at crucial moments and a one off below par performance meant Club could only manage 3rd place coming in behind Wong Tai Sin and ultimate winners Tai Po. The team played 22 League games, winning 16, drawing 3 and losing 3.

They recorded two draws against Tai Po and were on the receiving end of two losses against 2nd place, Wong Tai Sin, which is where the league was won and lost.

The first game against Wong Tai Sin was particularly disappointing as they did not deserve to take anything from the game with one awful goalkeeping error proving to be very costly. The second game, however, was much closer as they caught us just after the Christmas break when the squad was at half strength, low on match sharpness and they deserved to win on the day.

But there were more highs than lows throughout the season and we saved one of our best league performances for the last day of the season with an outstanding all round performance and some great finishing against Kwun Tong, who were blown away 8-2 and served to remind us just how good we can play and what might have been with a full strength squad at crucial times in the season.

We did extremely well in the Cup competition as well and reached the semi final of the preliminary FA Cup. It's worth noting that we only had 11 players for most of these games as the competition runs over the Christmas Holiday, so the squad was very light for games throughout December. However, after battling against the odds, we missed a great opportunity to reach the final and let ourselves down by losing to 3rd Division Metro Gallery Sun Source on penalties. Doubly frustrating as we had beaten league leaders and favorites Tai Po in the quarters the week before!

But we must always try to look at the positives both on and off the field, and there have been a few this year. A big plus has been the acquisition

of **John Rammage** who turned out to be not only an excellent player but also an excellent squad man off the pitch. Another individual worth mentioning is Gary Gheczy. Gary's form and consistency throughout the 2013/14 season were one on the highlights of the year and I can safely predict that he will be a very strong candidate for Players' Player of the Year.

On another positive note, the team stuck together and displayed battling qualities throughout the year, showing they had the ability to compete against much stronger opposition. No more evident than with the gritty and determined performances against Tai Po and Kitchee from the 1st Division and when at full strength very difficult to beat.

We shall learn from this seasons mistakes and take the many positives in to next season in the knowledge that we have the players to win the league if we continue to work hard and I have no doubt that the first team will be challenging for one of the top two league positions and FA Cup again next year.

Finally and in closing, thanks go to Head Coach Tony Sealy, his assistant Paul Foster and Liam Fitzpatrick for providing physiotherapy cover and treatment throughout the year.

The 1st Team players and Management would also like to thank the Soccer Section Committee for their support this year and the Squad are preparing for this year's Soccer 7s which is their last chance of bringing some silverware home this season and finishing on a high. ■

2013-14 Stats

Name	Appearances (League & Cup)	Goals
James Beacher	4	-
Craig Davies	1	-
Jackie Chan	23	-
Allan Fraser	18	7
Amro Abbas	17	6
Brendan Beni	11	1
Carlo Dilbero	12	3
Marco Claus	4	-
Freek Schipper	26	6
Gary Gheczy	21	8
Gianni Melwani	10	-
Issey Maholo	11	-
Harry Salinkov	9	7
John Ramage	19	4
Jordan Brown	18	-
Liam Brannan	22	2
Martin Rainer	16	1
Max Poon	22	-
Michael Hampshire	19	5
Michael Liu	9	-
Michael Wilson	5	1
Robbie Bacon	19	18
Robert Scott	22	7
Tristan Hui	16	-
Paul Foster	2	1
Jazzy Jeff	3	-

2013-14 League Table

Pos	Team	Games	Win	Draw	Loss	Goal Gain	Goal Loss	Goal Diff	Pts
1	Wofoo Tai Po	22	17	5	0	67	11	56	56
2	Wong Tai Sin	22	17	3	2	56	12	44	54
3	HKFC	22	16	3	3	68	19	49	51
4	Shatin	22	13	5	4	54	23	31	44
5	Double Flower	22	10	4	8	56	36	20	34
6	Tai Chung	22	9	1	12	42	66	-24	28
7	Kwai Tsing	22	8	3	11	43	54	-11	27
8	Kwun Tong	22	7	2	13	24	42	-18	23
9	Wanchai	22	6	3	13	20	44	-24	21
10	Lucky Mile	22	6	0	16	24	60	-36	18
11	Wing Yee	22	2	6	14	21	58	-37	12
12	Tuen Mun F.C.	22	3	1	18	34	84	-50	10



The first friendly match between the Ladies team and the Men's Rovers team



Rovers 2013/2014 Season Review

The 2013 / 2014 season has been one of Rovers best season for many a year, not just results wise, but in attracting new players who will be Rovers future and in the comradery on and off the pitch.

Under the (player) management of **Nigel R Merritt** and **Peter Cairns**, Rovers played 29, won 17, drew 6 and lost 6, with goals for 96 and goals against 66.

A solid core squad of around 30 players turned out for Rovers during the season and in a few games the total age of the back 4 pushed over a combined 200 years. Add in a goalie and we reached a quarter of a century!!

Rovers have also given pitch time to various competitive team players who were either coming back from injury or, who weren't getting the necessary pitch time and playing with Rovers maintained their game fitness.

For the 1st time that most Rovers players can remember a player scored more than 40 goals in a season (**Steven "Craney" Crane**), so the golden boot award this season will have been well and truly earned.

Rovers will have their own either end of season or beginning of season awards evening, when various other awards will be given out, especially the Players' Player of the Season.

Rovers have enjoyed a great season and entertained many local social teams on the Club's Main Pitch, played attractive and fluid football and can't wait for the 2014 / 2015 season to begin.

Having set their benchmark high with the results of this season they have a lot to play for in 2014 / 2015 to maintain their own (high) standards. ■

Nigel R Merritt / Peter Cairns

Ladies Soccer Season Review



Since its inception in 2008 the Lady's Soccer section has been slowly paving a path for itself at the Club and on the fast growing women's soccer scene in Hong Kong. With only one division for women's soccer in Hong Kong playing under the Hong Kong Football Association, the skill level is varied, the schedule is sporadic and the age range is wide. But this season was one of firsts, and one that has everyone hopeful for the future success of the team.

This was the FIRST time the team had a dedicated coaching staff. Not one but three committed people each with their own experience and techniques to bring to the table. There was no doubt **Chris Cooke**, **Ruud de Hart** and **Dickson Wong** had their hands full with a team that had essentially never played together not to mention ladies ranging from 14 to 40+ in age. However, head coach Chris Cooke sees the diversity as an asset and not a challenge, "This is good for the team, having ability and age range differences. The older members help bring on the younger players with their understanding and maturity, with communication etc. Whereas the younger players add enthusiasm, pace and some good skilful play."

Excitingly, this is the **FIRST** time the women's soccer team has won the HKFA plate and the **FIRST** time the women's soccer team will have its picture on the walls of the HKFC. After a slow start to the season, a few small losses, a few big losses, ties and just one win, things finally clicked during the plate playoffs. They started off with two huge wins of 5-0 and 7-0 and held on during a hard fought match to secure a tie and the plate, leaving coach Rudd de Hart practically speechless, "Absolutely brilliant, well done ladies, nothing else to say."

On a more social front this was the **FIRST** time the women's soccer team played in a friendly match against a HKFC men's team, The Rovers. This not only gave the women an opportunity to show off their skills, but it was an opportunity for the women to really feel like part of the Soccer Section. "It was fantastic craic! I think it was a lot of fun for all involved, even for the Rovers who conceded a 4-3 loss... We look forward to it being an annual event and maybe we can convince other teams to play us in coming seasons", says manager **Genevieve Burke**.

Maybe the women's soccer team didn't finish first in the league, but the other firsts of the season still feel pretty good and everyone is looking forward to creating a few more firsts next season. ■

Amanda Sealy

Trials and pre-season training will begin in September 2014. If anyone would like further information please contact Genevieve Neill Burke at **g.neill.burke@gmail.com**



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HK\$588
(60mins)
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Celebrate with the Club, June 2014 is our SPA 6th Anniversary Celebration and Father's Day in Hong Kong is 16th June. Retail products on crazy sale from 20-60% discount! Visit us!

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Monday - Friday 8.30am - 10.30pm

Saturday, Sunday & Public Holidays 10.30am-8.30pm



Golden Memories of the HKFC '517'

Fifteen years ago the Club was a different place. The bar was located in the centre of the Sportsman's, the Section Chairman was **Tony Bratsanos**, **Andy Hunter** played for the 1st Team, **JC** was a match supervisor and the biggest football derby was the 1st Team vs. 517 (2nd team). 517 named after the hotel room number where the team was created only later to become Lucky Mile.

April 1999, the 1st Team are neck and neck with China Fortune at the top of the 2nd Division, 517 are doing an Arsenal hovering around 4th place and with a couple of games to go in the season the 1st derby of 2 in 7 days takes place on a Tuesday night.

In the couple of weeks leading up to the game controversy had taken place as the 1st team demanded the transfer of 517 legend **Foster Wright**, a classy American centre half, to bolster their season run-in...

The day of the big game arrived - the 1st Team had one player missing through suspension whose identity will surprise you, the legend that is **Pimmy**...

Anyway to paint the picture of how these games usually go, the 2nd team work hard, threaten with some chances and eventually the quality of the 1st team comes through and victory is theirs.

I played 12 years of derbies and most of them followed this format; the majority were tight contests with the

odd thrashing. However on this night the football gods had different plans.

Andy Dewing had devised a master plan for the game, 517 would set-up with a 3-5-2 formation...in those days the thought of not playing 4-4-2 or even the word of a different formation was a bit like looking at someone who doesn't have a smart phone these days...

Andy had clearly been planning for this moment for an age, we were all given our roles, with the key role falling to **Phil Shirley** to man mark **Paul Wilkin**. Wilko, at the time, was the best player in the Club and a 30 goals a season striker.

The game was a tightly fought bitter contest...the script we were supposed to follow was to roll over and allow our club mates to get closer to the title...the reality was that we were fighting and looking for a win...**Don Taylor** was having the game of his life up front, our midfield was on top and **Phil Shirley** had **Wilko** in his back pocket...

Then the moment came - **Clive Wong** smashed the ball into the corner and it was 1-0...I don't ever remember Clive scoring before or after this game and I think he retired at this moment. Clive later advised us in the bar "they should have man marked me".

The 1st team now came with wave after wave of attack searching for that equalizer, with some heroic defending by 517...and, well, it wasn't going to happen as **Don Taylor** scored from the edge of the area 2-0...if there

was a crowd that night they didn't go wild, they all looked shocked. I recall **Don** heading off to the corner flag after scoring, doing his celebration and turning expecting to be dived on by his adoring teammates but...there was no-one within 40 yards of him...the midfield were all still on the halfway line, hands on knees.

The last few minutes were played out with some showboating by 517, the ball was being played out of defence and there were lots of 5-10 yard passes in the midfield. I'd like to think the crowd were shouting "o-lay" but I think it was just the manager and the subs. The master plan had worked and the 2nd team had beaten the 1st team for the first time in 100 years (so we were advised).

The back page of the Standard newspaper the next day led with the following headline:

"Club left smarting after historic loss to second stringers"

The following week 517 lost the repeat fixture 2-1 with hastily called up recruit **Tony Sealy** scoring the winner and the 1st team won the league. And of course, not forgetting Foster Wright, the 2nd team's best player never to beat a 1st team, who played on the losing side when 517 won, a source of much amusement for many years to come...

Memories are golden. ■

Steve Tew

Gazelles vs Captain's Select – Paul Ewing Testimonial



Friday April the 4th HKFC Main Pitch was the setting for Paul Ewing to bid farewell to a Football Club career that has spanned over 7 years. He has played for both Albion and Gazelles in over 100 games for the Club Team scoring an amazing 2 goals!! Doesn't sound much but when you see him play you will understand why!

The teams were carefully selected by **Paul** to include youth, skill, speed and good looks. Looking at both squads he seems to have got that right with the Gazelles. He was hoping for a winning weekend with the game on the night and then on Sunday his beloved Raith Rovers would be taking on a minnow's side from Ibrox called Glasgow Rangers in the Ramsden Cup Final. Could the unthinkable happen?

On a beautiful summer's night the ever smiling Godwin got the game off to a start. He even managed to bring along linesmen in case of any disputed offside calls. Luckily the main perpetrator **Gilbert Collins** provided the officials with some easy decision making as he was so far offside that even **Godwin** thought he was playing for the opposition. The game was played at a frantic pace with the Captains XI taking an early lead with a well taken goal by American **Pete** after some nervous goalkeeping by **Simon Lo** in the Gazelles goal.

The Man City connection of **Rick** and **Phil** played some great 1-2's with the referee while **Jamie Milne** made a few blistering runs up the left side of the field although someone needs to tell

him to take the ball with him next time! **Mike Duggan** and **Dave McLeod** alias the 'Rabbit and the Tortoise' produced very little going forward and against all the odds and the run of play Gazelles equalised with a well taken strike from 40 yards by none other than **Paul Ewing**. The pace of the strike left Big Devs floundering in goal as the ball hit the back netting. The fantastic shot stopper was well beaten and maybe just maybe there was worse to come for the illustrious keeper! A free transfer from Rovers to Gazelles seems likely in the next transfer window! Just before the break '**Fit in Fitzy**' scored what you would call an opportunist goal - always in the right place at the right time to take the Captain's XI into an unassailing 2-1 lead at half-time.

Half-time came with both teams in desperate need of the 5 minute interval to reflect on the game and what life in HK would be like without **Paul 'Stella' Ewing**. A lot more sober I suspect! Gazelles manager **Kieran Flynn** gave his usual half-time rant followed by the swapping of so many players into different positions that he forgot who was playing where and he seemed to get really confused as he brought **JC** into the fold.

It wasn't long before the crowd and the players were stunned when the HKFC Goal of the Season contender was scored by non-other than **Niall Bennie** who raced onto a loose ball in his own half, passed 4 players before rounding **Tommy Nevin** and slotting the ball past a surprised **Mark Devonshire**! Surprised not that he been beaten but more that

Bennie actually got the ball on target!

The honours were now even but not for long as the **Scotty 'nutmeg' Semple**, who had already collected one 'meg' at the expense of Paul Ewing in the first 2 minutes of the game, was left with too much space and from outside the box curled the ball into the "postage stamp" past the unsuspecting defenders leaving **Neil Morrison** to handle the ball into his own net. His father on the sidelines who had travelled from the UK to watch Neil play was then seen shaking his head and making his way from the stands to the bar!

The last 15 minutes was tense with both teams creating scoring chances but being denied by both keepers pulling off some tremendous saves. The Gazelles were desperate in attack and got their just reward in the closing minutes when they were rewarded for their hard work with a penalty as the Old Firm defenders of **Bavo** and **Semple** wrestled the unsuspecting **Ewing** to the ground. Without hesitation **Paul** slotted the ball home to the sound of the final whistle and cheers from the ecstatic Gazelles who had managed to scrape a 3-3 draw against a strong Wanderers and Albion select.

The celebrations (that Paul is leaving) went on long into the night, a great testament to how much Paul will be missed by the HKFC Soccer Section and by the friends and players who have played alongside him over the years.

Singapore look out! ■

Niall Bennie



Support Indochina Starfish Foundation (the official charity of HKFC Junior Soccer) and enjoy a great night with the **SAR Philharmonic Orchestra**

For some years now the HKFC Junior Soccer programme has supported the Indochina Starfish Foundation (ISF), a programme in Phnom Penh, Cambodia that provides underprivileged children with education alongside a fantastic junior soccer programme.

In fact our Junior Soccer teams have toured to Cambodia over the past two years and over a hundred players and parents are due to head off again in June this year to play against ISF and other teams in the Cambodian capital.

However, the ISF Junior Soccer programme is now under threat due to the lack of availability of playing pitches. No pitch means no coaching and no playing for thousands of boys and girls who love the beautiful game just like we do!

ISF are therefore raising funds to buy their own pitch and facilities, and have arranged a charity concert with the SAR Philharmonic Orchestra to take place in Hong Kong on Sunday 22nd June.

We are now asking all Club Members to support this effort. Get tickets for the 'Pitch Perfect' Concert and not only will you be supporting a very worthwhile football programme, you can also enjoy a wonderful evening's entertainment by the SAR Philharmonic. ■

CONCERT DETAILS:

Date: Sunday 22nd June

Venue: Grand Hall

(at the Lee Shau Kee Lecture Centre at the University of Hong Kong)

Tickets:

HK\$500 Donation (which is tax deductible)

Time: Doors open at 19:30pm

To get tickets please contact Kate at :
kg@indochinastarfish.org

CORPORATE SPONSORSHIP OPPORTUNITIES

There are also opportunities for your company to support this event by purchasing corporate sponsorship packages that include tickets for the night and brand exposure. For more details email Kate Griffin at:
kg@indochinastarfish.org



Men's Captain Message

The new Premier season has just begun, and as the new Men's Captain, I would like to thank all the team captains and players for their support. It is very pleasing to have over 80 men bowlers signed up to play this season.

The objective that I have agreed with the Committee for the Men's section is that by the end of the Premier League season that at least one of our teams should be walking away with a trophy (either as a winner or a runner up). With 5 teams competing in 4 divisions (2 in the 1st division and one in each of the 2nd, 5th and 7th divisions) and the quality of bowlers we have available this should be an achievable target. Our last Premier League success was in the 2011 season when both the B and E team teams gained promoted to the first and fifth divisions respectively, by finishing as runners up in their divisions.

In order to help achieve this target, I encourage all of you to attend Thursday practice nights as often as possible and to support your team captains. I would also like to remind each rink and each skip that whilst we should try and win every rink each week this is not always possible. Please remember to do all you can to help the team win the aggregate score and get those 2 points for an overall match win.

It is extremely encouraging to see so many bowlers signing up for the Hong Kong competitions, which shows there is a very competitive spirit in the Section. I also believe that this is balanced with a good team spirit across the five teams. These attributes will, I hope, lead us to success in the coming year.

Thanks, *Neil*

The Good Friday Changing Partners Challenge

Many years ago, at the place I worked, they organized a "Progressive Supper". On the evening of the event we were telephoned and given an address to find. Three couples arrived at the address and the host or hostess presented us with our first course of the evening. At the end of this each couple was given the next address, where we met up with three other couples and sat down for our main course. We were then given an address for our dessert where we met three other couples. A final address was then provided where everyone met up and spent the remaining part of the evening partying away. It was an interesting concept but could only survive as long as Hong Kong had no drink/driving laws.

It was rumoured a computer programme was used to work out the logistics of this event. Not to be outdone, our Competitions Secretary, **Walter** used his immeasurable logistic skills to devise "The Changing Partners Challenge" which, in my mind, rivalled the Progressive Supper in its complexity and design.

The tournament was designed in such a way that during the afternoon each bowler had four games of eight ends and had the opportunity to bowl with different team mates in different positions on different rinks.

Thirty bowlers took part. They were randomly drawn into ten triples teams. The draw decided who you played with, which position you took and which rink you played on.

At the end of the first game each winner received a prize of twenty dollars. There was then a draw for the second round which ensured winners from round one were mixed with non-winners in new teams and positions and new rinks.

The afternoon continued in this way for the four games with each individual bowler recording their points and shots difference.

The tournament provided a welcome afternoon tea which disappeared rapidly, causing a temporary lull in the delivery of bowls.

After the final game everyone gathered together to see if anyone had been lucky enough to have been in the winning team in all



Winners of the day



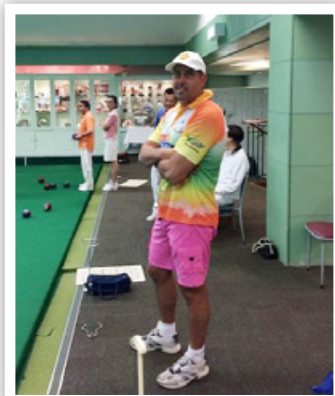
Group photo on Saturday 26th April, at the Pig Cutting ceremony to mark the beginning of the Lawn Bowls Premier League

four games and indeed there was one such charmed person. **Cheng Koon Wing** had amassed eight points and made him the overall winner, with **Warren Cheung** coming in second on seven points and **Hannah Ha** in third on six points and 18 net shots. In addition, **Rupert** was awarded the most colourful outfit player and would receive his prize on Pig Cutting Day.

It was a great afternoon's bowling with everyone enjoying the event. **Koon** kindly spent all of his winnings and more on providing everyone with a drink.

Sincere thanks to **Walter** on organizing this and may there be many more like it.

Mark Mahoney



Most colourful outfit winner, Rupert

The start of the Premier League

At the time of the year that the Soccer and Rugby Leagues are drawing to their climax, in Hong Kong, we await the start of The Hong Kong Lawn Bowls Association Premier League.

To mark the start of this League it is traditional at the Club that the bowlers in the Section get together for friendly warm up games and partake in a pig cutting ceremony. This took place on Saturday 26th April when nearly ninety bowlers showed up on the Outdoor Green all raring to go.

Bernard, the Section Chairman, together with **Emmie**, The Ladies Captain, did the official welcome and introduction to the League. It always is a joyous occasion especially as, at the time of the ceremony, all of the teams are anticipating a win in their first game and none of them have suffered a loss.

With the ceremony done, Bernard took the opportunity to welcome and introduce the new bowlers in the Section.

The day also marked the end of the Club Indoor Ladder competition, as set up by **Mark Mahoney** while he was Chairman. Bernard asked Mark to present



Getting ready for the Pig Cutting Ceremony: Emmie, Bernard and Vivek



Emmie and Bernard cutting the pig





Mark presents trophy to the Ladder King Denis



New Section bowlers



Evelyn, Cecilia (and Josephine behind)



C team ladies

a trophy to **Denis Hamelin** who ended up top of the ladder. Congratulations to him. A new style ladder will start sometime in the future organized by **Jesse Bradford**.

With the speeches and presentations over, the bowlers then eagerly took to the greens for an afternoon of social bowling. This was made more complicated by the fact that no sooner had those bowling outside started, the heavens opened and the green was closed.

Everyone then ended up indoors and a really busy afternoon saw teams swapping around and playing short games.

There was plenty of food provided during the games and all those present thoroughly enjoyed the afternoon.

The Club has eight teams in the Premier League: five men's teams and three ladies teams. Two men's and two ladies teams are currently in the first division.

Many thanks to those who organized this wonderful afternoon. It was an auspicious event. ■

16th Lawn Bowls Beginners' Course

**Wednesday evenings
in June and July**

The Lawn Bowls Section will offer Members a Beginners' Course in Lawn Bowls over six Wednesday evenings on **18th, 25th June and 2nd, 9th, 16th and 23rd July** at the Indoor Green. Maximum number of participants is 8, on a first-come-first served basis.

The course fee is \$100.

Besides learning how to play the game, through this course, general rules, basic skills and proper etiquette on the green will also be introduced.

To enroll:

Application Forms can be obtained from the Reception Desk from 1st June, on first come first served basis. Deadline will be on **15th June 2014**.

For enquiries:

Please contact **CS Suen**, Coach, at 94925775 or

Email to:

suencs_csj@yahoo.com.hk



Charity Cup – Playing for a Good Cause

6th April 2014

In conditions more suited to ducks than tennis, 48 hardy players splashed their way around the courts in order to raise money for a small orphanage in Kampala, Uganda called **Jordan House**. Players were put into teams of four (2 men and 2 ladies) and played against other teams of equal ability. Playing a mixture of men's, ladies' and mixed doubles, each teams scores were added to find out the eventual winner. Congratulations to the following top five teams:

1st Place (41 points)

Team 3 – Willard Hui, Angus Chan, Jolby Li and Mary Soo

2nd Place (40 points)

Team 8 – Barry Ho, Philip Tam, Irene Ang and Justine Tam

3rd Place (39 points)

Team 11 – Denis Wong, Lee Lou Sing, Anna Ho, Yuki Chen

4th Place (36 points)

Team 6 – Fred Horsey, David Law, Therese Beresford and Sharon Russell

5th Place (35 points)

Team 10 – Bertrand Jubault, Christophe Baleyte, Kim Roberts and Agnes Baleyte

A total of \$HK30 000 was raised on the day. Many thanks to all of those who played, donated money or bought raffle tickets. A big thanks to **Helen Ormerod** for donating lots of small prizes for the raffle, to our sponsor **Wolf Blass** for donating wine and to **Christine Kan** from the company 'Christabelli – Dressed to Win' for donating the major raffle prize, a voucher to the value of HK\$3,000.



Jordan House in Kampala, Uganda, is an orphanage run by the charitable organisation Operation Uganda, that cares for orphaned and vulnerable children, and aims to create sustainable community development projects in Uganda. To find out more about the Jordan House, please visit

[http: operationuganda.org](http://operationuganda.org)

Victory over Royal Bangkok Sports Club

Under threatening skies that thankfully held off for much of the afternoon, the Football Club managed to achieve their first win ever over an overseas



team when they defeated Royal Bangkok Sports Club (RBSC) on the afternoon of Sunday 4th May 2014. In what was the third meeting between our two clubs, the Football Club proved to be too strong for our more experienced opponents (O.K. their average age was quite a bit more than ours) winning 170 games to 132 games.

There were some great matches throughout the afternoon - certainly amazing how well some of the visitors played despite their ages! Afterwards, we all retreated to the Lockhart room to enjoy an excellent curry buffet, drinks and some great banter. Thanks must go to **Colin Butterfield** for organising this event. The two clubs are now in the process of setting up a perpetual trophy that we can play for on an annual basis.

ITF Men's Futures 2014

HKTA will be hosting three ITF Men's \$10,000 Futures tournaments at the Victoria Park Tennis



Stadium from 5th to 26th July, 2014.

Local top players including Philip King, Yeung Pak Long, Andrew Li, Kevin Wong and Ogi Kolev, will be competing against ATP ranked players as high as ~300. Admission is free, please come and join us to watch some exciting tennis.

Please visit the official website of the Hong Kong Tennis Association www.tennishk.org for the draw and order of play at the time of the tournament.

Latest News

A big congratulations to HKFC's Women's A team captain **Tanya Master** who had a great run in the Hong Kong Nationals Presidents Cup held at the Victoria Park Tennis Centre recently. Tanya won the singles title, beating the top seed in a closely fought final (6-4, 7-6).

HKFC head coach **Toby Clark** and a fellow ATA coach **Patrick Mckee** got to final of the men's open Hong Kong Nationals tennis competition held recently at Victoria Park. The pair lost in the final to HK's no.1 and Davis Cup player Phillip King and his partner Karan Rostogi. This result sees Toby and Patrick's ranking rise in doubles to 4th in Hong Kong.

Also, congratulations to Patrick Mckee who also made it to the semi finals of the men's open singles, and to the semi-finals of the mixed doubles in the Hong Kong Nationals tennis competition.



Match against the Royal Bangkok Sports Club on Sunday 4th May

Junior League Tennis

Spring 2014 has been the best season for our Junior B and C teams by far ever since the Club entered our juniors in the HKTA Junior League. Team B came in 4th place with 3 wins and 3 losses and Team C finished in 6th place with 4 wins and 6 losses.

The B team consisted only of 11 players - **Shaan, Jolby, Lucius, Richard, Rafe, Akshay, Ben, Kellan, Matthew, Mason** and **Tim**. Although it was a relatively short season, we were struggling to find players for a few matches due to injuries sustained by a couple of our team members at the beginning of the season as well as other commitments that took priority (for good reason) for our senior high school players. Nonetheless, many of us were able to witness countless outstanding performances on court by all our players. In fact, some of the home games even attracted spectators who were neither parents nor coaches, not to mention the fact that the 3 losses the team sustained were very narrow losses. Watch this space as the B team's ranking is sure to creep up in the next few seasons!

The C team is the spring board for many young players new to match play - and watching them develop from their first nervous matches, and building their confidence despite some very tough challenges - has been an absolute credit to them and particularly our newest player **Eilidh McCoig**. The more experienced players **Sam, Ethan, Olivier** and **Dexter** have shown immense team spirit helping and supporting our younger crew and at the same time leading the C team to some well fought wins and near victories. While some players were out with injury or travel - a solid mid ranking crew of **Jack, Duncan, Noa, Hayden** and **Darren** rounded off the C team that played some great junior tennis on court, and found firm friendships on the sidelines.

Special thanks goes to our ATA coaches who have been relentlessly developing our juniors' talent and challenging them to do their best regardless of the results. Special thanks also goes to the players themselves for their effort and commitment to the league matches and to the parents who support the teams by volunteering to be captains at their matches. It is great to see the entire tennis community coming together to build up our Junior teams. You are all making history for HKFC!

Last but not least, the team is sad to say goodbye to our long time player **Shaan Bhojwani**, as he heads off to either the US or the UK for university in the Fall. He has been an invaluable asset to the team and will be sorely missed! We are looking forward to your return to participate in the Men's teams in a few years' time. Best of luck in university and keep up the great performance in this great sport! ■

Swimming and Triathlon

Upcoming Races

1st June

Age Group Sprint Triathlon
HK Triathlon Association

8th June

Laguna Phuket International Marathon
Go Adventure Asia

July (TBA)

South Bay Head Challenge
Open Water Swimmers HK

6th July

Aquathon Series - Race #2
HK Triathlon Association

20th July

26th Bosphorus Cross-Continental
Turkish Olympic Committee

Swimming and Triathlon Society Annual General Meeting

**Tuesday 24th June
at 8:30pm**

with snacks and drinks following
swim training and team photos

Please make an effort to attend
the AGM and support the Society.

Should you wish to raise an issue
at the meeting, please email to
secretary@hkfcswimming.com
by 17th June 2014





Splash n Dash

Sunday 11th May

The Swimming and Triathlon Society had an impressive turn out for the first Revolution Asia Splash n Dash race at Repulse Bay on Sunday 11th May 2014. With around 30 competitors HKFC came second out of the 14 triathlon clubs, with an impressive points total of 182. Star performers were **Richard Hall**, **Debbie Hanley** and **Cath Hopkins** coming first, second and third respectively, in their categories. After the event, the Club is now in second place out of 14 teams.

The HKFC Tri kids programme has proven very popular with 30 kids signing up for swimming and running training each week. The kids have been training

hard and 18 competed in the first Splash n Dash race. Despite the wet weather all the kids performed really well.

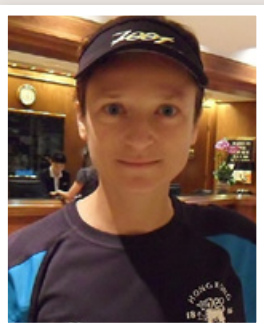
Congratulations to the following for their great performances: **Zara Mukherjee**, **Alexa Mukherjee**, **Georgina Mukherjee**, **JJ Tullis**, **Doddy Tullis**, **Liam Bromhead**, **Tatum Sadler**, **Hannah May**, **Jessica May**, **Luca Baumann**, **Noel Baumann**, **Dominic Davidson**, **Ethan Warner**, **Olivia Warner**, **Charlotte Hall**, **Sophie Hall**, **Erin Shirley** and **Beauella Purcell**.

We look forward to the next two races in June. ■

By *Michael Sadler*



From our Running Coach Olya



Olya, a super athlete whose achievements include first place in last year's Action Asia Mongolia 100km 3-stage ultra-marathon and 2012 AVOHK Female Athlete of the Year.

On kids training:

I want our junior athletes to enjoy running and to know that running is a lot of fun. I want them to learn proper running form to be able to run injury-free in the future at any age. While training for races and racing, the athletes will learn about discipline, perseverance and self-control.

Top coaching tips:

- Make training fun and safe
- Listen to athletes
- Be a good role model

Any amusing swimming/ running stories to share?

I often see really cool wild animals when I run on Hong Kong trails. Monkeys, wild pigs, deer, porcupines, squirrels, buffalos. Instead of going to the zoo, I just go for a run. Being a runner is like having a small vehicle that can take one to amazing places.

Challenge Taiwan 70.3 - Half Ironman

The race day started early as 400 of the 1,400 participants were doing a full Ironman distance race. The rest of us mere mortals were only doing the half involving a 1.9 km swim, 90 km bike ride and 21km run. So actually we got to sleep in a bit longer as we only had to be at the start line for 6am, instead of 4:30am!

The swim was in a man-made "lake" and we were allowed to wear wetsuits. They said the water temperature was only 24.8 C, but the main reason for the decision to wear wetsuits was made by the professional athletes, because it makes their sponsors happy! Yep, it's all about the money.

The bike was gorgeous, rolling hills with a huge shoulder to ride on. They don't close the road to traffic, but luckily somehow the Taiwanese drivers are so much more tolerant of cyclists than our Hong Kong drivers. For me, I had a good bike ride until I passed two women who decided it was a good idea to sit on my wheel and draft. After trying to drop them, I resigned

myself to pulling them to the finish... it's all part of racing. However one of the women who drafted me on the bike then took off on the run, but I managed to catch her at the 6km mark. She then proceeded to "chat" while we ran even though I said "I need to breathe, so I don't talk". "No problem" she said, "I'll talk and you listen!" After another 7km of this, I decided I couldn't take it anymore and let her go. After that it was a much better run although there was a serious lack of markers for the finish line, so I ended up running back and forth trying to find someone who could speak English and tell me where the finish line was, but I found it in the end!

Enough of the problems in my race, the successes were the fact that when I finished I felt like I could turn around and do it again and that I did not end up in the medical tent on an IV drip. I also managed to come first in my age group (45-49) and the 4th woman overall! ■

By Laura Walsh

Tai Po Open Water results (4th May)

Men's (age 25-29)

2nd place
Berube Alexandre (0:26.01)

Men's (age 35-39)

1st place
Craig Nortje (0:24.43)

3rd place
Stuart Tait (0:26.34)

7th place
Simon Brewster (0:28.56)

11th place
Hendrik Rosenthal (0:34.00)

Men's (age 40-44)

7th place
Richard Hall (0:30.52)

Men's (age 50-54)

5th place
David Gething (0:32.16)

Women's (age 45-49)

1st place
Jessica Mccarroll (0:31.06)

Boston Marathon

I can say with all sincerity that Boston was probably the toughest marathon I've run. I can also say with all sincerity that it is the best.

Rather than beating around the bush it's probably easier to lay out the facts.

- 36,000 runners (that's nearly 5 times the number of people doing the full marathon for Standard Chartered Hong Kong).

- 1.5 million spectators. It's hard to put that into perspective. I was 5 rows deep for most of the 42.2km

- 4 outlying towns and a major city completely devoted to the event.

- And a race that was a celebration of the spirit of the people not to be swayed in the face of adversity, who rose up and carried themselves with quiet class and dignity rather than brash discrimination.

For the whole week the entire city of Boston was centred around the marathon. There were 5km races for the average Joe to get involved, invitational mile races for the world class elites, kids relays, and of course the marathon.

The town also celebrated with special events and meetings. One of my strongest lasting memories will surely be the non-faith based blessing of the runners. The service included a diverse range of celebrations, from American Gospel to Opera singers to bagpipes, and culminated in a blessing of runners where participants were given a scarf in "Boston Strong" yellow and blue colours that regular people from around the country had hand knitted to thank and support the runners for coming to support the marathon after

the events of last year. Even as a foreigner it was hard not to be moved.

But there was no delaying the inevitable, and there was still a marathon to run.

The day started with a classic yellow school bus convoy from Boston Common to Hopkinton, the start point of the race, and boy did it seem like a long drive out, with every mile driven to be paid back with the return run.

The organisation was amazing, and although there was security it was never obtrusive... Although I've never done a marathon with Blackhawk helicopter flyovers and SWAT team snipers at strategically placed roof tops before.

To skip the minutiae, the run was very tough. I'd heard about heartbreak hill, the big climb about 20 miles in, but nobody mentioned it's basically a rolling course from the get go, and all those who finished were crippled.

The Wellesley girls were certainly a high point, and likely represent the last chance for us old blokes to kiss a college girl. I figured early on that it was acceptable to kiss a girl holding a sign beckoning for such action. **Richard** seemed oblivious to this wisdom and provided welcome comic relief when he ran over and ingratiated himself with a random girl on the course whose only crime was standing near Wellesley college.

And I think we'd all say the last 10km were very tough. The muscles burned more than is normal, and the hills took



Richard Hall and David Gething

their toll on even the elite runners.

But the crowd support was sensational and none of us came all this way to walk it in.

As is normal I crossed the finish line with not another yard of running in me... And it was only seeing Richard 10 metres ahead that stopped me from sitting down right there and then.

And after a high five and a man hug we hobbled off for a rest and a well earned beer.

It was a tough course but we all held our heads high. I got a personal best (by 30 seconds) with 2.54.40. Richard must have been about 30 seconds ahead. And **Jan, Elaine, Candice** and **Jackie** all put in very strong performances, although I'm not sure of exact times.

But no rest for the wicked, so it's back on the plane to Hong Kong, and time to bring this trip report to a close.

It was an amazing weekend. I always say never again for these races. But this time I'm not so sure. ■

By David Gething

Ten Pin Bowling

Message from the BIG Chairman



Henry Luy
BIG Chairman

We have three more games to play before the season ends for the Hong Kong Interclub Ten Pin Bowling League. On 10th April, Bowling Interest Group (BIG) played against the Kowloon Tong Club at their newly renovated bowling alley that took a year to renovate at a cost of HK\$4 million. It was an exciting night as we tried out their new facilities had a good game. Despite our loss of 6 to 16, **Emy**, our team captain scored a high game of 196.

On the evening of 8th May, BIG battled the thunderstorm and bad traffic to play at the Hong Kong Club. Our opponents won all 3 games in the first match, but BIG came back and won the second match. **Emy** played a game of 212 in the third match and saved the day as we ended with a tie of 11-11. Thanks to Emy for her leadership and well done team! Due to the sudden hoisting of the Black Rain warning, we had to lug our heavy gears through the MTR back to the Club but at least we had a good game to wrap up the day! ■



BIG vs Kowloon Tong Club on 10th April



BIG vs Hong Kong Club on 8th May

Choosing the Right Bowling Ball

1. Find your ideal ball weight

Some say your ball should be approximately 10% of your body weight, up to the maximum 16 pounds. Most pro bowlers use 16-pound balls, although most use 15-pounders. Another method is to add one or two pounds to the weight of the house ball you normally use. A heavier ball drilled specifically to your hand will seem to weigh about the same as a house ball two pounds lighter.

Even with these guidelines, you should never use a ball too heavy just because you feel you should. The ideal ball weight is the heaviest ball you can comfortably throw.

2. Determine your ideal cover stock

The cover stock is the material on the outer surface of the ball, and is very important in determining how your ball will react to the lane conditions. There are four types of cover stocks: polyester (more commonly referred to as plastic), urethane, reactive resin, and particle.

3. Choose your ball

Once you know the weight and cover stock you need, you can find a large number of balls online, or you can ask your local pro shop. There are differences in each category, but a conversation with a pro-shop operator or some online research should be enough to get you the right ball for your game.

You can find a good plastic ball for \$600 or even less. Reactive-resin balls start around \$900 and go up from there, though some, as well as particle balls, may cost \$2,000-\$3,000.

4. Get it drilled to fit your hand

You can find pre-drilled bowling balls, but if you're going to use one of those, you might as well save your money and use a house ball. A ball drilled specifically to your hand gives you more control and also significantly decreases the risk of injury. Take your ball to a pro shop and have an expert measure your hand and drill your ball. Some stores will include free drilling with the purchase of a ball, but in other cases, you shouldn't expect to pay more than \$300 for drilling—and it's worth it.

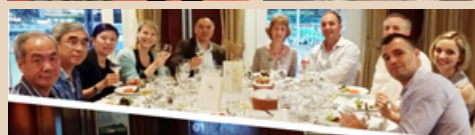
5. Be patient.

When you first hold (and release) a ball drilled to your hand, you might be afraid it doesn't fit. This is because the house balls you're used to don't fit. With a little practice, your new ball will prove to be infinitely more comfortable and controllable than a pre-drilled house ball.

19th Hole

Tenute del Cerre Italian Wine Dinner Thursday 8 May 2014

The huge success of the wine dinner in March was repeated on 8th May. Sixty members and guests enjoyed excellent food, free flow of fine wine and Italian opera singing courtesy of the Gourmet Wine Club.....



Club Chairman John Shanahan with Golf Society Chairman Ian Petersen



www.hkfcgolf.com

Match Report

Match against Hong Kong Club Golf Society

Macau Golf & Country Club, Monday 12th May, 2014

As military tacticians say, "Know your enemy". Well, there would be no problem with that as their team was stacked with HKFC Members!

This was a fixture that HKFC had apparently never lost. No pressure, then!

The weather over the weekend had been atrocious – thunder, lightning and rainstorm warnings to match the Belgian flag. Many doubted the course would be open. Those on the south side had to go round the island to the ferry to avoid a landslide. But we are made of sterner stuff and were rewarded for our perseverance with glorious sunshine amid the puddles.

HKFC were led from the front by their captain and his dependable partner, **Jim Suttie**, facing one of the opposition's stronger pairs, **Craig Chapman** and **Nick Allen**. At least Nick had volunteered to play for HKFC before kindly swapping sides to help out HK Club who were short. There was solid golf all round but HKFC couldn't live with Craig who shot 80 off a handicap of 14!

We returned to winning ways in the 2nd flight with **Andrew Wood** and **Bob McKirdy** securing a 2 and 1 victory in style with birdies on 16 and 17!

Next up an all-female affair, HKFC represented by **Angie Dickinson** and **Lynda Coggins**, a successful pairing in last year's fixture. Having got stuck into celebratory beers when 4 up, they needed a few more to steady their nerves as

they stood on the 17th tee with the match still alive. Fortunately, they finally got the job done. HKFC 2-1 HK Club.

Our 4th pair was the ultra-competitive pairing of **Terry Wright** and **Will Glover**. These 2 would still be scrapping in the 19th given half a chance and they didn't disappoint coming home 3 and 2 victors, beating another HKFC member, **Don Roberts**, the HK Club golf captain.

Our GS's esteemed Chairman, **Ian Petersen**, paired with **Jonny Brock**, found himself facing familiar opponents in **Mike Button** and **Dallas Reid**. Mike's treason was understandable. He has after all just become chairman of the HK Club. Dallas however ...

Last time we played in Macau, Mike was on our side and paired with Jonny to devastating effect. Unfortunately, Mike was on similarly all-conquering form again and HK Club took this one 2 and 1. And so it would go down to the final flight.

Our anchor pairing was **JP Cuvelier** and **Fiaz Magdoo**, and they faced a potentially tricky match against **Nicci Button** and her partner. The opposing captain lined this match up and commented that he knew JP would handle it well, being such a gentleman! And so we come back to the need to know your enemy, which clearly Don did not. JP and Fiaz came home most ungentlemanly victors, 5 and 4. Job done, however, and the trophy



GS Captain Duncan Spooner receives trophy from HK Club Captain Don Roberts

would remain with HKFC for another year.

Victory in the bag, we repaired to the clubhouse for drinks and dinner, continuing the good spirit in which the

match had been played from the start.

Well done to all that played, thanks for your support. We will squeeze in one more inter-club match before the summer recess, against United Services Recreation Club in late June. More details to follow in due course. ■

Monthly Outings

Firestone Golf Club, Shenzhen

Friday 4th April 2014

Ten members took part along with 50 other golfers, in a tournament organized by an external agency.



Ready to take on the challenge



Relaxing at the 19th Hole

Kau Sai Chau South – Tuesday 22nd April 2014

Twenty golfers signed up for this outing. **Jeffrey Man**, off a course handicap of 24, played a consistently good round to score 36 Stableford points and was crowned Stableford champion for the first time. Congratulations to Jeffrey on his debut win. **Nick Allen** (34 points/83 strokes) came second and also took the Best Gross Award. Third place of Stableford was furiously contested, with **James Riordan**, **Owen Davis** and **YP Soo** tied at 33 points. James overcame his rivals on countback, 22 versus 18 and 16 respectively. James further took two nearest pin prizes. Other winners in same category were **Job Tang** and **Rebecca Wong**. **Norman Wong** and **Jessica Wong** won longest drives. ■



Please note that the Golf Society Annual General Meeting will be held in Happy Valley Suites on Thursday 19th June 2014 at 7:00pm.

The AGM will be followed by the Society's traditional drinks and food reception.

Tentative Upcoming Events

■ **19th June**
Annual General Meeting and Drinks Reception
Happy Valley Suites

Matches

■ **29th May - 1st June**
HKFC vs SCC, followed by ANZAC Society and then British Club in Singapore

■ **23rd June**
HKFC GS vs USRC, Macau Golf & Country Club

Tournaments

■ **7th June**
Annual Club Championship KSC (N&S) & Annual Dinner

■ **19th June**
Walmsley Cup (KSC S)

■ **12th July**
Summer Cup (KSC E)

■ **30th August**
President's vs Chairman's Cup (KSC E)

Outings

■ **21st July**
Macau Golf & Country Club

■ **13th August**
Citic Changping Golf Club

■ *By Duncan Spooner and Margaret Tsai*

GOLF LESSONS with Martin Halliday



- Golf classes for beginner to advanced players
- Group training (Max 4 per class)
- Individual lessons, (1 to 2 persons)
- Children's golf clinics and individual lessons
- On Course training at - 9 eagles Golf Course
- All aspects of the game covered – Driving, Chipping, Pitching and putting)
- Video analysis
- Lessons held at 3rd Floor Simulator Room
- Monday to Saturday by appointment

CONTACT : Martin 94741494
martshaz@netvigator.com



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