

CLUB

HONG KONG FOOTBALL CLUB 香港足球會 JUL/AUG 2011



**In this issue:
F&B promotions in August**

**Sports news include:
International teams visit the Club
Tour reports
and more!**



Fly direct to Chiang Mai this summer for a luxurious adventure.

Cathay Holidays Limited is now offering summer direct flights to Chiang Mai on Dragonair **departing on 28 and 31 July only**. Enjoy a 4-day/3-night Four Seasons Selection package from HKD24,999, with private hotel transfers all the way. You can upgrade to Business Class for an extra HKD1,000* – and you'll also earn 500 Asia Miles.

Located within secluded bamboo jungles, the Four Seasons Tented Camp Golden Triangle offers you a unique experience with luxurious tented accommodations. You'll be pampered with 3 daily all-inclusive meals with beverages, a 90-mins spa treatment, as well as a range of activities, such as elephant training, trekking and a trip to Golden Triangle.

Or you may want to choose our all-inclusive hassle-free Chiang Mai Tour with an English-speaking guide and transfers, or Golf packages with 3 rounds of golf.

For booking and details, please visit cxholidays.com. Or contact your travel agent and ask for Cathay Pacific Holidays.

Join us on Facebook and get the latest package details. www.facebook.com/cxholidays



Discover the Difference

holidays

Offer details | *Business Class Compartment means Business Class seating while in-flight services and meals will be the same as Economy Class. | Prices quoted are per person, based on two adults checking in and travelling together throughout the entire journey and sharing one room. | Cathay Holidays Limited and Asia Miles™ terms and conditions apply. | Cathay Holidays Limited is a wholly-owned subsidiary of Cathay Pacific Airways. (Licence No. 352024)



HONG KONG FOOTBALL CLUB

MISSION STATEMENT

Vision: To be recognised as one of the leading sports clubs in the world.

Mission: To deliver quality services on the principles of accountability, consistency and transparency.

To develop an organizational culture that recognises the importance of staff contribution and commitment.

To facilitate the development and participation of recognised sporting activities.

Values: Being accountable – to communicate, consult and provide information.

Living within our means – to plan ahead within available resources.

Developing a culture of service – to encourage commitment, integrity, courtesy and responsiveness.

Managing for performance – to set the direction and develop the necessary skills.

Aims: To provide the services the Membership needs.

To improve the quality of Club life.

To up-hold the Constitution and Bye-laws.

To encourage Members to play their part in the Club.

General Committee

President	: Dermot Agnew
Vice President	: Nick Hunsworth
Vice President	: James Collins-Taylor
Vice President	: Bobby Lawson
Vice President	: Iain Valentine
Chairman	: Fook Aun Chew
Hon. Secretary	: John Shanahan
Hon. Treasurer	: David Howell
Sports & Recreation Development	: Lynn Edwards
Discipline	: Mark Clift
Constitutional Affairs	: Mike Wood
Membership	: Desmond Ko
Hockey Officer	: Maurice O'Brien
Lawn Bowls Officer	: Fergus McCoig
Rugby Officer	: Roger Nissim
Soccer Officer	: John Molloy
Squash Officer	: Martyn Russell
	: David Reeves

Management

General Manager	: Mark Pawley
Director of Operations	: Tony Sealy
Director of Finance	: S.K. Li
Director of Food & Beverage	: Dominique Artigolle
Executive Chef	: Ki Liu
Facilities Manager	: Evan Tao
Membership Services Manager	: Kerry Ogle
Human Resources Manager	: Angela Chan
Executive Housekeeper	: Lily Huynh
Front Office Manager	: Shirley Lo

Club Magazine

Monthly journal of the Hong Kong Football Club. Arranged by Karen Chan-Mulvenna. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.

Hong Kong Football Club • 3 Sports Road, Happy Valley, Hong Kong • Tel 2830 9500 • Fax 2882 5040 • Website: www.hkfc.com.hk

July/August 2011



The Thoughts of the Chairman.....	2
From the Desk of Mark Pawley	2
Food & Beverage	4
Rugby.....	10
Mini Rugby	14
Soccer	16
Mini Soccer.....	18
Youth Soccer.....	20
Hockey.....	22
Mini Hockey	25
Squash	26
Lawn Bowls.....	29
Netball	31
Ten Pin Bowling.....	32
Swimming	33
Golf	34
Badminton	35
Tennis	37
Book and Movie Library	39



The Thoughts of the Chairman

For those of you away on leave at the moment, I trust you will all return refreshed and ready for the new sporting season(s) ahead. For those who are yet to go on leave I hope you all have a good holiday.

Whilst the Club is seasonally quiet at this time of year we have still been able to look after the World Champion Australian Netball team for the week before the World Championships which were played in Singapore and also played host to both the New Zealand Men's and Ladies' Hockey teams who were a week apart from each other whilst transiting in Hong Kong on their way to New Zealand, having been playing in tournaments in Europe. In late July we were the venue for the Asian Under 20 Rugby Championship and, as we speak, we have Blackburn Rovers (the English Premier League team) here training at the Club who are in Hong Kong for the Barclays Asia Trophy! And, we've also had the Hong Kong under 21 Men's Hockey Squad training here just prior to the Asian Under 21 Hockey Championships.

On top of this, we have just had Charterhouse School (from the UK) here, on tour in Hong Kong, training and playing hockey at the Club and, upcoming, we have Oundle School and Felsted School (both these schools on tour from the UK) here as well, training and/or playing rugby at the Club!

Looking forward, I can advise that the **Annual General Meeting (AGM)** date has been set for **Thursday 10th November 2011** starting at 7pm. Although this may seem to be a little early in the year to start thinking about the AGM, don't forget "time flies" and that a fair bit of work has to go into getting organised and ready for it. That being the case, nominations for General Committee (GC) positions will be asked for in mid-September and already articles for the Annual Report, which has to be prepared well in advance (of the AGM) are now being received. As such, it is timely for Members to think about putting their names forward to serve on Sub-committees or, indeed, on the GC. Interested parties should, in the first instance look to contact either myself or the Honorary Secretary, **John Shanahan**.

See you at the Club!

FOOK AUN CHEW
Chairman



From the Desk of Mark Pawley

As I write this article we have clear blue skies and relatively low humidity but I note a Typhoon 1 Signal has just been hoisted so, maybe a few wet few days are ahead of us. Let's hope Blackburn Rovers, who are here for the Barclays Asia Trophy (and training at the Club) don't get too wet over the next few days!

On the renovation replacement front, I trust you all like the new Stainless Steel Grilles around the Swimming Pool Complex and the new pool furniture. At the same time we have recently installed a "sliding door" at the corridor leading to the pool, which, hopefully, accommodates, in particular, those with prams and small children.

On the food and beverage front, whilst we are seasonally quiet in the month of August, there are still going to be a few things in the "Offing" that should tempt you down to the Club. First and foremost, we have arranged another **B.Y.O. Wine Dinner on Friday 12th August** where this time round we have Michael Campion, Sales Manager of North East Wines and Spirits on hand to advise Members of their pairing of wine with the set menu. Keeping on

the subject of wine we have another **Wine Sales Counter** (and Food Fair) coming which will start on the **26th August** through to the **11th September** and, in the Chairman's Bar we continue with the popular '**Wine-derful? Wine Carousel** throughout the month. For those who don't know about the carousel, from 6pm - 10pm daily you can enjoy 2 hours of free-flowing wines specially selected to match the season for only \$140 per person. And, all of the Carousel wines are available for purchase on a takeaway basis. In the Restaurant, wine lovers will note that we have a range of what we call "good value" wines for sale throughout August. These wines are listed on page 7 of this magazine.

Last, and by no means least, congratulations are in order to the Star Award winners for Quarter 2 of 2011 who are seen in the above photo.

I look forward to seeing you all at the Club!

MARK PAWLEY
General Manager



2011 Q2 STAFF STAR AWARD
(From left to right): Mr. Dick Li (F&B - Restaurant), Mr. Pawley
Ms. Lin Li (Housekeeping), Mr. Pun Nga Yeung (F&B - Bar)

The Regent

BATTERSEA SW11



Discover Battersea... and awaken your senses in London's most vibrant postcode Prices from £511 / sqft*

- Linden Homes, part of the Galliford Try Group, are renowned for creating award-winning homes in carefully chosen locations
- A stylish collection of 1 & 2 bedroom apartments with excellent specification throughout
- 8 minutes walk from Clapham Junction – Britain's busiest railway station with direct trains to London Victoria in 6 minutes*
- 200 metres from the River Thames in the desirable postcode of SW11
- Within walking distance of Battersea Park and the chic cafés, bars and restaurants of Battersea Square
- Secure underground resident's parking



The Regent, Gwynne Road,
LONDON SW11 3UW



JONES LANG
LASALLE™

仲量
聯行

For enquiries please contact:

Ms Tina Ting

T: +852 2846 5197

E: tina.ting@ap.jll.com

Mr Michael Glancy

T: +852 2846 5848

E: michael.glancy@ap.jll.com

Linden
HOMES

B.Y.O. WINE DINNER

with Michael Campion

in the Restaurant

Friday 12th August from 7pm to 11pm

Menu

*Kingfish Ceviche with Piquillio Pepper,
Baby Cress, Lemon Zest
and Citrus Dressing*

*French Duck Confit Risotto
with Baby Spinach*

*Roasted Australian Rack of Lamb served
with Provencal Mushrooms, Parsnip
Purée and Honey Sage Jus*

*Orange Almond Tart with Spiced Orange
Segments and Tangerine Jelly*

Tea or Coffee

Petits Fours

Price: \$398 per person
(\$350 per person for booking of 6 persons or
more per table)

We're introducing a new concept in the Restaurant where you can "**bring-your-own-wines**" for our set menu dinner event.

Members are invited to bring a maximum of 2 bottles per table.

Wine enthusiast Michael Campion will be at the event to review your wines, as well as to offer a tasting of his selected white and red wines to match the evening's menu.

So don't delay, look through your wine cellars and see what you have to match our menu!

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com

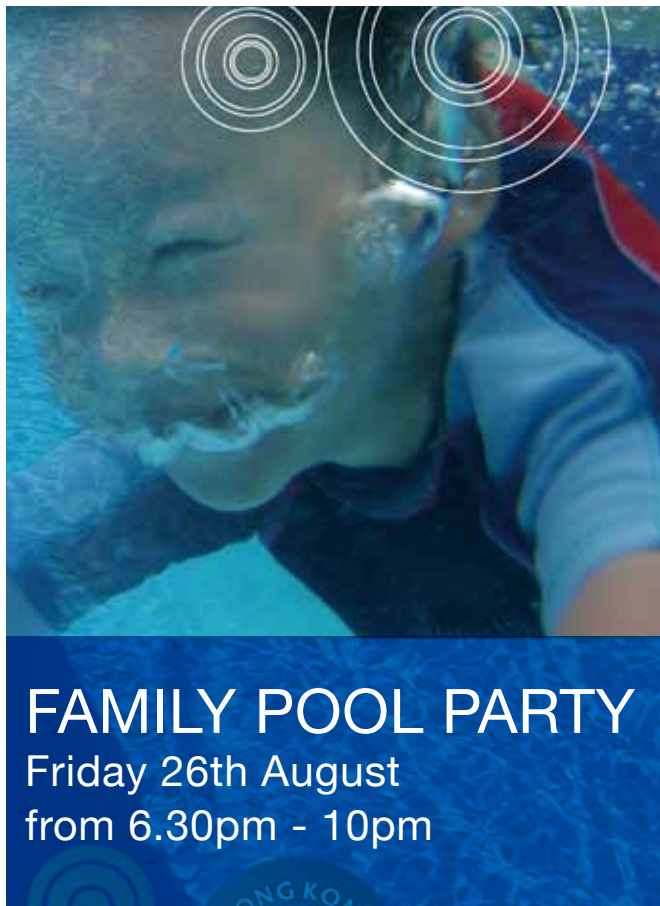
Last day for cancellation: **Friday 5th August.**

Cancellations made after this date will be charged in full to the Member's account, unless there are exceptional circumstances.



Please deliver your wines to our Restaurant staff **at least FIVE WORKING DAYS** before the function, so we can make appropriate preparations.

GENERAL PROMOTIONS



FAMILY POOL PARTY
 Friday 26th August
 from 6.30pm - 10pm

FAMILY POOL PARTY
 with Monster Inflatable

Friday 26th August from 6.30pm to 10.00pm
 \$238 per Adult
 \$148 per Child (age 3-12)

Make the most of the Pool Party before going back to school!

On Friday 26th August the inflatable will be in the pool from 6.30pm to 10pm. Guests are welcomed and a buffet will be available from served from 6.45pm to 9.15pm

This is a booking event and the Poolside will only be "open" after 6.30pm on the day of the event to Members (and their guests) who have booked. The pool will be closed to non-participants from 5.30pm onwards.

Please book early to avoid disappointment.

Please contact Kenny on 2830 9504 or email: Kenny_chu@hkfc.com for reservations.

WINE SALES COUNTER

"Super Wine and Food Fair"
 Friday 26th August to Sunday 11th September

- Great selection of food and wine for take away
- Large price range, there is something for every food and wine enthusiast
- Daily wine tasting

OPENING HOURS

Ground Floor Lobby
 Monday to Friday from 12 noon to 2.30pm
 and 5.30pm to 9pm
 Saturday, Sunday and Public Holidays
 from 10.30am to 9pm

Dreyer's
 Ice Cream Creator
 Since 1928

Amazing Chocolate Dome

Banana Split Parade

Cherry Trio Temptation

Cookies 'N Cream Shake

Photo for reference only

Available in the Coffee Shop daily

◆ RESTAURANT ◆

SUNDAY BRUNCH

in the Restaurant and Chairman's Bar

from 11am to 2.30pm

throughout the month of August

Bring your family along on Sundays for our special "Breakfast meets Lunch" Buffet

\$238 per Adult (with Sparkling Wine)

\$128 per Child (with soft drinks and chilled juice)

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com

Dress Code: Club Casual. No Collarless T-shirts, no Flip Flops, no short Casual Shorts (Knee length – no beach wear). Ladies are required to dress to a comparable standard.



IBERIAN HAM FROM SPAIN

in the Restaurant

every night except Sunday

from 6.30pm to 9.30pm

throughout the month of August

Iberian Ham is a healthy choice of meat. It contains about 19g of protein per 100g of meat and a moderate amount of cholesterol. There is also a remarkable amount of antioxidants, so much so that many specialists consider the Iberian Pig as a "Walking Olive Tree"

This delicious delicacy will be featured at the Restaurant throughout the month of August.

Please contact the Restaurant at 2830 9562 for reservation or email: restaurant@hkfc.com

SUNDAY DINNER BUFFET WITH A SPANISH CORNER

in the Restaurant

every Sunday evening

from 6.30pm to 9.30p.m

throughout the month of August

In addition to our regular Sunday Dinner Buffet this month, we have set up a special corner featuring Spanish specialties. Bring your family and friends along on a Sunday evening in August to try out the buffet.

\$250 per Adult

\$138 per Child (age 12 and under)

Also, enjoy unlimited consumption of chilled juices, soft drinks, beer and house wine for just \$55 per person



◆ RESTAURANT ◆

HIGHLY RATED WINES AT GREAT PRICES**in the Restaurant for Lunch and Dinner**

Our concept of a good value wine is one that offers a delightful drinking experience at an affordable and competitive price. Book your table at the Restaurant and enjoy any of our fine wines selected this month while stock lasts.



WINES FEATURED – LIMITED QUANTITY AVAILABLE	OUR PRICE	RETAIL PRICE IN HK
N.Z. Dog Point Sauvignon Blanc, Section 94, Vintage 2008 – (R.P 92)	\$303	\$328
FR. Chablis Gd Cru Les CLos, Jean Paul & Benoit Droin, 2009	\$473	\$580
FR Rhône:Domaine du Coulet Cornas “Billes Noires” 2007, (R.P 93 / WS94)	\$730	\$818
FR. Gr. Larose, St Julien 2ème Cru 2001, (R.P 90/WS89)	\$569	\$650
FR. Ch Montrose, St. Estèphe 2ème Cru 2001, (R.P 91)	\$950	\$1,100
FR. Ch Talbot, 2003, (R.P 90)	\$698	\$750
FR. Ch Grand-Puy Ducasse, 1996 (R.P 87 / WS85)	\$648	\$750
FR. Vosne Romanée, Premier Cru- Les Malconsorts, 2006 (R.P 91 / WS93-95)	\$890	\$1,100

◆ CHAIRMAN’S BAR ◆

**OYSTERS WITH SPARKLING WINE
IN THE EVENING****in the Chairman’s Bar**

every day from 6.30pm to 10.30pm

throughout the month of August

Oyster lovers are in for a treat. The Chairman’s Bar is offering a happy-hour special throughout the month:

- Get two jet-fresh oysters and a glass of Sparkling for just \$98 or

- or 6 oysters and 2 glasses of Sparkling for \$150

- or 12 oysters and 2 glasses of Sparkling for \$250

**“WINE-DERFUL”
WINE CAROUSEL****in the Chairman’s Bar**

every day from 6pm to 10pm

throughout the month of August

From 6pm until 10pm daily, you can enjoy 2 hours of free-flowing wines specially selected to match this season at a set price of **\$140 per person**. Alternatively you can select any two glasses of wines for only **\$75**.

All these wines can be purchased from our takeaway list. Forms are available on our website or at Reception.



Photo for reference only

◆ COFFEE SHOP ◆



SUMMER BBQ DINNER BUFFET

in the Coffee Shop

Fridays and Saturdays from 6.30p.m to 9.30p.m

During the hot summer month of August, you can enjoy the flavours of barbequed food without breaking into a sweat. Our chefs at the barbeque station can prepare a variety of meats, seafood and vegetables grilled to perfection! Bring your family and friends along this summer.

\$208 per Adult

\$105 per Child (age 12 and under)

For more information please call the Coffee Shop at 2830 9569 or email at coffeeshop@hkfc.com

HIGH TEA SET

in the Coffee Shop

every day from 3.00pm to 5.30pm

throughout the month of August

The High Tea Set is complete with savoury finger sandwiches filled with smoked salmon, egg, chicken, cream cheese and cucumber; freshly-made scones with home-made jam and Devonshire clotted cream; a selection of cakes and tartlets and your choice of tea or coffee.

Please call the Coffee Shop at 2830 9569 for more details.



AUGUST IN THE SPORTSMAN'S BAR



Photo for reference only

On the Food and Beverage front:

HEALTHY MAIN COURSE SALADS

We are featuring **Healthy Main Course Salads** this month. A good way to get your vitamins and daily dosage of fresh vegetables!

Spanish summer fever is here with our “**Sangria specials**” a delicious fruit-based wine punch made with red wine or white wine.

On the Screen

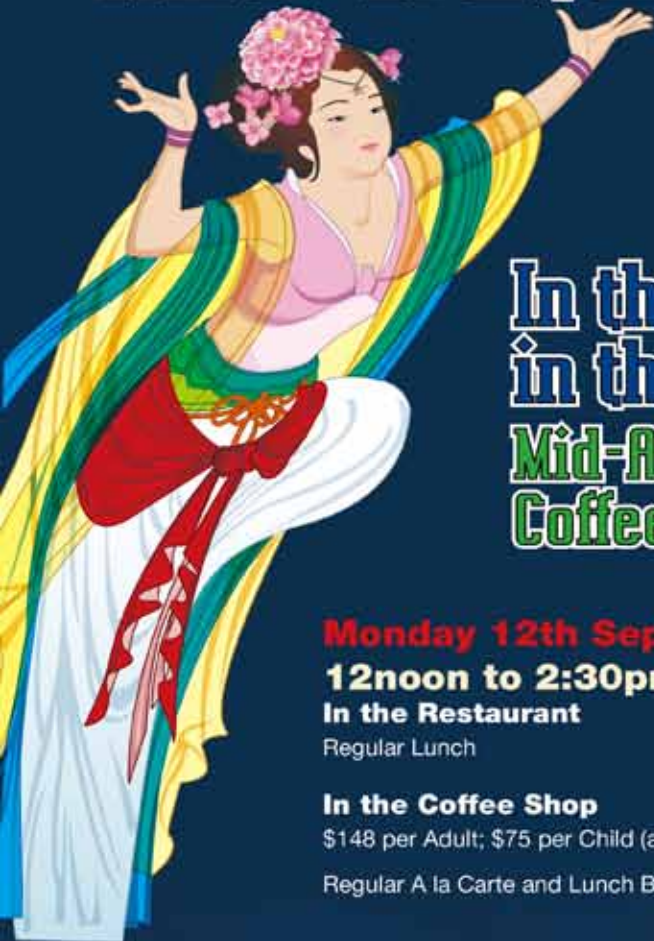
On the screen, we have the Tri Nations series; India playing cricket in England; and the Belgian Grand Prix from 26th – 28th August for auto racing fans.

Keep up to date on the Club website and all sports notice boards.

For further information, please call the Sportsman's Bar at 2830 9531.

Celebrate Chinese Mid-Autumn Festival

中秋



**In the Coffee Shop and
in the Restaurant**

**Mid-Autumn Festival Restaurant and
Coffee Shop Activities**

Monday 12th September

12noon to 2:30pm

In the Restaurant

Regular Lunch

In the Coffee Shop

\$148 per Adult; \$75 per Child (age 12 and under)

Regular A la Carte and Lunch Buffet

6:30pm to 10:30pm

In the Restaurant

Regular A la Carte

In the Coffee Shop

\$308 per Adult; \$178 per Child (age 12 and under)

Lantern Festival and Grand Family Festive BBQ at the Poolside and Coffee Shop Patio

The Goddess of the Moon, Sheung Or will welcome everybody. Popular Lion Dance. Wear your most attractive Chinese Outfit and bring along a Home-made Lantern.

*Each diner will receive a bowl of Bird's nest Sweetened Soup

Tuesday 13 September

12noon to 2:30pm

In the Restaurant

Closed

In the Coffee Shop

\$158 per Adult; \$78 per Child (age 12 and under)

"Dai Pai Dong" Buffet

6:30pm to 10:30pm

In the Restaurant

\$250 per Adult; \$138 per Child (age 12 and under)

All you can eat Dinner Buffet

With a Special corner featuring Hong Kong dishes from the old days

The Restaurant will present a range of authentic dishes, capturing the old cooking tradition and taste of Cantonese cuisine.

Braised Whole Duck Stuffed with Eight Treasures

Traditional Braised Pork Belly Preserved Bean Paste

Steamed Red Snapper Fillet with Yunnan Ham and Black Mushroom Etc...etc...

In the Coffee Shop

\$208 per Adult; \$105 per Child (age 12 and under)

BBQ with Mid-Autumn Festival Specialties



Club Captain's Report



Anthony Philips,
Club Captain

Well Ladies and Gents, it seems as though the rugby season has only just finished and some are just recovering from their HK7's hangovers.... and yet there are people out on the pitch, on the training triangle and in the gym already!!

The difference seems to be that rather than the usual crew of youngsters getting stuck into the beach weights and making sure

the "Junk" bodies are in top nick....this time round people are ACTUALLY doing rugby specific training....

The keenness of the Rugby Section for the new season can be accredited in the most part to the sheer size of our new fitness coach (welcome **Jeremy**) and the subsequent fear he instills in the boys...otherwise you certainly would not see the 100kg plus group of players doing numerous 100m sprints at 10.30am on a SUNDAY morning!

Either way Jezza has put his best foot forward and put a lot of the players on training programmes and food programmes that see the likes of **Guy** 'the Train' **Payn** eating steak for breakfast 3 times a week and yours truly nearly breaking down into tears when there is no pizza to be seen for days on end, and the Grand Finals will be the target for all Club sides come next March!

Off the pitch, the May Ball was a huge success ...HUGE hand to Dave 'monkey' Nazer for putting on an awesome event that was thoroughly enjoyed by all in attendance!!

On a sadder note...Our thoughts go out to **Andy Malbon** and his wife. For anyone that didn't know, they were involved in a nasty traffic accident on their way home from the May Ball. Their car was hit head on by a car racing on the wrong side of the road close to their home in Clearwater Bay. Both Andy and his wife were

hospitalized and she has undergone 3 operations – I understand one of her legs was broken in 3 places. She is now home and on the road to recovery to which I am sure you will all join me in wishing it is a speedyone!!

In the next issue I will go into more details about important dates for the season both on and off the pitch, but for now there are a few events coming up that I would like to make you aware of.

August 1st Mon and Thursday 7:30 -8:30pm (ish) – Pre-season starts (contact Antony Phillips or Robert Naylor for details)

August 19th – 21st: Vandals - QingDao Tour

August 20: HK Scottish 10s

August 27th: Pre Season Welcome Pool Party (TBC)

September 10th: HKFC Singapore Tour

September 24th: Section Trials Day (and Post Trial BBQ)

September 27th: HKFC CLUB XV vs Queensland University

October 1st: Rest Week

October 8th: League starts (hopefully)

I am very much looking forward to the season as Section Captain and I hope that I am able to fill the huge boots of those who have gone before me (not you **Tatts**)..I hope it is a successful season on and off the pitch and the success on the pitch has a lot to do with the Section coming together off of it, so support the social functions, stick around whenever you can after games for a beer with the opposition, and please come and find me if you have any constructive suggestions on how things might work a little better.

Anthony Philips



RUGBY SECTION MEMORABILIA WANTED

The Rugby Section of the Club are keen to expand the items of historical interest that they have and display. We are interested in photos, programs, old kit, and any other items that you might have from your involvement with rugby in Hong Kong. If you would like to donate an item or lend it to the Club the Section's archivists would be happy to hear from you wherever in the world you are.

Send an email to rugbyarchives@hkfc.com letting us know what you have, how old it is and where it is currently located. A photo of the item is great. One of the archiving team of **Alex Duperouzel**, **Huw Probert** or **Roger Patterson** (in Hong Kong) or **Jerry Summers** (in the UK) will then be in touch.

We are particularly interested in any material prior to 1970.

Don't throw it away, give it to us!

Running on the Great Wall!

By Adam Woolliscroft



First of all, once more, thank you very, very much for your support. At the last count I had raised about £4,000 for “Spinal Research” and HK\$28,000 for “The Ben Kende Foundation”. This is a fantastic and makes all the hard work that has gone into this worthwhile. I am enormously grateful for your help.

On a personal front, I finished in 15th place, taking 4hrs and 5mins which I'm rather pleased with considering where I was less than seven months ago !

The Great Wall of China Marathon was an extraordinary experience and I'm still buzzing today. Originally built to keep out barbarian hordes, 2,000 years ago, it is incredible that you can actually run over and feel a part of this history. The dramatic setting and degree of physical challenge means that it definitely is an “adventure marathon” (which means allow 25% longer than normal marathon).

The organisation is incredibly smooth and with the spectacular scenery and the very unique experience, I think it's worth every penny. It also has a variety of different runs, suited to all shapes and sizes and if you get the chance it's definitely one to add to the list.

The race was based on a section of the wall in Huang Yaguan, 3 hours out of Beijing , where the air is clean and fresh, which is also rarely visited by tourists. It starts at the spectacular and well preserved Ying Yang fortress, nestled in the valley, with the wall punctuated by 12 large towers, looming ominously 500 m above.

Having trained in Hong Kong, the lower humidity and temperature meant that I had an unexpected extra gear available and was able to push the pace pretty hard. The steps were comparatively easy, partly due to my euphoric adrenaline rush and also one of the benefits in training in Hong Kong's hilly terrain.

If you do the full marathon you get to run the wall twice, so a total of about 15km on this fantastic structure. But beware the return journey, now with 32 km of race fatigue in the legs is up hill and up over 3,000 steps ! Tough going and then some...

The race finishes with the excitement and energy of the crowds noisily welcoming you back to the relief of the Ying Yang fortress, and of course soon followed by a well deserved beer.



Protocol for any Spinal Injury

It's incredibly important to learn from the significant events in our lives. I have been very lucky with my neck and I wanted to share my learnings on correct protocol for this type of injury.

The more players that understand exactly what should happen, the better chance each individual has of getting the right treatment and fully recovering.

Dr David Owen is a spinal specialist also HKFC member and contributed most of the below advice.



Spinal injuries don't occur very often and as a result even some of the wisest players on the pitch don't really know what to do if they happen. Very, very few people are experts on these injuries and cautious approach should always be taken. When there is a spinal injury the next steps that follow are vital in ensuring that no further damage is done.

- 1** The first 15 minutes are critical ! On the pitch, make sure that the player's neck is immobilised immediately. The player should be removed from the pitch by stretcher or spinal board (HKFC has one). If there has been nerve damage this prevents any further damage happening. Importantly it is responsibility of the teammates, the captain and any medical staff to be authoritative and ensure that the correct precautions are taken. The player may be concussed and not thinking straight. I wasn't!
- 2** Call an ambulance. Ambulances have direct access to the football club training triangle via the Jockey club. It's the fastest and most effective way to get an individual to the right type of care. The Ambulance should be there within 6 min. Following pickup of the injured person they will then go to either Ruttonjee clearing hospital within 15 min or directly to the Queen Mary if the nature of the injury is clear.
- 3** Go to the government hospital for the initial x-rays. It is the fastest way to get visibility of how serious the injury is. There are misconceptions about the level of service provided in the public hospitals. In general for severe or catastrophic injuries the service in a public hospital is superior to that at the private hospital. The government hospitals are specialist centres and have the most capable doctors who regularly deal with acute trauma and are therefore the best place to go to. They will also process you faster as there is no messing around waiting for insurance details or credit cards.
- 4** Once emergency action has been taken and it is clear what if the injury is serious, then this is the best time to potentially transfer to a private hospital, if you have private medical insurance. The private hospital will not provide better medical support but, now that the critical period is out of the way, the private hospital will provide better hotel like support services.

Zen and the Art of the Oval Ball



In the Summer Time

“Summertime, and the living is easy...” sang Bess, Porgy’s flighty woman.

Easy summer... it cannot be further from the truth for a rugby

player in Hong Kong.

Pre-season training is set to start on 1st August, at the height of summer heat. To avoid heat exhaustion, I sincerely recommend you get some preparation, not to say acclimatization, done by taking part in the touch rugby on Mondays and Thursdays. Sudden stress on your body in a dehydrated state can lead to some serious injuries, especially when your only exercise in the last couple of months has been to get on the Mid-Levels escalator. Truth be told, you have even developed the habit of catching a taxi on the way to work when the downhill service stops. I know. I lived in the Mid-Level 6 years ago, and I have a ruptured Achilles tendon to show for it.

Swimming in the humidity to play touch rugby is not the most pleasant thing one can do in HK summer. It then takes a Herculean effort and religious dedication to do so against the

sweaty sponge of a man for whom no deodorant has yet been invented. Still, spare a thought for the members of the Section’s elite squads, those playing for HK and the Club’s 1st and 2nd teams. They have gone through body fat measurements and whilst it led a certain Ice lady to proclaim on her Facebook wall “bums of steel!” it kills my appetite to see young strapping guys munching away on their rabbit foods as they look longingly at my Chicken Biryani. I am a married man and I don’t need more “guilt” heaped upon me.

It is a sad truth that the older you are the more pre-season preparation you need. It is heartening and frightening at the same time in equal measure to see **James Riordan**, the triumphant Bulls’ coach from last season, already settling into an exercise routine and getting into shape in the anticipation of the next season. Had Sgt. Emil Foley in “An Officer and a Gentleman” been lankier, pale and Irish, Louis Gossett, Jr. could have been James Riordan. Of course, if one applies the same incredible stretch of imagination, I could be Richard Gere. Or Debra Winger, even.

There is no escaping the reality. Those thinking of playing rugby “socially” this season or even those in “retirement” should face the inevitable. By the time you are through with the Tri-nations (23rd July to 27th August) and the Rugby World Cup 2011 (9th September to 23rd October), you would be keen as a bean to go for a run. Be prepared.

by Yutaka Yazawa

5 Days 4 Night Sabah Package

- Round trip Economy Class ticket
- 4 nights accommodation
- Round trip transfer between airport & hotel
- Daily Breakfast
- 1 free calling card

Travel Period:
 -13, 14, 16, 20, 25, 26, 28, 29, 30 JUL 2011
 -2, 4, 8, 10, 11, 12, 13, 18, 20, 25 AUG 2011

*Subject to all applicable taxes and fuel charges. *Certain terms & conditions apply

Block Seat
First Come First Serve

\$3930 up

2 Day 1 Night Mandarin Oriental Macau & SPA Exclusive Package

\$1600 up

Promotion Period:
NOW - 31 JUL 2011

Subject to all applicable taxes and fuel charges. *Certain terms & conditions apply

- Round trip ferry ticket
- Room Upgrade, Buffet Breakfast
- 50 mins Massage (Buy 1 get 1 free)
- SOGO Cafe Royce x4 Outlet (Buy 1 get 1 free)
- \$200 Coupon for F&B

Fly Virgin atlantic to London

\$6,050up

18th JUN - 31st JUL 2011

Sydney

High Season: \$7,800up

Low Season: \$5,300up 15th JUL - 31st JUL 2011

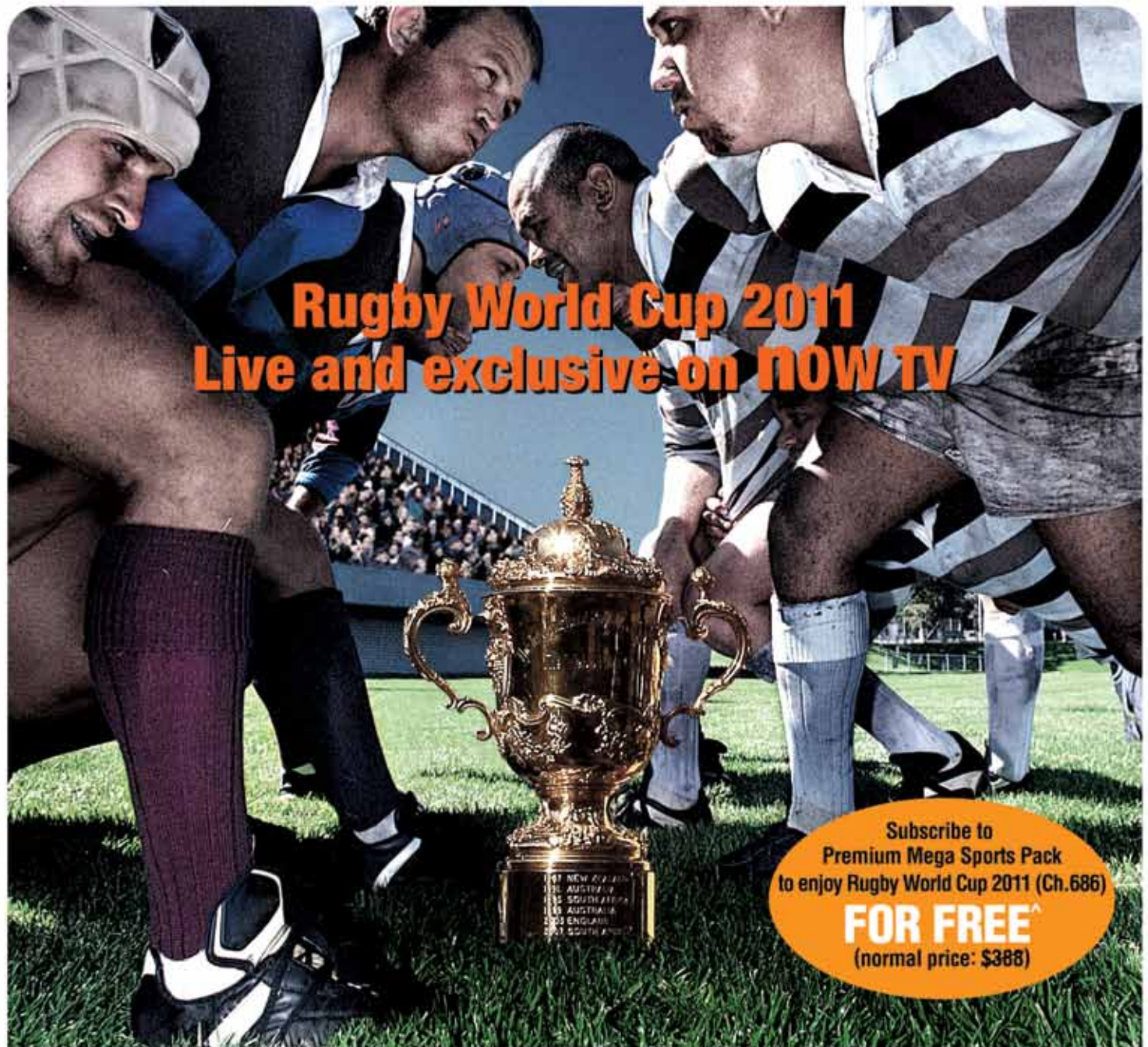
NOW - 14th JUL 2011

Enquiries :
2810 9300

SUNPAC TOURS & TRAVEL LTD.
Licence No.: 350481

Address: Rm. 1105, Asian House, 1 Hennessy Road, Wanchai, HK
 Hotline: (852) 2810 9300 Fax: (852) 2845 2933
 Email: commercial@sunpac.com.hk / airticket@sunpac.com.hk
 Website: <http://www.sunpac.com.hk>

12 Jul/Aug 2011



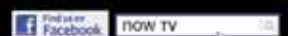
Rugby World Cup 2011
Live and exclusive on NOW TV

Subscribe to
Premium Mega Sports Pack
 to enjoy Rugby World Cup 2011 (Ch.686)

FOR FREE[^]
 (normal price: \$388)

NOW TV Ch.686 brings you an irresistible Rugby World Cup 2011 starting September 9:

- All 48 matches broadcast in HD*
- On-demand: Catch up on matches whenever you want
- Quadruple-play: Simulcast on NOW TV, now.com.hk, PCCW mobile and eye 2
- Rugby World Cup 2011 event pass (Ch.686): \$388/Early-bird offer: \$288[†]



*Customers are required to commit to a contract period of Premium Mega Sports Pack at least 18 months to qualify for the free viewing on Rugby World Cup 2011 channel (Ch.686). **Full HD service is applicable to customers using NOW TV's All-in-One Set-Top Box/NOW TV HDTV decoder. †The early-bird offer for the event pass (Ch.686) is valid until 31 August 2011. Terms & Conditions Apply. All match dates and times are subject to change. NOW TV is available in designated residential areas. NOW TV is a registered trademark of the PCCW Group. TM © Rugby World Cup Limited 1986 - 2011. All rights reserved.

Please call **2888 0008** then press 1 or visit any PCCW shop **www.now.com**

ONLY PCCW

Mini Rugby News



Girls Rugby



Girls Rugby. Perhaps it is not an obvious activity on a girl's list of weekend plans. But for some it is a perfect fit.

When I asked **Andrew Abernathy**, a Mini Rugby coach and father of three Mini Rugby players, why he got his daughter involved in rugby he said, "Listening to Taylor Swift and practicing cartwheels was not providing a complete sporting experience for **Olive**. We asked her to play for her brother's team when we were short of numbers at a tournament, and she has enjoyed it ever since - in particular getting the ball in space and being chased by boys."

Another Mini Rugby coach and father, **Marcus Lee**, said "I was surprised when **Natasha** told me she wanted to play rugby at HKFC last season. So I thought if I was going to take her every Sunday, I may as well try my hand at coaching as well. At first I was mindful that Natasha was petite for her age but due to the great coaching at HKFC she took to the game very quickly playing in a mixed squad. In games, she was scoring tries and tackling boys twice her size. Even more so, I could see that she was really having fun and was developing a passion for rugby. There are good friendships formed within the HKFC teams, but even more so amongst the girls, maybe because they are a minority and take it as a challenge to take on the boys.

Sylvia Lin's daughter had a great year of rugby on the Mini Select U6 team.

"Angelina was a shy little girl when she first saw her brother play rugby at HKFC. She was 3 years old at the time. She always had fun playing rugby outside of the pitch. I think she can play rugby to build up her muscle skills and learn to be cooperative with the other kids. She started to play when she was 4 years old. With the interesting training programme from the coaches, she enjoys rugby whether rain or shine. Actually she loves to play in the rain. She thinks that is super FUN!! Now she is a 6 year old girl with confidence. She said to me, "Mommy, I am a princess who can play rugby, I am a Rugby princess!" Said Mrs. Lin.

Enthusiasm from the coaches, parents and girls and learning the correct techniques help the players excel as they move up each age group level.

Rugby mom, **Joy Lee** said, "I was very hesitant and nervous because I feel Rugby is an intense, physical and injury prone sport. The thought of a broken arm, leg or worst a broken nose for a girl doesn't form a comforting picture for me. However, I went ahead to have Natasha play Rugby despite my initial concerns. These concerns were quickly diminished when I see how she has taken to the sport. When I see Natasha play, I see determination, confidence, motivation. I don't see my daughter now...I see a fearless

.....
"Whenever I score a try or tackle someone it feels that I have achieved something as you've got your teammates there to congratulate you, it feels good."
.....

warrior. I am very happy that in Rugby, she has found all these in her and most importantly she has shown that nothing is impossible if you set your mind to it.”

There are currently over 50 girls registered for the 2011-12 Mini Rugby season, scattered between the U6 and U12 age groups. As you may have read, last season was the Club’s first effort to pull an All Girl team together for the Mini Rugby Festivals. While the girls had a great time and were a competitive match to their opponents, it was a mixed group of ages and our team had to borrow players from the other all girl teams to make a solid 10-person side. In the new season, our first goal is to form an All Girl Team that includes reserves.

Rugby coach, **Tom Young**, has been impressed by his daughter Lauren’s enthusiasm for the sport.

He said, “She does get the great benefits of rugby, team spirit, camaraderie, sportsmanship, passion and the list goes on but there is just that added intangible element that is there by being part of an all girls team. She does still like playing with the boys, it is just that she prefers the girls.



I think it is best for her to play both as long as she can and wants to, this will help her to develop her skills.”

Tom’s daughter, **Lauren** added, “I like playing girls rugby because we work hard as a team. They pass the ball to me more often than the boys do.”

Rugby player, **Natasha Lee**, said, “Rugby is a fun sport and makes me feel happy and excited. Everyone works together to

score a try or to stop a team from scoring. Whenever I score a try or tackle someone it feels that I have achieved something as you’ve got your teammates there to congratulate you, it feels good.”

If you or your daughter has questions about playing rugby in the new season please contact **Liz Moser** at moseorny@me.com. You can register at www.HKFCyouthrugby.com today. ■

Youth Rugby Registration

With the recent conclusion of another fantastic season for HKFC youth rugby, registration for next season is almost upon us. We anticipate registration for the upcoming 2011/2012 season to be open from mid June at the Youth Rugby website: www.hkfcyouthrugby.com

Last year there was a big increase in numbers to our highest ever at 585 across all age groups, welcoming both Members and non-Members alike. So make sure to be ready to register for this season.

Expected first session dates will be the 28th August for kit collection and the 4th September for training (subject to confirmation).



www.hkfcyouthrugby.com



Soccer News

1st Team Report 2010/11 Season

The 2010/11 season proved to be a very difficult one this year for Club First Team and they were relegated with 2 games to play. As the only amateur team in the BMA HKFA First Division League, we knew long before the season started that we had a huge task ahead of us.

The renovation project on the Club's Main Pitch disrupted pre-season preparations as the squad was left no option but to train on the Club's Hockey Pitch and /or below-grade pitches on Happy Valley for most of the nine week pre-season schedule.

However, pre season went well overall with up to four sessions a week which helped us start the first league match of the season with a surprising, yet well deserved 1-1 draw over NTF Realty Wofoo Tai Po away from home.

That was to be the only high point in the

early months as the first team adjusted to life with the professionals, the hard way. And despite being outclassed by the top four sides, who were generally too fit and organised for us, the team improved month by month and went on to play



some very good football for the best part of the season.

There was a 6 week window in the later stages of the season, when we might have changed things around if we could have

taken advantage of the opposition and held on to leads when we were in front against the bottom teams around us. Narrow 1-0 and 2-0 defeats and losing games when in front 2-0 cost us dearly and showed a lack of composure and inexperience as we were unable to take points from the four teams who we believed could have been beaten, especially at home.

It wasn't all doom and gloom though. Highlights of the season were the draw as mentioned above, victory at Tai Po in the Cup, taking South China to the wire and narrowly losing 2-1, beating Tuen Mun 2-1 for our first league win of the season and competing in the Semi-Final of the Senior Shield against TSW Pegasus at the HK Stadium. This may have been the turning point in our season mentally, with minutes remaining and on the verge of sealing an historic 1-0 win and place in the final, a deflected strike in the 87th minute took



the game in to extra time, which proved to be too big an ask for a team who had run themselves into the ground and Pegasus eventually went on to win 2 -1.

It was a fantastic effort and the closest any Club side had come to making history and a Senior Cup Final which was recognized by the crowd of almost 5,000 local football lovers who gave the team a standing ovation as they left the pitch. Unlucky on the day, but a tremendous afternoon for the players and Club as the local community embraced the teams playing style and how they went about going head to head with a professional team, who were outplayed for large parts of the game, and sitting fourth in the league at the time.

However, and despite our lowly league position, the team managed to finish on

a high as they went on to be crowned Plate Winners at the HKFC Citibank International Soccer Sevens, with HKFC Captain's Select beating old rivals Singapore Cricket Club in a tight Final. An excellent achievement and confirmation that the team had improved over the year and was the best amateur team in the Tournament.

It's also worth mentioning that 5 members of the squad have been offered professional contracts next year, 3 of our under 21 players, two are currently studying overseas, were called up to represent Hong Kong at International level. One of them won the 2010/11 HKFA young player of the year award and the team received further accolades at the HKFA Annual Awards Ceremony by being voted the

second best coached team in the league, just behind league winners Kitchee and picked up the Most Sporting Team Award for the 2010/11 season.

Progress indeed and perhaps not such a bad season on reflection if we factor in some of the positive achievements as mentioned above.

Finally and in closing, I would like to acknowledge and give special thanks to **Paul Foster** (First Team Coach), **Marlon Van Der Sander** (Fitness and Condition Coach) and **David Bayldon** (Physiotherapist) for assisting me with First Team training and coaching in 2010/11, which would not have been possible without them.

Tony Sealy, First Team Head Coach





Mini Soccer Tour to Singapore May 2011- a.k.a 'Sing in the Rain'



P4 team picture

Friday 20th May saw some 120+, including 60 players from the P4, P5 P6 and Year 8 age groups, plus coaches and an equal number of parents and siblings, heading off to Singapore for the largest overseas Mini Soccer tour in the programme's history. Entering five teams in the ANZA International tournament our players looked forward to facing teams from Hong Kong, Malaysia, Indonesia, and of course Singapore.

The tournament scheduled for a full day on Saturday and half day Sunday kicked off bright and early Saturday morning in glorious sunshine, which remained that way until mid-day when the first drops of rain started to fall with the group games still underway. As one might expect in Singapore the few drops of rain quickly turned into a deluge making the pitch unplayable though the players did not appear to mind as mud-sliding became the new competition to win. The organizers, hoping against hope, decided to wait for the rain to stop and the pitch to dry out, but clearly after one and a half hours during which time the pitch turned into a stream and all parents and players were soaked, the organizers and teams decided to postpone the afternoon session allowing us to return to the Hard Rock Sentosa for an afternoon by the pool, which the players thoroughly enjoyed.

Moving on to the evening 100+ players and parents gathered together for a tour dinner in traditional tour shirts – think blue and green Hawaiian! The tour dinner proved a great success providing an opportunity for parents and coaches to get together and for the players to continue their fun together in their teams.

Whilst the postponement on Saturday had a number of



P6 team picture

advantages one downside was the 7a.m kick off on Sunday morning...ouch! Remarkably we managed to round up all players and parents enabling us to field 5 sides on the Sunday morning with the tournament ending late Sunday afternoon.

Performance wise all the teams played well with a brief summary below:

P4 – Coaches Peter Gale, Rana Bhugowan, Pat Burns:

P4 with 18 players entered 2 teams into the tournament and were fortunate to have 3 P5 volunteers join us.

Both teams played well with HKFC B winning their group with some great performances from all the players. The team showed great determination in defending the lead against one of the stronger teams and scored some great goals along the way before missing out in the Cup quarter final.

HKFC A also played well in their group running up an 11-0 victory in one game. However they missed out on the Cup competition on goal difference before losing on a penalty shoot out in the plate quarter finals, again a number of great performances both attacking and defending.

P4 – Head Coach Pat Burns:

The P4 players and parents had a great time at the tournament with the standard of football very high resulting in some great performances from both teams, and whilst football was the main focus if we asked the players their thoughts on the weekend I am

sure they would tell us they enjoyed the whole experience - the games against new opposition, playing in the heavy rain, the fun in the pool, the team dinner and most importantly having a great time with their teammates.

From a coach and parent perspective the tour has proven to be a resounding success enjoyed by players, parents and coaches alike, one that will remain in our memories for a long time.

P6 – Coach Jamie Spence:

P6 had a large touring group of 17 players for one 9-aside team, including three very talented recruits from the P5 age group. They all combined extremely well on and off the pitch, and even in the swimming pool. The determination and spirit of the kids, combined with their desire to win saw the HKFC Touring Dragons get better and better as the weekend progressed, culminating in just being knocked out in the semi final of the plate competition on Sunday. They finished 7th out of 22 teams in the region. They all left Singapore with a real sense of camaraderie and many wonderful shared moments.

Y7 – Mick Lonergan:

The Y7's took two teams to the event, comprised of 20 Y7s and bolstered by two Y8s, the tournament being principally for Y8s rather than Y7s. The first team came third in their group of five, winning two games and suffering two, one goal, defeats, and were eliminated from the plate on penalties after failing to capitalize on



P7 team picture

a succession of chances created in normal time. The second team won one of their four games and went into the plate with the first team. They were also eliminated at the quarter-final stage.

The tour was a fantastic bonding experience for the boys and I hope that it will pay dividends when we resume competitive football in September.

Finally a great deal of effort went into arranging the Mini Soccer tour therefore the lead coaches **Mick, Jamie** and **Pat** would like to pay a special tribute to **Neil Morrison** who spent months organizing the event – thank you Neil.

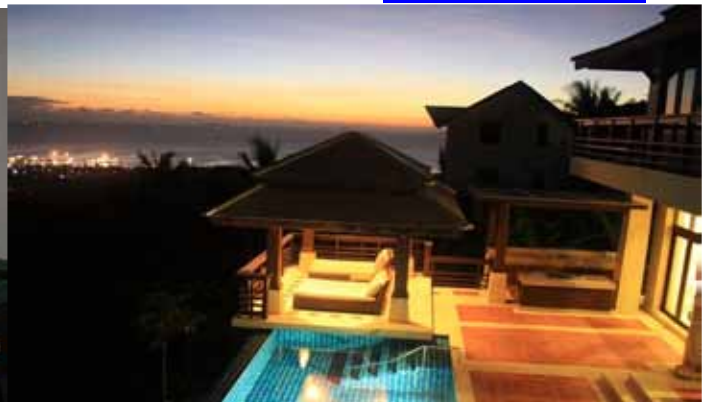
Having set a precedent this year we look forward to continuing mini-soccer tours in 2011/12 season. ■



VISTASAMUI IN THE GULF OF THAILAND

'BECAUSE YOU DESERVE THE BEST'

*****RATES INCLUDING STAFF & DRIVER FROM HK \$2,800 /DAY * VIEWS FREE * HKFC MBR -15% *** WWW.VISTASAMUI.COM *****



****DAILY DIRECT FLIGHTS CAN HAVE YOU POOLSIDE BY SUNSET - 'GO CHILL' - ENQ: INFO@VISTASAMUI.COM MOB: 9100 0705 ****

HKFC SCC Henrik Lorenz 2011 U16 Youth Cup Champions



The touring Under 16s and coaches resplendent in their shirts



Club Highlanders – SCC Soccer Sixes Champions

Full of the joys of spring and with the end of the school year well in sight, twenty-three Club U16s players set off for Singapore to represent HKFC in the annual Singapore Cricket Club (SCC) Soccer Sixes International Youth tournament on 25th-26th June. Having discovered they had arrived a day early (much to the delight of the lads who should have been in school), the touring party, resplendent in their touring shirts, took off to Sentosa island for some team-building exercises and heat acclimatization. With temperatures hovering around 32°C (slightly lower than the seasonal 33°C), the three squads were able to put this “day-off” to great use, navigating Megazip’s rope-courses, playing beach football and sampling local fare. “Super-sized” and “smoothied”-to-the-gills, the players hit the sack early, in anticipation of their first pool games the following morning.

With TSW Pegasus and South China also competing from Hong Kong, the draw looked favorably on the three Club teams (Club U15 Inbetweeners, Club U15 TOWIHK and Club U16 Highlanders). Should everything go to plan, two Club teams should meet in the Final on Sunday. As the Saturday pool games progressed, between tropical downpours, copious

warming-up(!) and warming-down sessions and the occasional liquid refreshment (by the traveling supporters, of course...not the lads), it became apparent that the Club was going to be a force to be reckoned with (despite the match commentators constant reminders that ANZA A was the team to beat!). Keen to prove the commentator and partisan crowd wrong, the three Club teams upped their game, with Inbetweeners finishing second in their Group, and TOWIHK and the Highlanders finishing top, conceding just three goals in nine games. The lads were on fire...and having put South China back in their box, the way was clear for two Club teams to appear in the final.

Exhausted after their exploits on the pitch, replete after dinner at Hooters and quite sick having done a quick reverse bungee on Clark Quay, the players opted for an early night. Eager to get off to a good start, the three club teams left the squad hotel early (the Fairmont...very nice and extremely handy for the Padang) for the Singapore Cricket Club, only to find that there had been a “mistake” in the programme... two Club teams now faced-off in the quarters, leaving the route somewhat clearer for SCC and favourites(?) ANZA A. Conspiracy theories abounded and the fury of the traveling supporters took some time

to quell. Nevertheless, an epic battle finally ensued, with Highlanders and Inbetweeners not giving the other an inch. The crowd was kept on their feet from start to finish, the deadlock finally broken by a stunning strike from Club Highlanders. On the other pitch, TOWIHK were slugging it out with ANZA A, finally going down bravely after a thrilling 1-1 draw and a marathon sudden death penalty shoot-out. Now HKFC’s hopes were firmly resting on the Highlanders’ exhausted (yet broad) shoulders.

The highly anticipated semi-final was indeed a let-down...favorites ANZA A were brushed aside 3-1 by Club Highlanders, totally dominant in every department, raising the bar and righting previous public announcements. Club Highlanders were in fact the team to beat...and as it turns out, no team could! Facing a local Singapore team in the final, Club Highlanders outclassed their opposition, turning in a clinical 3-0 victory. A quick presentation ceremony in front of their loyal supporters and choral HKFC teammates preceded a frantic dash to the airport. The HKFC SCC Henrik Lorenz 2011 U16 Youth Cup champions... job done. ■

Neil Morrison, Tour Convenor

Perfect grass... without a mower!

Eagle Lawn

Generation 3 synthetic lawns are so close to the real thing you will find it hard to believe. Perfect for areas that get no sun or too much water. They are child safe and pet friendly – no more muddy paws! Green and lush all year round with excellent drainage and no shrinkage cracks in summer. Low maintenance and no mowing means you have more time to do the things you love!

ASI

Actionsports International Limited

23rd floor, 408 Jaffe Rd,
Wan Chai, Hong Kong
Phone +852 25275455



www.eagleturf.us



Charlie Poulton, Hockey Section Chairman

Message from the Chairman

On 25th June, 135 of us gathered for our **End of Season Masquerade Ball** to celebrate our Section's achievements, of which there were very many indeed throughout the season.

Cristina did a superb job of imparting an elegance to the Restaurant hitherto unseen and this was matched by the tremendous efforts made by party goers to wear their best feathery masks. F&B cooked superb salmon and lamb dishes for us followed by a dessert which was almost as well decorated as the event itself. In perhaps record time, **Nicky, Rob** and even I rattled through the awards with unusual crispness. The Chris Watson award for outstanding contributions to the Section, was won by **Neil Galloway** and **Rob Barker** for their astonishingly successful organization and running of the Mini Hockey programme on Saturday mornings. The award was given in recognition of the whole team of coaches they lead that have taken our mini programme to new heights this year, including an inaugural tour to Singapore. My special thanks also go to Neil and Rob's wives **Fiona** and **Ros** who also do a tremendous amount to support this programme.

Perhaps the best part of the evening was that once all was said and done (and in some cases sung) we managed to raise over \$32,000 for our Section charity Pathfinders, which is a truly fine



way to round off a season. For those lucky enough to win raffle prizes please make sure you collect your prize from **Chappie's** office as soon as you can, if in doubt, please see the website for a list of winners from the evening.

This brings me to next year's charity. At the AGM in May two charities were proposed, The Crossroads Foundation and Spirit of Soccer. There is a full write up of each on our website and a link to click on to cast your vote. We will look to announce the winner at the Section's **Start of Season Pool Party on Saturday 3rd of September.**

Over the summer season your new committee continues to meet every second Monday of the month. During the off-season, many of you have enjoyed the Summer Social Mixed 6-a-side and my thanks go to **Simon Chapman** for making this work so well this year. There is an indoor session in progress every Monday evening throughout August and believe it or not, on **August the 27th and 28th** we hit trials for the new season, our 50th season of hockey at HKFC.

There are some important dates to put in your diaries and these are listed below as well as on the website. To whet your appetites for our 50th season please watch out for news of the **tour to Bangkok on December 3rd and 4th** as part of our celebration of 50 years of hockey at the Football Club.

Ahead of the new season I am delighted to hear that our very own **Clive Miners** and **Bertie Leung** have volunteered their services to stand on the HKHA Men's Section committee next year. On the ladies side we are fortunate to have **Nic Sawyer** and **Rhona Barr** on the HKHA-WS.

Dates for your Diary

Mini Hockey registration:
Saturday August 27th

Trials:
Saturday 27th August (Ladies) and
Sunday 28th August (Men's)

Second trials:
Saturday 3rd September (Ladies)

Pre-season BBQ Pool Party:
Saturday 3rd September

Men's League Round 1:
Sunday 4th September

Tentative start of our 50th season:

Mini Hockey:
Saturday 3rd September (11am)

Ladies season:
Saturday 17th September (7 a-side)

Ladies League:
Saturday 24th September

Christmas party:
Saturday November 26th,
(theme to be announced)

Bangkok Tour to celebrate our 50th Anniversary: 3rd and 4th December,
more details to follow

Volunteering for posts at the HKHA is an important part of developing our sport. Please feel free to talk to them about business at the HKHA (I know I will be!) and support them in their endeavours.

I am looking for two further volunteers to help co-ordinate the requirement every HKFC team has to provide umpires for matches: I need one man and one woman. Anyone who is within their four year commitment can use this opportunity to help improve their chances of qualifying for Full Membership when their four year review comes up. Please contact me if you are able to help. Of course, full members are also welcome to volunteer!

I look forward to seeing you all at the pre-season BBQ Pool Party on the 3rd of September, in the meantime, have a wonderful summer.

Charlie Poulton, Chairman

Men's Captain Report



Rob Wilkinson,
Men's Captain

Greetings! I hope you're enjoying your summer holidays and have made the most of your weekends off! The new season is fast approaching so I thought I would write a quick one to update you with a few dates for your diaries:

9th August - Pre-Season fitness begins

16th August - Hockey training begins

28th August- Trials

4th September - First round of matches for most teams

25th September- Premier League begins

Please do keep your eyes open for any new players arriving in HK who may be keen to join HKFC, we have already scouted out a couple of potential superstars but could do with a few more as we look to strengthen our newly promoted squads. If you do know of anyone please let me, **Chappie** and **Martin** know and ask them to come down to trials on the 28th August.

On the back of the success of last years BBQ, we will be looking to do another start of season social, so please keep your eyes open for more info in the coming weeks.

Finally, I would like to say thanks to the retiring committee members for all their help over the past year.

Cheers, **Rob**

NZ Men's Hockey Team



NZ Hockey has continued to make use of the HKFC facilities, with the NZ Men's Hockey Team also dropping in on return from their northern hemisphere tour. The Blacksticks were beaten in the final of the inaugural London Cup 4-3 by Korea (four nation's invitation hockey tournament involving England, Korea, Belgium and New Zealand).

'Bronze Beauties' Return to HKFC



The almost all-conquering New Zealand Women's Hockey team, (aka the Blacksticks) have spent some much needed down time at HKFC en route back from the Champion's Trophy in the Netherlands. New Zealand scored with 40 seconds left on the clock to down Korea 3-2 in the Bronze Medal match. The final was played between defending champions Argentina and the host nation, the Netherlands. In an epic final the hosts prevailed in a nail biting penalty shoot out. New Zealand will now feel confident of reaching the top 4 once again in 12 months time when they go head-to-head once again with the world's best at the London Olympics. The England team managed to dispatch the Aussies twice (pool play and play-off) to finish 5th overall, and along with NZ now automatically qualify for the next Champion's Trophy, scheduled early 2012 in Argentina... tour anyone?

The Blacksticks return visit is yet another in a growing list of visits by top international sports teams who choose Hong Kong Football Club.

The Club has also played host to the world champion Australian Netball team, as well as Hong Kong, Thailand, Sri Lanka and Japan Under 20 Rugby teams, and will play host to English Premier League team Blackburn Rovers in July when they come to Hong Kong to play in the Barclays Asia Trophy. *By Simon Chapman*





Ladies E Team Update



The Ladies E Team, better known as the Dinosaurs, played in the Second Division of the HKHA's League in the 2011/2012 season and ended up seventh (out of seven) with seven points. Not a good result for the Dinosaurs but in a season plagued by injury, work and family commitments Captain **Jess**

Morrison was hard pushed to find 11 players to field a team. The team was fined \$1500 by the HKHA for having had to give walk overs. It could have been worse and Dinosaurs wish to thank the ladies from the Fs and Gs who helped out in getting 11 players on the pitch. The Dinosaurs will be looking to recruit new players for the 2011/2012 season.

Off the pitch Jess had no difficulty getting a team out to celebrate the birthdays of **Mary Coghill** and **Mel Watt**, 21 Dinosaurs attended the Ms Big Birthday Bash in the Club's VIP Room on 25 May. The theme of the evening was Shanghai, the Dinosaurs in cheongsam with Mary and Mel dressed as Chinese empresses...the photographs say it all!

No sooner was the Big Birthday Bash over than it was time for the Dinosaurs Annual Tour...this year to Bangkok, 27 to 29 May. 14 Dinosaurs travelled from Hong Kong whilst one, **Minnie Kerrison**, joined the team in Bangkok from Chiang Mai. Chep Lap Kok Rules prevent the disclosure of all that occurred but...rum punches served by **Carmen Miranda**, bubbles in the Captain's room, **Di May** and **Heather Deayton's** birthdays and dancing in the Sheraton Grande may give an idea of what happened. The photograph shows the Dinosaurs in full tour kit arriving at the Peninsula Hotel. Fines from the weekend (and there were many) will be used to fund the education of children in northern Thailand.

Good news is that whilst on tour Jess Morrison agreed to be captain again.....what a star! See you on the pitch, pip pip. *Alison Cabrelli*

Ladies' Captain Report



Joanna Fargus,
Ladies' Captain

Hello everyone! As the new Ladies Captain for the 2011-2012 season, I thought I would say a quick hello to introduce myself.

I'm Jo and I play for the mighty Foxes (aka the F team... but let's not get into details here). As a former swimmer, I'm more accustomed to sports that revolve around water – so if you're after hockey advice, I can't promise I'll be a great help, but I will certainly try!

I would like to say a massive THANK YOU to **Nicky Russo** for doing a fantastic job as Ladies Captain for the past 2 years. She's left me with some pretty big shoes to fill, so hopefully I don't let you all down. I also want to wish her luck in her new position as the Hockey Rep on the General Committee – she's kind of a big deal now.

The Ladies' section just finished up another great year, and I'm really excited for the upcoming season. Trials will be held at the end of August, so I look forward to seeing you all there refreshed and ready to kick some proverbial ass. Also, keep your eye out for any new players over the summer months - if you think they would be a valuable addition to the Hockey Section, we would love to see them at trials.

I hope you have a great summer, and see you all in August.

Cheers, **Jo**

Ladies' Hockey Trophies

HKFC A Team –

1st Round Division 1: Brenda Smith Trophy

2nd Round Premier Division : Kitty Yau Trophy

Knockout Competition – Cup : Gremlins Cup

9-a-side – Premier Division : The Spencer Cup

7-a-side – Division 1 : E M Gray Cup

HKFC D Team –

2nd Round Division 2 : Conway Cup



HKFC A Team won the Gremlins Cup in a great match ending in a 3-0 victory over archrivals KCC

HKFC Mini and Youth Hockey 2011-12

Registration Day:

Saturday 27 August

Details for Registration and Kit Collection Day are available on the Mini Hockey website:

www.hkfhockey@hkfc.com

The Coaching Programmes will begin on **Saturday 3rd September** for the Under 8 and U10 age groups, 11:00am – 1:00pm on the Hockey Pitch.

The Under 12, Under 14 and Youth training (U18), will begin **Friday 9th September**, 5:00pm – 7:00pm on the Hockey Pitch.

Mini Hockey Tour

The U12 and U14 Mini Hockey Tour is once again set to head to Singapore. The dates set aside for the tour are February 25th & 26th. This will be very popular so be sure to register your interest early. Selection for the touring team will take place before Christmas in order to put the appropriate planning in place.



Volunteer Coaches Programme

As per previous years, the Mini Hockey Programme relies on volunteer coaching to support the increasing number of children participating. The programme will support all levels of coaching ability with regular coaching clinics on offer and run by HKFC Head Coach, **Simon Chapman**.

Details available on the website or by contacting **Rob Barker**, Mini Hockey Coaching Coordinator: robandros@netvigator.com



NEED SPACE?

LOW COST STORAGE

AIR CONDITIONED • COLLECTION & RE-DELIVERY
FROM JUST HK\$220 PER MONTH

CALL NOW 2976 9982

selfstorasja
THE STORAGE COMPANY

www.selfstorasja.com • enquiry@selfstorasja.com



*Your Wills? * Guardians?
Assets in more than one country?*

www.profwill.com

Wills + Estate Planning

Tel: 2561 9031 - **Jessica Park** 
in Hong Kong since 1958

**We collect and deliver your car
FREE OF CHARGE (Subject to Distance)**
We provide good quick repair service at reasonable prices.

Our Competitive Labour Charges:-

	FROM
Lubrication Service	\$ 110.00
Tune Up Engine	\$ 220.00
Engine Decoke & Grind Valves	\$ 1,500.00
Engine Overhaul	\$ 4,000.00
Brake System Overhaul	\$ 900.00
Clutch Mechanically Overhaul	\$ 1,000.00
Air Condition Freon Recharge	\$ 400.00
Alternator Overhaul	\$ 400.00
Starter Motor Overhaul	\$ 400.00

ALL REPAIRS WITH THREE MONTHS GUARANTEE

Our Business Hours: 8am-6pm, Mon-Sat & Public Holiday

Our 24 hrs. Emergency Towing Agent "Firststone Towing" Tel 8203 3411

Please call us at 2565 6166 Fax 2856 1047

E-mail: fookie@netvigator.com



FOOKIE MOTORS CO. LTD

Shop 7, G/F, Paramount Building

12 Ka Yip Street, Chai Wan

Hong Kong

HKFC Meco International 3's Tournament



The evening of Friday 8th June saw the start of the 5th International 3's Squash team competition.

The event comprised 36 teams (16 Open teams, 13 Masters and 7 Ladies teams), including strong representation from Singapore, Australia and Malaysia, as well as local teams/players from Hong Kong.

Also this year, we had 3 professional players Thierry Lincou, Hisham Ashour and Jonathan Power playing in their own mini tournament.

The main open event was based on a knockout format, with losers in the first round proceeding to the Plate competition (also knockout). The Masters and the Ladies played box tournaments, with each team playing all other teams in their 'box' for points.

We would like to send out a big thank you to all our sponsors this year- specifically Meco, San Miguel, Blade and Eight Custom Media - without whom this tournament wouldn't be possible.

Results:

Men's Cup - F4

Men's Plate - Team Fear

Master's Cup - LRC Masters

Master's Plate - HKFC Masters

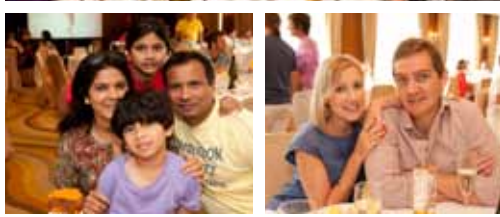
Ladie's Cup - SCC Ladies

Ladies's Plate - HKFC2 Ladies

Pros Tournament - Hisham Ashour (6 pts),
Thierry Lincou (4 pts), Jonathon Power (2 pts)



Juniors/Adult Clinics and Opening Cocktail



End of Season Party:

Fiesta Española





Crocodile Hong Kong National Squash Championships

1st - 18th June 2011 at the Hong Kong Squash Centre

Neal Soo, Tim Fan, Malcolm Kerr, Tom Tang, Carmen Lee and Isabella Bersani were among a group of HKFC Members participating in the Crocodile tournament this year - matches were held, trophies were awarded. Congratulations to all who participated.

Squash Section AGM / New Committee

The Annual General Meeting for the Squash Section was held at the Football Club on the 28th May 2011. The current committee has a few new faces and a few who you might have seen before:

Adam Wilson	Chairman
Maarten Van der Steen	Secretary
Neil Roberts	Membership Secretary
Lee Robinson	Treasurer
Malcolm Kerr	Mens Captain
Adrian Ng	Mens Vice Captain
Emma Pike	Ladies Captain
Jo Babis	Publicity
Dave Reeves	GC Representative
Mike Belbin	Matches
Simon Ho	Tournaments
Social Secretary	Dave Murray
Keith Frith	Tours

Save the Dates!

<u>TOURNAMENTS:</u>		
Handicap tournament		September 2011
World Cup		January 2012
Racketlon		TBC February 2012
Running teams		March 2012
Club Championships		April - May 2012
International 3's		October 2012

<u>MATCHES:</u>		
British Army		October 2011
USRC		September 2011
Master Super 6's		November 2011
HKFC vs HKCC		March 2012
KCC		May 2012

<u>TOURS:</u>		
Shanghai tour - ladies		TBC October/November 2011
Singapore Doubles		TBC January/February 2012
Bangkok Doubles		TBC April 2012

<u>SOCIAL:</u>		
Start of season party		17 September 2011
Christmas party		17 December 2012
End of season party		June 2012

<u>OTHER:</u>		
AGM		June 2012

Lawn Bowls News

The HKLBA Premier League

The first half of the Premier League is now over and there is a break until August when the second half begins.

The Club has eight teams in the Leagues; five Men's teams and three ladies. The Men's teams are in the first, second (two teams), third and sixth division while our Ladies teams are in the first (two teams) and second divisions.

Each team fields twelve players in each game. The men's teams are made up of squads of fourteen while the Ladies make use of a pool of reserves if they are a player short on the day of the game.

In the Ladies Section the A team are currently top of the first division with the B team 5th. The Ladies C team is 9th in the second division.

In the Men's Section the A team are currently 5th in the first division but still have one rescheduled game to play. The B team is 3rd and C team 7th in the second division, the D team is 8th in the third division and the E team is currently top of the sixth division.

The Section usually nominates four of its teams to play Indoor as its home green and four on the Outdoor Green. As the Outdoor Green is currently out of action all eight teams have to play Indoor when at home. This necessitates some teams having to play their games at a time other than the usual Saturday afternoon slot.

Let's hope at the end of the second half of the League that the Ladies A team can work their magic and win the first division; that the Men's E team can win their sixth division and gain promotion and that the Men's B team can pull out all the stops and gain promotion to the first division.

National Novice Singles Final

Anyone who plays either Lawn Bowls or Golf knows that there are days when you can do nothing wrong and days when you can do nothing right and sadly for **Neil Herrington**, who had got through to the final of the National Novice Singles this was the day he could do nothing right.

The competition attracted 120 bowlers from 18 different bowling clubs in Hong Kong and was played over many weeks on different greens. Being a knock out competition the number of bowlers reduced each week. By the time it came to the semi-finals two Club bowlers were still in contention with Neil in one semifinals and **Leo Yau** in the other. For a while we hoped for an all Club final but that was not to be.



Neil Herrington (right) won 1st Runner-up in Novice Singles 2011

Each game was played until one bowler reached 21 points. This decided who progressed to the next round. In two of Neil's earlier games he beat the opposition 21 to 1 and all looked well for the finals where he was playing against Imen Tang from CCC on his home green.

And then the bowler's nightmare reared

its head and Neil's form deserted him. His supporters looked on all knowing how he felt.

It was a good win for Imen and CCC but hopefully Neil will be back there next year and this time let's hope the gods are in his favour.

Hong Kong China Team for 2011 International Events

Congratulations to : **Grace Chu** , **Tammy Tham** , **Camilla Leung** and **Wanis Sze** on being selected by the HKLBA to represent Hong Kong in one or more of the International competitions that will take place before the end of 2011.

The events are:

- Asia Bowls Championship 2011 in India, September. Camilla, Wanis and Tammy (4)
- Asia Pacific Merdeka Indoor 2011 in Malaysia, 2nd to 8th October. Tammy (2)
- Japan International Open 2011 26th to 31st October. Tammy (1)
- World Singles Champion of Champions 2011 in Hong Kong 4th to 13th November. Grace (1)
- Asia Pacific Championships 2011 Adelaide, Australia; 24th November to 12th December. Grace, Tammy, Camilla and Wanis (4)

It is a great honour to Represent Hong Kong in these competitions and we are delighted that these four ladies from the Club have been selected. The number in the bracket by each event shows the total number of Ladies going. You will see from this that in all but two competitions Club Ladies make up the entire Hong Kong team.

Good luck in all your games.

Lawn Bowls Website

The Lawn Bowls Section has set up a website for communication with bowlers.

The web address is :

www.hkflawnbowls.com

Anyone interested in what is going on in the Section is welcome to check out this site.

Many thanks to **Leo Yau** for setting it up.

Lawn Bowls Section: Notice of Annual General Meeting

Notice is hereby given under Clause 8.2 of the Section's Bye-laws that the Annual General Meeting of the Lawn Bowls Section will be held in the Meeting Rooms of the Club starting 7.00pm on Friday, September 9th 2011.

Reference shall be made to the formal Notice of this Meeting affixed to the Section's Notice Board, which shows the order of business to be transacted and the procedures for Section members for nomination of Officers and for submitting items to be included in the agenda of the Meeting.

By order of the Secretary,

Rita Tsui



Karin Looram,
Netball DSA Chairperson

HKFC Proud to host the Australian Diamonds Netball Team 2011

What an amazing month of netball we have had. HKFC was proud to host the Australian Diamonds Netball Team prior to the World Netball Championships in Singapore. The team wasn't disrupted by all the ash cloud in the Southern Hemisphere and they arrived ready to train hard.

Of those who were lucky enough to watch an open game between the players on the Saturday afternoon, you would have seen what top quality, physically tough and intensive netball is played by these top teams. This was truly an awesome opportunity for HKFC to host the team and for us all to see such a team in action here in Hong Kong.

Then it was off to the Netball World Champs for the Australian Diamonds, along with many of us from the HKFC and the netball community. As I write this I am recovering from the Kiwi's loss at the World Netball Champs. What an amazing time week we had in Singapore and the final was an incredible game with an exact repeat of the Commonwealth Game's final in Delhi earlier in the year. With a tie at final time, the game went into overtime 7 minutes each way and in the dying seconds of overtime Aussie scored to put them one up on the Kiwis!

As is usually the case, it was anyone's game but possession must be kept till the final whistle and that's what counts in this kind of game. What an awesome effort by both teams.

For a write up on their training camp in Hong Kong (an excerpt is below),



check out their website, in the News category entitled; "Plummer hails training camp a success" from Monday, 27th June 2011.

The Netball DSA's mixed Summer league had been running for many weeks now and was as usual, a fun and social time for all players and organizers. Many thanks to all those who volunteered their time and energy in helping to run this event.

Lastly, I must say I am always surprised at how quickly the time comes for me to start discussing netball dates for the coming season, but it really comes around fast.

Look out for emails and website for dates relating to trials and training. Trials will be held in the last week of August. Remember that trails are compulsory, so please let the DSA know if there is an issue with attending trials.

If you are currently pregnant or injured, it is a good opportunity to assist with administration on the trials evenings. ■ **Karin Looram**

Excerpts from australiannetballdiamonds.com.au:

“ The camp, held at the prestigious Hong Kong Football Club, was a chance for the defending champions to make final preparations before the World Championship campaign begins in a week against Samoa.

' The feedback from the players is that it was a fantastic camp in a great location' Diamonds coach Norma Plummer said.

'They worked hard and only yesterday got out to do a bit of shopping, so there may be a bit of damage to the credit cards, but overall, the work ethic of the girls was terrific and I'm very happy with how it went.'

' We were absolutely rapt with the facilities and hospitality shown to us by the Hong Kong Football Club, including the exclusive use of the gym, the swimming pool and the two courts made available for us.'



A Brief History on HKFC Netball



Heather Probert founder of HKFC Netball Section with Natalie von Bertouch Captain of Australian Diamonds

Introduced netball into the HKFC in 1979/80. At the time, I was playing for the YMCA and we practiced at the old Boundary Street Junior School on Kowloon side. As I lived in Stanley, it was a long way to travel!

I approached **Jimmy Mair**, the then Club Manager, and he offered to adopt netball under the umbrella of the Soccer Section as there were no female members in those days, and not so long before, there had been a sign outside the only bar in the Club – No dogs No women!

However, **Ray Bruce** the Chairman of the Rugby Section at the time quickly stepped in and netball flourished under the wings of the Rugby Section - the rest is history. I was amazed at the response and enthusiasm from budding netball players, especially from rugby wives and girlfriends, and we entered the HKNA with four teams – a fifth quickly followed. Ray Bruce's daughter **Debbie** was one of the original young players and who went on to become Chairperson of the DSA..

My husband **Huw** helped me name the teams and naturally, the first team was Club, followed by Typhoons, Whirlwinds, Tornados and Hurricanes. The massive injection of new teams and players from HKFC contributed a great deal to the development and growth of netball in Hong Kong.

Although I have not been an active netball member in the Club these past years, I have been actively teaching and coaching students at inter-school level for 28 years in Hong Kong and encouraged my senior students from Island School to attend netball trials at HKFC.

Netball was recognised as a DSA in 2000 and has grown from strength to strength and will continue to do so under the guidance and enthusiasm of **Karin Looram**, the current Netball DSA Chairperson.

It was a great honour and achievement for HKFC to host the Australian Diamonds Netball Team for their training sessions prior to the World Championships held in Singapore in July this year. They enjoyed a very productive time here at the Club and went on to Singapore to retain the Netball World Championship title after an extremely close fought game against the New Zealand Silver Ferns.



The Australian Diamonds presented HKFC with a signed shirt, which will be displayed with the Club's other sporting trophies. ■

Heather Probert, Founder - HKFC Netball DSA

Ten Pin Bowling News

It was a great season for the Hong Kong Football Club Bowling Interest Group (BIG). Our team came in second place in the Hong Kong Inter Club Ten-pin Bowling Championships as a result of dedication and hard work from all of our active members.

Throughout the season, we have participated in numerous open competitions such as the Bank of China 54th Festival of Sports Bowling Competition and Club Invitationals, where we defeated our long time adversary Kowloon Tong Club and the Royal Hong Kong Yacht Club - another strong opponent. We also participated in the Hong Kong Open Bowling Competition Club Invitationals, where we did much better than expected against stronger teams.

However, on a sad note, two long time committee members are leaving: **John Koh** and **Margaret Tsai**. The two have contributed to the BIG on countless occasions since its creation. A big thank you to the both of them for their 3-year contribution to the Interest Group.



The four participants in the BOC 54th Festival of Sports Bowling Competition Club Invitationals. From left to right: Christine Cheung, Nicholas Leung, Henry Luy and John Koh

As we look forward to next season, we are excited to be adding new features to the BIG and Bowling Alley. First of all, the High Score Board will soon make its appearance in the Bowling Alley - Bowling Interest Group members have an opportunity to earn a prestigious place on it. For those of you who go (or have been) to the Family Lounge, you will probably have noticed that there is a bulletin board on the way in. It has been decorated with medals, awards and some photos and results from previous competitions and events throughout the season. Also, our new team shirt is coming soon, please check the bulletin boards in the coming weeks.

We wish to congratulate all of the members involved in the BIG for their dedication and contribution to the group. Looking forward to the next season, we hope to improve and to bring home the Hong Kong Inter Club Ten Pin Bowling Championships trophy to the Hong Kong Football Club. Lastly, we wish to welcome any Member (regardless of level and skill) who wants to join the BIG. ■

Swim Club Gala Friday 10th June 2011

As any sportsman will agree, you need a competition or a fixture on the horizon to motivate yourself both to attend, and then to give your best in training (which is particularly true when two of your three training sessions a week are at 6.30 in the morning!). Attendances at Monday, Tuesday and Thursday swimming sessions had been impressive in the run-up to the HKFC swimming gala on 10th June, with coach Lloyd McBean going into full 'sergeant-major' mode with his punishing drills of diving starts, tumble turns and time-trials. Despite being in top shape, however, with the Tritons Triathlon Club and long-time rivals the Ladies Recreation Club (LRC) providing the opposition, it was never going to be an easy event.

For many people, the words "Swimming Gala" will conjure up images of overheated leisure centres, bored parents and school children in pyjamas racing to retrieve a plastic brick from the bottom of a municipal pool. The HKFC event, however, could not have been further from this preconception. With the

pool looking its best on a wonderfully cloudless evening, there were plenty of stars in the water as well as the sky. Olympic, Commonwealth, Asian Games and international stars, to be precise. Unfortunately, of course, they weren't all on our side! Whilst **Jo Fergus** won the ladies' freestyle, back-stroke and eliminator events, and **James Shortis** and **Arthur Li** the men's freestyle and fly races respectively, we were pipped to victory by a strong LRC team who reclaimed the trophy. Thanks to great wins though in the mixed relay (**James, Arthur, Jo and Fran Reid**) and the men's and women's freestyle relays (**James, Arthur, Andy Town and Andrew Wright**; and **Jo, Fran, Cat, Sen and Claire Chapman**) we were able to hold off the Tritons for a very respectable second place. Thanks go to **Guy, Lloyd, Jo, Karen, Julia, Freya and Alistair** for organizing and time-keeping such an enjoyable event and to **Lloyd** for knocking us into shape over the past few months. If we continue to train at the same level we should have no problem grabbing the trophy back when we go to the LRC on October 28th!

2011 July - Oct Open Water Swimming and Triathlon

DATE	EVENT	LOCATION	RACE DETAILS	DISTANCE
JULY				
3rd	Bay 2 Bay	Repulse Bay Pier to Deepwater Bay	Summer Ocean Swim Series - Race 3	2000m
9th	Shek O Challenge	Big Wave Bay to Sheko Back Beach		2500m
17th	Hong Kong Masters Open Water Swim	Gold Coast - Tuen Mun	Run by Masters - HKASA	1200m
23rd	South Bay Head Challenge	Repulse Bay- around South Head	Open Water Swim Series - Race 2	3400m
AUGUST				
14th	Middle Is to DWB	Middle Is to DWB	Summer Ocean Swim Series - Race 2	1400m
SEPTEMBER				
24th	Pier to Pier invitational	Repulse Bay to Stanely Pier	Open Water Swim Series - Race 3	5000m
OCTOBER				
2nd	Hong Kong Open Water Competition	Repulse Bay	HKASA Together with Fina Marathon Swimming World Cup	3500m & 600m 10k and 5k
8th	Clean Half Marathon	Stanley Beach to Deepwater Bay	Relay with teams of 5 swimmers.	15k
9th	Hong Kong International Triathlon	Tai Mei Tuk	1.5km swim, 40km cycle, 10km run	Olympic
28th	HKFC vs.LRC Swimming Gala	Ladies Recreation Club		

Golf News



Andy Ho,
Golf Society Chairman

19th Hole with the Chairman

Although the Club Magazine had a break for a month, the Golf Society certainly did not as we continued with our average two outings a month. One important tournament to mention is the Clubs' 125th Anniversary Golf Tournament which took place at KSC (both East and South Course) on June 11th with nearly 80 golfers participating in this event followed by dinner at the Club with the President of the Club – Mr. Dermot Agnew. It was definitely the biggest event ever in GS history. It was quite a scene when such a big group playing in a GS tournament wear the same polo shirts and nearly all the same hats. Ladies were in orange shirts and men were in blue.

I also want to take this opportunity to thank every GS member on supporting this event. Special thanks to Jacky Tso, his wife Helena and son Jason who put in a lot of effort to make this event successful. And of course congratulations to all the winners.

As some of you may know Jacky has resigned from the position of Event Organiser due to personal reasons. The GS has sent out a notice to all members in June and also a notice was put up on the Notice Board for an Invitation to apply for this Event Organiser position. The GS Committee is in the process of reviewing profiles of applicants. Prospective applicants should have experience of golf tournament organization and scoring, good organizational and people skills and sufficient time to be our Event Organiser.

Again, our main communication with members other than through the magazine and notice boards is by email. If you are a Society member and are not currently receiving any notifications from us as regards events, please ensure that we have your most up-to-date email address. Please leave us a note at the Club's Reception or in the Society's post box at the G/F lobby.

Lastly, as the weather has been hot and humid these last few weeks, please remember to bring lots of water with you to remain hydrated when you're on the course.

Play fast, swing slow!!



125th Anniversary Golf Tournament

Like all the other Sections DSA and Societies of the Club, the Golf Society organized a special event to celebrate the Club's 125th anniversary on 11th June. This was a Saturday event at Kau Sai Chau, taking advantage of the weekend Society booking option which KSC have recently introduced. We were allocated ten flights each on the East and South courses, and the total 80 places were fully booked to make it the largest Society outing ever – perhaps helped by generous subsidies and a dinner afterwards at the Club?

The format chosen was a lower handicap mens competition on the East Course, and a ladies competition on the South course. The higher handicap men also played on the South course. As usual, we had long drive and near pin prizes too.

The East course competition was won by **Neil Roberts** with 37 points, winning on countback from **Desmond Ko** with **Kevin Tse** third on 33 points. Best gross was **Leon d'Souza** with 84. The secondary prizes went to Chad Sunde (long drive) **Soo Ying Pooi**, **Rene Theil**, **Steve Lee**, and **Tommy Yuen** (near pins) with **Des Hastie** winning a 'best net' prize which was an innovation in a Stableford competition!

On the South course the ladies' winner was **Cathy Neish** with 37 points, winning on countback from **Elsa Lee** with **Delores Teh** third on 33 points. Best gross was **Candi Anna Chan** with an 85. The long drive prizes were won by **Lana Woo** and **Linda Lousich**, and the near pins by **Jacqueline Wan**, **David Ho**, **Elsa Lee** and **Candi Anna Chan**. The mystery 'best net' prize went to **Lana Woo**.

Returning to the Club, a very good buffet dinner was provided and prizes were awarded by President of the Club, **Dermot Agnew** who recounted the early days of the Society before it grew to its present 1000- plus members. A fitting end to the biggest Society event – so far! ■



HKFC 125th Anniversary Celebration: Invitational Badminton Championship on 12th June 2011



Group photo of all the participating teams at the Invitational Badminton Championship.

The Organising Committee and Committee Members of the Badminton Society along with players and volunteers

Championship

Chairperson:
Alison Wong

Chairman of the Invitation Badminton

Championship:
Benjamin Chen

Treasurer:
BK Mak

Competition officers:

Steven Ng
Jaff Lo
Brian Lovell

Photographer:
Patrick Cheng

Advisors:
Philip Woolf
Paul Tso
Ryan Wong
Boo Boon Khoo

PLAYERS

Men's team :-

Jimmy
Cardmaster
David Chow
George Galani
Boo Boon Khoo
Otto Lai
Derick Li
Jaff Lo
Brian Lovell
David Macdonald
David Man
Leo Ng
Steven Ng
Jack Sannani
Jason Wong
Justin Wong
Matthew Wong
Max Woolf
Ryan Wong
Kenneth Ying

Ladies team:-

Naomi Chue
Carmen Man
Yoke Ming Ong
Alison Wong
Jenny Horsey
Samantha Lam
Pui Yee Fan

VOLUNTEERS

Patrick Cheung
Agnes Chue
Patrick Law
Beatrice Lin
Philip and Mei Leung
Bente Lovell
KM Luk
Lowena Ng
Selina Yu and Hank
Adam Wong

In celebration of the Club's 125th Anniversary, the Badminton Society hosted a full day event on Sunday 12th June 2011. The event which started with the Invitational Badminton Championship, kicked off with 8 teams starting at 9am and finishing at 6pm, followed by dinner in the Restaurant.

Eddy Choong, the 7-time All England Champion and **Amy Chan**, the Commonwealth Games and Seoul Olympics medalist, were invited as VIPs of the event. Both of them attended the closing rounds of the competition and the dinner. With the help of Amy Chan, 4 junior players (HK national-players-to-be) were invited to play an exhibition match after the finals of the Championship.

The event was well participated by over 150 players and guests. We would like to extend a big 'Thank You' to the Organising Committee, players and volunteers for their time and effort put in



Organising Committee and volunteers

BADMINTON

making this event a great success.

INVITATION BADMINTON CHAMPIONSHIP

8 teams participated in the championship:

Craigengower Cricket Club (“CCC”)

Hong Kong Football Club- “SPITFIRES”

Hong Kong Football - “HURRICANES”

HK Institute of Certified Public Accountants (“HKICPA”)

HK International Terminals (“HIT”)

HK Electric (“HKE”)

Ladies Recreation Club (“LRC”)

South China Athletic Association (“SCAA”)



The Club was represented by two teams, Spitfires and Hurricane, both achieved good results winning the “Bowl” Champion (5th) and 1st runner up (6th) respectively.



Players from HK Institute of Certified Public Accountants



Players from Craigengower Cricket Club



Players from HK Electric



Players from HK International Terminals



Players from Football Club – the Splitfires



Players from Football Club – the Hurricanes



Players from South China Athletics Association



David and Carmen (2nd and 3rd left) and Yoke Ming & Leo (2nd and 3rd right) in Mixed Double



Mr Eddy Choong presented a copy of his memoir to Ms Amy Chan



Mr Eddy Choong presented a copy of his memoir to Ms Amy Chan

DINNER RECEPTION

The competition was followed by a dinner held at the Restaurant. A total of 145 members and guests attended the dinner. The Society invited **Fook Aun Chew** (Club Chairman), **Dermot Agnew** (Club President) and **Lynn Edwards** (Sports & Recreation Sub-committee Chairman) as guests of honour, who also presented souvenirs to **Eddie Choong** and **Amy Chan**, our two VIPs for the event.

Results:

CUP

Winner - South China Athletics Association (SCAA)

1st Runner up - Craigengower Cricket Club (CCC)

PLATE

Winner - HK Institute of Certified Public Accountants (HKICPA)

1st Runner up - HK International Terminals (HIT)

BOWL

Winner -HKFC (Spitfires)

1st Runner up - HKFC (Hurricanes)

SHIELD

Winner - HK Electric (HKE)

1st Runner up -Ladies Recreation Club (LRC)

All in all, it was a very successful day and great fun was had by all. ■



Club Championships

The 2011 Club Championships were our biggest and best in the Tennis Society's eleven-year history. For the first time there were eight categories catering to all levels and abilities including our first ever junior singles and doubles competitions. Given the number of entries across the eight groups, matches were played over three weekends during May, culminating in the finals on Sunday 29th May, which were followed by a BBQ and prize presentation.

In the Blue Ribbon Cup competition, **Andrew Town** beat **Neal Soo** 2-0 in a tough match to become Club Champion. **Simon Cheung** beat **Greg Brutus** in the Plate 2-0, while in the Men's Singles Closed contest, **Austin Ho** beat his dad, **Barry Ho** 2-0. In the Graham Ormerod Men's Doubles, **Andrew Town** and **Simon Cheung** beat **Adrian** and **Austin Leung** 2-0 in the final. **Barry** and **Austin Ho** beat **Duncan Spooner** and **Gilles**

Bonnier in straight sets in the Men's closed doubles.

In the Ladies Open competition **Gail McDermott** beat **Emma Pike** in straight sets and then Gail and Emma went on to beat **Yoke Ming** and **Agnes Baylette** in the Ladies Doubles. In the Mixed doubles, **Gail McDermott** and **Greg Brutus** beat **Emma Pike** and **Simon Cheung** in the final.

The Junior Open winner was **Chris Lee**, who beat **Saan Bojswani** in the final. The Junior Doubles event was won by **Ethan Tsea** and **Chris McDermott**, who beat **Saan Bojswani** and **Chris Muh** in the final.

Once again **Kris Godridge** and her team from ATA did a fantastic job of organizing the entire event, despite last minute changes and challenging weather conditions.

League update

Premier Ladies Team – Champions!!

The HKFC Premier Ladies team, playing in the Hong Kong Ladies Tennis League and captained by **Haj Wilcox**, won their division and were crowned champions! The team was undefeated during the season, winning seven matches and drawing one. This is the first time a team from the HKFC has won the Premier League achieving top honours. Congratulations to the team – **Emma Pike, Jenny Chapman, Dawn Olsen, Chiyomi Fukumori, Gail McDermott, Mary Soo, Dorothy Tang** and **Mary Kwan**. Well done ladies.

Meanwhile, the Division 4 ladies' team also performed very well last season. Captained by **Yolanda Sun** the team finished in 2nd position. It seems all of that coaching is paying off! The division 2 ladies, with **Pamela Sargant** at the helm, had a tough season finishing with 5 draws and 3 losses.

The mixed doubles team, captained by **Job Tang** and **Mary Soo**, had another very successful season but narrowly missed out on bringing home the trophy for the third time in a row, despite finishing on the same number of points as the winning team with 7 wins and only 1 loss. A great effort all the same.

The summer league has drawn to a close with mixed results.

The Men's A team captained by **Simon Cheung** has had their best ever season, winning all but one of their matches. Having qualified for the playoffs for the first time, the team narrowly won their first playoff match 5-4. The Men's B team struggled with injuries and availability this season, winning only one of eight matches. However the Men's D team has had a great season, winning all but one of their matches and securing a spot in the playoffs.

Below are some more league reports:

Ladies B-League

With 16 players registered to play the 2011 summer league, our season started well with 2 straight wins that secured our position in the division. Unfortunately, 3 losses of 4-5 followed. We then battled through the next 4 matches and secured another 3 wins. At time of writing, we have won 5 out of 9 matches played and are 5th in the league table with one more match to go. Overall a good season, with our best win an 8-1 thrashing against HKCC. We have a great team of players and our target is to better our position next season. **Yoke Ming Ong**



Men's A-League

We began our season with 3 new additions (welcome Jonathan Moldovan, Henry Lai, and David McCann) bringing some "big guns" to the team. The team set forth and began the season with a convincing 6-3 win against a hard hitting and youthful Hong Kong University squad. This was followed by a 5-4 win against Hilltop2 after a slow start. The road trips began and first up, in very difficult conditions, we were up against league stalwarts, Recreio, where we tied 4-4 and were down match points but played outside ourselves to squeeze an epic 5-4 victory in a gripping tiebreak. The hearty performance helped us gain momentum and our competitiveness to then dismantle Kornhill 8:1 and Spotlight 9:0 in the next 2 trips before settling home again with a strong 6-3 win against a solid CCC and 8-1 against Pacific2.

We remained undefeated in our group with 7 wins to move to our first ever playoff semis to face Hilltop 1, a very talented group of players. The match was tightly contested both teams slugging it out ball after ball. In a dramatic late finish, the team managed to sneak through with a 5-4 win and so onto the finals of the Men's A division championship to face Pacific1, who were also undefeated all season. Unfortunately, this is where the dream of promotion came to an end. In the final, although we rose to the occasion, Pacific 1 played a better game and we were unlucky to lose 3-6 defeat after a valiant fight. Overall a successful season and we hope to do one better next time round and bring home the trophy.

Simon Cheung

Upcoming Events

Make a note for your diaries – more details will be available on the 3/F noticeboard and the website:

SUNDAY SOCIAL TENNIS

A reminder that Sunday Social Tennis takes place every Sunday morning from 9am -12 noon. This social event is open to all Tennis Society members. Just come along with your racquet and you are set to go.

SINGLES LADDERS

If you are interested in competing in the men's or ladies singles ladders, information is on the 3/F noticeboard and on the website. For those presently on the ladder, it's time to get in there and make some challenges!!

Be sure to check out the Tennis Society website which is updated regularly with lots more photos from all of the recent events. http://www.hkfc.com.hk/sports_sub.asp?cat=tennis

If you have any questions, comments or suggestions for the Tennis Society, please email the following address: tennisociety@gmail.com

NEW BOOKS IN THE LIBRARY

NEW BOOKS

- THE MUSEUM OF INNOCENCE BY ORHAN PAMUK**
- THE HAND THAT FIRST HELD MINE BY MAGGIE O'FARRELL**
- LAST NIGHT IN TWISTED RIVER BY JOHN IRVING**
- PEREIRA MAINTAINS BY ANTONIO TABUCCHI**
- WHATEVER YOU LOVE BY LOUISE DOUGHTY**
- A SERVING OF SCANDAL BY PRUE LEITH**
- DEAD LIKE YOU BY PETER JAMES**
- UNDER THE DOME BY STEPHEN KING**



MOVING HOME?

INTERNATIONAL DOOR TO DOOR RELOCATIONS
 Call 2976 9969 • enquiry@relocasia.com • www.relocasia.com

MOVIE OF THE MONTH:

LEBANON, PA

When Will (Josh Hopkins) leaves Philadelphia to bury his recently deceased father in small-town Lebanon, he forms an unexpected friendship with CJ (Rachel Kitson), his bright, newly pregnant 17-year-old cousin. As Will becomes interested in CJ's married teacher (Samantha Mathis) and CJ confronts her conflicted father, both struggle with decisions about the future paths their lives will take.



Can we put aside our differences and meet in the middle? *Lebanon, PA* tenderly explores the cultural divide in America through the lives of one extended family.

TOP DVD RENTALS

- SEASON OF THE WITCH**
- BEASTLY**
- KILL THE IRISHMAN**
- HENRY'S CRIME**
- JUST GO WITH IT**
- BIG MOMMAS - LIKE FATHER, LIKE SON**
- ARTHUR**
- AGNOSIA**
- SUCKER PUNCH**
- TAKE ME HOME TONIGHT**



**Sit back and relax because
 you bank with Australia's
 safest bank***

With our high credit ratings and stellar credentials*, your money is in good hands with us.

While you kick back and enjoy your summer, put your money to work with our high interest rates for term deposits in multiple currencies.

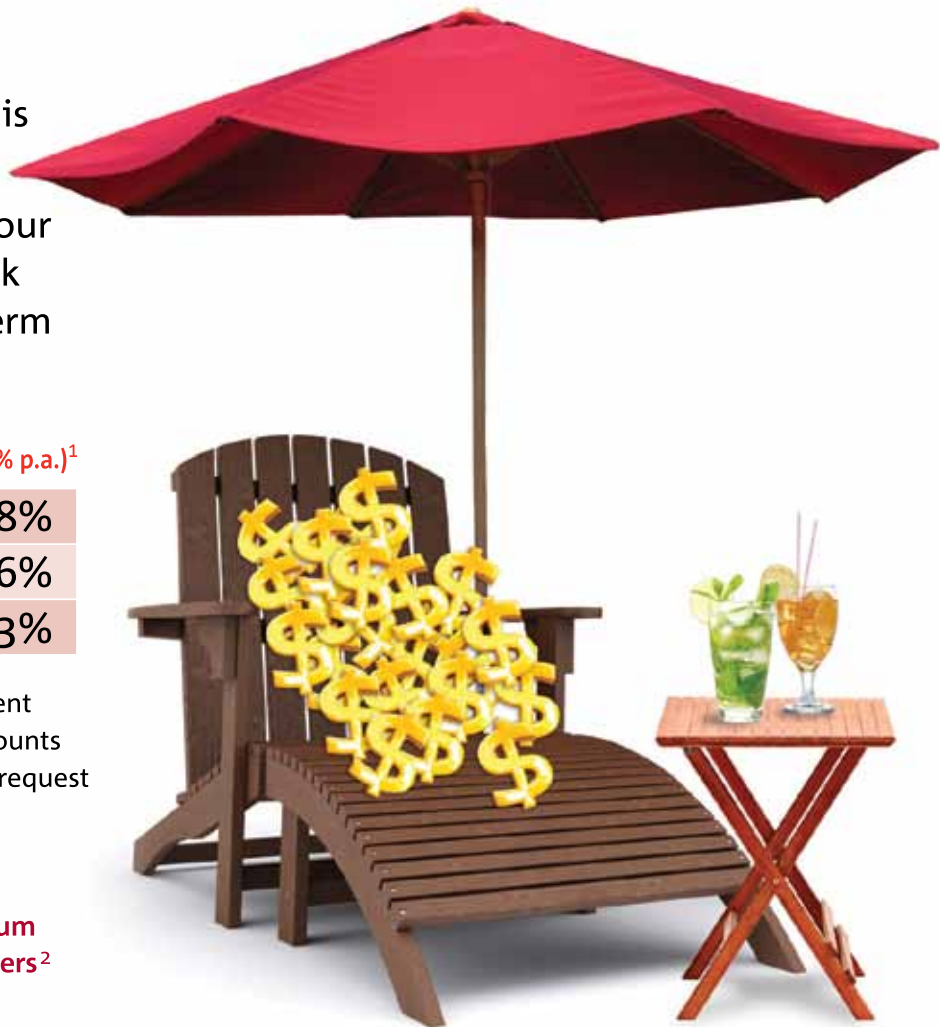
6-month term deposit rates (rate % p.a.)¹

AUD	5.18%	GBP	0.88%
CAD	1.02%	NZD	3.36%
EUR	0.82%	USD	0.73%

- Minimum deposit of AUD50,000 or equivalent
- Higher interest rates available for large amounts
- Other terms and currencies available upon request



Welcome gift of a maximum of HK\$1,000 Mannings gift vouchers²



Take advantage of our high interest rates today!
 Contact us at:

 **2826 8163**

 **nabasia.com**

National Australia Bank Group includes:



 Clydesdale Bank

 Yorkshire Bank

 Bank of New Zealand

 Great Western Bank



© 2011 National Australia Bank Limited ABN 1200 404 4937

* Ranked Australia's Safest Bank in the World's Safest Bank List 2010 by Global Finance Magazine (02/09/10), rated AA by Standard & Poor's (as at 05/07/11) and Aa2 long term and Prime-1 short term by Moody's (as at 05/07/11)

1. Offer expires 30 September 2011. The above rates are current as at 20 July 2011, are for reference only & may change. Please contact your banker for prevailing rates. Deposits will be subject to National Australia Bank's Standard Terms and Conditions, a copy of which will be provided to you prior to your application. National Australia Bank is a member of the Deposit Protection Scheme in Hong Kong. Eligible deposits taken by this Bank are protected by the Scheme up to a limit of a\$500,000 per depositor.

2. From now till 30 September 2011, customer, who opens a 6-month term deposit account, will receive HK\$200 Mannings gift vouchers for every deposit of AUD150,000 (or equivalent in other currencies) of new-to-bank funds in one single transaction. Each customer is entitled to a maximum of HK\$1,000 Mannings gift vouchers. "New-to-bank funds" means the deposit amounts, other than funds transferred from any existing account of National Australia Bank, Hong Kong Branch. Other terms and conditions apply. Please refer to www.nabasia.com for more information.