

# CLUB



HONG KONG FOOTBALL CLUB 香港足球會 MARCH 2025



## RUGBY

GET READY FOR THE  
37TH EDITION OF THE  
TRADITION HKFC 10S!

## HOCKEY

HKFC JUNIOR HOCKEY FESTIVAL 2025:  
A CELEBRATION OF YOUNG TALENT

## TENNIS

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3 Sports Road, Happy Valley,  
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TEL (852) 2830 9500

FACSIMILE (852) 2882 5040

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Robert Lawson

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Neil Jensen

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#### Lawn Bowls Officer

Mullar Wan

#### Rugby Officer

Paul Skurr

#### Soccer Officer

Alan Morgan

#### Squash Officer

David Cross

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Vacant

### CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club.  
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# THE THOUGHTS OF THE CHAIRMAN

## 主席的話

Neil Jensen  
Chairman



1st March sees us welcome our new General Manager **Matthew (Matt) Rawnsley** to the Club. Matt has relocated from the UK and his family will be joining him in due course. We will be arranging events for members to meet with Matt, but please look out for him in the weeks and months ahead. I know he's very excited about taking the Club forward.

In the meantime, I'm also very grateful that **Tony Sealy** will remain available to the Club in order to work with Matt in the early stages of his tenure to ensure a smooth transition within the Management team.

March is one of our busiest months of the year with rugby week taking place and one of our flagship tournaments, the **Tradition HKFC 10s**, followed by the **Hong Kong Sevens**. Traditionally, this also sees many of our absent members and friends making their annual pilgrimage to Hong Kong and the Club, so I hope to see some familiar faces returning.

This year, of course, sees a change in venue for the Sevens with the new Kai Tak stadium hosting the event. At the time of writing, we're working on a plan of events to dovetail with the Sevens weekend for members and guests.

Within the Club, our men's and women's rugby teams will hopefully be vying for the **Grand Championship**. This represents the culmination of months of hard work and dedication. Similarly, our hockey players will be competing in the annual **Men's Quadrangular Hockey Tournament** and **Women's Hockey Invitational Tournament**, both running concurrently at the Club, as well as important home fixtures for our men's and women's soccer teams. Good luck to all our players competing this month!

Away from the main pitch, the **Hong Kong Football Club International Lawn Bowls Open 2025** will also take place at the Club this month, further solidifying our reputation as a premier international sporting venue.

This month promises to be a memorable one, and I encourage you all to come down, watch the action, soak up the atmosphere and cheer on our teams!

Neil Jensen  
Chairman

新任總經理**Matthew (Matt) Rawnsley**將於3月1日履新，歡迎Matt加入本會！Matt已經從英國搬到香港，其家人將於稍後到步。我們將會安排活動讓會員與Matt見面，但也歡迎大家在接下來的日子找找Matt的身影。我知道Matt很期待帶領本會邁向新高。

與此同時，很感謝**Tony Sealy**仍會留在本會，在Matt上任初期與他合作，確保管理團隊的交接工作順利。

3月是我們一年裏其中一個最熱鬧的月份，本會欖球週將以旗艦錦標賽的**Tradition港會十人欖球賽**揭開戰幕，緊隨其後還有**香港國際七人欖球賽**。傳統上，我們很多好久不見的會員及朋友都會藉此年度機會回來香港及本會參與盛事，所以希望將會見到一些熟悉的面孔回歸。

香港七欖今年移師至全新的啟德體育園主場館舉行。下筆之際，我們正着手計劃相關活動來為會員及訪客銜接七欖週末，延續狂熱的欖球氣氛。

此外，本會的男子及女子欖球隊都有望爭奪**總決賽冠軍**，這是他們多個月來努力的成果；同樣地，我們的曲棍球員將會參加年度**男子曲棍球四角邀請賽及女子曲棍球邀請賽**，兩個邀請賽將在本會同步進行；男子及女子足球隊則迎來重要的主場比賽。在此祝所有於本月出戰賽事的本會球員好運！離開主球場，**香港足球會國際草地滾球公開賽2025**亦將於本月在本會舉行，這進一步鞏固了本會作為優質國際體育場地的地位。

本月預計會是難忘的一月，在此鼓勵各位來到本會觀看刺激賽事、體驗球場刺激的氣氛及為我們的球隊打氣。

主席 Neil Jensen

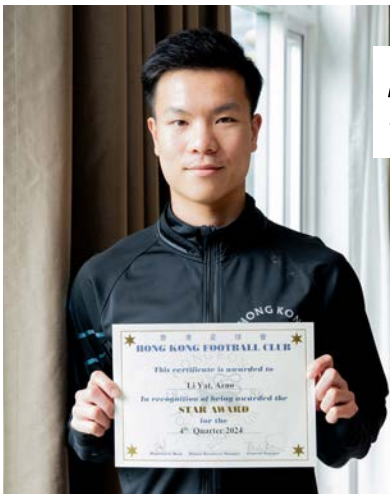


# STAR AWARDS

4th Quarter 2024



**Chan Siu Ling,  
Debby**  
F&B - Bars



**Li Yat, Arno**  
Sports



**Pun Cheuk Nam,  
Oscar**  
Sports

## REACH THE ELITE

A collage of various covers of the Hong Kong Football Club Magazine. The covers feature different members and athletes, including a man in a red shirt, a woman in a black dress, and a group of young people. The text on the covers includes 'HONORARY MEMBERSHIP CEREMONY FOR CATHERINE COX', 'HONORARY MEMBERSHIP CEREMONY FOR OLYMPIC MEDALISTS', 'JNA TEAMS FIRST SEASON REPORT', and 'HONG KONG FOOTBALL CLUB MAGAZINE'.

Hong Kong Football Club Magazine is a monthly publication which is distributed to the Members of the Club, other prestigious clubs in Hong Kong and reciprocal clubs worldwide. The magazine has a circulation of over 3,000 per month and a readership of approximately 6,000 adults and 5,000 children.

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# GENERAL MANAGER'S MONTHLY MESSAGE

## 總經理的話

Tony Sealy  
Consulting General Manager



Last month, the Club had the privilege of welcoming former AC Milan and Japanese football legend **Keisuke Honda** to Sports Road. It was great to see the children's excitement throughout the day as he spoke to and mingled with both players and parents at the **Junior 4v4 Soccer Tournament** held on the Main Pitch.

Looking ahead, this month promises to be one of the most exciting of the year as we prepare to host two international tournaments. These events will bring together world-class players, passionate spectators, and the very best of what our Club has to offer.

The **Hong Kong Football Club International Lawn Bowls Open 2025** will bring together 48 teams as they take to the Indoor and Outdoor Greens, showcasing skill and precision. Meanwhile, the **Tradition HKFC 10s**, a highlight of the rugby calendar, will bring a different type of spectacle with fast-paced action to the Club. This year is shaping up to be the biggest one yet, with travelling teams assembling world-class squads in preparation of creating a tournament to remember. Both tournaments are vastly different, but they promise to deliver an atmosphere for spectators of all ages, and I'm delighted to see the players and travelling supporters around the facilities.

Elsewhere, the Sports Hall will be holding a number of F&B functions throughout the month, so those who regularly use this area, please check availability with the Sports Desk.

The Club will also look to organise promotions to accommodate for the first-ever **Hong Kong Sevens** at Kai Tak Stadium. We will continue to play a key role in the pre-and-post-tournament fun, so watch this space for more updates and announcements.

A well-deserved thank you goes to our dedicated staff who are hard at work, ensuring everything is in place to deliver a wonderful experience during this busy month.

I look forward to seeing you around the Club over the coming months!

**Tony Sealy**  
Consulting General Manager

本會上個月有幸邀請前AC米蘭及日本足球傳奇球星**本田圭佑**來到體育道，他在主球場舉辦的4人制少年足球錦標賽與一眾球員及家長聊天交流，而見到小朋友當天興奮雀躍的神情，確是一件樂事。

展望未來，本月預計會是本會一年裏其中一個最精彩的月份，皆因我們將舉辦兩項國際賽事，這些賽事將匯聚世界級球員、狂熱球迷及本會所能提供的最佳配套。

**香港足球會國際草地滾球公開賽2025**將48支隊伍集聚一堂，他們會在室內及室外草地滾球場一展球技。同時，**檯球重頭戲Tradition港會十人檯球賽**將會為本會帶來不一樣的壯觀場面，比賽節奏會變得更明快，而今屆將是至今為止規模最大的一屆，訪港隊伍所組成的世界級陣容準備打出令人難忘的賽事。雖然兩個賽事所涉及的球類運動極為不同，但同樣可以為不同年齡的觀眾營造好氣氛，本人亦很高興見到各地球員及遠道而來的球迷。

另外，體育館將會於3月期間舉行多項宴會活動，如果大家經常使用體育館的話，請先於體育櫃檯查詢可預約的時段。

本會亦將舉辦不同活動，迎合首次在啟德體育園主場館舉行的**香港國際七人檯球賽**。我們將繼續擔當主力，在七檯前後將歡樂帶給大家，所以記得緊貼我們以獲取更多最新消息及公布。

在這個忙碌的月份，全賴我們一眾盡心盡力的員工確保一切都準備就緒，讓大家都能在本會有美好的體驗，他們的努力值得大家的掌聲鼓勵。

期待未來幾個月與大家在本會相見！

顧問總經理 唐施利





# CHINESE NEW YEAR 2025 LION DANCE







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# GET READY FOR THE 37<sup>TH</sup> EDITION OF THE TRADITION **HKFC 10S!**

## A CELEBRATION OF RUGBY EXCELLENCE AND COMMUNITY IMPACT.



2024 Men's Champions: Shogun Rugby. Can they defend their crown in 2025?

**T**he Tradition HKFC 10s is back and better than ever for its highly anticipated 37th edition on **26th-27th March 2025!** As one of Asia's premier rugby events and the exciting curtain-raiser to the Cathay/HSBC Hong Kong Sevens, this prestigious invitational tournament is a must-see on Hong Kong's rugby calendar. Join us for two thrilling days of high-octane rugby featuring some of the biggest names in the sport!

### A LINE-UP LIKE NO OTHER

Tournament Chair **Paul Christopher** shared his enthusiasm: "We have been overwhelmed by the number of quality teams that have applied for an invitation to the 2025 tournament. Our goal is to create an unforgettable experience for everyone involved."

This year's line-up is nothing short of spectacular, showcasing top tier teams such as **Union Bordeaux Bègles (UBB)**, the formidable **Samoa national team**, and defending champions

**Shogun Rugby** who are eager to defend their title in 2025. Runners-up **Pig Athletic Club** are back, determined to go one better this year, while our sponsors' very own **Tradition YCAC** (winners in 2023) aim to reclaim their spot at the top.

The women's competition continues to impress, featuring the debut of the **RKS New Zealand Legends**, coached by former HK coach **Deano Herewini** and World Cup winner **Anna Richards**. The returning **Shogun Rebels**, who lifted the cup in 2023, will also be looking to repeat their success.



Shogun RFC and Haywards Tropics are set for another showdown after last year's thrilling Plate final where Haywards Tropics claimed victory.



## MEN'S RUGBY TEAM

TEAM	COUNTRY / REGION
Ashbury Tropics	UK/France/Argentina
Mourant Samoa	Samoa
HKFC Natrixis Club	Hong Kong
Pig Athletic Club	Australia/NZ
Preseli Babas	Wales
Shandong Rugby	China
Shogun Rugby	UK/NZ
Taikoo Place Scottish Exiles	HK/UK
Tradition YCAC	Japan/NZ
Union Bordeaux Bègles (UBB)	France
Valley Broncos	Hong Kong+
Overseas Old Boys	HK/NZ

## WOMEN'S RUGBY TEAM

TEAM	COUNTRY / REGION
HKFC Natrixis Ice	Hong Kong
RKS New Zealand Legends	New Zealand
Haywards Tropics	UK/France
Shandong Rugby	China
Valley Broncos	Hong Kong+
Beijing Rugby	China
Shogun Rebels	Australia
Nagato Blue Angels	Japan

## SAMOA

Paul Scanlan of Manu Samoa 7s at the Coral Coast Sevens 2025.



Coaches Deano Herewini and 4-Time RWC Champion Anna Richards lead the RKS New Zealand Legends into the 2025 Tradition HKFC 10s!

## TOURNAMENT FORMAT

The tournament kicks off at 8:00 AM on Wednesday, 26th March and runs all day, with matches continuing until the final match at 8:30 PM. With both men's and women's competitions running concurrently, fans can look forward to an action-packed schedule filled with thrilling rugby from morning till night!

# EXPERIENCE MORE AT THE 10S

## BATTLE OF THE PODS



The KOKO Show with Drew Mitchell, Matt Giteau, Adam Ashley-Cooper and James 'The Professor' Rochford.



Get ready for a fantastic addition to this year's Tradition HKFC 10s! Join the stars of two popular rugby podcasts: **The Rugby Pod** featuring **Jim Hamilton** and **Andy Goode**, along with **The KOKO Show** featuring **Drew Mitchell**, **Matt Giteau** and **Adam Ashley-Cooper** live on stage in the Happy Valley Suites on Tuesday, 25th March. They'll be sharing their insights on everything rugby, discussing recent matches, player performances and the Lions' tour this summer!



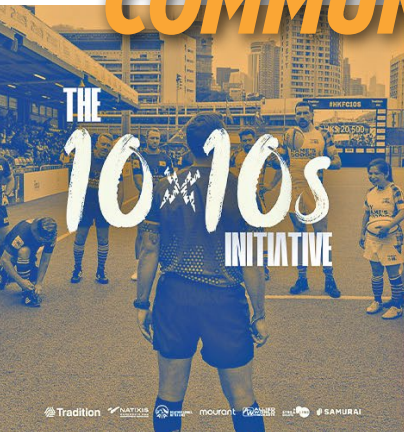
## FAN ZONE

Admission to the **Tradition HKFC 10s** is free for members and their guests, and this year, there's even more to look forward to! The **Fan Zone**, located on the hockey pitch, will be an interactive hub where you can meet some of rugby's biggest names, get autographs and enjoy a vibrant atmosphere. Visit our beer village featuring Okinawa's finest brew, Orion, sample a variety of delicious food options, and keep the kids entertained with bouncy castles and fun games – there's something for everyone!

## BREAKFAST AT THE SPORTSMAN'S BAR

For early risers, the Sportsman's Bar opens at 9 AM, serving up coffee, breakfast baps and more. It's the perfect spot to fuel up before a day of thrilling rugby action!

# COMMUNITY COMMITMENT



The Tradition HKFC 10s is dedicated to making a positive impact in our community. Over the years, we have partnered with organisations like **Make-A-Wish Hong Kong** and **Laureus Sport for Good**, raising significant funds to support children with life-threatening medical conditions and other community needs.

This year, we're excited to launch our very own **10x10s Initiative**, a dynamic collaboration with the HKFC Rugby Centurions. We're pledging to run 10 community initiatives in the lead-up and during the 10s and harness the energy the tournament brings to the city. It will all culminate in the return of the **Legends Charity Touch Match** where rugby legends from across the globe show off their skills for a worthy cause.

2023 Legends Charity Match which saw 20 international stars play rugby to fundraise for My Name's Daddie Foundation and Laureus Sport for Good.



## TICKETING & HOSPITALITY AT THE 10s



For those looking to attend, premium tickets and hospitality packages are available with exclusive discounts for HKFC members. For ticketing information and more details about this exciting event, contact **Roshini Turner** at roshini\_turner@hkfc.com, visit [hkfc10s.com](http://hkfc10s.com) or follow us on social media @hkfc10s.

## VOLUNTEER AND BE A PART OF THE ACTION

We're looking for Volunteer Leads and Volunteers to join us in making this tournament unforgettable.

Contact Roshini Turner at [roshini\\_turner@hkfc.com](mailto:roshini_turner@hkfc.com) or

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JOIN US IN CELEBRATING RUGBY EXCELLENCE AT THIS YEAR'S TRADITION HKFC 10s!





On 1st January 2025, Hong Kong Football Club played host to the annual New Year's Day Youth Tournament – in what was the 57th edition of Hong Kong China Rugby event. With trials taking place in late 2024, players from across clubs in Hong Kong and from schools overseas join up to compete as either the “Hong Kong Dragons” or “Overseas Lions”.

45 players from HKFC were selected to play in this year's tournament, with HKFC also represented strongly through the coaching and managing ranks. A special shoutout must go to both **Luke Bannon** (U19 Boys) and **Lea El-Asmar** (U16 Girls) who were selected as the Best and Fairest Players in their respective matches. Lea El-Asmar was also awarded the prestigious Larry Abel Trophy for the Best & Fairest Player across the whole tournament; previous winners include current & prior Hong Kong China internationals (e.g. Natasha Olson-Thorne, Keith Robertson).

Congratulations to all players, coaches & managers who took part!



## U16 GIRLS

### HEAD COACH

Octavia Nanai-lafeta  
Izzy Littlehailes

### U16 GIRLS TEAM

Mia Tilbury  
Chiara Bazzon  
Lea El-Asmar  
Ines Murchie  
Isabella Hague  
Sabrina Chiu  
Louise Lindsay  
Maya Ma  
Romane Bruneau

## BEST & FAIREST, LARRY ABEL TROPHY WINNER

Lea El-Asmar





## U16 BOYS

### MANAGER

CY Seah

Campbell Riddle

Julian Su

Rori Town

Sebastian Ng

### U16 BOYS TEAM

Nickolas Seah

Caspar Chan

George Grewcock

Isaac Seah

Fox Flowers

Julian Kong



## U19 GIRLS

Brigid Warde

Emma Badenach

Jasmine FitzHenry

Olivia McQuhae

Beca John

Lela El-Asmar

Sophie Aranha

Elsie Hulme

Lucy Guest

Momoka Watanabe

Saidhb Martin

Angie Bazzoni

Lizzie Stanton

Sara Harries

### U19 GIRLS TEAM



## U19 BOYS

### HEAD COACH

Jamie Hood

Gav Boak

Augustine Mulcahy

Craig McSheaffrey

Matthew McQuahe

Simon Carmichael

### U19 BOYS TEAM

James Stanton

Liam Gordon

Louis McLaughlin

Alex Dodd

Austin Leung

John Wood

## BEST & FAIREST

Luke Bannon





## TAI PO FESTIVAL

SUNDAY, 12TH JANUARY 2025

The cold weather failed to show up at the Education University Sports Ground when Coach **Janice** reminded parents to layer up as this is usually the time when players and coaches are freezing their backsides off in their shorts.

FC1 started the day with an entertaining match against top side Discovery Bay Pirates. The team was energised by a close win at full time, with **James Cameron** scoring one of his trademark tries in the corner, following solid backline passing. This success flowed from some strong scrums – previously a challenge – and consistent tackling. Once again, the team's behaviour was excellent, a commendable feat in such tightly fought contests.

FC2 had another solid outing. Their tackling improves every week, as does their readiness and pressure. Despite a narrow loss to Discovery Bay by one try, they secured good wins in their other matches, outscoring opponents with a tally of 12-5 tries.

For FC3, it was an exciting day highlighted by newcomers **Marius Wiehl** who scored his first try for HKFC, and **Elvin Rogulin** who made a tremendous midfield break, tackled just meters short of his own first score. **Karl Hui** led from the front once again, demonstrating consistency throughout the



day. **Josh Villemeur** worked hard, delivering some game-changing tackles against much bigger opponents.

With many still on holiday and numbers tight, a big thank you goes to FC1's **Theo Ng, William Butcher, Lucas Cochran** and **Max Mak** for staying on and supporting FC2 and FC3 as substitutes.

A special thanks to our brilliant pro coaching team – **Laetitia Bobo, Maggie Glasscock** and **Mary Taaana** – for their ongoing support!



## KIT DONATION SORTING DAY

On 18th January 2025, the Youth Rugby Charity Team and volunteers had a meaningful morning, organising off-season kits and outgrown boots collected from our rugby community. We successfully sorted over 500 jerseys, training shirts, shorts and rugby boots. The majority of these kits will be delivered to a Cambodian charity REEC (Rural Education Expert Cambodia) by Team M.A.D (Make A Difference), a local student CAS group who are committed to support rural Education in underprivileged, unreachable regions when they travel to Cambodia in April. These kits will provide essential sportswear to more than 150 children aged 4 to 14.

The remaining items will be taken to Thailand for distribution to the Nak Suu Charity on our U10 Boys tour to Bangkok for Rugby 10s in mid-February and to local charities, ensuring that as many people as possible benefit from this initiative.

Thanks to the incredible efforts of our volunteers, we managed to sort and pack all the kits in less than three hours. Happy to make a positive impact on those in need!



# READY FOR *The* SUMMER

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## HKFC JUNIOR HOCKEY FESTIVAL 2025: A CELEBRATION OF YOUNG TALENT

On a beautiful sunny Saturday morning, 18th January 2025, the Hong Kong Football Club (HKFC) hosted its annual Junior Hockey Festival. This year's event was a resounding success, bringing together 12 local clubs and 3 primary schools with 17 teams from the HKFC to celebrate the spirit of mini hockey. The festival, held at the HKFC grounds, was a testament to the vibrant hockey community in Hong Kong.

The festival saw enthusiastic participation from young players across various age categories: Under 6, Under 8, Under 10 and Under 12. Each player showcased their skills and passion for the sport, making the tournament a thrilling spectacle for all attendees. The dedication and effort of these young athletes were evident in every match as they played with determination and sportsmanship.

The event was graced by numerous parents and senior players from both the men's and ladies' sections of the Club. Their presence and support added to the festive atmosphere, creating a sense of community and camaraderie. Under the guidance of our new

**Director of Hockey, Will,** the festival was a joyful and memorable experience for everyone involved.

A special mention goes

to the ground staff whose hard work in setting up the pitches was crucial to the smooth running of the event. The Hockey Committee also played a significant role, providing immense support to the Junior Section and ensuring that all logistical aspects were taken care of.

The success of the festival would not have been possible without the strong volunteering team comprising parents, coaches and players. Their dedication and commitment were instrumental in making the event a grand success. The Junior Section Committee extends its heartfelt gratitude to all volunteers for their invaluable contributions.

As the festival came to a close, there was a unanimous hope to see all teams return next year. The HKFC Junior Hockey Festival continues to be a cornerstone event, fostering young talent and promoting the love for hockey in Hong Kong. We look forward to another exciting edition next year, with even more participants and unforgettable moments.

In conclusion, the HKFC Junior Hockey Festival 2025 was a celebration of young talent, community spirit and the love for hockey. Sincere thanks to everyone who made this event possible. Your support and enthusiasm are what make this festival a cherished tradition. See you all next year!

**Amy Lip**







SPORTS

# HKFC MEN'S E'S

The 2024-2025 season has been a pivotal one for our team, marked by our promotion from Division 3 to Division 2. We have retained our current squad while also integrating a mix of young talents and seasoned veterans, creating a dynamic and competitive team. Having played 13 matches so far, the competition in Division 2 is incredibly tight, with only a few points separating the teams. This close race keeps us motivated and determined to climb higher in the standings.



A standout moment of our season was the interclub victory against D's especially after enduring two tough losses earlier in 2025. This win was a significant morale booster and showcased our team's resilience and determination. With the blend of youthful energy and veteran wisdom, we are confident in our ability to improve our rankings and build on our experiences. Go HKFC E!



# LADIES G'S

3RD DIVISION

AS OF 20TH JANUARY 2025

Position	Team	P	W	D	L	GF	GA	GD	-Pts	TOP Pts
1	Valley C	11	7	3	1	22	9	13	0	24
2	Sirius A	10	7	1	2	15	8	7	0	22
3	HKCC C	11	6	3	2	17	13	4	0	21
4	Masters C	11	7	1	3	19	16	3	2	20
5	Elite C	11	6	2	3	21	12	9	0	20
6	Kai Tak	11	4	1	6	15	15	0	0	13
7	HKFC G	12	3	1	8	12	21	-9	0	10
8	Shaheen B	10	1	1	8	6	16	-10	0	4
9	Antlers B	11	1	1	9	8	25	-17	0	4

Many may remember the Ladies G's as candy canes from the Christmas party (not spaghetti or Oompa Loompas, contrary to popular opinion). While hockey is a passion, it's the camaraderie, drinks and parties that truly ignite our spirit. This past year brought plenty of nail-biting games in the first half of the 2024-2025 winter season. We put up a good fight but fell short on numerous occasions. Nonetheless, we came back starting the second half strong, with a big 2-0 win against Antlers B. A celebration with bubbles at the Sportsman's was a must! Keep an eye out for the Golden G's for the remainder of the season – not only do we bring the hustle on the pitch, but we also bring in good vibes, laughter and fun. Thank you for all the support you all have given us so far!





## INTERVIEW WITH HEADMASTER OF WYCOMBE ABBEY SCHOOL HONG KONG MR ROB FOX



Hockey Tournament Sponsorship  
on Saturday, 18 th January 2025

Wycombe Abbey School Hong Kong has proudly sponsored the HKFC Hockey Junior Section for the past year and continues to do so. Headmaster, Rob Fox, discusses the significance of this partnership and the important role of sports for children in Hong Kong.

### What highlights have you experienced in your first year as sponsors of the HKFC Hockey Junior Section?

The most recent tournament was a significant highlight for us. It was fantastic to witness so many children from various clubs and schools participating in both recreational and competitive formats. Personally and professionally, being part of this event was fulfilling. My family has a long history with the Hong Kong Football Club; my aunt was a member, and my children enjoyed Club hockey during their younger years. Another standout moment from the past year has been the enthusiastic participation of our Wycombe Abbey Hong Kong students at HKFC. We are delighted to have our children engaging in weekly hockey sessions at the Club.

### How do you view hockey as a sport for children?

Hockey is an excellent sport because once children learn the basic skills, they can return to it at any age. It's very sociable and a great "mixed" sport that boys and girls can play socially and competitively together at any age. Also, many newcomers to Hong Kong like me might pick up a hockey stick later in life and find a welcoming community. It's a great way to stay fit and make friends in a new environment. Not only this, but it brings together children through school and club sports, fostering camaraderie through fixtures and matches. The friendly yet competitive environment helps children form connections and gives them a sense of belonging in their community.





## SPORTS

### In what ways do you see Wycombe Abbey Hong Kong's values mirrored in HKFC?

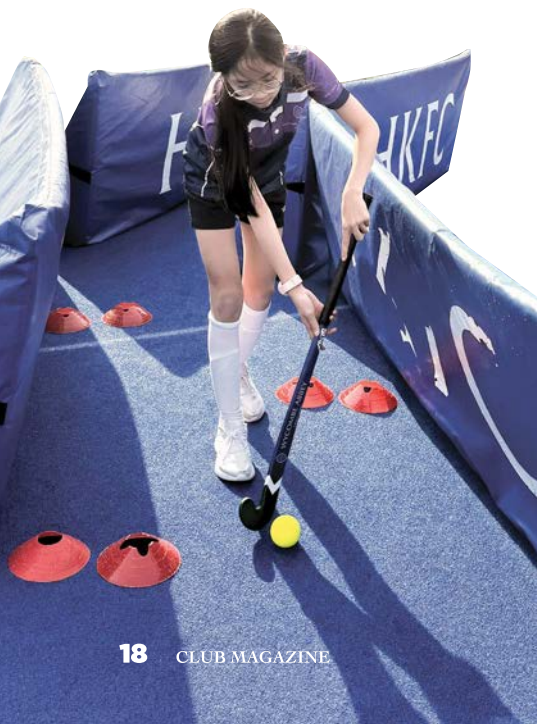
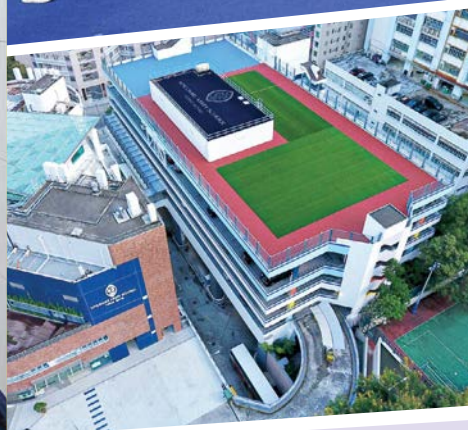
Having been a parent involved in various hockey clubs, I see a strong alignment in values with HKFC: The focus on inclusivity in sport, alongside the development of athletes, stands out. I also see a similarity in the blend of fun and competition in sports, allowing every child to participate and enjoy their sporting experiences.

### How do you envision the future of sports for children in Hong Kong?

Children in Hong Kong are fortunate to have access to excellent sports facilities. However, I hope to see a shift in mindset regarding sports as an extracurricular activity. It should be viewed as an essential part of education, providing health benefits and vital life skills. At our school, we encourage every child to play team sports, which not only give them the basic skills, but also confidence and teamwork.

### What advice would you give to parents who want to get their children involved in sports, especially if they may be hesitant?

My advice is simple: Encourage your child to just have a go! Hockey in particular is a fantastic introduction for many students who have never played before. But with so many sports available in Hong Kong, there's something for everyone, and we all have to start somewhere.







# IRC

The event was held on 26th December 2024 at the Indian Recreation Club, with 48 teams participating including 10 host teams. The HKFC Team (**Grace Chu, Shirley Ma and Phyllis Wong**) has won the Spoon Section Runner-up.

## INVITATION TRIPLES



## BOXING DAY SOCIAL GAME



The Lawn Bowls Section Boxing Day Social Game was held on 26th December 2024 at our Indoor Green, with nearly 60 bowlers participating in an afternoon of fun-filled bowling.





# 2024 NATIONAL CHAMPIONSHIPS WINTER 2024

**T**he Winter 2024 National Championship Final Day was held on 26th January 2025 at the United Services Recreation Club. HKFC bowlers performed extremely well and won three Champions and three 1st Runner-up titles in different categories. Congratulations!



LEFT TO RIGHT: Rita Shek, Eva Yu, Yu Yee Sin, Gloria Ha, Presenter, Adrian Yau, Heron Lau, James Po, Stephen Sy

## MEN'S NATIONAL TRIPLES

Both HKFC teams fight for the championship!

Champion  
**Kenneth Fung, Terry Kung, Stephen Sy**

Runners-up  
**Wilson Kwong, Patrick Choi, Kenneth Yiu**

## MEN'S NATIONAL FOURS

Both HKFC teams fight for the championship!

Champion  
**Stephen Sy, Adrian Yau, Heron Lau, James Po**

Runners-up  
**Dexter Chan, Terence Lee, Frankie Siu, Stanley Luk**

## MEN'S 242 PAIRS

Runners-up  
HKFC **Heron Lau, Kenneth Yiu**

## WOMEN'S NATIONAL FOURS

Champion  
HKFC **Eva Yu, Rita Shek, Yu Yee Sin, Gloria Ha**

# U25 LAWN BOWLS CHAMPIONSHIP 2025

Four young players who are children of HKFC bowlers participated in the event and all performed well in the competition.



U25 Championship 2025 HKFC Players





HONG KONG FOOTBALL CLUB

# INTERNATIONAL LAWN BOWLS OPEN 2025

6/3/2025 - 9/3/2025



DATE: 6TH MARCH 2025 TO 9TH MARCH 2025  
VENUE: INDOOR AND OUTDOOR GREENS





# EXCITING TENNIS WORKSHOP WITH LEGENDS MARK WOODFORDE AND PATRICK CASH



The HKFC Tennis Society was thrilled to host a workshop featuring **Mark Woodforde**, a 17-time doubles Grand Slam champion, and **Patrick Cash**, the 1987 Wimbledon champion, on 2nd January 2025. This marked their return to Hong Kong nearly 30 years after their last appearances.

As Ambassadors for the ATP 250 BOCHKTO2025 Hong Kong Men's Tennis Open which took place from 29th December 2024 to 5th January 2025, at Victoria Park Tennis Centre Court, both players were eager to share their expertise and passion for the game.

Participants enjoyed an unforgettable experience as they relived tennis moments with **Cash** and **Woodforde**, who were committed to supporting the Hong Kong Tennis Association.





# BANK OF CHINA HONG KONG HKCTA LEAGUE TROPHY PRESENTATION 2024

**TUESDAY, 21ST JANUARY 2025 / 7PM**

The evening of 21st January 2025 was a vibrant celebration of triumphs and teamwork as we honoured the winners of the BoC HK HKCTA League Trophy 2024. Among the highlights was the incredible achievement of our Ladies A team who have brought the championship trophy back to the Club!

## LADIES A: THE CHAMPION

Since 1993, the Ladies A team has demonstrated dedication to the sport, claiming the HKCTA Tennis League Championship and earning promotion to the A+ division next season – a milestone to their growth and commitment.

## THEIR SUCCESS CAN BE ATTRIBUTED TO SEVERAL KEY FACTORS:

### DEDICATION TO IMPROVEMENT

Every member of the team is driven by their love for tennis and their desire to improve. From relentless practice sessions to tennis lessons and watching professional tournaments, the team is constantly seeking opportunities to learn and refine their skills and strategies.

### EXCEPTIONAL TEAMWORK

Communication has been the backbone of the team's achievements. Teammates often put the team's success above personal interests, happily making sacrifices to ensure the best possible outcomes. This spirit of collaboration has been critical to the success.

### LOOKING AHEAD TO 2025

As the team prepares for the next season in the A+ division, we're excited to welcome some new faces to continue the momentum and positive energy. The team is committed to giving their best in every match and maintaining the dedication that have defined their journey.

At the same time, we bid a heartfelt farewell to a beloved teammate who is leaving to focus on family and work commitments in Dubai. We wish her a fruitful and exciting journey ahead and want her to know she will always have the support of our team. Whenever she visits, we look forward to catching up over a game of tennis and some good food. Keep in touch, and remember – you'll always be part of this team!



## CELEBRATING THE MOST IMPROVED PLAYER OLGA VOROTNIKOVA



A special mention goes to **Olga** who has been named the Most Improved Player of the season. Starting in Ladies B, Olga's hard work and determination have propelled her to playing in Ladies A+. Her progress has been inspiring, and she is a shining example of what perseverance and passion can achieve.

Tennis Society caught up with **Olga Vorotnikova** for an exclusive interview, where she shared insights into her journey, her training routine and her goals for the future. Here's the Q&A below – don't miss it!

### Q&A WITH OLGA VOROTNIKOVA

**1. Congratulations on being recognised as the Most Improved Player! Can you share what this journey has been like for you, moving from the B team all the way to A+?**

"Thank you! I still can't believe it. Seven years ago, when I started playing tennis, I never imagined I would compete so much. Over the last two years, since joining the football club's tennis society, I've played in many teams, starting from the lowest level. To become good at something, you need to start from the bottom. Tennis is like life: if you want to be a general, you must first be a soldier; if you aspire to be the boss of a large company, you need to start



## SPORTS

as a clerk. Each period of my journey has taught me valuable lessons. I've learned to adapt to different types of players – like the slower ones or the “lobsters” who hit moon balls. A good player must know how to handle various situations. I feel fortunate to be part of this tennis society and to have these opportunities. Ultimately, it all depends on your willingness. I wanted to become a better version of myself as a player and teammate, and I'm still working on many aspects as my journey continues."



### 2. What were some of the biggest challenges you faced while transitioning through the different levels, and how did you overcome them?

"The biggest challenge has been myself. Tennis is a very mental sport, and anger and frustration can be constant companions. I often found myself upset, especially in the beginning when I was playing at a lower level. However, I now realise that without that experience, I wouldn't have improved. I used to get easily frustrated by bad calls or outside interactions, but the only way to handle those feelings was to play better tennis. I focused on improving my technique, observing and educating myself. As I got better, those external factors became less impactful. I still have a lot to work on, and I have high hopes for playing in the highest division to continue my growth."

### 3. How has playing in higher divisions, especially in A+, helped you grow as a player both technically and mentally?

"Playing in A+ several times as a guest player has been a fantastic experience. Competing at a higher level is the best gift a tennis player can receive. Being surrounded by skilled players has motivated me to improve even more. I watched them closely, trying to replicate their shots and attitudes. I still have much to work on, but having the right partner and a smart captain has been invaluable. I am learning from the best."

### 4. Were there any specific moments, matches or turning points in your journey where you felt your game reached a new level?

"In doubles, having the right partner is crucial. I was fortunate to have the perfect partner in my team, which boosted my confidence. Winning more matches has made me happier and improved my game. I still remember our last final match of which my partner is **Portia Chan**; it was a deciding game with a lot of responsibility, but we felt confident. The experience we accumulated throughout the season really helped us perform at that critical moment."

### 5. What advice would you give to other players who are aspiring to improve and make similar leaps within their tennis careers?

"I would advise them to observe and not be afraid to try new things. Stay open to feedback and criticism, especially from those you consider better than you. Respect your opponents even when it's challenging. Always remember that the only way to replace frustration or disappointment is to play better tennis. Focus on improving your technique and skills by winning points with beautiful shots."





# 2025 FIRST GRAND SLAM SOCIAL AUSTRALIAN OPEN SOCIAL

Before the champions of the Australian Open 2025, Madison Keys and Jannik Sinner, lifted their respective trophies, the HKFC kicked off the tennis year with its very own AUSTRALIAN OPEN SOCIAL! Held on a sunny 18th January 2025, from 2 PM to 6 PM, this exciting event brought together players for an afternoon of tennis, fun and a touch of competitive spirit.

## DOUBLES SOCIAL FORMAT

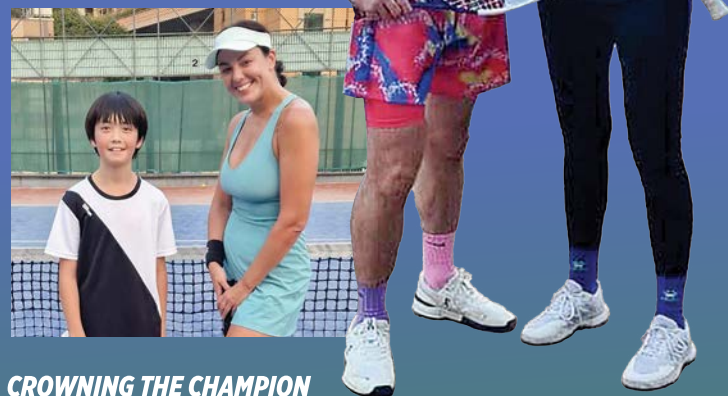
The afternoon began with doubles matches in an Open and Social category format, ensuring everyone – from seasoned players to new faces – had a chance to enjoy the game in a relaxed but competitive setting. With laughter ringing through the courts and forehands flying, it was a perfect way to celebrate the first Grand Slam of the year.

## 1-POINT TOURNAMENT: THE PRESSURE COOKER

After a quick break, the real test of nerves began with the 1-Point Tournament, a thrilling format designed to mimic the high pressure moments of professional tennis. The rules were simple: Play one point. Winner moves on. Loser is out. No second chances. Just like the clutch moments in a tie-break, players had to be both physically and mentally prepared to perform under pressure.

Speaking of tie-breaks, the 1-Point Tournament captured the same excitement as the unforgettable Australian Open semi-final between **Madison Keys** and **Iga Świątek**. **Madison**, the 19th seed, upset the second-seeded **Iga** with a combination of fearsome groundstrokes and elegant footwork. Their match came down to an electrifying 10-8 tie-break in the third set, showcasing the importance of staying calm and focused under pressure.

For our players at the social, it all started with a SPIN TO DECIDE SERVE OR RECEIVE, and the tension only grew from there. The stakes were high, but spirits were even higher!



## CROWNING THE CHAMPION

After some nail-biting matchups, **Shaan Bhojwani** emerged victorious, defeating four top seeds – **Alistair Todd**, **Josh Carter**, **Alexander Wilton** and **Guillermo** – on his way to glory. His composure and consistency under pressure earned him the title of the day's ultimate champion.

## A GRAND SLAM START TO THE YEAR

The Australian Open Social proved to be a fantastic way to kick off the 2025 tennis season. With competitive matches, great camaraderie and plenty of memorable moments, it was an event to remember.

Here's to more exciting socials and smashing success both on and off the court in 2025!





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# HKFC 1ST TEAM

## RECENT PERFORMANCES TO REMEMBER

**As we look back on the recent performances of the HKFC 1st Team, December proved to be a pivotal month, marked by two significant victories that have set the stage for a promising start to the new year. The team's triumphs over Southern and Tai Po not only boosted morale but also provided crucial points as they aim to climb the league standings.**

### VICTORY AGAINST SOUTHERN

On a chilly Sunday in December, the 1st Team faced off against Southern in a match that showcased their resilience and determination. In a tightly contested encounter, the team secured its second league victory of the season with a narrow 1-0 win, thanks to a late first-half goal from **Jesus Salazar**. This goal proved to be decisive as both

teams fought hard to gain control of the match.

The victory was particularly noteworthy as it came amidst challenging circumstances. Southern played much of the game with nine men following an early sending-off, which undoubtedly shifted the dynamics of the match. Despite this advantage, the 1st Team remained focused, showcasing their defensive strength and tactical awareness.

**Habib** earned the well-deserved title of HKFA Man of the Match, demonstrating exceptional skill and leadership throughout the game. Additionally, **Sherman Wong** captured the HKFC Fans' Man of the Match award for his outstanding performance, which was pivotal in maintaining the team's momentum. The match was a tense affair, especially when Southern was awarded a penalty midway through the second half, but the 1st Team's defence held strong, preserving their slim lead.

This hard-fought victory was not just a much-needed three points; it was also a testament to the team's discipline and commitment as they headed into the holiday season. Ending the first half of the season on a high note gave the players confidence and a sense of purpose as they prepared for the challenges that lay ahead.

### TRIUMPH OVER TAI PO

Fast forward to January and the team continued its winning ways with a vital 2-0 victory over top-of-the-table Tai Po. This match was especially crucial, not only because of the quality of the opposition but also due to the implications for the league standings. Goals from **Toby Down** and **Callum Beattie** clinched the much-needed three points, providing the team with some much-appreciated breathing room between them and the bottom two sides.





The victory against Tai Po was significant for several reasons. First and foremost, it demonstrated the team's ability to perform under pressure against a formidable opponent. The players executed their game plan effectively, displaying both offensive creativity and defensive resilience. This win also served as a crucial morale boost, encouraging the team to build on this momentum in the upcoming fixtures.

### BUILDING MOMENTUM

Looking back on December and January, the HKFC 1st Team is poised to capitalise on the momentum

generated from their recent performances. The combination of a solid defence, effective attacking plays and a growing camaraderie among the players has set a positive tone for the rest of the season.

In conclusion, the past couple of months have demonstrated resilience, determination and togetherness for the HKFC 1st Team. As we reflect on these successes, the team aims to continue this upward trajectory, striving for excellence in every match. Let's rally behind them as they take on the challenges that await in the second half of the season!



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SQUASH COMMITTEE SECRETARY  
**KEN LO**

# LESSONS FROM LEGENDS

**“IT’S A BEAUTIFUL  
GAME TO PLAY.  
WHEN I WAS YOUNGER,  
ALL I WANTED TO DO IS  
PLAY SQUASH.”**

**FIVE-TIME WORLD CHAMPION AND  
HONORARY MEMBER OF HKFC  
GEOFF HUNT**



During December’s WSF World Squash Team Championships, our squash committee secretary Ken Lo sat down for a discussion with these true legends of squash.

**Y**ou can catch up on the full discussion on the ‘Live’ tab of our YouTube channel: [www.youtube.com/@hkfcsquash](http://www.youtube.com/@hkfcsquash)

## HERE ARE SOME OF THE LESSONS THEY SHARED

**Geoff Hunt on fostering a love for the game:**

**Geoff Hunt:** “The number one thing that you try to develop with people is to get them to enjoy playing the game – you must put them in an environment that produces that enjoyment.”

**Geoff Hunt:** “I didn’t start until I was 11, but I had a grounding in other sports. I don’t believe you should just focus on one sport alone at school...

When I went to Qatar to coach, we had a situation where the young kids were almost forced into just doing squash. I had a young boy in the programme who was a good footballer and he wanted to play football as well, so I said ‘no he wants to play football a couple of days a week.’

So, he played football twice a week and ended up being the best player in Qatar and eventually he got the number 15 in the world because he had the skill from the other sports. It kept his interest: he was enjoying playing both sports.”



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### Sarah on getting an education alongside training:

**Sarah:** "I joined the Australian Institute of Sport under **Jeff**, and I remember him sitting me down and saying you need to do school. And I fought him, but he convinced me that school was the right way to go because if something had gone wrong in squash, at least I'd finished my schooling and I had a good stepping stone to whatever would come after that. I'm pleased I did finish my school."

### And how the decision comes from the child:

**Sarah:** "I remember as a kid my mum asked me 'do you want to play'. Then about a year later she said, 'do you still want to play', and I said yes, so she kept asking me so that the decisions came from me."

That commitment was the only thing my mum enforced on me. If the decisions are coming from the kid, it's easier to get them through rather than mum and dad sending them off all the time because it's what mum and dad want... just let the kid be in the driving seat and then they fall in love with the game."

**FIVE-TIME WORLD CHAMPION AND  
HONORARY MEMBER OF HKFC  
SARAH FITZ-GERALD**



**FORMER HONG KONG NUMBER ONE AND  
INTERIM DIRECTOR OF SQUASH AT HKFC  
DICK LAU**

### Dick Lau on trying different sports:

**Dick Lau:** "If we want to help a kid build the passion, it takes time. If you really want to have a good result in two or three years, let kids try more sports like squash, tennis, badminton, whatever they like to do. Then every time when they come to play squash, let them enjoy it and then as long as they really enjoy it, they will keep doing it by themselves. When they reach 14 or 15, then maybe it's time for them to do more training."

### And learning by watching others play:

**Dick Lau:** "I always encourage parents and the kids: watch top players play each shot – learn how to do a good forehand, a good drop shot, a good boast – learn from that and then one by one when they add together."





**Nick Matthew on the power of a sports psychologist:**

**Nick Matthew :** "I've seen so many people turned around by developing the right mental approach... it's the gym for your mind. We would always go to a physical coach, and why would you not go to a mental coach... now there's a definite mindset that we go because we want to strive for improvement and so it's equally important as good technique."

**Geoff agreed:** "In my first year of coaching at a new institution, I put the sport psychologist as the last person that I had to call upon... after 12 months in the job, I had him first because I found everyone had a different approach and different way

of thinking, and I thought the sports psychologists added an enormous amount of help in helping people learn how to focus, how to be in control and how to implement their game plans."

**Geoff on what matters most:**

**Geoff:** "I got a lot of my enjoyment out of playing squash by playing for a local club, so there's no reason why if you're not going to make the grade as a you know a top player, play for your local club!"

The biggest thing I missed when I turned professional touring overseas is that I couldn't play for my beloved Elanora Club. We had such a good rapport and team spirit amongst our group built out over a number of years, and it was unbelievable really."

And there's nowhere better to do that than at the football club!



**THREE-TIME WORLD CHAMPION  
NICK MATTHEW**





# SQUASH 57 CLUB CHAMPIONSHIPS

**F**or those less familiar with Squash 57 (previously known as racketball) – it's played on a squash court, either singles or doubles, and the racket is shorter and heavier with a wider head compared to a squash racket. The name is derived from the diameter of the soft bouncy ball which is 57mm compared to that of a squash ball 40mm. The sport has gained popularity over the years as players experience less impact on the body as the ball does most of the work, experiencing longer rallies while still getting the workout in.

We had 17 players register for the inaugural Squash 57 Club Championships across the Men's Open and the Women's Open categories, playing a monrad and round robin format. On paper, we had a couple of interesting matchups with differing combination of Squash 57 experience and

squash levels. The top 4 seeds in the Men's Open category featured 4 players from Division 2 squash with **Wilson Chan** and **Mark Low** seeded 1st and 2nd respectively, both of whom have some Squash 57 experience. **Phil Head**, who has the most experience in Squash 57, seeded 5th.

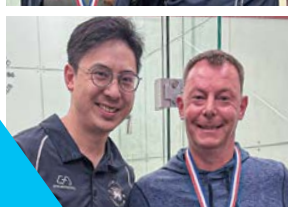
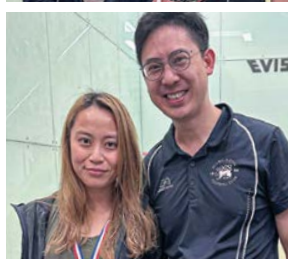
In the Women's Open Category, **Carmen Lee** led the seedings as the favourite to win. For most of the players, it was their first time playing Squash 57 and causing chaos, but they soon got the hang of the strategy by not overhitting the ball and instead looking for the deep corners with more sliced shots, letting the ball do the work.

In the quarter-finals, we were treated with some fantastic Squash 57 as Phil Head narrowly took the win against 4th seed **Andrew Ward**, coming back from 7-10 down in the deciding game whilst

**Rishad Schaefer** took down Section Chair **Vincent Yu**, with Rishad slightly more experienced at the game.

For the finals, **Carmen Lee** comfortably managed her match against **Jennifer Chiu**, winning 11-7, 11-6, taking the Women's Open Squash 57 Championships. Meanwhile in the Men's category, **Mark Low** upstaged top seed **Wilson Chan** with great display of control in an exhibition of how Squash 57 is meant to be played, taking the match 11-2, 11-6, 11-2.

It was a great introduction to competitive Squash 57 at the Club with Hong Kong Squash committed to promote the discipline to the wider community of Hong Kong, with Squash 57 growing in popularity amongst quite a few countries like England and Malaysia.



## MEN'S OPEN

Champion **Mark Low**

Runners-up **Wilson Chan**

## WOMEN'S OPEN

Champion **Carmen Lee**

Runners-up **Jennifer Chiu**





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Winners | Paul Webb Johnson, Chris Burley, Alnwick Chan, Rob Winmill; Fred Teng, Stephen Knight, Johnny Brock, Jean Louis Desgouttes, Will Chan, Oli Li, Greg Medhurst



Fred Teng, Johnny Lam, David Cross, Rob Winmill



# KICKING OFF 2025 AT FANLING NEW COURSE

FRIDAY, 3RD JANUARY 2025

**A**fter the festive season of indulgence, it was time to dust off the clubs and get back into the swing of things. Our first outing of the year took us to Fanling New Course, with 31 players eager to start 2025 on the right foot. With Hong Kong's streets still unusually quiet after the New Year celebrations, the journey to Fanling was a breeze – no frantic dashes to the first tee this time!

We couldn't have asked for better weather. The winter air was crisp in the morning but quickly warmed up, with a gentle breeze making for perfect playing conditions. Maybe that's why over 15 players managed to score more

than 30 Stableford points – clearly some swings were in mid-season form already!

With **Greg Medhurst** and **William Chan** both posting an impressive 36 points, the top spot was decided on countback with **Greg** just edging it. Meanwhile, **Rob Winmill** proved consistency is key, not only securing third place but also adding a nearest-to-the-pin and longest drive to his tally.

As always, the camaraderie and competitive spirit made for a fantastic day out. Here's to more great rounds in 2025 – see you all soon!

## STABLEFORD WINNERS

1st	<b>Greg Medhurst</b>	36 points
2nd	<b>William Chan</b>	36 points
3rd	<b>Rob Winmill</b>	34 points

## NEAREST TO THE PIN

Hole 2	<b>Rob Winmill</b>
Hole 4	<b>Fred Teng</b>
Hole 7	<b>Jean Louis Desgouttes</b>
Hole 8	<b>Alnwick Chan</b>
Hole 11	<b>Oli Li</b>
Hole 13	<b>Chris Burley</b>

## LONGEST DRIVE HOLE 12

Men's	<b>Rob Winmill</b>
Women's	<b>Helen Hayward</b>



Dorothy Lam, Lucia Lee, CoCo Cheung





David Lindsay, Peggy Chan, John Dainton, Lucia Lee



Gilbert Law, Domonic Ng, Angela Koo, Leung Ming Chan



Winners | Heather Deayton, Chris Burley, Stephen Wei, Anthony Helen Hayward



Suraj Nagrani, Helen Hancock, Stephen Wei, Douglas Morton

# A FULL 18 AT KSC SOUTH COURSE

WEDNESDAY, 22ND JANUARY 2025

**F**or our second event of the year, we headed to the newly restored KSC South Course, now back to a full 18 holes after a couple of years of maintenance. With all 32 spots filled, it was a fantastic turnout, and even better to see six new members joining us for the first time. We also welcomed back a few familiar faces who hadn't played in a while – great to have you all with us!

The course was in excellent condition, and the weather played its part too, with a cool breeze making for perfect golfing conditions. Some players took full advantage, posting some seriously impressive scores.

One of the standout performances

came from **Stephen Wei** who secured his first podium finish with 35 points – not bad for someone who has only played a handful of events! But the day truly belonged to **Helen Hancock**, who stormed to her first ever Stableford victory with an impressive 40 points. Congratulations to all the winners!

Thank you to **Stephen Wei** and a few generous members for sorting out some beverages for our bus journey home – much appreciated after a long day on the course!

With two events down, the 2025 season is already off to a flying start. A big thank you to everyone who came out, and we look forward to seeing you all at the next one!

## STABLEFORD WINNERS

1st	<b>Helen Hancock</b>	40 points
2nd	<b>Elizabeth Dendle</b>	39 points
3rd	<b>Stephen Wei</b>	35 points

## NEAREST TO THE PIN

Hole 2	<b>Heather Deayton</b>
Hole 4	<b>Chris Burley</b>
Hole 7	<b>Blake Steele</b>
Hole 8	<b>Elizabeth Dendle</b>
Hole 11	<b>Anthony Tsang</b>
Hole 16	<b>Helen Hayward</b>

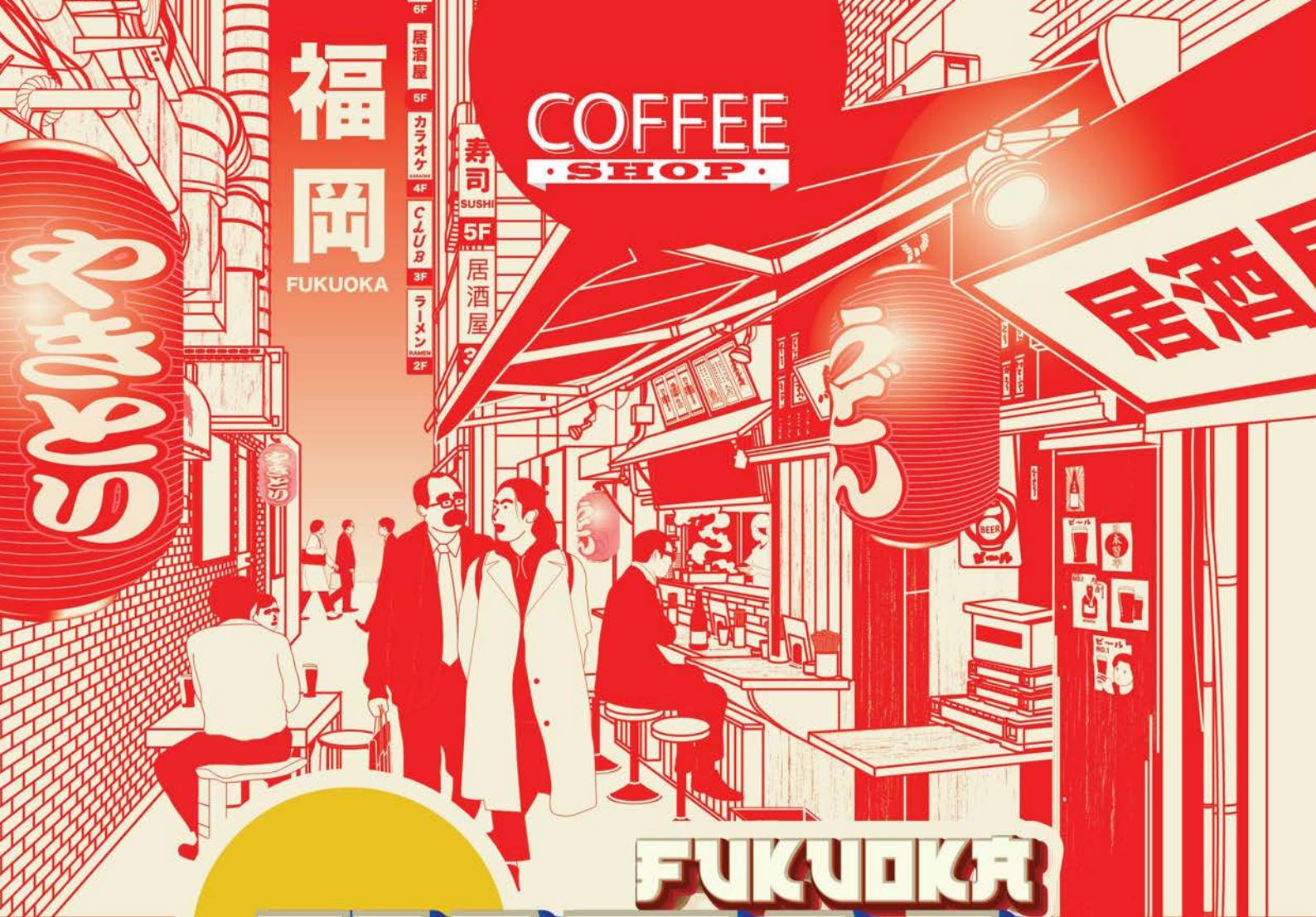
## LONGEST DRIVE HOLE 17

Men's	<b>Stephen Wei</b>
Women's	<b>Helen Hayward</b>

Well deserved beverages after a round of golf







# FUKUOKA YATAI FOOD STALLS

FEAST ON THE FLAVOURS OF FUKUOKA'S NIGHT MARKET!

AVAILABLE EVERY FRIDAY AND SATURDAY EVENING  
THROUGHOUT THE MONTHS OF MARCH AND APRIL!  
FRIDAYS 6PM - 9:30PM | SATURDAYS 5:30PM - 9:30PM

**\$328**  
per adult

**\$164**  
per elder child\*

**\$118**  
per child\*

\* Age for elder child: 8 – 11 years old

Age for child: 4 – 7 years old

Free of charge for infant below 4 years old

Enquiries: 2830 9569 or [coffeeshop@hkfc.com](mailto:coffeeshop@hkfc.com)



ELITE JUNIOR MEMBERS REPORTS

# MALAYSIA OPEN SUPER SERIES 1000 LEVEL

Tuesday, 7th January - Sunday, 12th January 2025

**H**appy had a good head start in 2025 by qualifying for her first super series 1000 level, Malaysia Open 2025. Since this level of event usually starts with players at the world ranking top 32, **Happy**, currently world ranked at 49, had her breakthrough and qualified directly into the main draw. Her opponent was none other than her sparring partner from Thailand, Ratchanok Intanon. Although **Happy** defeated Ratchanok, world ranked 13 to date, during the last meet-up, Ratchanok's experience and ability in major tournament were proved too strong this time and **Happy** lost to her in 2 straight sets. Nevertheless,



the appearance in the top super series event for **Happy** hopefully will be a positive beginning in her career in 2025. was in a better shape on the day and took the opponent down in 2 sets. In round 16, **Happy** was again up against an opponent she recently met, world ranked at No.4, Akane Yamaguchi. This time, Yamaguchi came prepared and was more focused on court, and **Happy** graduated after losing 2 sets. With the experience against top players in the world, **Happy** will return more prepared for the challenges ahead.



## HKFC JUNIOR SQUAD NEW YEAR'S PARTY 2025

On 17th January 2025, we celebrate our end of year and new year together with good food from Coffee Shop, presents, internal competitions, and meet and greet our star players. The combined Squad A and B internal competitions provided learning opportunities for younger players to partner with experienced players on game tactics, and experienced players also practiced their leadership skills. Parents and players enjoyed an evening of fun and excitement.

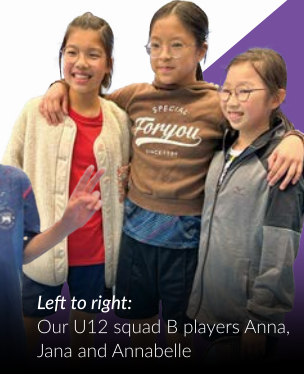
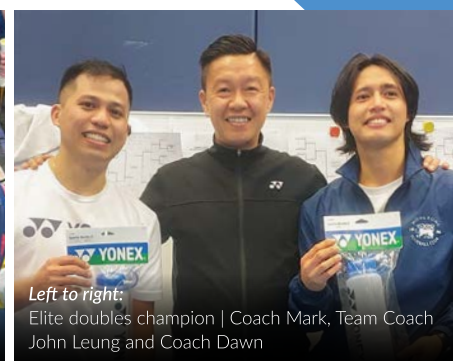


Left to right:  
Team Coach John Leung, Squad A&B combined doubles competition champion Lauren and Coach Mark



### WINNERS OF THE NEW YEAR'S PARTY INTERNAL COMPETITIONS:

EVENTS / NAME	COMBINED SQUAD A & B DOUBLES	SQUAD B SINGLES	ELITE SQUAD DOUBLES
Champion	Coach Mark and Lauren	Jana	Coach Mark and Coach Dawn
First Runner-up	Hannah and Ellen	Harmann	Saloni and Alfred
Second Runner-up	Henry and Evelyn Bianca and Jack	Joey and Jeffrey	Kenneth and Perry Coraline and Anthony



### JUNIOR TOURNAMENTS REPORT

## YAU TSIM MONG DISTRICT CUP 2025

Saturday, 18th January 2025

The annual Yau Tsim Mong District Cup was a highlight for our players to showcase their skills in front of distinguished guests of honour, including the head coach and national team players of the HKSAR. Our squad players, as usual, demonstrated their ability to put practice into games. Congratulations to all the award recipients!!





## TOURNAMENTS REPORT

# INTERNAL LADDER SERIES SEPTEMBER - DECEMBER 2024

With the completion of 2024, our September to December 2024 ladder series also came to a conclusion. Players tried their best to participate in as many matches as they could throughout the season, and the matches did help strengthen their preparation for competitions and practiced game planning.

### INTERNAL LADDER SERIES - THE AWARD RECIPIENTS:

EVENTS / NAME	SQUAD A BOYS SINGLES	SQUAD A GIRLS SINGLES
Champion	Alvin	Cordelia
First Runner-up	Michael Chen and Bosco	Cara and Joey
Second Runner-up	Jason	Rhea and Anissa

## TEAM CHALLENGE SERIES 2024-2025 24TH JANUARY 2025 NK SPORTS BADMINTON CLUB

After a long Christmas and New Year's break, our junior badminton Team Challenge Series resumed against NK Sports Badminton Club on 24th January 2025. Players had a lot of nail-biting games throughout the evening. Our players played over 20 games of doubles and singles, and they did well to secure the overall win.



Left two:  
HKFC junior players Cordelia and Henry



Left side: NK Sports Badminton Club | Right side: HKFC junior badminton squad

## BADMINTON

# HKFC JUNIOR SQUAD OTHER ACHIEVEMENTS



Lauren Lui (13 years old) – bronze medallist in Chai Wan District Competition



Raymon Bowen Jiang – bronze medallist in 2024 Kumpoo "Yuting Cup" Junior Badminton Tournament

### UPCOMING JUNIOR EVENTS

September 2024 – May 2025  
**HKFC Junior Badminton Team Challenges 2024**

January 2025 – June 2025  
**HKFC Junior Badminton Internal Ladder 2025**

March 2025  
**HKBA Mixed League**

April 2025  
**International Training Camp**

May 2025  
**HKFC and Torq Sports Junior Badminton Tournament**

July 2025  
**HKFC and Torq Sports Overseas Junior Badminton Team Tournament**



## TEAM COACH REPORT

It was an absolute surprise to see the turn-up in the junior squad's annual New Year's Party. Over 60 junior players and parents including our elite JAMs showed up to enjoy an evening of good food and internal matches against each other. The leadership among the experienced players and the bonding with young players will go a long way in their development.



Head Coach Wong Choong Han of the HK SAR national team and Team Coach John Leung catching up

I was excited to meet up old friends and witnessed our junior players' outstanding performance in Yau Tsim Mong District Cup. Both **Coach Wong Choong Han** (current head coach of the HK SAR national team) and **Coach Choong Tan Fook** (highest world ranked number 1 in doubles category and medallist of world championship) have been professional acquaintances and despite everyone's busy schedule, we managed to meet up in this event. **Saloni**, our elite JAM, was one of the guest star players in the event. She demonstrated her superb skillset in front of a massive group of junior talents and brought the event to a climax.



Coach and ex-professional and world champion in doubles category Choong Tan Fook, Team Coach John Leung and elite JAM Saloni Mehta

My goals of 2025 will include enhancing the structure of junior squad training, running our 2 major junior events in HKFC, as well as being able to help **Happy** and **Saloni** work towards their participation in the upcoming World Championship in Europe.

**John Leung**

## 2025 DONGGUAN SPORTS HUA YU CUP BADMINTON TOURNAMENT

Our junior athlete **Steven** returned to the mainland and competed in the men's singles and men's doubles Group A of the Hua Yu Cup Badminton Tournament (Gaobu Station) (16-35 age). After series of tough competitions, he finally got the third out of 75 teams in the men's doubles and second out of 114 players in the men's singles. Our heartfelt congratulation to Steven on his accomplishment in such a hard and fierce competitive setting. It is our wishes that HKFC badminton players will continue to win more awards in 2025.



Junior athlete Steven



HKBA Mixed Team

## 2025 HONG KONG DOUBLES LEAGUE MIXED TEAM

On 11th January, the HKFC team competed in the first round of Hong Kong's premier badminton doubles competition. On a cold night in Tsing Yi, the HKFC team had a perfect start to the year with a comprehensive 8-1 victory over a competitive adversary (Dream League). Each member of the HKFC team performed admirably, and it sets a great tone for the remainder of the year and in particular our next battle on 9th February.



## FRIENDLY MATCH AGAINST PENANG SPORTS CLUB

On Thursday, 9th January, the HKFC Badminton Society welcomed Penang Sports Club to the Club for a night of friendly matches. There were a number of competitive matches, with HKFC coming out worthy victors over a strong visiting team from Malaysia. All players enjoyed the matchup, with senior SPMs, JAMs and society members all performing excellently on the court. Following the matches, the teams headed downstairs to the Sportsman's Bar for a well-deserved dinner and beer. The HKFC Badminton Society looks forward to making a visit to Penang to have another match in due course!



PSC and HKFC group



JAM met the seniors



PSC and HKFC seniors

## HKFC MEMBERS LEAD LAW SOCIETY TO RSCP BADMINTON TOURNAMENT VICTORY!

We are proud to celebrate the outstanding achievement of three of our members – **Sammy**, **Jason** and **Elliott** – who represented the Law Society of Hong Kong and secured the Championship title at the RSCP Badminton Tournament 2024! The tournament, held on 12th January 2025, brought together seven professional bodies, including the Hong Kong Bar Association, the Hong Kong Dental Association, the Hong Kong Institute of Architects, the Hong Kong Institute of Certified Public Accountants ("HKICPA"), the Hong Kong Institute of Surveyors and the Hong Kong Medical Association ("HKMA"). After hard-fought matches, the Law Society emerged victorious, with HKICPA and HKMA taking the 1st and 2nd runner-up spots. A special mention goes to **Sammy**, the Chairman of the HKFC Badminton Society, for his exceptional performance, alongside **Jason** and **Elliott**, our talented SPMs. Their teamwork, determination and skills were instrumental in achieving this fantastic result.








# SHORT COURSE SUCCESS FOR HKFC'S SWIMMERS!

**H** KFC showcased incredible resilience and skill at the Short Course Masters Swimming Competition (Part 2) on 26th January 2025, despite their home pool being under maintenance for the past month. The team creatively adapted their training and emerged triumphant, securing 16 podium finishes.

## RECORD-BREAKING PERFORMANCES

### Marcel Pieter Arnold Smit

set a Meet Record  
in the Men's 35-39  
50m Butterfly (26.14).

### Farah Master

broke the  
Hong Kong Record  
in the Women's 40-44  
50m Butterfly.

### The HKFC Women's 4x25m Relay Team (120-159 age group)

delivered a stellar  
performance, breaking  
the Hong Kong Record.

These outstanding swims reflect the dedication and adaptability of the team, further cementing HKFC's status as a force in Masters swimming.

**CONGRATULATIONS TO THE SWIMMERS AND COACHING TEAM  
FOR THEIR REMARKABLE ACHIEVEMENTS!**



## THE HONG KONG FOOTBALL CLUB TEAM MADE WAVES AT THE 2025 COLD HALF MARATHON SWIM!

Now in its 13th year, this event is a standout on the race calendar, drawing attention from athletes and spectators alike.

Tackling the demanding 15km relay from Stanley Main Beach to Repulse Bay, the team faced the frigid waters without wetsuits, demonstrating remarkable endurance and camaraderie. This year introduced a new 3-person team category, attracting some of Hong Kong's finest open water swimmers to vie for the title. After 15km, the Hong Kong Football Club team secured an impressive second place, finishing just 4 minutes behind the winners in a fast-paced and challenging race. Well done to **Braedon Sharp**, **Shane Davis** and **Jeff Faiola** for their efforts and achieving a completion time of 3 hours and 31 minutes.







Swimming & Triathlon



SWIMMING

# Tri-Kids

We welcome kids aged 8 to 15 years who want to improve their technique or fitness to swim competitively.

Minimum requirement is to be able to swim 50m freestyle and 25m of another stroke.

MON WED & FRI  
5:15PM - 6:30PM

FC MEMBERS  
\$1,600 10 sessions  
NON FC MEMBERS  
\$1,900 10 sessions



CONTACT US!





SPORTS

# HKFC NETBALL DSA

## SENIORS REPORT

**W**ith the first half of the season behind us, we're proud to report 5 of our 7 senior teams have placed top of their league, resulting in division promotion. Especially proud to see **Club**, **Whirlies**, **Tornadoes** and **Cyclones** lead the table in their respective division. League placements are determined based on match win/loss, goals scored/against and any penalties incurred.

We're ready to take on the next half of the season and look forward to reporting exciting results again.

In other news, 2 of our multi-talented players from Typhoons have recently been selected to represent rugby at a national level. Let's hear from them:

**Beca John:** Rugby has always been a big part of my life and family, but I only started playing last year at the Football Club. Since then, I've loved playing and have been fortunate enough to represent Hong Kong at the Asia Youth Sevens competition back in September which we won. I'm still learning everyday as I continue to train three times



**Elsie Hulme:** Playing rugby for HKFC is more than just a sport, it's a community full of love, opportunity and development. Fortunately, I've been able to represent and captain Hong Kong in Rugby Sevens and Fifteens over the past couple years which means the world. Currently, our U18 sevens team is training hard at the HK Sports Institute under incredible coaches week after week to learn and build ourselves on and off the field as people and players.



CYCLONES



WHIRLIES



TORNADOES

### DIV 1

- |   |                  |           |
|---|------------------|-----------|
| 1 | <b>HKFC Club</b> | 36 points |
| 2 | <b>Sonics</b>    | 34 points |
| 3 | <b>HKCC</b>      | 28 points |

### DIV 2

- |   |                        |           |
|---|------------------------|-----------|
| 1 | <b>HKFC Whirlies</b>   | 36 points |
| 2 | <b>Valley Tigers</b>   | 30 points |
| 3 | <b>DB Black Pearls</b> | 28 points |

### DIV 3

- |   |                        |           |
|---|------------------------|-----------|
| 1 | <b>HKFC Tornadoes</b>  | 30 points |
| 2 | <b>Valley Pumas</b>    | 30 points |
| 3 | <b>HKFC Hurricanes</b> | 28 points |

### DIV 5

- |   |                      |           |
|---|----------------------|-----------|
| 1 | <b>HKFC Cyclones</b> | 36 points |
| 2 | <b>HKCC Sirens</b>   | 30 points |
| 3 | <b>WWB</b>           | 28 points |

## JUNIORS

Juniors league games will commence again post-Christmas break from Sunday, 9th February.



# TASMANIAN

SEAFOOD FESTIVAL

*with  
Champagne  
& Wine Pairing*



CHAIRMAN'S BAR

*A Shore Thing: Exceptional Seafood, Exquisite Pairings*  
Throughout the months of March and April at the Chairman's Bar.

Enquiries: 2830 9559 or [bar@hkfc.com](mailto:bar@hkfc.com)



# HIGHLIGHTS IN MARCH

## SPECIAL FOR YOU



### HAPPY VALLEY SUITES

#### SATURDAY Brunch

Brunch Like It's Sunday -  
This SATURDAY Only!

**DATE** Saturday, 29th March 2025

**TIME** 11:30am - 2:30pm

**PRICE** \$388 per person  
\$188 free flow beverage  
package

Enquiries and Bookings: 2830 9559  
or bar@hkfc.com

## SPORTSMAN'S BAR



### Band Bash

**DATE** Saturday, 15th March 2025

**TIME** 7pm - 10pm

**VENUE** Sportsman's Bar



### Russian BBQ

Let's Get Skewered: Shashlik Style!

## SPORTSMAN'S BAR & CAPTAIN'S BAR



### Super Bock

**Happy Hour:** Buy 1 Get 1 Free  
Monday to Friday 5pm - 7pm

## COFFEE SHOP



### Fukuoka Yatai Food Stalls

Feast on the Flavours of Fukuoka's  
Night Market!

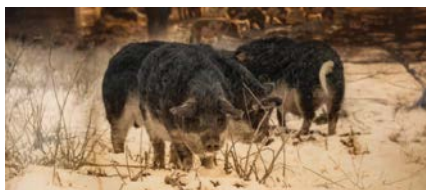


### Bibimbap

Experience the colourful joy of Bibimbap, a traditional Korean mixed rice bowl that stirs up happiness!

**Beverage:** Japanese Soda Float

## RESTAURANT



### Mangalica Pork: The Kobe of Pork

Experience the unrivaled quality of the  
rare breed

## POOL BAR



### Global Fried Chicken

Crispy, Juicy, and Inspired by Flavours  
Around the World!

## KIOSK

### Dutch Oven Stew

Slow-cooked Goodness, Ready to  
Serve at Home!

## CHAIRMAN'S BAR



### Tasmanian Seafood Festival with Champagne and Wine Pairing

A Shore Thing: Exceptional Seafood,  
Exquisite Pairings



### Tae Tráthnóna

A Cuppa, a Nibble, and a Dash of Irish  
Magic

## CAPTAIN'S BAR



### Cornish Pasty

Cornish to the Core, Delicious to the Crust

**Beverage:** Bot Beer (Bucket)

## FAMILY LOUNGE



### Tiramichoux

Choux Pastry Meets Tiramisu Magic!

**Beverage:** Thai Milk Tea



## CATERING



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Scan the QR Code

For menu and offers



## WINE EVENTS



Friday, 21st March

#### Donnafugata Wine Dinner

TIME	7pm Welcome Drink, followed by Dinner
VENUE	Restaurant, 2/F
PRICE	\$888 per member \$938 per member's guest

Enquiries and Bookings: 2830 9532 or [restaurant@hkfc.com](mailto:restaurant@hkfc.com)

Saturday, 29th March | Sunday, 30th March  
**Ready for the Summer**

TIME	1:30pm – 6:00pm
VENUE	Lockhart Room, 2/F
Tasting available	

## PREVIEW IN APRIL

## FESTIVE PROGRAMME

### Egg-ceptional Hoppy Easter!

Sunday, 20th April 2025

Coffee Shop: **Easter Buffet Lunch with Junior Chef Master Class**

Saturday, 19th April | Sunday, 20th April 2025

Restaurant: **Easter Wine Lunch**

Sportsman's Bar: **Easter Activities**

Kiosk: **Easter Goodies**

## WINE EVENTS

Thursday, 10th April, 2025

Wine Master Class: **Greek Wine and Food**

Friday, 25th April 2025

Wine Dinner: **Eastern European Wine Dinner**

Saturday, 26th April | Sunday, 27th April 2025

Wine Fair: **Mom and Dad Celebration Gift Fair**

## COFFEE SHOP

Buffet Buffet: **Fukuoka Yatai Food Stalls**

Monthly Special: **Bibimbap**

Beverage: **Japanese Soda Float**

## POOL BAR

Global Fried Chicken

Beverage: **Japanese Soda Float**

## RESTAURANT

Mangalica Pork: **The Kobe of Pork**

## SPORTSMAN'S BAR

Back Patio: **Russian BBQ**

Saturday, 19h April 2025 | 7PM-10PM

Special Activity: **Band Bash**

## CHAIRMAN'S BAR

Food & Beverage: **Tasmanian Seafood Festival with Champagne and Wine Pairing**

Tea Set: **Tae Tráthnóna**

## CAPTAIN'S BAR

Cornish Pasty

Beverage: **Bot Beer (Bucket)**

## FAMILY LOUNGE

Tiramichoux

Beverage: **Thai Milk Tea**

## KIOSK

Hot Items: **Dutch Oven Stew**

## RESTAURANT

TEL 2830 9562  
EMAIL [restaurant@hkfc.com](mailto:restaurant@hkfc.com)

COFFEE  
SHOP

TEL 2830 9569  
EMAIL [coffeeshop@hkfc.com](mailto:coffeeshop@hkfc.com)

Sportsman's  
Bar

TEL 2830 9531  
EMAIL [sportsmans@hkfc.com](mailto:sportsmans@hkfc.com)



CHAIRMAN'S BAR

TEL 2830 9559  
EMAIL [bar@hkfc.com](mailto:bar@hkfc.com)

CAPTAIN'S  
BAR

TEL 2837 2622  
EMAIL [bar@hkfc.com](mailto:bar@hkfc.com)

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Lounge

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EMAIL [bar@hkfc.com](mailto:bar@hkfc.com)

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10.

# New Arrivals

## N-PRO

1. Rugby Head Guard \$1280

## 2XU

2. Run Visor \$150

## PILLAR PERFORMANCE

3. Collagen Repair - Tendon & Ligament Loose Powder  
Unflavoured - Pouch (255g) \$430

4. Ultra Immune C Powder Tropical Pouch (200g) \$390

5. Triple Magnesium Professional Recovery Powder  
Berry - Pouch (200g) \$360

6. Triple Magnesium Professional Recovery Powder  
Pineapple Coconut - Jar (200g) \$360

7. Micro shaker \$120

## TÅ ENERGY

8. Electrolytes Hydration Tabs \$75

9. Energy Gomme (5 flavours) \$25

10. Organic Energy Bar (2 flavours) \$28



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**HKFC rugby section** since 2014  
and the **2025 HKFC 10s tournament**



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since 2007

**Racing 92 Natixis 7s**  
since 2020

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# TRADITION

HONG KONG  
FOOTBALL CLUB  
RUGBY 10s



26-27th  
MARCH 2025

# HKFC 10s

Tradition  
 10s

## #WORLDBEST10S



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