

CLUB



HONG KONG FOOTBALL CLUB 香港足球會 MAY 2025



HOCKEY

AGED TO PERFECTION: CHASING THE LEAGUE TITLE

RUGBY

U12 BOYS BRING IT HOME

SOCCER

GAZELLES RBSC TOUR



Hong Kong Football Club

SPORTS AWARDS

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Monthly journal of the Hong Kong Football Club.
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THE THOUGHTS OF THE CHAIRMAN

主席的話

Neil Jensen
Chairman



As we move into the second quarter of the year, April was also packed with sporting events. The rugby section hosted the inaugural **HKFC Youth International Cup 2025**, which brought together young players from Hong Kong and overseas for a fun and competitive 2-day tournament. It was great to see the next generation of rugby players in action. The hockey pitch came alive with action during the **HKFC 5s** tournament, featuring international teams battling it out over the Easter weekend.

Looking ahead to May, we have a line-up of soccer events to look forward to. The **HKFC Standard Chartered Soccer Sevens** will take place from 16th to 18th May, and we are thrilled to welcome women's teams from overseas for the very first time. This is a significant milestone for the tournament, and we are eager to see the competition unfold. We are also hosting a **Sportsman's Dinner** on 15th May with **Graeme Souness** as the main speaker, followed by a **FA Cup Final** event on 17th May featuring both **Raphael Varane** and **Graeme Souness**. It is going to be a great opportunity to meet two of the big names in football.

Finally, please join us for the **HKFC Annual Sports Awards Gala** on **7th June** to celebrate our sporting successes. This is a wonderful opportunity to come together and recognise the achievements of our members across various sports. It promises to be a fantastic evening, and I look forward to seeing you all there.

Neil Jensen
Chairman

踏入今年第二季度，本會4月同樣舉辦了一系列體育盛事。欖球部首次舉辦的**港會青年國際盃2025**匯集了來自香港及海外的年輕球員，參加了為期兩天充滿歡樂及競爭性的比賽，很開心可以看到新一代欖球員馳騁賽場。在復活節週末舉行的**港會曲棍球五人賽**上，曲棍球場熱鬧非凡，來自世界各地的球隊展開激烈角逐。

展望5月，我們熱切期待連場精彩足球盛事。**港會渣打七人足球賽**將於5月16至18日舉行，我們非常高興首次迎來海外女子隊參賽，這是港會七人賽的重要里程碑，我們熱切期待見證七人賽的開鑼。另外，我們還將於5月15日舉辦**Sportsman's Dinner**，並邀得蘇格蘭名宿**Graeme Souness**擔任當晚的主講嘉賓，其後於5月17日舉辦的**足總盃決賽**活動除了有**Graeme Souness**之外，還有前法國國腳**Raphael Varane**，這將會是與兩大足球明星見面的好機會，萬勿錯過！

最後，誠邀各位出席**6月7日**的年度**香港足球會運動員頒獎晚會**，一同慶祝我們的體育成就。這是個絕佳機會讓大家聚首一堂，表揚本會會員在各項運動的優秀表現。這一定會是美妙的一晚，期待與大家在晚會相見。

主席 Neil Jensen

2025 HONG KONG FOOTBALL CLUB CENTENARY CUP



Front row from left: Mr Antoine Hamelin, Winning Jockey, Mr Cody Mo, Winning Trainer, Ms Wong Man and Connections, Winning Owner, Mr and Mrs Nick Hunsworth, President of Hong Kong Football Club, Mr Neil Jensen, Chairman of Hong Kong Football Club, Mr Michael Lee, Chairman of HKJC

Back row from left: Mr Winfried Engelbrecht-Bresges, CEO of HKJC, Mr Philip K W Lo, Steward of HKJC, Mrs Ann Kung Yeung Yun Chi, Steward of HKJC, Mr Jackson Woo Ka Biu, Steward of HKJC, Miss Anita Fung Yuen Mei, Steward of HKJC, The Hon Bernard Charnwut Chan, Steward of HKJC, Mr Andrew W B R Weir, Steward of HKJC, Mr Lester G Huang, Steward of HKJC, Dr Silas S S Yang, Steward of HKJC

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GENERAL MANAGER'S MONTHLY MESSAGE

總經理的話

Matt Rawnsley
General Manager



I hope that you've managed to get some rest over the Easter period, which for me has concluded my first month at the Club.

March has been a very busy time at the Club, especially for Rugby here and in Hong Kong. We've been gearing up for the **Tradition HKFC 10s**, where we welcomed men's and women's teams from around the world along with their coaches, sponsors and supporters. My thanks go to the 10s organising committee, the tournament sponsors, our rugby section volunteers and, of course, our great staff who, along with David Nazer's team at ZZ Events, did a great job in organising and delivering a safe and enjoyable tournament. Congratulations to Tradition YCAC and RKS NZ Legends who took home the silverware in the men's and women's tournaments respectively.

This year was the first year of the HK Sevens at Kai Tak Stadium. It was my first ever Sevens, so I've only heard stories about the old stadium and was interested to see how the new stadium would deliver on expectations. For those members I have spoken to, most were very impressed with Kai Tak as was I. There are clearly lessons to learn for 2026 in how we can make an attractive solution to get you to and from the stadium and enjoy the Après 7s here at the Club!

As I look back on my first month, I want to thank you all for making me feel so welcome. There is clearly passion and pride within the membership, and as I continue to educate myself with the inner workings of the Club, I hope that we will continue as we have started through positive, engaging and constructive dialogue.

Over Easter, my family will be coming to Hong Kong, and this will be the first time my two kids Tom (15) and Anya (14) will have visited HK and the Club. While being here on my own for 6 weeks has enabled me to get 'stuck in', their arrival will be a welcome tonic and I'm sure by the time this is published, many of you will have extended the same welcome that you extended me.

Their pending arrival has made me think about our offering for families in general. Obviously, our focus regarding juniors is largely related to providing sports opportunities for them through teams and coaching. This will always be the case, but I feel there is more we can do to offer activities for a wider demographic and would welcome talking to members who have younger families and teenagers. Please look out for an invitation to discuss this in due course.

Looking ahead, our focus shifts towards Soccer, with HKFC in the **Hong Kong FA Cup semi-final** in late April and preparation for the **HKFC Standard Chartered Soccer 7s** from **16th to 18th May**. I hope that you get behind our lads in their quest for glory and I look forward to seeing you around the Club.

Matt Rawnsley
General Manager

希望大家在復活節期間有好好休息，對我來說，此時正標誌著本人完成任期的第一個月。

本會於3月可謂相當熱鬧，尤其是於本會及香港城中都有欖球盛事舉行。我們一直在為**Tradition港會十人欖球賽**作準備，以迎接來自世界各地的男子及女子隊，以及隨隊而來的教練團、贊助商及球迷。在此感謝十人賽的籌委會、比賽贊助商、我們欖球部的義工隊及不得不提的本會員工。本會員工與David Nazer的ZZ Events團隊通力合作，籌備及成功舉行了一場安全而愉快的錦標賽。在此恭喜Tradition YCAC及RKS NZ Legends分別在男子及女子賽事勇奪冠軍。

今年是香港國際七人欖球賽首次在啟德主場館舉行，也是本人第一次現場觀看香港七欖，之前只聽過七欖在舊場館的故事，所以今次想看看新場館會如何帶來大家期待的體驗。與一眾會員交流過後，大部分會員跟本人一樣對啟德留下深刻印象。當然，我們會從中學習，並研究2026年如何制定一個吸引的方案，為大家提供往返啟德主場館的妥善安排，好讓各位可以在本會享受七欖賽事後的活動。

回顧上任第一個月，感謝各位讓本人感到受到如此熱情的接待，由此可見本會會員都是充滿熱情及自豪感，而在本人繼續了解本會內部運作的同時，希望我們能夠繼續透過積極、互動及具建設性的對話開展工作。

本人的家人將於復活節期間到訪香港，這亦會是本人15歲的兒子Tom及14歲的女兒Anya首次到訪香港及本會。雖然這6周獨自在香港的生活令本人能夠全情著手本會事務，但他們的到訪將令本人更精神抖擻，相信當今期會刊出版時，大家已經像歡迎本人一樣，熱烈歡迎了他們。

他們的到訪讓我開始思考本會對家庭所提供的服務。顯然，我們對青少年的關注主要是提供運動機會，通過團隊和教練來實現。這將始終是我們的重點，但我覺得我們可以做更多來為更廣泛的會員族群提供多元活動，歡迎與年輕家庭和青少年會員交談。請留意稍後的邀請，以討論這個議題。

展望未來，我們的焦點將轉移至足球，本會將於4月底出戰**香港足總盃準決賽**，並要預備**5月16至18日的香港足球會渣打七人足球賽**。希望各位可以在球員追尋榮耀的路上為他們打氣。期待與大家在本會相見。

總經理 羅施利



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Men's C

AGED TO PERFECTION: CHASING THE LEAGUE TITLE

It is said that in order to play for the Men's C, your best days of hockey must be behind you. Looking around the squad, that certainly rings true. The average age is closer to free public transport than to the U21s, yet somehow, with three games left in the season, we sit on top of the Hong Kong Hockey First Division. Win all three, and the title is ours – potentially culminating in a final showdown against the Cricket Club.



How we got here is anyone's guess. It certainly isn't down to youthful exuberance or raw athleticism. Our captain, Junior, is held together by more tape and knee braces than actual ligaments. At this point, he's less man and more medical experiment, but somehow, he still manages to keep the team ticking.

Central to our success has been the

"dynamic" duo of **Tom Cousins** and **Ben Sharples**, who have brought their own brand of control and composure to the team. Whether it's Tom delivering another well-structured lesson in defence or Ben making sure our commodity continues to rise week after week, they've been at the heart of everything good this season.

A huge addition has been the joiner

Matt Rose who has quickly made his mark as our top goal scorer. But it's hard to say if he spends more time finding the back of the net or volunteering to coach every team in Hong Kong. If there's a hockey pitch and an audience (willing or unwilling), Matt will be there, ready to offer his wisdom. Thankfully, he's been more effective on the field than he has been with the whiteboard, leading the charge up front – even



topping the league scoring charts as things stand.

One thing that has certainly made our lives easier this year is finally figuring out how to score from short corners. After years of treating them as little more than an inconvenience, we've actually turned them into a weapon – something that's spared us a lot of running and even more frustration. Of course, that frustration hasn't vanished entirely, with some choosing to cut training short in favour of a steak at the Sportsman's Bar – confident that their teammates would eventually catch up, both on the pitch and at the dinner table.

So, while individual brilliance has helped, this has truly been a team

effort. Every week, we roll out a squad built on experience, guile and a shared understanding that if we run too much, someone might actually need medical attention. While we may not be the quickest team on the field, we've also been productive off the field – at this rate, in another 40 years, the Men's C will have a strong squad ready to carry on the legacy.

And here we are – three games from a league title. Three wins from proving that age, injuries and a deep love of post-match beers are no barriers to success. The next few weeks will define our season. If all goes to plan, we might just find ourselves lifting a trophy at the finish line, though let's be honest – most of us will be more focused on catching our breath.

No pressure, lads.

HKFC HOCKEY TOUR REPORTS:



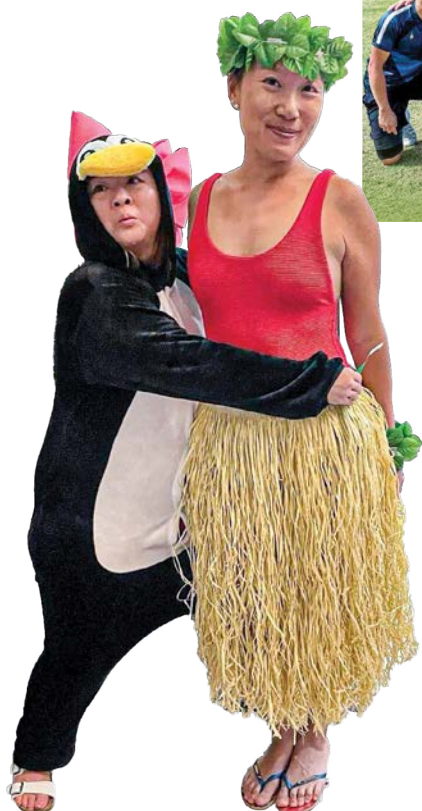
In February, our dedicated HKFC warriors, comprising one ladies' team and one men's team, ventured to the 28th Singapore Cricket Club International Hockey 6s. Set against the stunning backdrop of Marina Bay Sands, the tournament brought together teams from Singapore, Japan, Australia and our own Hong Kong, all competing in a spirit of camaraderie. With humidity so high that it felt like a sauna, our players

became hydration ninjas, dashing to the bar between games to replenish their fluids.

The event was a delightful melting pot of cultures and competition, culminating in a Saturday night social themed "Arabian Nights". While we pondered whether our hockey skills had magically transformed

into dance moves, the reality was less graceful. Both teams finished mid-table with several well-earned victories, although we were occasionally outpaced





by the sprightlier youth. Special thanks to our hockey director **Will Murray** who achieved a unique distinction for his ability to miss open goals – a true talent for the ages!

Fast forward to March 2025 when sixteen enthusiastic HKFC players crossed over to Vietnam for the third Hockey Section overseas tour of the 2024/25 season, participating in the “2025 Saigon Hockey Tournament” in the vibrant city of Ho Chi Minh. The tour’s theme “Into the Wild” saw participants don costumes inspired by Madagascar’s animal characters, setting a fun tone for the weekend.

Our teams included two mixed squads, aptly named “King Juliens” and “Skippers Squad”, alongside the ladies’ team “Glorious Glorias” and a collaborative

men’s team with South African players dubbed “Hong Africa”. Despite the oppressive heat, our ladies secured a Bronze medal, while the men finished as runners-up, taking home Silver in the final. In a thrilling mixed playoff, the Skippers Squad edged out King Juliens with a close 3-2 victory.

Both tours were marked by laughter, camaraderie and unforgettable experiences, making them truly memorable. For those who haven’t yet joined a HKFC Hockey tour, don’t miss out on the next adventure! Stay tuned for our upcoming Hockey Easter-5s tournament where we’ll welcome a number of overseas teams. Here’s to many more exciting journeys ahead!

By Joel Langley, Sammy Ho and Justin Davidson





U10 HOCKEY TEAM SEASON 24/25 UPDATE

NURTURING TALENT: U10 GEARING UP FOR SUCCESS

The U10 hockey season for 2024/25 commenced in November with consecutive tournaments – the Kai Tak Mini Hockey Tournament and Home Centre Mini Hockey Tournament – providing players a strong foundation to build confidence and refine skills ahead of a busy schedule.

In January, the team demonstrated exceptional dedication at the Elite Mini Hockey Tournament and our very own HKFC Junior Hockey Festival, with every player contributing their utmost effort. Following a brief intermission, the U10s embarked on a rigorous series of tournaments from late February through March, including the Shaheen Mini Hockey Tournament, KCC Mini Hockey Festival, Valley Mini Hockey Tournament and Khalsa Mini Hockey Tournament. While we faced occasional challenges in fielding full teams, the players who participated showcased remarkable resilience and team spirit throughout these events.

Looking ahead, we remain focused on fostering growth within the U10 squad and are eager to welcome new members to strengthen the team for the upcoming season. We extend our sincere gratitude to coaches **Arshad** and **Felix**, as well as our U10 parents, whose unwavering support and dedication have been pivotal to the team's progress. We eagerly anticipate building upon this momentum in the future.



AUSPICIOUS TEMPLE VS GNITES LADIES' ES WINNING STREAK

The HKFC E team faced a challenging season, marked by numerous draws and missed opportunities. Despite the frustrations, the team maintained a positive spirit, often joking about being cursed, but always gave their best effort on the field. With an average of 12+ players at every training session and several times over 16 people for games, that resulted in over 10 different players representing other clubs throughout the season. Fortunately, our losing and tie streak came to an end when some of us visited a temple to pray for good fortune. This turned our luck around, leading to a winning streak that lifted us from second-to-last place to 7th in the league, ensuring we avoided relegation. With one game left, we're determined to finish strong and achieve a memorable victory. The team's unity, spirit and absolute hilariousness will keep us winning forever!



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U12 BOYS BRING IT HOME

SUNDAY, 23RD MARCH 2025



On the main pitch at HKFC, the U12 boys from FC1 and FC2 contested the Richard Hawkes Trophy, named after the late Chief District Court Judge and rugby coach, for U12 boys rugby supremacy in Hong Kong. The victory for FC1 marked the end of yet another undefeated season.



Both FC1 and FC2 ended up ranked in Division 1 due to some excellent results from FC2 in recent tournaments. This was an achievement in itself with more than 15 teams in the full competition ranked into 3 divisions. The 3 other teams in Division 1 were HKU Sandy Bay, DB Pirates and the mighty Sai Kung Stingrays, who were HKFC's most worth adversaries in recent seasons.

FC1 opened the day with an intense 1-1 draw against SKS and then had an entertaining 5-2 win over FC2. FC1 won their next 2 games against HKU Sandy

Bay and DB Pirates quite comfortably, while FC2 bravely fronted up and held their own against the other 3 teams that had been in Division 1 all season.

This set up the winner-takes-it-all final against SKS who defended well, but were not able to hold out lock Halu Watanabe for the only try of the final. For the rest of the game, FC1 dominated the territory with great line speed, possession and teamwork at the breakdown, while SKS performed textbook tackles, with the referee commenting "This was the best and

easiest Richard Hawkes Trophy final I have ever reffed".

Many thanks go to Head Coach **James Wood** (ex-Hong Kong International) for his leadership and intensity, as well as Pro Coaches **Alex Moses** and **Anthony Coebergh**, along with Coaches **Christopher Murphy**, **Evi Saua**, **Justin Flowers** and **Mark Christal**, and team administrator **Yanling**. Special thanks to our other coaches who could not be there on the day like **Kirk Kahu**, as well as past coaches over the years like **Jonty Wood**,

Charlie and **Stu Jones**, as this was the culmination of 7 years of mini rugby and the FC1 team remaining undefeated in Hong Kong for the last 4 years. The fact that FC2 made it all the way to Division 1 and that we now have over 30 talented players across the age group is highly satisfying.

The boys (soon to be young men) dug deep and fronted up when it counted. We look forward to U13 rugby and 15-a-side on a full pitch next season!

Christopher Murphy
U12 Boys Coach



KIM LAM CUP GIRLS U12 RUGBY TOURNAMENT AT HKFC



A MEMORABLE DAY OF RUGBY ACTION

HKFC hosted the Kim Lam Cup Girls U12 rugby tournament, comprised of three HKFC teams combined with seven competing Hong Kong clubs across two divisions. The event delivered thrilling matches and a memorable experience for all participants.

FC2'S JOURNEY TO THE FINAL

Among the highlights was FC2's remarkable journey to the final. In the

last round of the group stage, FC2 needed at least a draw to qualify but found themselves trailing 2-0 with just three minutes left on the clock against SSP. Displaying extraordinary resilience and grit, they turned the game around to secure their place in the final with a last-minute try to **Michelle Lee** to secure a 3-2 victory.

A NAIL-BITING FINAL

The final was against table topping DB Pirates – a team our HKFC girls had played several friendlies against during



SPORTS

the season. The teams had earlier finished their pool play match locked at 2-2. The final was another epic contest which also ended in a 2-2 draw after regulation time, leading to five minutes of intense extra time where the first try scoring team would secure the title. In a dramatic conclusion, DB Pirates scored in the final play of the day to clinch victory. While FC2 narrowly missed out on lifting the trophy, their performance was inspiring.

LOOKING AHEAD TO NEXT SEASON

With approximately 15-20 players returning next year, this year's festival has provided invaluable experience for our young athletes returning to compete in the 2026 Kim Lam Cup.

Congratulations to all players, coaches and supporters who made this event a success. The Kim Lam Cup was not just a competition but also a celebration of girls' youth rugby across Hong Kong.

Dean Cooper

Head Coach - U12 Girls Rugby



HKFC YOUTH RUGBY AT ALL GIRLS TOURNAMENT HOSTED BY SAI KUNG STINGGRAYS



U10



U16



U18

Sunny and cloud-free skies greeted our female players for the All Girls Tournament held at King's Park on 21st & 22nd March.

HKFC fielded 13 teams across U6, U8, U10, U12, U14, U16 and U18 age groups, playing against other all girls teams, including one from Guam!

A special mention to our U10, U16 and U18 teams who took the major hardware as Cup Winners.

Thanks to the hosts, Sai Kung Stingrays, for organising this terrific fixture on the youth rugby calendar!

U6



U8



U10



U12



U14

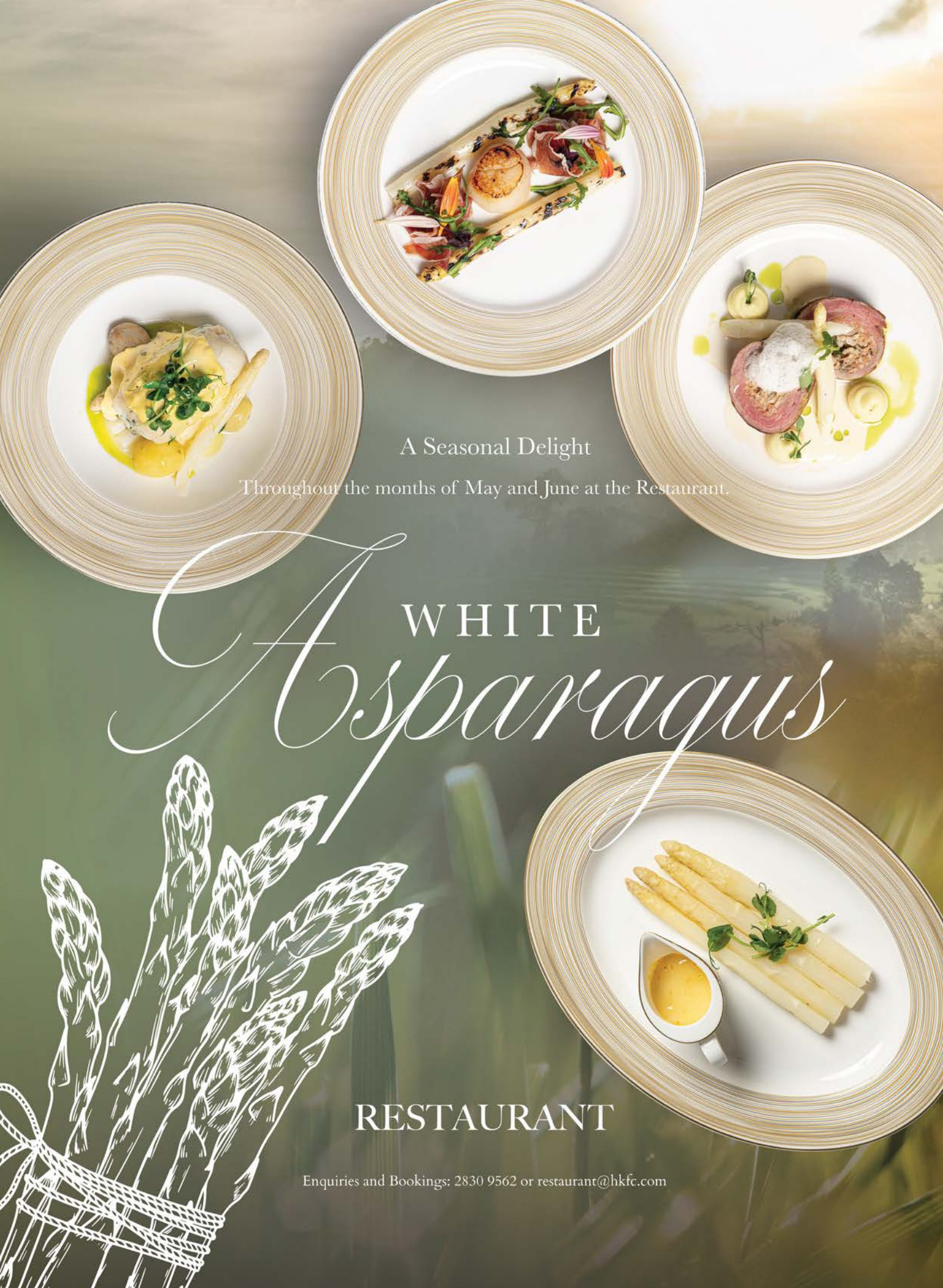


U16



U18





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GAZELLES RBSC TOUR

During the middle of January, the Gazelles Social football team sent some of their finest “athletes” to represent the Soccer Section and the Club in a long overdue HKFC vs. Royal Bangkok Sports Club (RBSC) match (held at the RBSC Polo Club).

As a warm-up and opening of the weekend’s social activities, a number of players enjoyed 19 holes at the Thai Country Club. Best round of the day by Mayur Nallamala with a superb 82!

A proposed evening to discuss tactics for the following day’s match was delayed by a couple of splinter groups led by **Mike Duggan** and **Mayur**. Fortunately, Gazelle Legend **Kieran Flynn** managed to herd all parties together, and a quiet and formal tactical dinner was held.

On the day of the match, the squad arrived early at the RBSC Polo Club to engage in a pre-match lunch and view the Gazelles’ new team polo modelled by Club Journeyman **Jeremy Gill**.

Jeremy Gill

While most got stuck into the delightful Thai cuisine, goalkeeper **Kieran Flynn** decided to engage in a strange pre-match warm-up by swimming 30 lengths of the RBSC swimming pool!

The match itself got off to an exciting start, with the Gazelles roaring into a 2-0 lead thanks to two solo efforts by top scorer **Enrico Mills!**

For the next 15 minutes of play, it appeared that **Robin (Cookie) Zavou** and **(Paul/ Bobby)**



Enrico

Ewing had agreed a bet to see who could offer up most chances to the opposition forwards. Ewing comfortably won, managing an assist direct from a Gazelles’ free kick!

Enrico, having seen enough of the generosity being displayed at the back, decided it was time to complete his hat-trick and duly notched, putting the Gazelles 3-1 up. With **Mayur** still



SPORTS

focused on his golf score, an attack by RBSC down his side, just before half-time, saw them pull one back to finish 3-2 at half-time.

RBSC made a number of substitutions at half-time, showcasing their large squad, whilst the Gazelles, struggling with injuries, were patching themselves up trying to remain competitive.

The second half saw most possession in and around the Gazelle's penalty area. **Kieran**, surprisingly still fresh from his warm-up, was called into action regularly and at one point made a couple of double reflex saves, keeping the Gazelles ahead.

Unfortunately, the RBSC pressure finally succeeded in breaching Kieran's goal not once, but twice. The second goal, which moved RBSC into the lead, was the result of a misunderstanding of the offside rule by the Gazelles' Dutch centre back **Ruud de Hart**. If his error wasn't enough, he gladly doubled down by informing the linesman that "I have asked you for absolutely nothing today, there is no point, I am done with the game!" before walking off the field... returning minutes later when reminded that the Gazelles only had 10 (uninjured) players left without him!

With 10 minutes remaining, and RBSC still camped outside the Gazelles' penalty area, a rare counter attack was ended by Yarra Yering fan **Yusuf Demiral** going down screaming (Hakan Sukur-esque). The resulting postage stamp free kick, taken by (team model) **Jeremy Gill**, was finished off spectacularly by (traillist) **Marian Dzhenkov**, leaving Gazelles' opponents heartbroken!

The final 5 minutes (which seemed to last more than 10, per the scoreboard clock!) were rounded off with some brilliant and brave tackles by the Gazelles. One final corner from RBSC almost found the net until a clever call by (Red) **Greg Medhurst** to "head the ball" was duly headed to safety by none other than "goalkeeper" **Kieran Flynn**!



Defensive Rock

As the final whistle sounded, a very tired and relieved Gazelles thanked their opponents and settled down for post match beverages kindly provided by RBSC on the side of the pitch.



Bevarages



MoM was awarded to both Kieran Flynn for outstanding saves (and headers!), and Ruud de Hart for his defensive performance (rather than his ranting)



Kieran

Ruud



Ewing & Cookie

ToM was awarded to (Bobby/Paul) Ewing and Robin (Cookie) Zavou for their illegal betting



Duggan

Mike (I got the ball ref), Duggan for his consistent fouling resulting in him nursing a fractured finger



Mayur

Mayur Nallamala for introducing the team to a new pre-match beverage



Blue Steel

Anthony Jurenko for taking time away from shooting Zoolander 3



A big thank you to RBSC for their hospitality on the day and special mention to their General Manager (previously HKFC General Manager) Randal Linhart for supporting (both sides) from the sidelines!

Special mention also to the inaugural winners of the Gazelles' Golf Matchplay tournament held the day after the match. Congratulations to **Mike Duggan** and **Greg Medhurst**!

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From December 2024 to March 2025, 92 male and 63 female section members participated in the Triples League 2024, organised by the Lawn Bowls Association of Hong Kong, China with the following results:



Women's Triples League 2024 Division 3 1st Runner-up (HKFC-C)
Left to Right (Front Row): Alice Antunes, Allyson Ko, Peggy Fai, Beatrice Yee, Shadow Law
Left to Right (Back Row): Grace Chu, Jacqueline Liu (c), Daisy McNie, Lydia Yang, Calinna Chan
Not in photo: Pun Wing Ching



Men's Triples League 2024 Division 1 Champion (HKFC-A)
Left to Right: Lyndon Sham, Kenneth Fung, James Po, Longinus Ha, Charles So, David Chiu, Kenneth Yiu, Adrian Yau, Kenny Tam
Not in photo: Warren Cheung (c)

Women's Triples League 2024 Division 1 Champion (HKFC-A)

Left to Right: Emmie Wong, Yunse Ha, Gloria Ha, Cherry Tsoi, Camilla Leung, Christina Yeung (c), Phoebe Ho
Not in photo: Yu Yee Sin, Phyllis Wong, Connie Chung, Eva Yu, Rita Shek

Women's Triples League 2024 Division 1 Champion Rink (HKFC-A)

Left to Right: Gloria Ha, Camilla Leung (s), Phoebe Ho



WOMEN'S TRIPLES LEAGUE 2024 (HKFC TEAMS)

TEAM	DIVISION	RANK	CHAMPION RINK
HKFC-A	Division 1	Champions	Camilla Leung, Gloria Ha, Phoebe Ho
HKFC-B	Division 1	2nd Runners Up	
HKFC-C	Division 3	1st Runners Up	
HKFC-D	Division 4	5th	
HKFC-E	Division 6	8th	



Men's Triples League 2024 Division 1 Champion Rink (HKFC-A)
Left to Right: Lyndon Sham (s), Kenneth Fung, James Po

MEN'S TRIPLES LEAGUE 2024 (HKFC TEAMS)

TEAM	DIVISION	RANK	CHAMPION RINK
HKFC-A	Division 1	Champions	Lyndon Sham, James Po, Kenneth Fung
HKFC-B	Division 1	2nd Runners Up	
HKFC-C	Division 1	7th	
HKFC-D	Division 2	8th	
HKFC-E	Division 6	4th	Johnny Tsang, Neil Roberts, Keon Chung
HKFC-F	Division 6	6th	
HKFC-G	Division 11	7th	
HKFC-H	Division 13	2nd Runners Up	



Men's Triples League 2024 Division 6 Champion Rink (HKFC-E)
Left to Right: Neil Roberts, Johnny Tsang (s), Keon Chung

Well done to all bowlers! Let's take a short break and gear up for the upcoming Premier League season!

NATIONAL CHAMPIONSHIP ACHIEVEMENTS UPDATES



Men's National Indoor Pairs Competition 2024

Champion: Terry Kung, C L Fung
Semi-finalists: Tony Cheung & James Po; Terence Lee & Frankie Siu

Women's National Indoor Pairs Competition 2024

Champion: Yu Yee Sin, Gloria Ha



Men's Knockout Singles Competition 2024

Champion: Adrian Yau



Youth Novice Lawn Bowls Competition 2025

2nd Runner-up: Chiara Leung, Christopher Yeu, Keon Chung



National Champion of Champions Championships 2024-2025

Men's 1st Runner-up: Longinus Ha
Women's 1st Runner-up: Phyllis Wong

2025-2026 LAWN BOWLS SECTION COMMITTEE MEMBERS

Chairman	Wagner Chan	Treasurer	Dexter Chan
Deputy Chairman	Patrick Fong	Membership Secretary	Walter Kwok
General Committee Representative	Mullar Wan	Social Secretary	Adrian Yau
Men's Captain	Danny Ho	Competitions Secretary	Justin Law
Ladies' Captain	Camilla Leung	Greens Secretary	Thomas Tam
Secretary	James Po	Coach	Sunny Chung

CEDAR SMOKE FEST



A

B

C

D

E

A. Smoked Salmon Steak \$165
Smoked salmon, marinated with garlic, onions, brown sugar, soy sauce and sherry, served with potato mash, roasted vegetables and maple-mustard sauce on cedar wood planks.

B. Honey Glazed Smoked Baby Back Ribs \$160
Smoked baby pork ribs rubbed with spices and brown sugar, glazed with honey and smoky barbecue sauce. Roasted on cedar wood planks, served with roasted potatoes, vegetables and gravy.

C. Spatchcock Smoked Chicken \$130
Smoked spring chicken rubbed with spices, marinated with garlic and olive oil, and glazed with honey barbecue sauce. Roasted on cedar wood planks, served with roasted potatoes, vegetables and gravy.

D. Smoked Beef Brisket \$158
72-hour slow-smoked beef brisket marinated with Texas spice rub, chilli and brown sugar. Roasted on cedar wood planks, served with roasted potatoes, vegetables and gravy.

E. Smoked Beef Sirloin Steak (10oz) \$165
Smoked beef sirloin steak. Roasted on cedar wood planks, served with roasted potatoes, vegetables, Chimichurri sauce and gravy.

Side Orders

Coleslaw	\$15	Refried Beans	\$20
Corn on the Cob with Seasoned Butter			\$20

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*Sportsman's
Bar*



TEAM SPOTLIGHT: LADIES 2B

A DYNAMIC BLEND OF TALENT AND TENACITY

Our squash team L2B is a vibrant mix of young talents and former youth Hong Kong representatives, including **Celia Choi, Ka Yau Chung, Yurisa Yeung, Sophie Tang, Melody Law, Hayley Ip** and **Christine Chan**. This unique combination brings together energy and experience, creating a perfect balance that drives our success.

Currently, we're proudly holding second place in the Ladies Division 2, a testament to our hard work and determination. However, the journey hasn't been without its challenges.

We've faced fierce competition from the KCC team who have pushed us to our limits and taught us the importance of perseverance. Their strength has only motivated us to work harder, and we're proud of our progress so far. With the season nearing its end, we're hungry to keep improving and aiming higher.

TEAM SPIRIT AND DYNAMICS

What sets our team apart is the incredible camaraderie and support from our teammates that we share both on and off court. The encouragement and positivity within the team were palpable – everyone cheered for each other, gave advice between games and motivated.

Beyond the league, we also had casual squash sessions and gatherings, where we built the team spirit. The shared passion fuelled our performance and helped us create a stronger bond.

SEASON HIGHLIGHTS: THE COMPETITIVE EDGE

This season has been a rollercoaster of intense matches and nail-biting finishes. On four separate occasions, the competition was so tight that the results ended in a 2-2 tie, forcing us to count sets to determine the winner. These moments were a true test of our resilience and determination, and they

showcased the depth of our team's fighting spirit.

Fortunately, our collective effort and grit shone through, and we managed to win most of these close encounters. Each victory was hard-earned, a testament to the relentless effort and unwavering support we have for one another. Whether it was a crucial point won in the fifth set or a strategic play that turned the tide, every member of the team contributed to these thrilling wins.

These matches reminded us why we love this sport – the thrill of competition, the camaraderie and the sheer joy of playing squash.

LOOKING AHEAD

As we approach the final stretch of the season, our focus remains sharp. We're committed to maintaining the spirit and camaraderie that have brought us this far. We know that our strength lies

not just in our individual skills but also in our unity as a team. Together, we're determined to finish the season on a high note and continue pushing our limits.

We're also excited about the future. With a mix of experienced players and rising stars, the potential for growth is immense. We're constantly learning from each other, pushing each other to be better and, most importantly, enjoying the journey together. The best part? We're having fun while doing it.

This season has been a testament to what we can achieve when we come together as a team. We're grateful for every cheer, every word of encouragement and every laugh shared along the way. As we continue to chase our goals, we do so with a sense of excitement and determination.

Here's to more victories, more laughs and more unforgettable moments. Let's keep the spirit alive and show the league what we're made of!



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SENIORS REPORT

2024-2025 RESULTS

As the netball season draws to a close, excitement builds as teams finalise their standings. During the 2024-2025 season, we've been able to field seven teams across the divisions with some movements halfway.

This season has been marked by intense competition, with several matches decided by narrow margins, reflecting the high level of skill and determination among the teams. The conclusion of the season sets the stage for next year's strategies, where teams will look to improve their standings and vie for top honours.

Team	Division	Position
Club	Prem	Prem Finalist (Saturday, 5th April 2025)
Typhoons	Prem	6th
Whirlies	1	Division 1 Finalist (Saturday, 5th April 2025)
Monsoons	1	3rd
Hurricanes	2	8th
Tornadoes	2	6th
Cyclones	4	1st



We're thrilled to congratulate the following players for their selection:

- Serena Jane Fox
- Lauren Gorman
- Theerawan Hanronnachai
- Zanne-Marie Pienaar
- Tai Ka Yan
- Rachel Telford
- Zenia Wong

NATIONAL TEAM REPRESENTATIVES

In other exciting news, the NHKC National Women's Open Squad 25/26 selection has recently been announced. 16 athletes have been selected to represent Hong Kong China, of which 7 players are from Club. In addition, long-standing senior coach Karin Looram has been appointed as the new assistant coach to the squad.

Over the next couple of months, the training squad will be working hard to solidify their strengths with the intention of competing for the Hong Kong Challenge Cup 2025.



ANNIE TSOI



LORRAINE NG

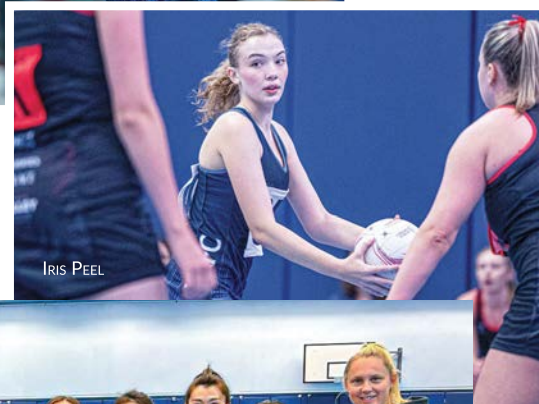
On a related note, congratulations to **Annie Tsoi** and **Lorraine Ng** (previously Typhoons, now Club players) in being selected for the NHKC National U21 Squad, and **Iris Peel** (Hurricanes) and **Sara Suzuki** (Whirlies) have been selected as training partners for the upcoming Bauhinia Cup and Asian Youth Netball Championships, both tournaments to be held later this year.

WHIRLIES HOSTS RAFFLES INSTITUTE

A team of players from Raffles Institute of Singapore recently toured Hong Kong, visiting both schools and local clubs for a series of friendlies. Our div 1 finalists, Whirlies, hosted the high calibre players from the island state for a friendly match under our turf. Both teams had the opportunity to experience a different style of play on court, producing a thrilling match to catch.



SARA SUZUKI



IRIS PEEL



JUNIOR REPORT

JUNIOR NETBALL

2024-2025

As the junior netball competitive season comes to a close, young players and their teams reflect on a year filled with growth, camaraderie and spirited competition. Throughout the season, our budding athletes have honed their skills, learned valuable teamwork strategies and developed a deeper passion for the sport. The culmination of the season has seen teams celebrate their achievements, with many players earning recognition for their outstanding performances. The experience gained this year will undoubtedly shape their future in netball as they look forward to building on their successes and tackling new challenges in the seasons to come.



EXPERIENCED COACHES FOR JUNIOR AND SENIOR NETBALL OF HKFC

Recruiting coaches to join our coaching team and lead the top netball club in Hong Kong. Together with our committee, the coaching team runs the senior and junior netball programmes from August to April each season, manages their own squad and provides structure to enhance team skills and individual players.

Do you have accredited certification? Have experience in growing club skills and culture?

New to coaching? We have experienced senior coaches that have developed a mentoring programme to further your coaching skills

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Netball coaching positions for both junior and senior of HKFC now open.

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【滷水五花肉】 \$38
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【滷水雞翼】 \$56
Chicken Wing



【滷水牛面頰】 \$155
Beef Cheek



【滷味】 (LOU MEI)

A Cantonese dish braised in a flavoursome "master stock" or "lou" sauce, combining marinated meats with the rich, velvety flavours of soy sauce and spices. This dish creates a perfect harmony of savoury and slightly sweet notes.

Available throughout the months of May and June.

【滷水雞腿】 \$69
Chicken Leg



【滷水牛展】 \$47
Beef Shin



【配蒜蓉辣椒醋汁】

Served with garlic and chili vinegar



INTERVIEW FOR THE CAPTAINS IN THE TENNIS LEAGUE

As we reach the end of another exciting season, it's a perfect opportunity to reflect on the accomplishments and experiences of our Mixed Doubles League, Combined 120+ Men's Veterans League, and Combined 80+ Ladies Veterans League. Be sure to stay tuned for our upcoming magazine featuring an interview with the captains of the 100+ Men's Veterans League! The Tennis Society is proud to have the chance to interview the captains of these teams, who are eager to share their thoughts and insights with their teammates. Here's a detailed wrap-up of the season!

1 Jenny Tong and Khey Captains of the Bank of China Hong Kong Mixed Doubles League 2025

Q1 | Can you summarize the results for your team in the mixed double League 2025?

A big thank you to all who participated in both playing and availability. It was interesting to match different pairs and hope it was a fun and good learning process for everyone, at the very least it was for us. Our stated aim at the start of season was to be competitive and play as many as possible, we finished a 4th improving on last the previous season and 22 out of 27 played at least one match

Q2 | Is there a memorable moment you would like to share?

One of our favorite moments this season was our close match against HFCC. The overall score was tied 4-4, and it all came down to the last set. **Tina** and **Guillermo** played an amazing game, stayed calm under pressure and winning 7-5 to secure our 5-4 victory. It was a great team effort, and everyone fought hard until the end. Moments like these make us proud to be captain!

Q3 | Do you have any advice for the upcoming season? Any words of encouragement for your team?

Great job this season, finishing 4th is a solid achievement! With everyone's hard work and teamwork, we've shown what we're capable of. Next season, let's aim even higher, more wins, more fun, and stronger play. If we keep supporting each other and pushing our limits, we can climb the rankings together. We'll come back even stronger. Let's make next season our best one!

2 Job Tang

Captain of the Combined 120+ Men's Division One team for the Veterans League 2025

Participating in the Veterans combined 120+ League 2025 has been both a challenging and rewarding experience. Competing with higher-level players has tested our team's limits, but it has also provided valuable lessons and moments of reputation from HKFC.

Many thanks to all our effort not only from the team players but also the HKFC staff's lovely smiles like:

Security colleagues' friendly guidance for visiting guest parking

Front desk welcome to our guests players to 3/F

Well preparation of tennis court facilities before & after league matches from sports desk help

Our clean & tidy changing room environment, services from housekeepers too.

Excellent & prompt services from either Sportsman's Bar & Coffee Shop staff.

All the above beautiful words are shared with us from opponents' mouth after 2 rounds of beer. It makes us (Veterans teams member) feeling proud to be the HKFC league tennis players.

With only one match victory under our strength, the league has been a true uphill battle. Yet, the heart and determination displayed by our key players—**Kenneth Lam**, **Philip Tam**, and **Job Tang**—have kept our team moving forward. These 3 guys have consistently stepped up to play almost every match, not only showcasing their skills but also serving as the backbone of the team. Their dedication ensures we meet the age requirement of 120+, even as they are working hard with other team members through each challenging game.



Though the results may not favor us this season, the invaluable experience of playing alongside and against high-caliber players has been unforgettable. It has encouraged our growth, built stronger level, and reminded us of the joy and passion that tennis brings. As a team, we will continue to persevere, learn, and build base on this season's efforts, ready for whatever challenges from the next season.

Captain Job would like to express the thanks to the entire team and guest helpers for embracing the spirit of the game. Onward and upward!



3 Charlotte Cheung

Captain of the Ladies 80+ team for the Veterans League 2025

This is the second season for our club to enter a team in the HKVTA Combined 80+ Women's Division 2. We tied with American Club to finish at 8th. It was a fairly competitive division as some teams have high percentage of players from divisions 1 and premier in day league and division A in night league.

We had to forfeit a number of matches last year due to shortage of players and match conflicts. We are very pleased that we played 100% of the matches this season without forfeiting one single match! We have learned from our first season last year that we need a bigger squad to secure enough players due to holiday season and clash with day league commitments for some of the players.

We had 25 ladies registered this season from players across day league divisions 2-4 and night league divisions A and B. As the majority of the players are from the ladies B team, one of the key focuses for the season was to give them more match opportunities in preparation for the summer league. We could see the growing experience really helped shaping their games towards the end of the season.

It had been a very enjoyable and successful season showing great participation (80%) and camaraderie. We are all looking forward to next season!



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GOLF OUTING

AT FIRESTONE GOLF COURSE, SHENZHEN

THURSDAY, 13TH MARCH 2025

Our first China golf outing of 2025 took us north of Shenzhen to Firestone Golf Course. This was a bit of a test run — to see if we could pull off a smooth cross-border golf trip and, more importantly, whether we should attempt more of these in the future. Key considerations: visas, transport and whether we'd actually make it to our tee time on time.

A small but mighty group of 12 set off from HKFC at 7:30 a.m., full of enthusiasm and perhaps a little too much coffee. By the time we hit the Shenzhen Bay border at 8:30 a.m., we were met with a surprisingly busy checkpoint for a midweek morning. Then came the great divide — those with new ID cards breezed through the eChannel in minutes, while the rest of us joined the old-school passport queue, shuffling along with the patience of saints. After a 20-minute delay and some concerned glances at our watches, we finally regrouped and tracked down our bus — easier said than done when your driver is somewhere in a sea of identical vehicles.

We pulled into Firestone Golf Course at 11:20 a.m., cutting it fine for our 11:30 a.m. tee time. A quick



First half the group through, the long wait for the others!

scramble to get organised, and we were off!

The course itself? Beautiful but unforgiving. Rolling elevation changes, well-placed hazards, and just enough challenge to remind us why golf is equal parts joy and torment. Most of us ended up in the high 90s or 100s, with a few moments of brilliance (and several moments we'd rather forget).

Despite the logistical hurdles, it was a fantastic day out. However, one takeaway was clear: bus transport for a one-day China golf trip is far from ideal. Next China golf outing, we're looking at ferries or trains — anything that lets us spend less time at border control and more time on the fairways.



WINNERS AND RESULTS BELOW!

STABLEFORD COMPETITION

1st	Nichloas Lee	36 points
2nd	Jonny Brock	35 points
3rd	Jonathan Li	34 points

NEAREST TO THE PIN

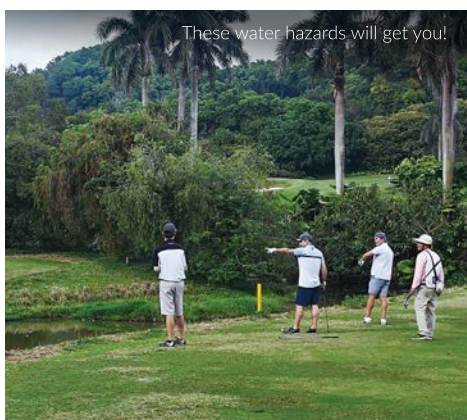
Hole 1	Jonny Brock
Hole 3	Jonathan Li
Hole 7	Greg Medhurst
Hole 12	Greg Medhurst
Hole 14	Blake Steele
Hole 17	Jonny Brock

LONGEST DRIVE HOLE 15

Men's	Alistair Murray
Ladies'	Lucia Lee

BEST GROSS SCORE

Greg Medhurst	95
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These water hazards will get you!



Lawman Chan, Rawen Huang, Lily Sun, Alex Chew



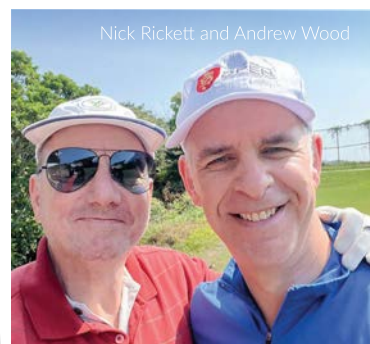
The Winners, Lili Sun, Steve Knight, Patrick Ong, Thomas Taw, Jonny Brock, Rawen Huang, Steven Knight, Belinda Stiles



Lillian Haynes and Nicola Button



Wai Ming Lam, Ben Chandler, Tim and Belinda Stiles



Nick Rickett and Andrew Wood

A SUNNY FRIDAY

AT KSC SOUTH COURSE

FRIDAY, 21ST MARCH 2025

What better way to spend a Friday than enjoying a round of golf with 31 fellow players at KSC South? The weather was on our side—sunny, but not too hot, with just enough breeze to keep things comfortable. Ideal conditions for a great day on the course.

With 27 players competing in the Stableford format, the scoring was impressive. Nineteen golfers managed to break the 30-point mark, showing that either everyone was in fine form or the course was being kind. At the top of the leaderboard, the winners set a high bar, all scoring over 40 points—an excellent performance and a reminder that handicaps may need a closer look next time!

We were also pleased to welcome some new faces to our golf outings—**Patrick Ong, Belinda** and **Tim Stiles**, and **Gillem Tulloch**. All made their presence known by taking home prizes, with the **Stiles** duo coming close to winning a full dozen golf balls but ultimately settling for three sleeves—still a respectable haul for their first outing.

Overall, it was a fantastic day of golf, with great company and some impressive performances. The course provided its usual mix of challenges, rewarding good play while punishing the occasional misjudged shot. With such a strong turnout and competitive scoring, we're already looking forward to the next event. Until next time, see you on the fairways!

STABLEFORD WINNERS

1st	Patrick Ong	44 points
2nd	Thomas Taw	41 points
3rd	Rawen Huang	40 points

NEAREST TO THE PIN

Hole 2	Steven Knight
Hole 5	Tim Stiles
Hole 6	Thomas Taw
Hole 11	Tim Stiles
Hole 16	Lily Sun

LONGEST DRIVE HOLE 17

Men's	Gillem Tulloch
Ladies'	Belinda Stiles

BEST GROSS SCORE

Jonny Brock	75
-------------	-----------



Jose Daniel Aguilar, William Chan, Greg Medhurst, Ruud De Hart



Patrick Ong, Steven Knight, Owen Davis, Shauna Davis



Gillem Tulloch (Longest Drive), David Cross



Ruud De Hart catching some of the lovely sunshine



Gilbert Law, William Taam, James Keung, Albert Lam

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HKFC DELIVERS 21 PODIUM FINISHES AT LONG COURSE MASTERS MEET

AT THE 2024-25 LONG COURSE MASTERS SWIMMING COMPETITION (PART 1)

HKFC swimmers put in a strong team performance at the Sun Yat Sen Pool, securing 21 podium finishes with multiple personal bests across the board.

WHILE THE TEAM SHOWED IMPRESSIVE RESULTS ACROSS EVENTS, A FEW SWIMS STOOD OUT:

01 **Marcel Smit** posted 1:00.38 in the Men's 35-39 100m Butterfly, the fastest time of the meet.

02 In the 800m Freestyle, **Braedon Sharp** swam a controlled and competitive race in the Men's 40-44 category. Meanwhile, **Robin Leung** not only held pace in his age group but also dropped 10 seconds from his previous best — a major improvement at this level.

03 In the Women's 40-44 50m Freestyle, **Melissa Eichelberger** and **Farah Master** delivered a commanding 1-2 finish, underlining the team's sprint strength.

04 The Men's 120-159 4x50m Freestyle Relay team — **Man Hon, Lo, Shek Pui, Braedon Sharp, and Marcel Smit** — finished in 1:43.44, just short of the Hong Kong record set by Hong Kong Football Club.

With a mix of reliable depth in the sprint and distance events in addition to a few breakthrough swims, HKFC in their preparation for world championships this summer is looking promising!





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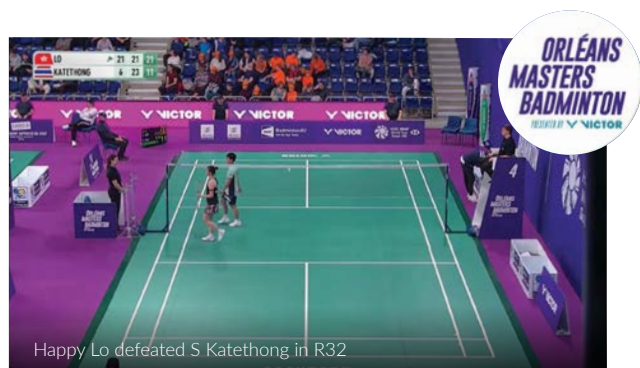
ELITE JUNIOR MEMBERS REPORTS

HAPPY LO GERMAN OPEN 2025

Happy Lo resumed her tournament calendar by starting her European tour in Germany for the German Open 2025. One of her biggest wins of this tour was against world ranked 35 Kirsty Gilmour from Scotland in R32. **Happy** faced the veteran player with determination, put in immense effort and defeated the opponent in 3 sets. She concluded her German Open losing to R Santhosh Ramraj from Indian in R16.



Happy Lo defeated Kirsty Gilmour from Scotland in R32



Happy Lo defeated S Katethong in R32

ORLÉANS MASTERS 2025

Happy continued her journey to France and participated in the Orléans Masters 2025. With the experience from German Open and combined with her exceptional physical and technical skills and stamina, she had her first breakthrough, defeating world ranked 6 Supanida Katethong from Thailand. Their last encounter was in Paris Olympics when **Happy** lost to S Katethong in 2 straight sets. This time, with **Happy's** newfound speed and agility to swiftly cover the court, power to deliver precise smashes and endurance to maintain intensity throughout matches, she defeated Supanida in 3 sets. This blend of physical and mental attributes enabled **Happy** to perform under pressure and excel in the Orléans Masters. However, **Happy** was again facing Kirsty Gilmour from Scotland in R16, but this time Kirsty was ready for **Happy**, and she lost in 2 sets and concluded in R16.

SALONI MEHTA RUICHANG OPEN 2025

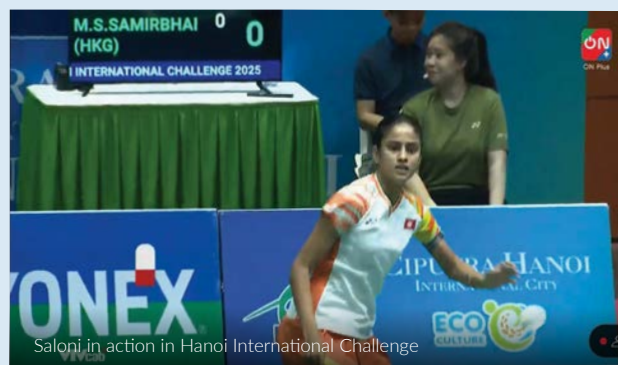
Saloni Samirbhai Mehta participated in the 2025 Ruichang China Masters, a Super 100 badminton tournament held from 11th to 16th March 2025 in Ruichang, China. The tournament was part of the BWF World Tour Super 100 series. In the Women's Singles category, **Saloni** competed in Round of 32 against Loh Zhi Wei from Malaysia. **Saloni** performed well and defeated Loh in 3 sets. However, she was eliminated in the next round by Dai Wang from mainland China with a score of 21-10, 21-14. Nevertheless, **Saloni**

WOMEN'S SINGLES			
R32			
S MEHTA	21	13	21
LOH Z W	15	21	13

continued to show promising progress in her performance in recent tournaments, and we wish her best of luck in the upcoming Vietnam and Phuket International Series.

VIETNAM INTERNATIONAL CHALLENGE 2025

The Ciputra Hanoi Yonex Sunrise Vietnam International Challenge 2025 was held from 25th to 30th March 2025 in Vietnam. **Saloni's** first match was against Thi Trang Vu with a highest world ranking of 34. Her face off with **Saloni** this time was an exciting test of perseverance and challenges both physically and mentally. After a gruelling 1 hour and 13 minutes, **Saloni** lost in 3 sets of scores 21:23, 21:12 and 19:21 to Vu. However, this tournament again proved that **Saloni** was gradually demonstrating her ability to take on top 50 players.



Saloni in action in Hanoi International Challenge



Left to right: Ratchanok Intanon (world rank 10 as of 25th March 2025) and Coraline Lo



Coraline in front of BTY Badminton School

CORALINE LO BTY TRAINING CAMP 2025

Banthongyord (BTY) Badminton School, located in Bangkok, Thailand, is a prestigious institution known for producing world-class badminton players, including champions like **Ratchanok Intanon** and **Kunlavut Vitidsarn**. The school offers a structured training environment with top-notch facilities, including Yonex courts and equipment. Hong Kong, China national youth team took the opportunity and organised a training camp to BTY in March. Hopefully, **Coraline** would benefit from the training and be able to showcase her skills in the upcoming tournaments.

HKFC JUNIOR SQUAD REPORT

HKBA MIXED TEAM GRADE E PROGRESS



Left to right: Coach Mark, Evelyn Zhu, Ellen Lui, Cordelia Lee, Alvin Yap, Carson Chung, Nixon Chiu and Coach Dawn

This year, our junior squad performed exceptionally well in the group stage of the HKBA Mixed League. They defeated two teams on consecutive days on 8th and 9th March with a clean record of 9 games to nil and sailed into the knockout stage. Coaches and parents witnessed the players' teamwork and results of their training. The knockout stage will commence on 26th April.

ALL-ROUND CULTURAL NEW TERRITORIES YOUTH BADMINTON TEAM TOURNAMENT



Left to right = Evelyn, Cordelia, Ellen, Lauren, official, Perry, official, Jason, Carson, Bosco and Jack

SUNDAY, 16TH MARCH 2025, TIN SHUI WAI

HKFC Junior Squad was honoured to be invited to participate in the youth championship organised by the Yuen Long and Tuen Mun District Councils, various youth sports organisations, as well as the Hong Kong Jockey Club. There were a total of 8 teams divided into 2 groups in group stage. HKFC Junior Squad came out 3rd in group stage and entered the consolation competition. With the mix of young and experienced players in the team, they put up a good fight against the teams with older players and came out 4th in the consolation competition.

TEAM CHALLENGE SERIES 2024-2025 TEAM YAU CK AND PUI PUI LUNG



Team Pui Pui Lung and our young talents



Team Yau CK with our team



Team Pui Pui Lung's players in action with our junior players

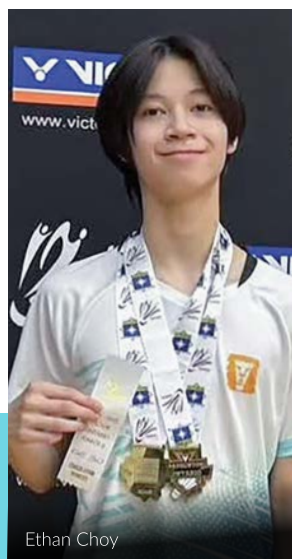
FRIDAY, 7TH MARCH 2025 AND FRIDAY, 28TH MARCH 2025

For HKFC Junior Squad in badminton, these matches serve as an opportunity to test and refine their tactics under the guidance of team coaches. HKFC Junior Squad had a mix of experienced and up-and-coming youngsters to experiment in their game play with different pairings and strategies. These matches not only provide excitement but also offer practice and execution on their game tactics. The overall games were 11:11 against Team Yau CK and 12:15 against Team Pui Pui Lung.

JUNIOR MEMBER OVERSEAS COMPETITION REPORT

VICTOR ONTARIO
JUNIOR A AND JUNIOR B

Congratulations to **Curtis Cheah** clinching his U17 singles first runner-up title in **Victor Ontario Junior A**. He would have contested the champion title but unfortunately due to severe cramps, **Curtis** had to retire after 1 set in final. **Ethan Choy** also won his dual champion titles in U19 mixed doubles and singles in **Victor Ontario Junior B**.



Ethan Choy



Curtis Cheah and his first runner-up medal

TEAM COACH REPORT



Left to right – Happy Lo Sin Yan and Head Coach John Leung got together to review her preparation for upcoming tournaments

After **Saloni** finished her Asian Mixed Team Championship and **Happy's** preparation for her European tour, they both set foot again to continue their journey fighting for qualification towards World Championship in July. Furthermore, **Coraline** will broaden her training experience, starting with BTY Badminton School in Thailand. The earthquake near Myanmar that took place soon after she landed in BTY in Bangkok got everyone worried. Fortunately, the training camp was not close to the city centre of Bangkok, and even though she felt the vibration from the earthquake, nothing serious or dangerous happened to her and her team.

In addition, I am very happy to see that our junior squad made a mark in local circuit and was invited to participate in various new tournaments and leagues. These experiences are invaluable and allow players with constant opportunities to implement their training into games. The communication and teamwork between captains, coaches and players were also put into practice and allow them to grow. Their upcoming challenges will be to perform well in the HKBA Mixed League as well as the annual HKFC Junior Tournament in May 2025.

It is also very exciting to see the outstanding performance of our junior players overseas, including **Ethan's** singles and mixed doubles champions in Ontario B circuit and Curtis singles first runner-up in Ontario A circuit.

John Leung

UPCOMING JUNIOR EVENTS

September - July 2025
HKFC Junior Badminton Team Challenges 2025

March 2025 onwards
HKBA Mixed Leagues

January - July 2025
HKFC Junior Badminton Internal Ladder 2025

April - June 2025
Yau Tsim Mong Invitational Team League

May 2025
HKFC and Torq Sports Junior Badminton Tournament

June 2025
Fung Kum Cup Junior Team Tournament

July 2025
HKFC and Torq Sports Overseas Junior Badminton Team Tournament



VISIT OF HONG KONG TEAM COACH AND FORMER CHINA NATIONAL TEAM PLAYER TO HKFC

In a great event on 30th March, the HKFC Badminton Society were honoured to welcome **Wen Kai** (文凱), the coach of the Hong Kong female team, to the Club.

Wen Kai has an impressive playing history in the Chinese national team, including as champion of the World University Championships in 2012 and being a training partner of two-time Olympic gold medallist **Lin Dan**.

After his retirement as a China national team player, he became the coach of China national female team until the end of Paris Olympics, in particular focusing on leading **He Bingjiao** (何冰嬌), the silver medallist at the Paris Olympics.

Wen Kai played a number of matches with the HKFC SPMs, giving strong practice for the upcoming quarter-finals of the Hong Kong National Doubles

Championship and the international tournament in Taiwan that a number of players will be attending.

Wen Kai also brought his son (10) to experience –HKFC's atmosphere – he is already playing at a very impressive level, and we are looking forward to welcoming **Wen Kai** on a more frequent basis subject to his coaching commitments with the Hong Kong team.

LAWRENCE'S REMARKABLE VICTORY AT THE HKICPA BADMINTON COMPETITION

Our SPM **Lawrence** recently achieved an incredible feat at the Hong Kong Institute of Certified Public Accountants (HKICPA) Badminton Competition where he showcased his skills by competing in both the Men's Doubles and Mixed Doubles categories alongside talented partners. This event was not just a test of athleticism; it was also a celebration of sportsmanship and camaraderie among fellow badminton enthusiasts.

In the Men's Doubles, **Lawrence** teamed up with **Carson**, a player renowned for his skilful tricks and deceptive plays on the court. Together, they faced off against some formidable opponents, with each match pushing them to their

limits. Their seamless communication and strategic play allowed them to navigate the challenges effectively. **Lawrence's** quick footwork and precise net play combined perfectly with **Carson's** clever manoeuvres, making them a formidable pair. The final match was a nail-biter, showcasing intense rallies and exceptional tenacity from both teams. Ultimately, **Lawrence** and **Carson** emerged victorious, feeling the thrill of triumph as they secured the championship title.

Immediately after the Men's Doubles event, **Lawrence** shifted his focus to the Mixed Doubles competition where he paired with **Fiona**, a player renowned for her agility and tactical finesse. Their matches were filled



with excitement, and the final was particularly intense, coming down to a razor-thin margin. **Lawrence** and **Fiona** secured a close win, triumphing by just 2-3 points in a thrilling finish. **Fiona's** ability to read the game and her swift movements complemented **Lawrence's** powerful drives, making for an impressive combination. Their teamwork and determination shone through, allowing them to clinch another victory and celebrate their success together.

Winning both titles at the HKICPA Badminton Competition was an unforgettable experience for **Lawrence**. It reinforced his passion for the sport and highlighted the importance of teamwork, strategy and perseverance. He expressed immense gratitude for the support of his coaches, teammates and everyone who cheered him on during this competition. This double victory motivates **Lawrence** to continue honing his skills and striving for excellence in future competitions which will be a great contribution to the HKFC too.



DEREK, CHLOE & LAWRENCE'S **JOURNEY AT THE ATHLETE SELECTION FOR THE 2025 NATIONAL GAMES**

Our SPM **Derek, Chloe & Lawrence** recently participated in the athlete selection for the 2025 National Games, a highly competitive event where top players vie for the opportunity to represent Hong Kong. Alongside their teammates, **Derek, Chloe & Lawrence** aimed to showcase their abilities and secure a place on the national team.

The team quickly found their rhythm as they progressed through the tournament, exhibiting strong communication and strategic

prowess on the court. In the final 16, they faced a determined opponent but delivered an impressive performance, winning decisively with a score of 2-0. The victory not only bolstered their confidence but also ignited their ambition to reach the next stage of the competition.





HKFC SPMS DISPLAY REMARKABLE TENACITY IN “我要上全運 – 甄選賽” FINAL

The Hong Kong Football Club's Badminton Society proudly recognises the outstanding performance of our SPMS, **Jason Cheng** and **Shelson Lim**, who secured the runner-up position in the “我要上全運 – 甄選賽” 35+ men's doubles category. Their final match was a gripping encounter against a team that included a two-time champion of the Hong Kong Annual Badminton Championships in the 35+ men's doubles.

Jason and **Shelson** started strong, winning the first set and demonstrating their ability to compete at the highest level. Their initial victory set the stage for a tense and thrilling match. However, the subsequent sets were fiercely contested and despite their best efforts, they lost the second and third sets, resulting in a 1-2 match outcome.

Their performance in the final was a testament to their skill and determination. Competing against experienced and highly decorated opponents, they showed that they could lead and maintain pressure,

qualities that speak volumes about their potential and the caliber of training at HKFC.

The path to the final was marked by significant achievements, including a victory over the first runner-up of the recent Hong Kong Annual Badminton Championships in the same category. This victory, along with their strong start in the final, underscores the duo's capability and strategic acumen.

We extend our heartfelt congratulations to **Jason Cheng** and **Shelson Lim** for their exceptional performance throughout the tournament. Their runner-up finish, particularly their victory in the first set of the final, highlights their competitive spirit and their potential for future successes.

HKFC looks forward to continuing to support **Jason**, **Shelson** and all our athletes in their sporting journeys, encouraging them to build on this success and achieve further accolades in future competitions.

Le Salon de Thé

C'EST LA VIE,
TEA LIKE A PARISIEN.

Available during the months of
May and June at the Chairman's Bar.

\$330 for 2 persons

Enquiries: 2830 9559 or bar@hkfc.com

CHAIRMAN'S BAR

Sangria & Virgin Sangria



Sangria
\$55

Virgin Sangria
\$45

**Sun-kissed sips and fruitful delights,
with or without the kick!**

Available during the months of May and June at the Coffee Shop and Pool Bar

Enquiries: 2830 9569 or coffeeshop@hkfc.com

Pool Bar

COFFEE
SHOP

TUSCAN CHICKEN PIE

PIE-FECTLY ITALIAN!

\$54

Available throughout the months of May and June



Short crust and puff pastry filled with creamy chicken ragout, onions, garlic, sun-dried tomatoes, green olives, Parma ham, Parmesan cheese and herbs.



Enquiries: 2837 2663 or bar@hkfc.com

HIGHLIGHTS IN MAY

FESTIVE CELEBRATION



Celebrating Super Moms on 11th May

Coffee Shop

Mother's Day Buffet Lunch and Dinner

Children can join the Cookie Making Workshop during lunch.

Restaurant

Mother's Day Set Lunch and Dinner

Happy Valley Suite

Mother's Day Brunch

COFFEE SHOP



Cocina Española

Join Our Spanish Buffet Fiesta!

Beverage: Sangria & Virgin Sangria



Classic Cantonese Dishes

Wok-Fried, Steamed, Tossed:
A World of Cantonese Flavours

CATERING



Graduation Dinner Package

For venue visits and enquiries, please contact the Catering Office at 2830 9513 or catering@hkfc.com

Scan the QR Code
For menu and offers



RESTAURANT



White Asparagus

A Seasonal Delight

CHAIRMAN'S BAR



French Alsatian Cuisine

A Pinch of German, a Dash of French – the Unique Flavours of Alsace

Beverage: Classic French Cocktail



La Salon de Thé

C'est la Vie, Tea like a Parisian

CAPTAIN'S BAR

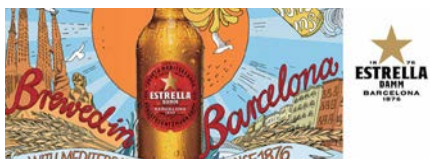


Lampredotto Sandwich

A True Florentine Street Classic.

Beverage: Protein Drink

CAPTAIN'S BAR & SPORTSMAN'S BAR



Happy Hour

Estrella | Buy 1 Get 1 Free

Available from 5 – 7pm on Monday to Friday at the Captain's Bar and Sportsman's Bar.

SPORTSMAN'S BAR



Cedar Smoke Fest

BBQ Elevated: Wood-smoked Meat & Fish Awaits!



Band Bash

DATE Saturday, 17th May 2025
The third Saturday night of each month

TIME 7pm - 10pm

VENUE Sportsman's Bar

Don't miss out on our exclusive buy one, get one free offer on selected beers!

FAMILY LOUNGE



Tuscan Chicken Pie

Pie-fectly Italian!

Beverage: Milo Dinosaur

KIOSK



Lou Mei (滷味)

Take home the pre-cooked packs of the classic Cantonese dish braised in "master stock" or "lou" sauce.

POOL BAR

Hot Dog by the Pool

Poolside Eats from Around the Globe

Beverage: Sangria & Virgin Sangria

SPECIAL EVENT



Saturday, 17th May

FA Cup Final

TIME Saturday, 17th May 2025

VENUE Sports Hall

Please contact the Catering Office at
2830 9513 or catering@hkfc.com

MASTERCLASS



Thursday, 22nd May

Master Class: Keto Diet

TIME 7pm - 8:30pm

VENUE Happy Valley Suite 1

PRICE \$198 per person

Enquiries and Bookings: 2830 9532
or restaurant@hkfc.com



Friday, 23rd May

L'ART DE LA TABLE Wine Dinner

TIME 7pm Welcome Drink,
followed by Dinner

VENUE Restaurant, 2/F

PRICE \$888 per member
\$938 per member's guest

Enquiries and Bookings: 2830 9532
or restaurant@hkfc.com

Saturday, 24th May 2025 | Sunday, 25th May 2025

Wine Fair: Introduction of the New House Wine

TIME 1:30pm - 6:00pm

VENUE Lockhart Room, 2/F

Tasting available

PREVIEW
IN JUNE

FESTIVE PROGRAMME

Father's Day Programme

Coffee Shop: **Buffet Lunch and Dinner**Restaurant: **Set Lunch and Dinner**Happy Valley Suites: **Father's Day Brunch**

WINE EVENTS

Friday, 13th June, 2025

Wine Dinner: **Sake vs European Wine Double Pairing Dinner**

Friday, 27th June 2025

PDR Wine Dinner: **Albert Bichot Wine Dinner**

Saturday, 28th June | Sunday, 29th June 2025

Wine Fair: **Bundle Sale**

COFFEE SHOP

Buffet Buffet: **Cocina Española**Monthly Special: **Classic Cantonese Dishes**Beverage: **Sangria & Virgin Sangria**

POOL BAR

Hot Dog by the Pool

Beverage: **Sangria & Virgin Sangria**

RESTAURANT

White Asparagus

SPORTSMAN'S BAR

Back Patio: **Cedar Smoke Fest**

Saturday, 21st Jun 2025 | 7PM-10PM

Special Activity: **Band Bash**

CHAIRMAN'S BAR

French Alsatian Cuisine

Tea Set: **Le Salon de Thé**Beverage: **Classic French Cocktail**

CAPTAIN'S BAR

Lampredotto Sandwich

Beverage: **Protein Drink**

FAMILY LOUNGE

Tuscan Chicken Pie

Beverage: **Milo Dinosaur**

KIOSK

Hot Items: **Lou Mei (滷味)**

RESTAURANT

TEL 2830 9562
EMAIL restaurant@hkfc.comCOFFEE
SHOPTEL 2830 9569
EMAIL coffeeshop@hkfc.comSportsman's
BarTEL 2830 9531
EMAIL sportsmans@hkfc.com

CHAIRMAN'S BAR

TEL 2830 9559
EMAIL bar@hkfc.comTEL 2837 2622
EMAIL bar@hkfc.comTEL 2837 2663
EMAIL bar@hkfc.comTEL 2830 9531
EMAIL coffeeshop@hkfc.comTEL 2837 2678
EMAIL kiosk@hkfc.comCATERING
SERVICETEL 2830 9513
EMAIL catering@hkfc.com



New ARRIVALS



1. Ultimate Performance Ultimate Laces \$88
2. 2Toms Stink Free Shoe & Gear Odor Eliminator 8oz \$145
3. Cancer Council Ultra SPF50+ Roll-On 75ml Sunscreen \$129
4. Cancer Council Sport SPF50+ Clip on 50ml Sunscreen \$119
5. Hawaiian Tropic Dark Tanning Oil Sunscreen Spray SPF4 240ml \$180
6. Hawaiian Tropic Island Tanning Sunscreen Lotion SPF8 236ml \$190
7. 2Toms Stink Free Sport Detergent 30oz \$198
8. Thinksport SPF50 3oz/89ml Sunscreen Lotion \$139
9. Thinksport Thinkkids SPF50 3oz/89ml Sunscreen Lotion \$139
10. Supernatural Rapid Electrolyte Mixed 12-Pack \$165
11. Tsunami Grip Socks \$65
12. Supernatural Rapid Electrolyte \$15/pc



CHAIRMAN'S BAR



JE NE SAIS QUOI \$128

Botanist Gin, Champagne,
La Fée Absinthe, Lemon Juice



AU REVOIR \$108

Bombay Gin, Yellow Chartreuse,
Suze, Lemon Juice



C'EST LA VIE \$128

Grey Goose Vodka, Chambord,
Lemon Juice, Pineapple Juice

Classic

French Cocktail

French Flair, in Every Glass.

Available throughout the months of May and June at the Chairman's Bar.

Enquiries: 2830 9559 or bar@hkfc.com





**16
to
18
MAY**

2025
**SOCCER
SEVENS**

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Hong Kong Football Club, 3 Sports Road Happy Valley