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CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.









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HONG KONG FOOTBALL CLUB

RECEPTION FOR THE LONG STANDING MEMBERS OF THE CLUB











Scan the QR Code

To view all other photos taken on the night $% \left\{ 1,2,...,n\right\}$



THE THOUGHTS OF THE CHAIRMAN

主席的話



Michael J. Wood Chairman

Welcome back to the **Club Magazine** after an absence of 5 months since March 2022. We suspended production of the magazine given the extent of the social distancing measures in place at the time, which impacted much of the social activities and in particular the sporting calendar, leaving little to report.

Happily, the situation is stabilised to such an extent that much of the sporting life is back on (albeit it is now the summer), and as at the time of writing, it has been announced that the flight bans are suspended, removing one particular stress factor affecting those of us who are returning to Hong Kong. It is therefore to be hoped that we can look forward to a full upcoming sporting season for the first time in 3 years!

The Sportsman's Bar project is now well underway with a current finalisation date of mid-December, although we are of course aiming to complete it as soon as possible. An issue that affects this is the supply chain disruption resulting from Covid, along with the need to comply with a number of local regulatory approvals upon completion. I am sure, however, that when the bar is fully reopened with the new kitchen facilities, the overall experience will be enhanced, setting us up well for the coming years.

Another important initiative is the **LED floodlight project for the Main Pitch** that will have started by the time you receive this magazine, which will see us working in liaison with the Jockey Club to upgrade the floodlighting around the Pitch. The work will be done in two phases with the floodlighting to the Forsgate Stand being addressed first, followed by the floodlighting to the South Stand. Whilst we will lose 50% of the floodlighting during these phased works, fortunately the lux levels from the remaining 50% of the floodlighting should be sufficient to enable pre-season training for both Rugby and Soccer to go ahead.

It was my privilege to attend the **Staff Awards** presentation on 20th June for both the **Employees of the Year** and the **Long Service Awards**. Our staff are the backbone of the Club and the reason why we can derive so much enjoyment. On the other side of the coin, on 14th July we held our annual **25 Year Members Reception** (which was held over from last year due to social distancing issues), which was attended by over 40 long serving members. We also took the opportunity to invite members who have been with the Club for 45+ years to honour their commitment. Of these, three members Tony Carroll, Dermot Agnew and Peter Olsen had reached 50 years of membership, a notable achievement. These events have been somewhat disrupted over the past 3 years, so it was great to have both staff and members attend such special occasions.

You should have received a newsletter on 25th July, regarding the launch of the **online booking system for Sports Facilities**, allowing Members to book through our website, in addition to telephoning or booking at the Sports Desk. In this magazine issue, you will find an informative guide on using this new booking tool.

As always, stay safe and healthy.

Michael J. Wood Chairman 經過5個月的休刊,「CLUB」會刊終於復刊。3月時 因為社交距離措施繼續收緊,對眾多社交活動影響 甚大,尤其是本會的體育賽事及活動減少, 可供報導 的新聞不多,所以會刊當時也要暫停出版。

幸好隨著疫情穩定下來,大家都陸續恢復投入各項體育活動及賽事(雖然現在正值暑假),下筆之際,政府亦宣布暫緩航班熔斷機制,要回港的大家毋須再擔心航班會因熔斷而取消。好消息接踵而至,但願我們在各個項目均可以成功迎來3年內首個完整的賽季。

由於休刊的關係,過去幾個月未能在此提供有關 **Sportsman's Bar改造工程**的最新消息。工程現正順利 進行,目標完工日期為12月中,當然我們也希望工程 能夠盡快完成,但除了要面對新冠各個疫情引起的供 應鏈受阻,完成工程後仍需獲得監管機構審批,上述 因素皆有機會影響工程進度。不過可以肯定的是,有了 全新的廚房設備後,在Sportsman's Bar全面重開時, 大家的整體體驗將更上一層樓,全新的設施將為本會 未來幾年的發展注入強心針。

而另一個同樣重要的計劃是主球場**LED泛光燈照明系統改善工程**,當大家收到今期會刊的時候,本會與賽馬會共同協助升級主球場的泛光燈照明系統的工程已經展開。工程將分兩階段進行,首先會更換Forsgate Stand的泛光燈,緊隨其後是South Stand的泛光燈,儘管球場在這兩個階段均會失去50%照明系統,餘下50%照明系統的照度亦足以維持欖球部及足球部季前訓練所需的燈光。

此外,本人很榮幸能夠出席6月20日的**員工頒獎**儀式,頒發**年度最佳員工**及**長期服務獎**。員工一向是本會的支柱,大家能夠在本會得到無數歡樂,全賴員工努力不懈的工作,因此他們的付出理應得到肯定。另一邊廂,本會於7月14日舉行了期待已久的**25年會員榮譽酒會**。因為社交距離措施的緣故,晚會由去年順延至今,當日有逾40位長期會員出席晚會。我們亦藉此機會邀請與本會同行超過45年的會員,以感激他們對本會長久的支持,當中Tony Carroll、Dermot Agnew及Peter Olsen三位會員的會齡都已經達到50年,成就顯著。這些活動過去3年因種種原因而受阻,現在能夠有員工及會員參與如此特別的盛會,實屬喜事。

最後,大家於7月25日應已收到有關啟用網上預約體育 設施系統的通訊,會員現在除了以電話或親身到體育 櫃枱預約設施外,還可透過網站預約。今期雜誌亦會 有網上預約系統的使用指南,絕對易學易用。

一如以往地,祝大家身體健康。

主席 胡米高

HONG KONG FOOTBALL CLUB

LONG SERVICE AWARDS









Back Harry Au, Wendy Yip, Kenny Yeow, Moss Leung, Joseph Tang, Leo Lau Front Calvin Leung, Sam Ho, Suki Huen, Hilda Chui, Patrick Cheng

FROM THE DESK OF MARK PAWLEY

總經理的話





Having recently just had the first **Typhoon** Signal 8 of the season raised, just a reminder of the Club's policy. The Club will be cleared/closed 30 minutes after the hoisting of the Signal and will reopen within two hours of the lowering of the Signal (if it is lowered between 5am and 5pm). If the Signal is lowered after 5pm then the Club will remain closed and reopen the next day. You can view the Club's policy as regards Typhoon, Black Rainstorm and Extreme Conditions by scanning the QR code below or by going directly to the Club website where you can click on the link at the footer of each page.

As the Chairman has noted, it is good to see the **Club Magazine** back after 5 months' absence. Indeed, a few members have been asking when they were going to see the next magazine, so this July/August edition for hopefully many of you is timely?

I also echo the comments made by the Chairman in respect of the **Staff Awards** presentation on 20th June which unfortunately I was not able to attend. The photos on the adjacent page show a number of our **longstanding Staff members** who have worked at the Club from 5 to 25 years. And in the photos below we have our Employees of the Year. Many congratulations to David, Vicki and Maggie on their Awards.

Mark Pawley General Manager

Scan the QR Code

View the Weather Warning and Extreme Conditions



最近7月初懸掛了今個夏季首個8號**風球**,所以想藉此機會提提大家本會的惡劣天氣安排。8號或以上熱帶氣旋信號生效後,本會將於30分鐘內清場/關閉:如信號在上午5時至下午5時除下,本會將在信號除下後2小時內重開;如信號在下午5時或之後除下,本會當日將繼續關閉至翌日重開。假如大家想在流動裝置上查詢有關資料,可以掃描下方二維碼,或直接到本會網站點擊頁尾的連結,以查閱本會有關颱風、黑色暴雨警告及極端狀況的安排。

正如主席之前提到,相隔5個月後,能夠再次見到「CLUB」會刊,實在高興萬分。事實上,有幾位會員一直問何時才會有下期會刊,希望今期7/8月刊能夠及時為大家止渴。

雖然很遺憾未能出席6月20日的**員工頒獎**儀式,但主席就員工得獎所發表的看法,亦引起本人的共鳴。左頁相片中的是已在本會工作長達5至25年的**長期服務員工**,而下方相片中的則是我們的年度最佳員工,在此恭喜David、Vicki及Maggie得獎。

總經理 龐禮文

掃描二維碼

查閱天氣警告及極端狀況安排

YEARLY STAR AWARDS



LEADER OF THE YEARDavid Choi



SUPERVISOR OF THE YEAR Vicki Tsue



EMPLOYEE OF THE YEAR Maggie Chow



As announced in the newsletter of 25th July, you can now book HKFC sports facilities online on desktops and mobile devices, anytime, anywhere!

The Golf Simulators, Snooker Tables and Tenpin Bowling Alleys were first released for online booking on 25th July. We will monitor the system closely, and make enhancements wherever necessary. The second phase of online bookings for Tennis, Squash and Badminton are set to launch in late August.

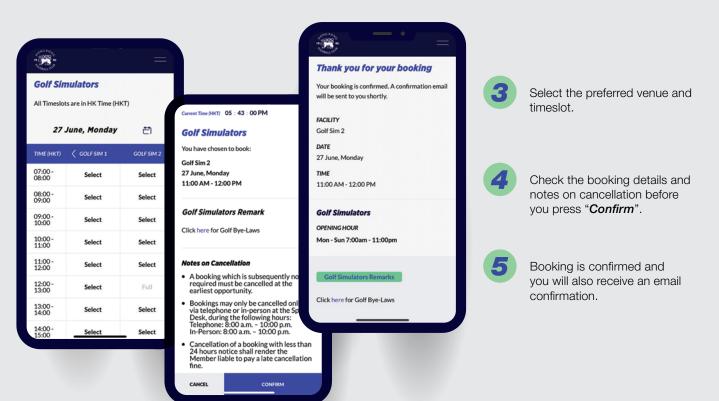
Simply log in to your HKFC member account – then you can start to make bookings for the next seven days. You can also easily manage your bookings and view your past booking history.

Follow the guide below and enjoy a hassle-free booking journey!





- Log in to your account and click "Facilities Bookings". Select Sports Facility.
- Select date from the booking calendar.

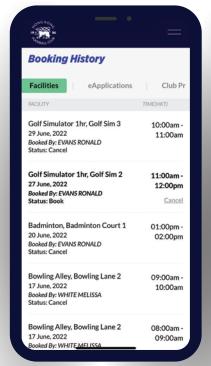




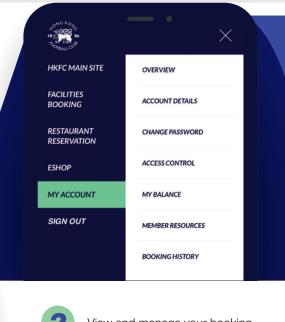
HOW TO MANAGE OR CANCEL YOUR BOOKING?

1

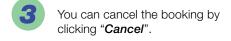
Go to "My Account" and press "Booking History".











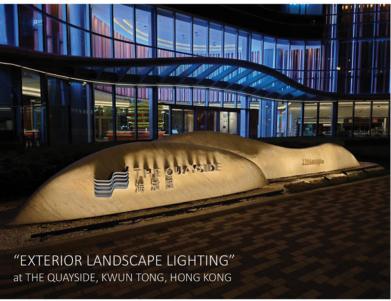
Book Now

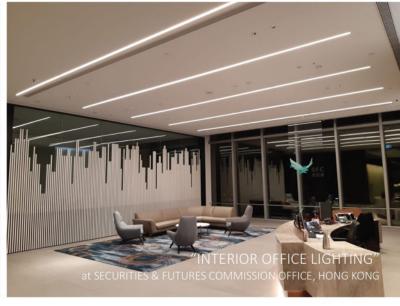




Scan for Members' Handbook Bye-Law 4:1 - Sports and Recreation: Facility Bookings has been updated to bring them in line with the new booking system. Please refer to the **Members' Handbook** for the latest version. Please note the new operating hours for in-person booking at Sports Desk will only be applied to Golf Simulators, Snooker Tables and Tenpin Bowling Alleys until further notice.







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SWIMMING AND TRIATHLON

Marathon

CAITRIONA JENNINGS

CATCH HER IF YOU CAN

The North Face Lake Sonoma 50 Mile was held in California on 9th April 2022. With a brutal 10,500 ft D+ over the 50-mile course, the event is known to attract the best ultra-trail runners. **Caitriona** took 2nd place with a time of 7:37:59.

With a time of 2:41:07, Caitriona went on to set a new women's course record at 2022 Regeneron Great Limerick Run Marathon, Ireland on 1st May 2022.

On 28th May 2022, Caitriona finished 1st Woman at the Spartan Half Marathon on Lamma Island.

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CAITRIONA

REGENERON science to medicine





n Sunday, 5th June, the HKFC Swimming and Triathlon Society hosted the "100"s. From 7am to 9am, members swam as many 100m as possible in sets of 10. It was a fantastic turnout with over 20 members participating. The fastest group swam 7 sets for a grand total of 7000m in 2 hours! Many decided to take it a little easier though and just have fun.

A number of families also came to cheer us on and join us for a celebratory breakfast after. It was a great success and we hope to continue the event in the future.









EDMUND WAN'S MASTER STROKES

The 2022-2023 Long Course Masters Swimming Competition was held on 12th June, 2022. Society member **Edmund Wan** participated in the event and brought in exceptional results:

| Event | Group | Position | Time |
|---------------------|----------|----------|-------|
| 50 Meter Freestyle | M FO F 4 | 1st | 29.40 |
| 50 Meter Backstroke | M 50-54 | 2nd | 39.64 |

TEAMWORK MAKES THE DREAM WORK

We all had another round of disruptions to activities and training at the Club this year, but we are finally back in full action. While some of us were taking a break, our publicity team suggested they could focus some of their energy on updating the Swimming and Triathlon Society "Notice Board". A big thank you to Susan Hood and Leanne Claxton for putting it all together, along with Wing Ho at the Club to bring it to life. It was however a bit sad to see some of the old photos of previous Society members come down, and you are not forgotten! If anyone is interested, please take a look as there are some great photos of the section competing in pool events, open water swims and other superhuman sporting achievements.

The HKFC Swimming and Triathlon Society welcomes any Club member that is competent to swim 100m or more to come swim with us. We also offer Tri-Kids swim coaching on Tuesdays and Thursdays aimed at promoting enjoyment and development of both triathlon and competitive pool meets for kids 6-16 year olds. Please contact **Debbie Hanley** for more information (updated details on the notice board).





Rupert and Susan bringing notice board back to life.



SOCIETY MEMBERS JOIN THE SALOMON 50 AND 100 VIRTUAL RACES

Richard Hall, David Gething and Mayank Vaid participated in the virtual races. The 50k event had over D+ of 3300 mt and the 100k event with over 6500 mt. Richard finished the 50k course in a fast time of 7:53:05. David and Mayank in 9:38:01. Mayank also joined the 100k event finishing in a time of 19:56:45.





After two and a half years of no international hockey, coach **Arif Ali** led the Hong Kong Women's Hockey Team to the gold medal in the Women's Asian Games Qualifier, held 6th to 14th June in Jakarta, Indonesia. As a result, the team qualified for the upcoming Asian Games.

he number one aim for the squad in this tournament was to qualify for the Asian Games. But we were shooting to be top 2, as our ambition is to dominate the second tier of Asian hockey. However, the lead-up to the tournament did not quite go according to plan. Due to the fifth wave Covid lockdown, the pitches were closed for three months which certainly affected our preparations. Although we could not physically be on the pitch as a squad, we had video sessions to analyse our opponents, and learned about and bonded with our teammates. The team was also very self-disciplined and went on different kinds of fitness training in small groups set by our S&C coach Chris Marshall. Once the pitches were reopened, we trained almost every day. There were weeks where we played 6 friendly games in seven days. Turns out all our hard work paid off, as we won five consecutive matches out of the six matches played and were crowned "Champions". Everything was surreal when we lifted that trophy.

"Victories aren't born on the field. You create them during practice, even

HKFC REPRESENTATIVES

Players

Coby Lau Vivian Lee Katy Mountain

Head Coach

Arif Ali

S&C Coach

Chris Marshall





in difficult times and our ladies have proven that," says Ali. Winning against Kazakhstan 4-0 was the best result we have had in the 10 years I have played for Hong Kong, yet the most memorable game in the tournament was against Indonesia. Despite a lot of our girls suffering from diarrhoea(!), the game was very exciting in the first half with both teams attacking and defending -0-0 at half time. In the second half, Katy Mountain scored a penalty stroke for us and we took the lead. Not long later. I received an aerial on the right hand side and ran into the D to score near the baseline with a flick. The game ended with the first international goal from Vivian Lee in the last 10 seconds of the game. Ken and Chappie dubbed

After 7 days of draining quarantine, the team has rested and resumed training again. We will be working hard

it a 3-0 win to Club.

to prepare for the upcoming 2022 Asian Games in Hangzhou (while Katy (aka grandma of the team) is enjoying her world tour).

Coby Lau

WOMEN'S ASIAN GAMES QUALIFIER FINAL RESULT

Champions Hong Kong
First runner-up Kazakhstan
Second runner up Singapore

Top scorer

Evelyn Cheung (Hong Kong)

AHF Athletes

Ambassador

Coby Lau (Hong Kong)

LAWN BOWLS

FRIENDLY MATCH WITH KCC

THE SPORTS ROAD COX ROAD TROPHY (SC TROPHY)

he SC Trophy was played on 9th May at KCC. A total of 48 LBS members forming 12 rinks to play against KCC in this long overdue annual event which was delayed for more than two years by the pandemic. The previous game was played on 23rd March, 2019. Despite the dedication and efforts of our bowlers, we had to return the Trophy to our host. The game was played in an extremely friendly atmosphere. We would like to express our gratitude to KCC for their hospitality. And we look forward to the return of the SC Trophy to 3 Sports Road in 2023!





2022 COMMITTEE PANEL

ChairmanJohnny TsangDeputy ChairmanEsmond LeeGeneral CommitteeKenneth Pang

Representative

Men's Captain Tony Cheung
Ladies' Captain Wanis Sze
Secretary Leo Yau
Treasurer Irene Muk

Membership SecretaryPatrick FongSocial SecretaryMay LeeCompetition SecretaryWilson Kwong

Green Secretary Raymond Au

Coach Chung Ming Sung



NEIL HERRINGTON

Neil Herrington, 2014-2016 Men's Captain, a LBS member since 2003, had to leave us for a new chapter of life in the UK. He left us with a 100% win record in the current Premier League!

We certainly have fond memories of Neil and would like to thank him for his service to the Section in representing the Club throughout these years.

PIG CUTTING **CEREMONY**

ON DRAGON BOAT **FFSTIVAI**

total of 109 bowlers participated in the Dragon Boat Festival friendly match cum Pig Cutting Ceremony on 3rd June. Games were played at both the indoor and outdoor rinks and it was first time in history that we opened 8 outdoor rinks which were in magnificent condition. The weather was kind to us and we were so blessed that there were only a few showers during the game instead of thunderstorms and torrential rain as forecast.









NATIONAL GAMES UPDATE

Eva Yu and Tony Cheung won in the National Mixed Pairs semi-finals on 21st June at IRC.

Eva and Tony will play against the Filipino Club in the final on 7th August at KCC. We wish them well and hope they have a good game.

UNDER-25 SINGLES **CHAMPIONSHIP** 2021

Many congratulations to Kenneth Yiu for his well -deserved championship title. Well done.



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YOUTH RUGBY

FROM THE CHAIRMAN

NEW STRUCTURE FOR YOUTH RUGBY

You may notice that the terms "Mini Rugby" and "Colts Rugby" have disappeared (are disappearing). The Rugby Section has decided that a better structure is required to create a smooth, single pathway for all young athletes from 2 years until they join the Seniors. That new structure is simply referred to as "Youth Rugby".

The restructuring will ensure no "bump" from U12G / U12 (the last year for what was Minis) into U14G / U13 (the first year of Colts). It also sends into history the anachronistic term Colts: being a young male horse, it was inappropriate to encompass our growing community of girl athletes! We will have a single coaching programme created by the new Head Coach and implemented by Logan with Steve, though our Pro Coaches and Volunteer Parent Coaches.

MUMS AS COACHES

We need you for the U5 year group and up. We will provide education and training for volunteers. If you are interested, please let your Head Coach / Team Manager, or me, know of your interest.

VOLUNTEERS FOR KIT DISTRIBUTION DAY

At present scheduled for 4th September, your Head Coaches / Team Managers will be calling for volunteers to assist the kit team.

The '21 / '22 Season draws to a close... a new Season dawn which means calling for more registrants!

Please spread the word at schools, offices, residential blocks, wherever, that we have opened registration. We are happy to run a trial session (i.e. joining a training session without commitment) for those for whom rugby is new and unfamiliar. So please go out and "bang the drum".

Scan the QR Code ng for More Registrants!



Denis Brock Chairman, HKFC Youth Rugby

KIM LAM CUP AND RICHARD HAWKES TROPHY

The Finals in the Kim Lam Cup (12G) and Richard Hawkes Trophy (U12) competitions culminated on 5th June 2022 at the hallowed turf of Sports Road. From a fragmented season, it has been terrific to see the Finals take place at HKFC, despite having only a few weeks to regain match fitness following restrictions since December. Both competitions followed a round robin format with teams heading into relevant finals following the final standings. Much thanks must go to **Rob Wall**, **Pete Jastreboff**, **CY Seah** and all the coaches involved from both the U12 groups.







KIM LAM CUP

The U12G A Div and B Div Teams performed exceptionally well at the warm-up event held at Sandy Bay on 29th May. Both teams were undefeated and looking very good for the Kim Lam Cup Finals.

HKFC B Div won both of their pool games convincingly to go through to the Bowl final against Flying Kukris. It was always going to be down to these 2 teams.

Both teams brought fire to the final in the opening 7 minutes. Flying Kukris got out to a 2-tries-to nil lead. HKFC responded. Both teams traded tries with the Flying Kukris keeping their noses in front until the final 2 minutes, when 2 HKFC tries in quick succession sealed the match and the final 5-4. The HKFC Bs played exceptionally well all day moving the ball out wide and into space while defending like their lives depended on it.

HKFC A had a convincing win against arch rivals DBP / SLB in the opening game, but lost the first of 4 players to sustain injuries during the day. Despite losing another player to injury in the next pool match, HKFC As were unbeaten and went through to the Kim Lam Cup Final as the team to beat.

It was a very different DBP / SLB team that came out to face HKFC As. They dominated the contact areas and got out to a 2-nil lead. HKFC hit back and the scores were equal at half-time. DBP

opened the scoring in the first half and HKFC, despite 2 more player injuries, scored twice to pull ahead by one try. Sustained pressure by DBP in the dying stages of the game resulted in 2 tries and a deserving victory. Despite incredible odds, the HKFC As, with help from the B reserves, almost pulled off an improbable victory.

Both teams have been a pleasure and an honour to coach.

Rob Wall

YOUTH RUGBY



RICHARD HAWKES TROPHY

The Richard Hawkes Trophy is the finale for all the things the kids have learned since U4 to U12, and historically the graduation tournament for the players heading into (formerly) Colts. The Club field two team A and B, and both teams have been playing well in the early rounds of the tournament that ended in December of 2021.

HKFC A

HKFC A kicked off against HKU Sandy Bay, and after a slow start, they maintained their edge to win by one try 2-1. Tries from **Xavier** and **Owen**. The team came out of the second game with all cylinders firing, first try in under 30 seconds and continued to hammer DB pirates. A whopping 6-0 victory with tries by **Andrew** (2), **Nao** (2), **Callum** and **Owen**. The final group game was against the team that have haunted us. We came up cautious and we played excellent defence to edge the Sai Kung Stingrays 1-0. Try from **James**. Top

of the table with an automatic entry into the final with the team we had just beaten. After a long wait, we finally got the cup final going for the RHT. We started well, but they drew first blood 1-0, we then answered back with our try of our own from our skipper Callum. However, a lapse in focus allowed them to put on 3 more, and at the final whistle we were down 1-4. The score did not reflect the closeness of the match and we look forward to part 2 next season. We fought hard and can hold our heads high. Come next season we will be wiser, smarter, and physically more ready to take it to them again. Well done HKFC A!

HKFC B

After an unbeaten season to date, both competitive and friendlies, HKFC B were looking forward to continuing momentum and qualifying for the Plate. First match was against a combined team from FK/TSW; they had been stiff competition before the restrictions. Our boys got off to the planned strong start scoring in the first move from kick off,

and went on to win comfortably 5-0. Tries: - Jimmy (2), Zach, Rory, and Jairo. Great performance, with resolute defence when needed, combined with well-supported attacking flair. Second match against USRC Tigers was going to be tough, as in previous meetings they proved to be the toughest competition. The boys stepped up for this, running out 7-2 winners and having the game of their lives. Defence was robust and in attack, with the players working in pods of three, the support play was immense and when we attacked, we did so in waves, always another teammate on the shoulder for the offload. Tries: - Michael (2), Zach (2), Jairo, Jimmy, Ryan. What a performance!

Third match and even a loss in this game would have meant still finishing top of the group. So time to experiment and ensure all the squad had plenty of game time with two knockout matches still to come and only a 10-minute break before the next match and Plate semifinal... But the opponents being Valley meant we couldn't step completely off the pedal. It was a match played with the usual intense rivalry... certainly the Valley coaches and supporters were up for it and screamed the place down with their final try scored after the hooter that pulled them back to 4-4. Tries: - Jairo, Rory (2), Jimmy.

Onto the Plate semi-final and a match against DB Pirates from the A Group. A Herculean performance from the boys. Our big men needed to step up again against the big men of DB. And boy, did they step up. Strength and determination flowed through the veins of our forwards and the whole team



defended with steel and togetherness. Despite a close score line of 3-2, the boys were well in control and again worthy winners. Tries: - Zach, Jairo (2).

Finishing in the Plate final against Sandy Bay was going to be a demanding game. The heat of the day and the four matches had taken their toll. The boys were nursing a few bumps and bruises and some fatigue. It was expected that the final would be played over two halves rather than straight through the full 12 minutes. It didn't end up that way and they played straight through, and with Club poised to bring on fresh substitutes, the final hooter sounded too much confusion with HKU Sandy Bay winning 3-2. Try: Jairo, Jonathan.

The boys were understandably disappointed to lose their first game of the season and with it being the one that counts, the final. Some of these boys have played together since the U5s and it's been a privilege to see how they've developed over these years. To close, and I know all the coaches agree, the HKFC B team did us and themselves proud this season. They were a truly magnificent team as they played for each other, built



the camaraderie that is part of this wonderful sport, and showed truly exceptional teamwork and team spirit. A joy to behold. Well done HKFC U12 B!

From a Toddler to young men – the journey of the band of brothers from U12B mini rugby. The year 2013, a group of young toddlers were exposed to the rugby ball for the first time. It was all about jumping, running and having fun with the cones and maybe an oval shape ball. It was a journey that would span almost a decade which these young boys would share the joy, tears, pain, blood

and sweat to achieve a camaraderie that few would experience. They would learn the basic concepts of rugby from passing, kicking, rucking, tackling, maul and ruck. The words like "one your right, I am with you, give me the ball, my ball" would be repeated constantly through the years. The boys would develop a bond and friendship like no other could comprehend. The sound of the coaches' voice shouting at us would echo throughout HV1 or the main pitch, "pass the ball, call for it, ruck, tackle your man, mark your man, come on, ready ready ready!", these words when strung together would sound like a rock band jamming all the chords at once.

The excitement of going to a mini rugby festival, when we can see other kids of our age and we played rugby...

Like all stories, we have finished a chapter with the season ending Richard Hawkes tournament, it is like we have finished primary school and we are going to junior high school. We have finally made the grade and are now called youth. Looking back, it was fun and we cannot wait for the next season, as now we are no more called Minis but Youth Rugby.

CY Seah and Mark Saunders



The U10G Rugby Mini-Tournament took place on 3 June as the season finale for an extraordinary 2021-2022 rugby season for the U10 girls. HKFC hosted the tournament, with 6 clubs entering a total 12 teams and over 100 girls participating. Football Club welcomed Valley, HKU, Tigers, SKS and DB Pirates to the event. High levels of competitive play from the U10G and great to see them on the pitch for matches once again. Football Club entered 3 teams, with great match play and performance from all three teams, FC1 Fire, FC2 Ice, and FC3 Wind.

FC1 Fire distinguished themselves with exceptional play in their division. The FC1 girls finished with an undefeated record with 4 wins, 0 losses and 1 draw. In this round robin competition, FC1 won against HKU (4:0), Tigers (5:0), Pirates (5:1), and drew against Valley (3:3). Results were calculated by points and FC1 just edged out a strong Valley squad, with **FC1 winning Division 1**. FC3 Wind also had an outstanding day of rugby, dominating their division with 4 wins, 1 loss and 0 draws. In a competitive final match, the FC3 girls

defeated the girls from Sandy Bay 3:0, resulting in FC3 winning Division 2.

For the presentation of the finals, the guest of honour for the U10G Mini-Tournament was HKFC Rugby Section Captain, **Megan Richardson**. Megan gave an uplifting and inspirational speech to all the girls, which was very well received by all teams. She then presented medals to the two tournament winners, FC1 Fire for Division 1 and FC3 Wind for Division 2. Congratulations girls!

Allen Schoonmaker

YOUTH RUGBY

U14 BOYS END OF SEASON REPORTS

The U14 and U13/14 boys enjoyed a successful season up to January. A strong turnout of players meant that they stayed strong throughout. The U14 team were crowned league champions while the mixed U13/14 team got to the semi-finals of their league playoffs before restrictions came in.

Turn out once back remained strong and some excellent sessions took place - well done to the players for keeping going despite lack of matches.

Awards this season. Players' Player **Alex Dodd** and **Jayden Wai**. Most Improved **Maximilian Marthinussen** and Clubman of the Year - **Jason Tsoi**. Congratulations to all and bring on next season.

Richard Phillips











UNDER 6S TRAINING

Lockdown meant there was a lot of pent-up enthusiasm and energy when U6 training resumed in May. We were quickly back into the swing of things and



it was great to see U6's early morning push-ups remain a fixture of the week (despite some questionable counting...)

Covid and relocations temporarily left the group short of coaches, so a huge thank you to new U6 coaches **Shirley**, **Will, Rufus, Oliver, Chris, Andrew** and **Jessica** for their invaluable support alongside the existing team.

Through May and into June, we saw the kids building out their passing and running skills, and it's been encouraging to see them start to transition into game simulations and picking up things quickly. Despite the Covid hiatus, we look well-placed to perform strongly (and more importantly have lots of fun!) when tournaments resume next season as we move up to U7.

From all the coaches, a huge thank you to the U6 parents for their support and engagement through the season! Roll on U7!

Rob Shaw and Phil Bundy



Hong Kong Football Club Youth Rugby

Registration For 2022/23 Season Now Open

Join the BEST Youth Rugby Club in HK!

- U4 (Aged 2 & 3) to U18 Boys and Girls
- Pro Coaches for U9s and up
- Participate in tournaments
- Develop essential physical skills
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RUGBY

www.hkfcyouthrugby.com



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CHILDREN BIRTHDAY PARTY PACKAGE

The party venue is at the Meeting Rooms on 1st Floor. Please book 3 months in advance to the party date.

Package Includes:

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Select 1 of the below:

- O Popcorn Machine (1 kg)
- Candy Floss Machine (1 hour)
- Birthday Cake (3 lb. select your flavour below)

 - O Carrot Cake So contains nuts
 - Baked Blueberry Cheesecake
 - O Fresh Fruit Cream Cake

2. PARTY SNACKS

Including 30 fixed orders and popular extras

3. RENTAL CHARGE

Select your time slot:

- 0 10:30 am 12:30 pm
- 2:30 pm 4:30 pm

For any enquiries, please contact the Catering Office at 2830 9513 or catering@hkfc.com

Valid till 31st May 2023 (except December)

















NETBALL









JNA END OF SEASON 2021-22





Goodbye Coach Adele

Sadly we come to the end of a season which has not been what we expected. We did manage to get one whole term of brilliant netball before being ushered off the courts once again due to closures and dreaded COVID-19. We are thankful that we returned to term 3 of training and have enjoyed hearing all the cheering and seeing the comradery amongst our spirited players.

e want to take this opportunity to thank our wonderful coaching staff. Thank you to Kath Ellis, Rachael Alsop and Aqru Chan for another amazing year. Thank you to our newer coaching crew: Shirley Yuen, thank you for your commitment and supporting the development of our U19; Beauella Purcel and Hannah May,

you have been an amazing support to the junior programme and the Snowies just love you. We would also like to thank **Nori Law** for joining us in term 3.

Now to our farewells... to the wonderful coach Adele Rooney who is leaving to pursue her studies abroad. We have been so lucky to have had Adele support the programme during her gap years. The players just love her and she has inspired so many of the juniors. Adele, thank you! For those players who have left the programme this year this season, we say thank you for your commitment and we hope you keep playing.

Wishing everyone a restful summer, safe travels and see you back on court in August for trials!

Mary Vlogianitis and Rebecca Thompson

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For my last contribution to the monthly magazine, I have decided to interview my good friend Antonio Lee. At 14 years old, Antonio is ranked 11 in Junior Boys' singles in Hong Kong and plays for the HKFC Mens A+ team. At the beginning of this year, Antonio got selected to represent Hong Kong in the Junior Davis Cup. He kindly wanted to share his experience and thoughts from this competition.

When did you start playing tennis? "I started playing tennis when I was 5 years old."

What influenced you to play tennis? "Nothing really influenced me to play tennis. I had multiple sports to choose from as a kid, but I chose tennis. Mainly because I felt an overwhelming sense of happiness whenever I got to hit a tennis ball."

What is your biggest strength as a tennis player?

"My biggest strength would be my fighting spirit and determination. I feel like those moments make me come alive and make the victory all the more memorable. As they say 'The harder the battle, the sweeter the victory'."

What is the most difficult moment during your tennis journey that you have overcome?

"During the nationals in 2020, I lost unexpectedly in the first round. I lost a lot of confidence in my abilities and had bad results for half the year. It was definitely tough to recover from, but it made me a stronger person mentally and physically."

Did you enjoy your experience in the Davis Cup? Would you want to do it again?

"I definitely enjoyed my experience at the Davis Cup. Playing against the best players in Asia was an eye-opening experience and gave me some ideas on what I have to work on in order to get to their level. I would love to compete in it again, just because I would like to see how much I have developed and matured in a year."

Was the Davis Cup more stressful than all your other competitions, and how did you overcome the stress?

"Yes it was, as playing for something

more than yourself is always stressful. I was playing for Hong Kong, a place that has made me who I am, and obviously for all Hong Kong has given me, I didn't want to let it down. I just told myself to try my hardest and to have no regrets. You cannot control the outcome, but you can always control your effort."

Lastly, who is your favourite tennis player?

"I don't really have a favourite player, but I try to learn different tactics and techniques from the top players on tour."



TENNIS

FRENCH OPEN















his year's French Open Social was the first social for the year and we had a great turnout. With a new format of a compass draw and the change of partners, it got a little challenging at times. We battled through it and everyone had a great afternoon of tennis, baguettes and of course a few cheeky drinks.

All the matches were played in great spirits and everyone was just happy to be on the courts again in a social environment playing this amazing game. The winners for the Open and Social draws are below with the best dressed taken by Chanel's very own Charlotte Cheung.

WINNERS

Social Winners

Round 1 Richard and Kelly Wildman

Round 2 Vangie Gonzales and Franke Chung

Open Winners

Round 1 Henry Lai and Anthony Su

Round 2 Ryan Swallow and Anthony Su



RED AND ORANGE BALL JUNIOR TOURNAMENTS





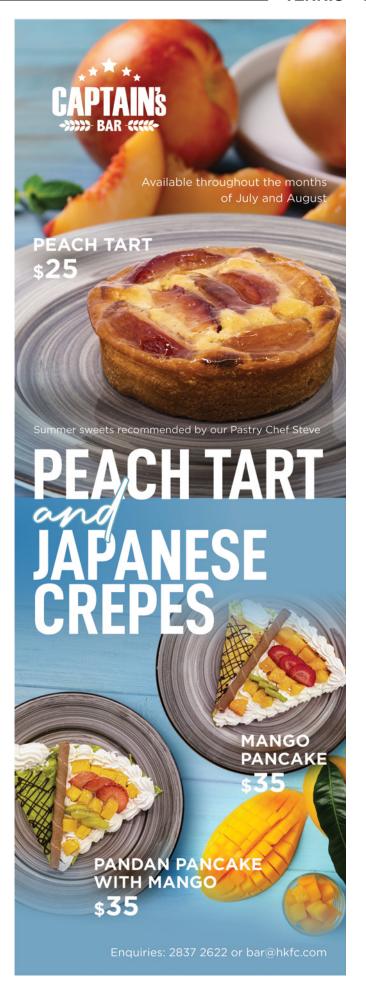


We have been lucky enough to get two Red ball tournaments and 1 Orange ball tournament played after such a long shut-down. The players who have participated in the tournaments before are back enjoying the competition again and it's also fantastic to see some new players entering the event.

One of our "veteran" Red ball players played some amazing tennis to claim victory in the opening tournament of the year on Saturday, 14th May. **Hugh Cheng** and his sister **Anne** are certainly players to watch in the future. Hugh and Anne are a testament to the ATA player pathway and now has Hugh moving onto the Orange ball tournaments.

Our second tournament on Saturday 11th June, while being surrounded by dark clouds and rain patches was a new team concept. Players were placed into teams and played a round robin format against all other teams. With a challenge court setup where teams were able to gain extra points to add to their team final score. With the rain holding off, we finished the final round in nail-biting fashion. The blue team of Elias Signarotti, Brody Wong, Lincoln Tan and Alexandra Cher held on for victory by only 3 points.

It is so good to see all the kids out playing tennis again and really enjoying this wonderful game of tennis.







SPORTS GOLF





hilst many great players have never achieved this feat in a lifetime of golf, there are people who have made it seem surprisingly easy. 62-year-old Unni Haskell from Norway, for example, took a few golf lessons after she moved to St. Petersburg, Florida. Convinced she had more or less mastered the game, she decided it was time she went on an actual golf course. Carefully selecting a driver for the 100-yard hole, she took dead aim, launched the ball a massive 75 yards through the air, and watched as the first ball she had ever struck on a golf course bounced and dribbled the remaining 25 vards straight into the hole, thereby pretty much proving that she had!

Length is not an issue either as proved by **Mike Crean** who holed out from 517

yards in Denver, Colorado. At over 5000 feet in elevation, he was clearly getting some assistance from the thin air, but even so an impressive bash.

Age also does not seem to be an excuse for failure as demonstrated by both **Jake Paine** who scored his first at the tender age of 3, and **Harold Stilson** who had the pleasure of writing 1 on his scorecard at a youthful 101.

Some people have made quite a habit of it such as **Norman Manley** who claims 59 aces, or the pro **Mancil Davis** who has a very well documented 51 to his name. I imagine the golf club bar is packed with hopefuls every time they come in from a round, expecting the traditional free drink.



Steve Lee - KSC South

GOLF SOCIETY HOLES IN ONE

With the number of players who have been Golf Society members over the years, you would expect that we have clocked up a few to our credit if only on the "monkeys and typewriters principle" (if you give enough monkeys enough typewriters, one of them will eventually type out the complete works of Shakespeare). After a bit of research, it does appear that this is indeed the case.

Sadly, our Chairman **Phil Head** has not to date made an ace, although he has achieved the far more difficult task of an Albatross, i.e. a 2 on a par 5 which he achieved at the 10th hole at Phuket Country Club. The odds quoted on this feat are around 6 million to one which makes a hole in one seem like child's play. What is he waiting for?

The same is true for another of our top golfers **Jonny Brock** who, despite having no fewer than 2 Albatrosses at Hindhead Golf Club in Surrey, still has not achieved the comparatively simple task of a hole in one.



Elsa Lee – De Zalze, South Africa. In a gale!

JP Cuvelier NOT making a hole in one on this occasion at Blue Canyon, Phuket!

The proof is in the pudding (or in this case, nice certificate from HKGC)



I am sure there are many more, but below are details of the 26 aces by 14 GS members that I am aware of:

| Name | Course | Hole | Yardage |
|----------------------|---|-----------------------|---------|
| JP Cuvelier | Macau GCC | 6 | 150 |
| | Blue Canyon Phuket (Canyon) | 2 | 200 |
| | KSC South | 11 | 155 |
| Chris Burley | Green Valley Rayong | 12 | 128 |
| | Macau GCC | 17 | 150 |
| | Macau GCC | 14 | 196 |
| | Deep Water Bay | 7 | 160 |
| Nick Allen | Lotus Hill (for HKFC vs American Club) | 4 | 156 |
| Elsa Lee | Clearwater Bay | 11 | 130 |
| | Angkor Golf Club | 17 | 129 |
| | De Zalze Stellenbosch | 12 | 140 |
| Dallas Reid | Chung Shan (Palmer) | 13 | 150 |
| | Cowdray Park | 11 | 110 |
| | Thailand somewhere (Asian Ryder Cup) | Too drunk to remember | 190 |
| | HKGC New Course | 13 | 130 |
| | Philippines somewhere (squash tour) | Too drunk to remember | 170 |
| | Emerald Pattaya | 13 | 190 |
| Agatha Hay | Hartford (UK) | 16 | 108 |
| Peggy Chan | Mission Hills China (Leadbetter Course) | 10 | 97 |
| Steve Lee | KSC South | 5 | 134 |
| Gordon Marsden | Furness Golf Club Old Links (Cumbria) | 6 | 135 |
| Malou Ferrier Waldie | Clearwater Bay (HKFC Event) | 16 | 145 |
| David Lindsay | HKGC Eden Course | 2 | 135 |
| Andrew Wood | Discovery Bay Jade | 3 | 155 |
| Kien Ng | KSC East | 15 | 130 |

GOLF



Those shorts really should be banned

GOLF OUTING

Kau Sai Chau East Course Friday, 6th May 2022

After a 5 month hiatus, we were finally permitted to return to the golf course. As a bonus, in a breakthough move, the government announced there would be no requirement to wear a face mask despite the obvious, high infection risk posed by the crowded confines of Kau Sai Chau. And in another kind twist of fate, despite some quite gloomy weather forecasts, the sun shone brightly on the magnificent vista of Kau Sai Chau's East Course. Those lucky enough to be able to attend this event gazed out of the bus windows at the course like a bunch of kids on their first primary school outing!

The first flight consisted of **Ted Li**, **Dallas Reid**, **Jonny Brock** and **Andy Ho**. Possibly unwisely Dallas and Jonny decided to challenge Ted and Andy to an internal match. It would have been tough anyway, but with Dallas on one leg with damaged knee cartilage, and Jonny downing Imodium like smarties to suppress a bout of Montezuma's Revenge, this rapidly started to look like a bridge too far.

Despite the lack of recent practice, Andy Ho started out with a string of pars, dominating the front 9 with 41 strokes basically watched by his partner Ted who might as well have been caddying. At times he looked at his clubs in disbelief after shots, questioning if the club was actually his, and indeed had the head screwed on the right way.

After a while, things improved and Jonny finally knocked in the group's first birdie of the day. This seemed to rattle Andy who turned out to be human after all and sprayed quite a few balls off target to give hope to his opponents. On the long drive hole 17th, Jonny drove his ball 280 yards in the middle of the fairway. He then modestly announced that it would not have any chance of beating Ted's drive "unless he tops it". Well with that thought firmly planted in Ted's brain, no prizes for guessing where his drive went.

In the other groups, **Philp Swallow** displayed some excellent iron shots winning two closest to the pins. The winner for the day, however, was **James Keung** taking his first ever event in the HKFC outings. Apparently this was the first time he shot below 110 on the East Course. Clearly with some people, the less they play golf, the better they get! Well done James.

Happy Golfing

Dallas Reid

NEAREST TO THE PIN

Hole 3 Philp Swallow
Hole 5 Steve Lee
Hole 8 Nick Rickett
Hole 13 Jonny Brock
Hole 15 Koen Pijpers

2 SHOTS NEAREST TO THE PIN

Philp Swallow

LONGEST DRIVE

Hole 17 Jonny Brock



BEST GROSS

James Keung86 points1st placeJames Keung35 points2nd placeSimon Hague32 points3rd placeJonny Brock31 points



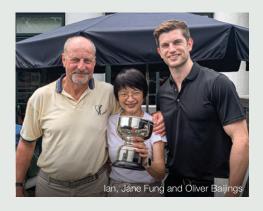






PETERSEN TEXAS SCRAMBLE

Hong Kong Golf Club Eden Course



espite the necessary 5am alarm calls, our group was a sea of happy faces ready for our 7am tee time on the Eden Course at Fanling. This was our first time to play the Petersen Scramble on this particular course. This format allowed the high handicappers a chance to see how the low handicappers manage the golf course. Given the format we used the back tees to be a bit more challenging.

The first group to tee off were Ian Petersen, Stephen Thompson, Oliver Baijings and Jane Fung. I overheard Ian's motivational speech to his teammates that we work as a team and there will be no pressure for a bad shot. I guess that just eliminated all the pressure from the team members! I can see the confidence in their first swings even with no practice at the range! It turns out they shot 6 under par with 10 handicaps, an outstanding 16 under with score 54 to claim the victory! This was Oliver Baijings' first time at a

Golf Society event, so a nice start to his GS career. Congratulations! Oliver seems a very capable golfer with a huge shoulder turn and tremendous lag during the downswing, just like Sergio Garcia!

I was in the second group to tee off and sadly due to a late drop out, we were one player short and unable to locate a replacement at such short notice. Despite this, we got off to an unbelievable start, 5 under through the first 9 holes! Henry Lai has been playing exceptionally well with very consistent drives and laser-like approach shots. 3 approach shots within 6 feet gave us a string of easy birdies! Meanwhile, Dennis Hui's deft touch around the green resulted in several remarkable putts. Sadly we ran out of firepower on the back nine with two birdies and two bogeys to finish 5 under par through 18. With our 9 handicap, we scored 56 to claim second place.

Dallas Reid

NEAREST TO THE PIN

Hole 2 Ted Li
Hole 5 Oliver Watt
Hole 12 Graeme Brechin
Hole 15 Michael McSweeney

Hole 17 Mark Li

LONGEST DRIVE

Men Michael McSweeney
Ladies Elizabeth Dendle

BEST GROSS

1st place

Stephen Thompson, Ian Petersen,
Oliver Baijings, Jane Fung

Ted Li, Henry Lai, Dennis Hui Man Kit
Gross 65
Net 56

3rd place

Michael McSweeney, Adrian Worth,
Gross 70

Allan Hay, Colin Lunn

Net 58

BADMINTON

SPORTS PREFERRED AND JUNIOR ASSOCIATED MEMBERS REPORT



CHAMPIONSHIPS

Happy and Saloni (left 5 and 6) in the Asia Badminton Team Tournament 2022

Kuala Lumpur, Malaysia 26th April – 1st May 2022

ven though at time of writing Hong Kong extended the lockdown on most sports facilities until 20th April 2022, our national talents and current JAMs, Happy Cheng and Saloni Mehta, have commenced their yearly international tournament schedule. It is also the first time for Happy to appear at adult level international tournament. Both of the JAMS, being on full-time national players, have been training non-stop at the Hong Kong Sports Institute. They travelled to Kuala Lumpur, Malaysia and

competed in the Asia Badminton Team Tournament 2022 from 14th to 20th February 2022.

Hong Kong ladies' team was in the same group as Indonesia and Korea. Saloni was selected to play in the second singles event against Indonesia and Korea whereas Happy was the third singles shuttler against Korea. In addition, both Saloni and Happy won their matches against Kazakhstan. Even though they both lost their matches against Indonesia and Korea, but the experience is priceless. They will both also earn was the important points to gain access into some of the future grand prix level competitions.

RSL LITHUANIAN
INTERNATIONAL 2022

R32

Cheung - J Romanova 21-9 | 21-8

R16

Cheung - B Prasista 21-18 | 13-21 | 19-21

AGM 2022 AND COMMITTEE 2022-2023

AGM this year was held on 17th June 2022 and there were a total of 32 attendees in person and 3 others through zoom. All matters were passed with a few inquiries from members. The new committee elected:

Chairman
Secretary
Treasurer
Membership Secretary
S&RSC Representative
Captain

Ng Ping Wing Sean Yu Philip Chan Raymond Fung Philip Chan Leo Ng Tournament Officer
Membership Secretary
Social Secretary
Youth Badminton
Representative
General Officer(s)

Leung Wing Tat Johnny Tsang Lam Tat Kuen Frank Cheah

Leung Siu Cheung Hoey Mok

HKFC AND TORQ SPORTS INTERNATIONAL JUNIOR TOURNAMENT 2022



It was a roller-coaster ride to organise this years' junior tournament due to the lockdown from January to April. Fortunately, entries this year continued to grow and we tried accommodating the maximum number of participants, while maintaining the unique tournament match arrangement of having group stages. This allows junior players to participate in more than one game and be able to put their practice into competition. The results from our JAMs:





HIGHLIGHTS IN AUGUST



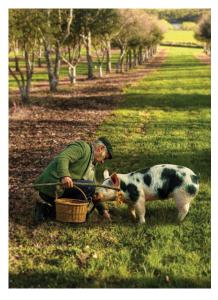
In the Coffee Shop

Hawaiian Themed Dinner Buffet

Aloha and Mahalo from the team at the Coffee Shop as they bring you on a trip to Hawaii every Friday and Saturday evening for their themed buffet throughout the months of July and August.

E Ai Kakou! Let's Eat!

\$318 per member | \$159 per elder child / \$114 per child



In the Restaurant

FROM MONDAY, 1ST AUGUST

Summer Truffles, Black Gold

With twice the value of gold and a taste that's priceless, enjoy dishes with freshly shaved black truffle, throughout the months of July and August at the Restaurant.



In the Sportsman's Bar

THROUGHOUT THE MONTHS OF JULY AND AUGUST

Burgers and Wings, the 2 Best Finger Licking Comfort Foods on Earth

We've brought together the best 2 of Sportsman's Bar's monthly promotions to enjoy during the months of July and August.

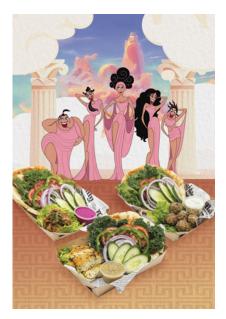


In the Chairman's Bar

THROUGHOUT THE MONTHS OF JULY AND AUGUST

Asian Divas

Enjoy these eastern inspired cocktails throughout the months of July and August in Chairman's Bar.



In the Family Lounge

FROM MONDAY, 1ST AUGUST

Wrap Like an Athenian

Roll your own Grecian themed Wraps.

WINE EVENTS

In the Restaurant FRIDAY, 19TH AUGUST The New World Elegance

In the Happy Valley Suites THURSDAY, 25TH AUGUST

Something Smells Fishy Wines paired with Seafood Masterclass

In the Lockhart Room SATURDAY, 27TH AUGUST SUNDAY, 28TH AUGUST A Grape Summer Wine Fair



In the Coffee Shop

Monthly Special: Pupu Platter



Beverage: Hawaiian Punches
Takeaway: Korean Fried Chicken

In the Sportsman's Bar

Beverage: Jugs of Beer

Fun Activity: Movies in the Moonlight

In the Chairman's Bar

Monthly Promotion: US Prime Grade

Beef Carving

Set Tea: Fancy Fruits Afternoon Set Tea

In the Captain's Bar

Peach Tart and Japanese Crepes Onigirazu

In the Family Lounge

Summer Mocktails

PREVIEW IN SEPTEMBER



Mid-Autumn Festival

featuring:

- · Hamper at Kiosk
- · Buffet Dinner with activities at the Coffee Shop

WINE EVENTS

In the Restaurant

FRIDAY, 9TH SEPTEMBER
Antinori Wine Dinner

THURSDAY, 22ND SEPTEMBER Volcanic Grapes Wine Dinner

In the Happy Valley Suites

THURSDAY, 29TH SEPTEMBER Cocktail Making Masterclass

In the Lockhart Room

SATURDAY, 24TH SEPTEMBER SUNDAY, 25TH SEPTEMBER

Monthly Wine Fair

In the Restaurant

Creative Crab Dishes

In the Sportsman's Bar

Top Dog

Daily Special: Vegetarian and Vegan Menu Sunday Roast: New menu cycle

In the Chairman's Bar

Uruguayan and Argentina Beef *Beverage:* Classic Cocktails in the Movies

In the Captain's Bar

Cheese Melted Open Face Sandwich and Mont Blanc Dessert Protein Shakes

In the Family Lounge

Inaniwa Cold Udon Ken's Cans

In the Kiosk

Mid Autumn Specialties

RESTAURANT

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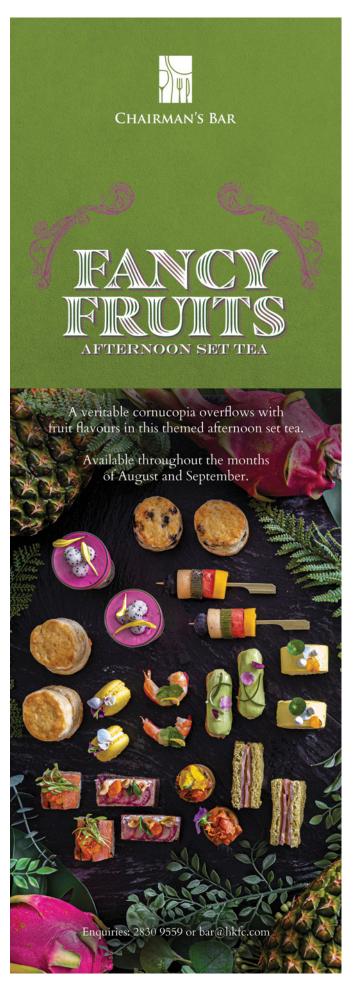
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CATERING SERVICE

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MOM

by Yitik Chan



My Mom gets rid of my toys, Other things too! The toys are gone, Happy that the toys are gone! "Enough!" I say, Realize that she throws away more things!

Ma-nimal

by Colin Hui



I have a very special mum. A kanga-leopard-shepherd-mathematician mum. Every day she hops around town like a kangaroo, From school, office, the market to the gym... with my baby brother in the pouch too.

Sometimes she would dash to work like a leopard, sometimes she would walk slowly like an old shepherd. Sometimes my mum would work at night like a bat, and come to my bed sneakily like a rat.

When I ask my mum about math, often when I'm taking a bath, she would shout, "multiply and divide, no peeking into the math guide."

As my fingers dance on the piano, she would be my nightingale soprano. She sings - I am her little rabbit, forever she loves me every bit.

My Mum

by Elinor Grace Chan



Red paint on a smooth white canvas. Crossed linen stappled onto the warm, earthy wood. Two lovey dovey birds painted in shiny colors, Valentine's Day twelve years ago, mom and dad were glued.

A click and lights were off, Crunch in the popcorn and hiss in the soda, Hiding from the frightening scenes mom was scared of, Huddling over to dad to make her feel secure in the cinema sofa.

The cherry in the black forest brings out the sweetness, The authentic white cream like snowmelt. Tasting chocolate flavor burst with happiness, The cocoa shreds around the wood twinkled.

Too full, too empty, too much, too little, From measuring to boiling hot water, Making coffee is never simple, Mom likes her specialty coffee with no sugar.

Giving cute birth to me in rain and typhoon, I was out of mum's empty belly, I cried furiously like a ukelele out of tune. After that observing me the squishy dolly baby.

Jumping with me in waves that are insane, Swinging on swings where we were cheery, Finding glittery baby shells again and again, Together, smiling Mum was with me, Esmond and Daddy.

The Covid-19 Pandemic

by Victoria Lam



The Covid-19 Pandemic has been haunting us for years. causing everyone much fear. Yet, your love and care, I feel safe and never shed a tear.

Despite all that hectic daily cleaning, cooking and sanitizing, your smile under the mask remains joyous and reassuring. To me, it's such a blessing!

Mum, now it's safe to go out in May. For you to rest and not to stay. Let's dine out and celebrate. Hurray! Happy Mother's Day!



BOOKS AND MOVIES



NEW DVD

The Northman

Alexander Skarsgård, Nicole Kidman

Infinite Storm

Naomi Watts, Billy Howle

The Contractor

Chris Pine, Gillian Jacobs

Cinderella

Camila Cabello, Nicholas Galitzine



NEW BLU-RAYS

The Unbearable Weight of Massive Talent

Nicolas Cage, Pedro Pascal

The Beta Test

Jim Cummings, Virginia Newcomb

After Yang

Colin Farrell, Jodie Turner-Smith

Ambulance

Jake Gyllenhaal, Yahya Abdul-Mateen II







NEW BOOKS

How Much is Enough? Andrew Ford

The Paris Apartment Lucy Foley

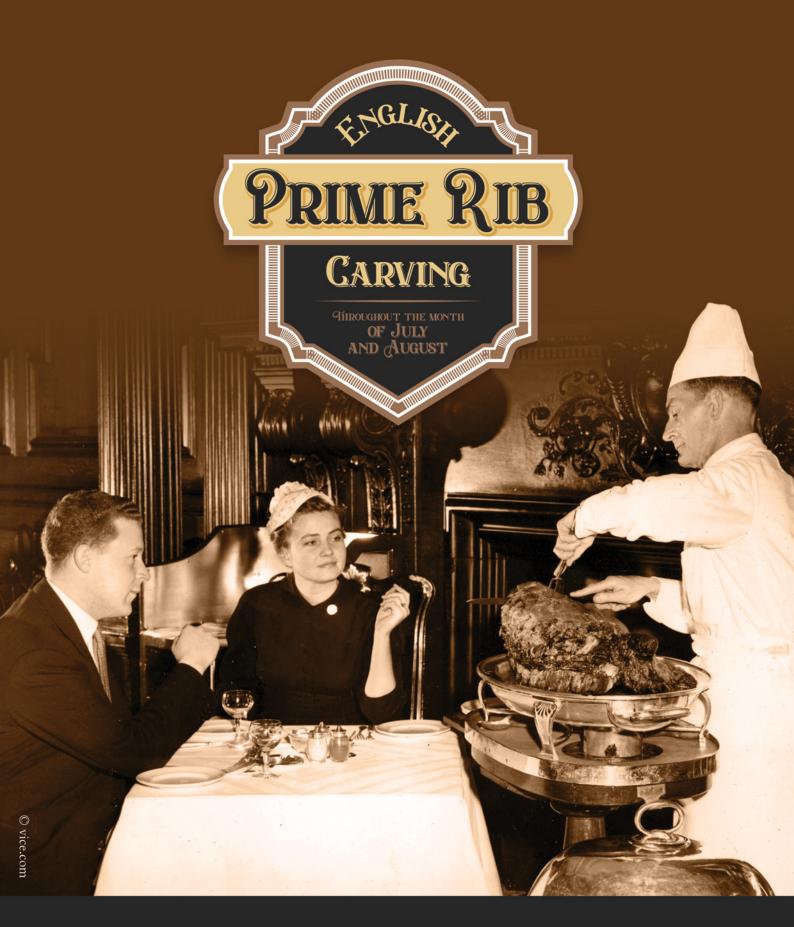
The Committed

Viet Thanh Nguyen

One Italian Summer

Rebecca Serle







Celebrating the classic carving Cadillac, featuring a traditional English Roasted Prime Rib of Beef with a rotation of side dishes.

Enquiries: 2830 9559 or bar@hkfc.com

