

# CLUB

HONG KONG FOOTBALL CLUB

香港足球會

MAY 2024



**RUGBY**

## TRADITION HKFC 10S

**SOCCER**

HKFC STANDARD CHARTERED SOCCER SEVENS 2024

**SWIMMING AND TRIATHLON**

WORLD TRIATHLON CUP 2024



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## Hong Kong Football Club

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Monthly journal of the Hong Kong Football Club.  
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HONG KONG FOOTBALL CLUB

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# THE THOUGHTS OF THE CHAIRMAN

## 主席的話

Neil Jensen  
Chairman



I trust that all of you had an enjoyable time last month during Rugby Week. It was a very busy week, commencing with the **Tradition HKFC 10s** and great to see so many absent members coming back to visit us. It was refreshing to see levels of patronage that were on a par of pre-pandemic levels and I sincerely hope this can only grow from here.

I am delighted to tell you that, based on preliminary calculations, the Club experienced a considerably higher level of activity compared to last year.

In May, our focus will once again shift to football and celebrating its 25th anniversary year, we are delighted to welcome new sponsors to the **HKFC Standard Chartered Soccer Sevens**. This tournament is scheduled to take place from 24th to 26th May and will showcase the talents of young players from English Premier League teams, alongside some of our very own regional stars and contenders.

Mark your diaries for 23rd of May for the Sportsman's Dinner where we will welcome one of our Honorary Members **Les Ferdinand** as the main speaker.

For the first time, the tournament will include an inaugural **Women's 7s** competition as well. Detailed information about the tournament will be available on the Club's website, so be sure to keep an eye out for the official fixtures.

Finally, we will be holding our inaugural **HKFC Annual Sports Awards** on **Saturday, 7th of September**, where we will celebrate our sporting successes of the previous year with all sections and societies in one place for the very first time.

I look forward to celebrating these sporting events with you. See you at the Club and have a great month.

**Neil Jensen**  
Chairman

相信大家於上個月的欖球周都度過了一段歡樂時光。今年的欖球周非常忙碌，首先有**港會十人欖球賽**打響頭炮，很開心見到眾多闊別一時的會員回來探望我們。看到入場觀看賽事的人數媲美疫情前的水平，實在讓人興奮，衷心希望之後的賽事規模只增不減，可以繼續吸引到更多人參與此項盛事。

此外有一個好消息與大家分享，經初步計算，本會的於欖球周的活動數量與去年相比有大幅增長，可喜可賀。

來到5月，我們會將焦點再次放在足球。適逢七人賽25周年，很高興迎來**香港足球會渣打七人足球賽**的新冠名贊助。賽事將於5月24至26日舉行，到時一眾英超球隊的年青球員將會在主球場上一展球技，並與本地部分球會及其他勁旅的星級球員一較高下。

同時記得在日程簿上標記好5月23日 Sportsman's Dinner 這一天，因為我們將邀請到本會其中一位榮譽會員**費迪南 (Les Ferdinand)** 擔任當晚的主講嘉賓，值得期待。

前所未有地，港會七人賽將增設首屆**女子組賽事**，賽事的詳細資料將上傳到本會網頁，所以緊記留意官方賽程的最新消息。

最後，我們將會於**9月7日 (星期六)** 舉行首個**香港足球會年度體育頒獎禮**，史無前例地與所有體育部及體育組同場慶祝本會過去一年的體育成就。

期待與大家一同慶祝以上的體育盛事，之後在本會再見，祝大家5月順順利利。

主席 **Neil Jensen**





# Mamaheimer

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an “explosion” of flavours for the mothers.

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For menu, please scan  
the QR code



T: 2830 9562  
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## MOTHER'S DAY CAKE AND CUPCAKES FOR PRE-ORDER

Throughout the month of May

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# GENERAL MANAGER'S MONTHLY MESSAGE

## 總經理的話

Randal Linhart  
General Manager



I would like to echo the sentiments expressed by our Chairman and extend my warmest greetings to all of you. I hope you had a fantastic Rugby Week, and now we eagerly anticipate the exciting soccer matches that await us at the end of the month. It brings me immense joy to witness everyone enjoying themselves in the Club, fostering a vibrant and welcoming atmosphere. Additionally, I urge you to mark the calendar for some other important tournaments happening in the Club.

The **Junior Soccer 7s** will take place on 18th and 19th May, providing young athletes with the pinnacle of their season as they gear up for the main event. During May, several of our Men's and Ladies' Hockey teams will also be vying for glory as they enter the final rounds of the **Hockey Hong Kong China Cups**. Once again, our Ladies A Team will strive to secure the League and Cup double, and we have high hopes for our other divisional teams as well.

Up in the club house, there's a palpable buzz in the Sports Hall from 10th to 12th May, as we host the **HKFC & TORQ SPORTS Junior Badminton Tournament 2024**. 12th May, in particular, promises to be an exceptional day at the Club, with a plethora of sporting events to witness. Back down on the Main Pitch, we have another home match in the **Hong Kong Premier League**, featuring our 1st Team against Crownity North District. Let us unite in cheering for our team and showing them our unwavering support.

As we approach the conclusion of various league seasons, I would like to remind everyone that the Club's Main Pitch is exclusively reserved for Rugby and Soccer team training sessions and approved matches. Social play or ball games that are not included in the official schedule should be conducted on the Training Triangle. This measure ensures that we can maintain the highest quality of pitch surface both now and in the future. I kindly request all Members to refrain from accessing the pitch outside of the approved bookings, and I sincerely appreciate your understanding and cooperation in this matter.

I look forward to seeing you down at the Club soon!

**Randal Linhart**  
General Manager

在此呼應前頁主席的話，本人亦想向所有人致以最誠摯的問候。希望大家都過了個愉快的欖球周，現在我們熱切期待着月底緊張刺激的足球賽事。本人十分高興看到各位在本會玩得開心，營造出熱情友好的氣氛。此外，呼籲大家在月曆上標記好本會其他重要的賽事日，以免錯過任何精彩時刻。

**香港足球會青少年七人足球賽**將於5月18日至19日舉行，一眾年青球員將會為主賽事做好準備，迎接他們賽季的巔峰挑戰。5月期間，本會數支男子及女子曲棍球隊亦將在**中國香港曲棍球盃**的最後幾輪比賽中爭奪殊榮，女子A隊會再次力爭聯賽及盃賽賽事的雙冠王，我們同時也對本會其他級別的隊伍寄予厚望，加油！

我們會於5月10日至12日在體育館主辦**2024香港足球會TORQ Sports青少年錦標賽**，相信到時會所將會十分熱鬧。而5月12日更保證是本會特別的一天，皆因當天可以觀看非常多體育賽事。回到主球場，本會的足球隊一隊再次有**香港超級聯賽**主場賽事，要迎戰均業北區，讓我們團結一致為球隊打氣，向球員展示熱烈支持。

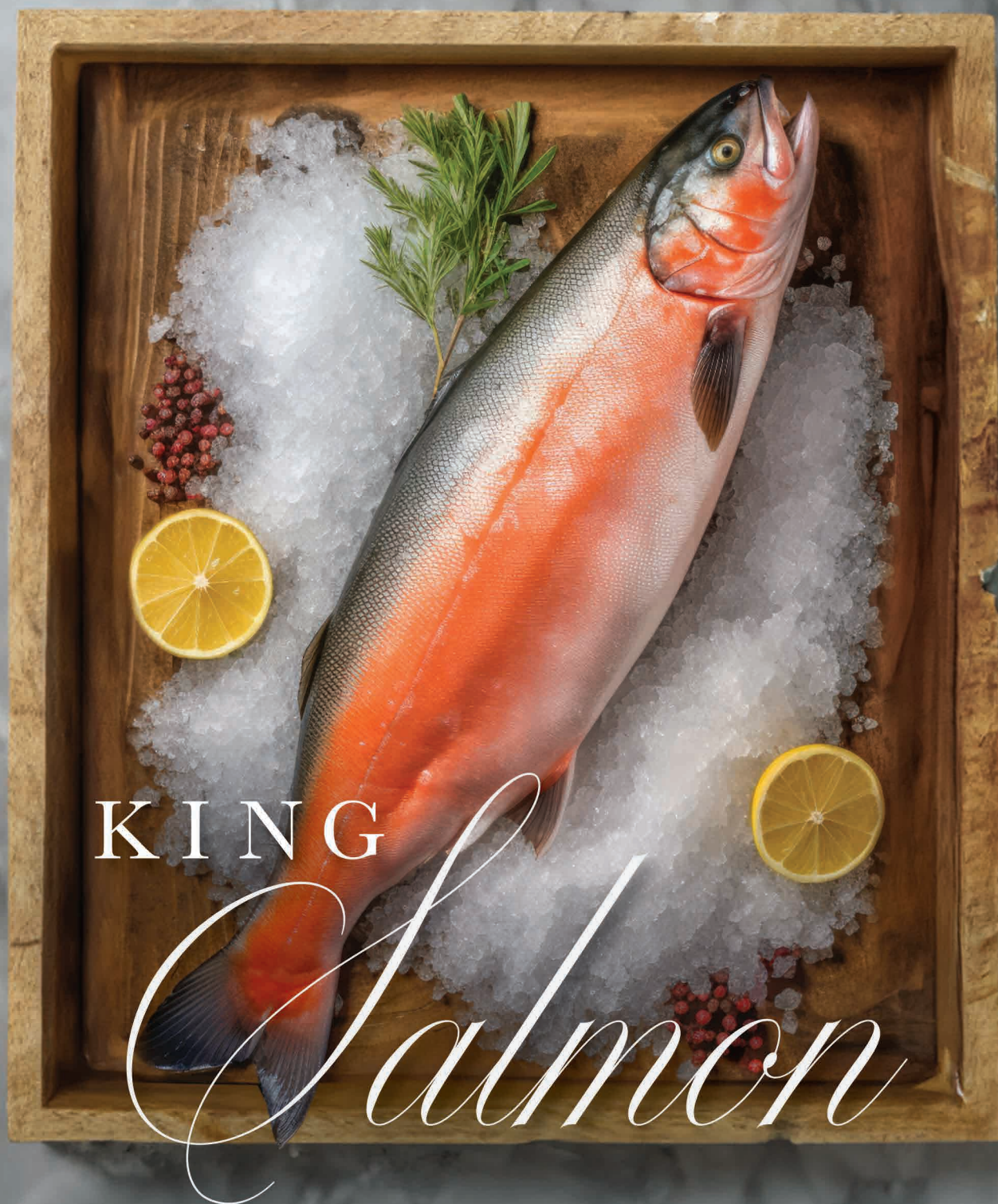
隨著部分聯賽已經完季，想提醒各位本會的主球場只可進行欖球隊及足球隊訓練，以及獲批准的比賽。未有在官方時間表列出的聯誼賽事或球類運動應在訓練場進行，以確保球場的草地質素現在及將來都可以維持在最高水平。懇請所有會員避免於未經許可的情況下使用球場，衷心感謝大家的理解及合作。

期待與大家在本會相見！

**總經理 林克朗**



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# *Embracing Eco-Responsibility:* HKFC'S COMMITMENT TO A GREENER FUTURE



**T**he "Product Eco-responsibility (Amendment) Bill 2023" has officially come into effect in April. This legislation regulates the use of disposable plastic tableware and other plastic products, aiming to reduce waste and promote environmental sustainability. Our Club has wholeheartedly embraced this initiative, ensuring full compliance with the government's policy. Together, we can make a significant impact in reducing plastic waste and preserving our planet for future generations.

## ADHERING TO THE NEW REGULATIONS

Effective immediately, the Club will no longer distribute for free a range of disposable plastic products in our F&B outlets and changing rooms.

Please refer to <https://rb.gy/trltt0> for the government announcement on the regulation and the list of affected items.

## WASTE AND RECYCLE MANAGEMENT INITIATIVES

In addition to complying with the government's regulations, the Club has taken proactive steps to enhance waste and recycle management. The Club now facilitates the collection of various items, ensuring they are properly handled. These include food waste, used cooking oil, glass bottles, plastic bottles, tins and metals, cardboard paper, electronic devices, old tools, and old uniforms and linens. All waste is diligently sorted and collected in designated areas.

## ANTICIPATING THE MUNICIPAL SOLID WASTE CHARGING SCHEME

We eagerly await further announcements from the government regarding the implementation of the Municipal Solid Waste (MSW) charging scheme, which is anticipated to commence on 1st August.

In preparation for this scheme, the Club has devised a comprehensive plan to further enhance waste management practices. Under the MSW charging scheme, waste will be sorted in the back of the house, with different materials collected by specialised handlers. This approach eliminates the need for extra bins and bags, and will facilitate efficient waste sorting. By implementing sorting and crushing methods, the Club aims to reduce all kinds of waste, resulting in more desirable result.





# TRADITION HKFC 10S

The pinnacle of HKFC's Rugby Season was back, with the Tradition HKFC 10s returning for the 36th edition of the World's Best 10s. With international stars from over 20 different countries, we were guaranteed another 2 days of drama, pace and dynamic rugby action!

**T**he 2024 tournament saw the competition expand to the largest it has ever been with 12 men's teams & 8 women's teams, whilst introducing 8 new teams into the fold

alongside strong returning names like 2023 Men's Champions **Tradition YCAC** and Women's Champions **RKS Shogun RFC** (formerly known as Samurai RFC).

## DAY 1

The Men's Tournament saw the form book get thrown out in Pool A, with new additions **Pig Athletic Club (PAC)** BaaBaas toppling **Tradition YCAC** in a tense affair (7-5), and dominating against **Preseli Baabaas** and **China Five Stars**.

That was contrasted with smooth sailing for **Shogun RFC**, with the 2023 runners-up scoring 18 tries and conceding none in Pool B.

Pool C saw 2023 semi-finalists **Streamline Sports Overseas Old Boys** top the pool with 2 wins and a draw; although our favourite match of the pool was seeing **HKFC Natixis Club** secure 2nd place after **Murray Brechin** snatched victory on full-time against **Taikoo Place Scottish Exiles**.

The Women's Tournament saw the 8 teams split into 2 pools of 4. Pool A saw **RKS Shogun RFC** back to winning ways despite close challenges from Haywards Tropics (10-5) and FindRugbyNow (7-5).

Meanwhile, Pool B saw debutants **China Five Stars** emerge as title contenders with dominant





performances against the tournament's 2 other debutants (**Shandong Rugby Club & Papua New Guinea**) and last year's finalists **Tokyo Sankyu Phoenix**.

## DAY 2

With one day of exciting pool play down, our eyes turned towards knockout rugby on Day 2. In the Women's Cup quarterfinals, Haywards Tropics, China Five Stars & Shandong Rugby Club all comfortably won, with the closest of the quarters being a re-match of the 2023 Cup Final between **RKS Shogun RFC** and **Tokyo Sankyu**

**Phoenix**, with RKS Shogun RFC once again prevailing.

The Men's Cup quarterfinals also saw comfortable wins for 3 teams (Shogun RFC, Tradition YCAC and PAC Baabaas), with the closest match being between **Ashbury Tropics** (featuring Fiji International Nemani Nadolo) and Streamline Sports Overseas Old Boys: a last-minute penalty goal saw Ashbury Tropics snatch an 8-7 win.

The women's semi-finals were hotly contested, with only 1 try separating

both matches. Shandong dealt **RKS Shogun** with their first defeat at the 10s ever, scoring from close range to deny RKS Shogun a second straight title (5-0). The other semi-final saw Haywards Tropics beaten by **China Five Stars** by 10-7: despite a brilliant solo effort by Black Ferns 7s and 15s stars Kelsey Teneti, China showed great resolve to score in the corner on full-time.

Similar drama was replicated in the men's semi-finals: a bruising encounter between Ashbury Tropics and PAC Baabaas saw PAC Baabaas' Australia 7s squad members shine (**Conor Hickey, Dally Bird** and **James McGregor**) as they raced to a 28-12 victory. In the other semi-final, **Tradition YCAC** saw their title hopes dashed with an incredible touch-line conversion on full-time by Shogun RFC player **Brayton Northcott-Hill**.

The Women's Final was an All China affair, as **China Five Stars** faced off against **Shandong Rugby Club**. China Five Stars, led by Performance Coach **Sir Gordon Tietjens** were too good for Shandong running in 4 tries to win by 26-0.



## SPORTS

The Men's Final was certainly a tale of 2 halves, with PAC BaaBaas racing to a half-time lead (12-0), before Shogun scored back 2 tries of their own to snatch the lead away (12-14). The real drama though was right on full-time, as **PAC BaaBaas** were given the opportunity to win with a penalty kick, which sailed to the left of the posts to the delight of **Shogun RFC** – giving them their first Tradition HKFC 10s win in 15 attempts.

Thank you to everyone involved in making the Tradition HKFC 10s a resounding success: the 10s, Rugby Section & General Committees, HKFC's Management Team and staff, and all the volunteers who without whom we couldn't run what is renowned as the World's Best. We already cannot wait for next year!

### RESULTS

Burgee-Wotten Cup Winner

**Shogun RFC**

14-12 vs Athletic Club BaaBaas

Men's Plate Winners

**HKFC Natixis Club**

10-7 vs East Africa RFC

Men's Bowl Winners

**Preseli Babas**

22-5 vs China Five Stars

Women's Cup Winners

**China Five Stars**

26-0 vs Shandong Rugby Club

Women's Plate Winners

**Haywards Tropics**

17-5 vs RKS Shogun RFC

Women's Bowl Winners

**Tokyo Sankyu Phoenix**

36-7 vs Papua New Guinea

Men's Best & Fairest

**James McGregor, Pig Athletic Club Baabaas**

Women's Best & Fairest

**Bright Saena, RKS Shogun RFC**

### Scan the QR Code

To view the results

Day 1



Day 2







Scan the QR Code  
To view more photos







# HONG KONG PREMIERSHIP GRAND CHAMPIONSHIP FINALS

**O**n Saturday 23rd March, Hong Kong Football Club's Rugby Section competed in the Nan Fung | SEWIT Hong Kong Premiership Grand Championship Finals.

This was the first time in the Section's history where HKFC competed in all 3 Premiership finals:

In the Men's Premiership, HKFC Natixis Club were crowned Grand Champions for the 3rd year in a row, beating HK Scottish RFC (15-6). This was also the 3rd consecutive year where they won 'the double', winning both League and Grand Championship titles.

In the Women's Premiership, HKFC Natixis Ice narrowly lost to rivals Societe Generale Valley (3-11). This was the 2nd consecutive year where the women's premiership team reached the finals & the 2nd consecutive year where they were crowned League Champions.

In the Men's Premiership A, HKFC Natixis Dragons were also crowned Grand Champions, winning with a penalty kick in extra time (full time 26-23)! They also won the 'double'.







# HKFC YOUTH RUGBY FESTIVAL 2024

## CELEBRATING YOUTH AND SPORT

**O**n 24th March, 2024, the Hong Kong Football Club hosted the HKFC Youth Rugby Festival, bringing together young athletes, coaches, and families. It was a day filled with enthusiasm, competition, and community spirit, marking another successful year for this much-loved event.

The event saw 234 teams participate, with around 2,500 players ranging from U5s to U12s. The enthusiasm and skill displayed were a testament to the vibrant youth rugby community.

This year's festival was marked by unusually warm weather, with temperatures reaching 32 degrees. Despite the heat, players performed superbly, displaying commendable endurance and an unwavering competitive spirit.

The presence of senior national players from the Hong Kong China Women XV team added excitement, offering

inspiration to young athletes dreaming of future rugby success.

Teams from Hong Kong and Macau came together, contributing to a dynamic atmosphere at the festival. Some age group highlights:



### U5

Relishing the opportunity to play at home against other U5 teams, the increased go-forward and defensive pressure versus previous festivals had all the coaches and parents in shock and beaming with pride. All 3 teams played incredibly well with plenty of smiles, tries and very pleasingly tackles!





## U8

8 HKFC U8 teams (lucky numbers!) played host to their friends from other clubs taking the mid-day slot on the Main pitch. All 8 teams ended the day with a winning record continuing their strong performances throughout the season.

Special mention for the inaugural U8 girls' division which saw a 5-team girls-only round robin take place. The speed and athleticism from some of our girls made this the one to watch on the day!

## U10 BOYS

The highlight in the FC1 games was the resolute determination in defeating the Sai Kung Stingrays. Against much bigger opponents, the team showed tremendous resilience and earned a well-deserved win.

**Alex Ussani, William Butcher** and **Kingsley King** shone brightly with their powerful carries. They never missed a tackle especially when the opponents threatened near our try line. As always the **Chan** twins displayed impressive footwork. Special recognition goes to **Theo Ng, Markus Lee, Daniel Arisiry** and **James Cameron** for their contributions in scoring tries that ultimately led us to victory.

FC2 had good win against Shatin Shapei and a tough final game against Valley Fort. A few missed tackles lead to tries against us. The highlight of that game was the commitment shown by the entire team to hold on to a spell of possession involving multiple phases, resulting in a well-deserved try by **James Ervine**.

FC3 had two wins and two losses on the day. Their wins were a tryfest with great running rugby leading to scores by **Tor Hallov, Adrian Wong, Lexton Lee**, and **Norman Mui**.



## U10 GIRLS

Having continued to steamroll the girls division. FC1 & FC2 decided to again try their hand in the U10 Boys division out on Happy Valley Pitch 6. The result was a perfect winning record which included an 8-0 thrashing of one rival club and most girls ending up on the scoresheet through the day.

Thrilling for all the parents and coaches it was great to see both the skill and intensity our girls showed, more than matching the boys in their matches. We're excited for next season as several U10 girls will move up to U12 to support HKFC's defence of the Kim Lam Cup.



## MANY THANKS

The festival culminated in a presentation ceremony with esteemed guests from Hong Kong China Rugby (HKCR), Hong Kong Mini Rugby Football Union (HKMRFU), and representatives from our sponsors Natixis Corporate & Investment Banking, AIA, Mourant, Latham and Watkins, and Toppan Digital Language, who offered words of encouragement and presented trophies to the winning teams. During the ceremony, we also expressed our gratitude to **Evan Moore** for his years of dedication to the festival and extended a warm welcome to **Sebastien Gaudre** as the new lead organiser.

As we reflect on this year's festival, we're reminded of the power of community and sport to bring people together. Here's to another year of growth, camaraderie, and rugby.

A very special thank you to those parents who volunteered as pitch marshals and control points. As you all know these things don't happen by magic and we are extremely grateful for the support of our parent volunteers.



## KIM LAM CUP U12 GIRLS

HKFC U11/U12 Girls won the Kim Lam Cup on 24th March, defeating USRC Tigers in the final 2-1. HKFC 2 and HKFC 3 also came away as runner-ups in the Plate and Bowl competitions respectively. Well done to all the players!

HKFC1 won all seven games on the day, with an aggregate score of 30-2, with standout performances across the team. They won a tight final through consistent attack and dogged try line defence with tries from captain **Amika Potgieter** and the winner by **Valentina Walters**. Notable defensive cover by **Caroline Lindsay**, **Chloe Fulton** and **Abbie Fulton**.

HKFC2, mostly U11 age group, played



five tough games in the A division, beating Sandy Bay 1, before a Plate semi-final win against Sai Kung Stingrays. In the Plate final they were narrowly beaten by Sandy Bay 1 on a Golden Try after regular time finished 2-2, twice coming back from to level the scores. HKFC3 won two, drew two and lost one in the round robin in the B

division. After beating DB2 in the Bowl semi-final they narrowly lost out 3-1 vs USRC Tigers 2 in the final.

Overall, it was an exceptional day of rugby for all the girls with strong performances across the three squads, with HKFC1 bringing home the Kim Lam Cup to Football Club.

## RICHARD HAWKES TROPHY U12 BOYS

An 8-year journey ends in HKFC hoisting the Richard Hawkes Trophy.

After one of the longest and coldest winters that your reporter can remember, the weather gods flicked a switch and Sunday 24 March was an absolute furnace of a day.

Club's four U12 teams played numerous final round matches in midday sun. Rather oddly FC4 having to play 50% more matches than other teams!

Anyhow, the result was that FC3 and FC4 did not make the knockout stage.

FC2 powered their way through the semi to the Plate Final and won in emphatic style.

FC1 similarly won their Cup semi. The season's two strongest teams in the season long tournament met in the Cup Final: FC1 and DB Pirates 1. The boys did them selves proud establishing a 3 try lead, with our friends from Lantau scoring a consolation try on the klaxon: 3-1.







HKFC  
Standard Chartered  
SOCCER SEVENS  
2024

# HKFC STANDARD CHARTERED SOCCER SEVENS 2024

The 25th Anniversary of our world-famous HKFC Sevens Tournament kicks off at the end of May, and this year, we are planning the biggest event yet. Between 24th and the 26th of May, we anticipate around eight thousand people through the 'turnstiles'. Last year's event got a late go-ahead to proceed with the mask mandate and travel restrictions being relaxed just in time to go forward, which meant that planning was challenging. Despite these challenges, the team pulled off a fantastic tournament. This year, we've had no such issues to contend with, and under the stewardship of our new tournament director, Scott Semple, the 7's committee has been working on the 2024 event since late 2023.



2023 Champions Aston Villa



Sevens 1999

**A**fter our longstanding sponsor, Citi, decided to step away from the event, we are thrilled to announce the introduction of Standard Chartered Priority Private as the Title Sponsor, and we can't wait to see the Stadium decked out in their branding

It's an incredible feat for our Soccer Section and our Club to have run this competition since 1999. Founded and run by **Tony Bratsanos**, the event has seen some top talent in terms of future and past top-tier players. Emerging players at the time, such as **Jack Grealish**, **Gabriel Agbonlahor**, and big names of yesteryear, such as **Jürgen Klinsmann**, **John Barnes**, **Andy Cole**, **Matt Le Tissier**, **Des Walker**, **Didier Six**, **Mustapha Hadji**, **Peter Beardsley**, **Craig Armstrong**, **David Johnson**, **Des Lyttle**, **Jason Lee**, and **Michael Thomas** have competed in the tournament. Last year's Player of the Tournament **Omari Kellyman**









































of Aston Villa made his 1st Team debut this year in the EFL Cup and has also played in this season's Europa Conference League.

Arguably one of the competition's most appealing factors is its focus on youth. While seven-a-side events the world over have largely relied on household names from days gone by to draw crowds for Masters tournaments, organisers at Hong Kong Football Club sought to also



























David James in Action



Season	Title Sponsor	Main Cup	Main Shield	Main Plate	Masters Cup	Player of the Tournament
1999	None	 Blackburn Rovers			Carling All Stars	Jon-Paul McGovern
2000	Philips Lighting	 Instant Dict			Lorenz All Stars	Leon Knight
2001	Philips Lighting	 Arsenal			Instant Dict Veterans	Liam Chilvers
2002	Philips Lighting	 Aston Villa			Philips All Stars	Jonathan Bewers
2003		Not Held due to SARS outbreak				
2004	Philips Lighting	 Aston Villa			Philips All Stars	Stephen Cooke
2005	Philips Lighting	 Urawa Red Diamonds		 Kitchee	Lorenz All Stars	Sergio Escudero
2006	Philips Lighting	 Urawa Red Diamonds			Lorenz All Stars	Gabriel Agbonlahor
2007	Philips Lighting	 Aston Villa			Lorenz All Stars	Zoltán Stieber
2008	Philips Lighting	 Aston Villa	 Urawa Red Diamonds	 PSV Eindhoven	Rangers Legends	Barry Bannan
2009	IP Global	 Celtic	 Daejeon Citizen	 Birmingham City	Golden Rainbow	Paul McGowan
2010	IP Global	 Aston Villa	 Ajax	 Eastleigh	Kokusai F.C. Tokyo	Andrew Shinnie
2011	Citibank	 Kitchee	 Daejeon Citizen	 HKFC Captain's Select	Top Class F.C.	Ubay Luzardo
2012	Citibank	 Newcastle United	 Leicester City	 West Ham United	Aegon AFC All Stars	Daniel Johnson
2013	Citibank	 Leicester City	 Aston Villa	 Hong Kong Rangers	Rangers All Stars	Harry Panayiotou
2014	Citibank	 Manchester City	 Aston Villa	 Leicester City	Aegon Ajax All Stars	Brandon Barker
2015	Citibank	 Atlético Madrid	 Hong Kong Rangers	 Hong Kong FC	USRC-BTS	Samuel Sáiz
2016	Citi	 Aston Villa	 Leicester City	 Stoke City	Citi All Stars	Khalid Abdo
2017	Citi	 Leicester City	 West Ham United	 Bayer Leverkusen	Citi All Stars	Josh Epplah
2018	Citi	 Newcastle United	 Aston Villa	 Newcastle Jets	Discovery Bay	Victor Fernández
2019	Citi	 Newcastle United	 Wolverhampton Wanderers	 Aston Villa	Wallsend Boys Club	Elias Sørensen
2020		Not held due to COVID-19 pandemic and ongoing Hong Kong protests				
2021						
2022						
2023	Citi	 Aston Villa	 Newcastle United	 Rangers	Wallsend Boys Club	Omari Kellyman



Harvey Barnes

Team	Cup Wins	Shield Wins	Plate Wins
 Aston Villa	7 (2002, 2004, 2007, 2008, 2010, 2016, 2023)	3 (2013, 2014, 2018)	1 (2019)
 Newcastle United	3 (2012, 2018, 2019)	1 (2023)	0
 Leicester City	2 (2013, 2017)	2 (2012, 2016)	1 (2014)
 Urawa Red Diamonds	2 (2005, 2006)	1 (2008)	0
 Kitchee	1 (2011)	0	1 (2005)
 Arsenal	1 (2001)	0	0
 Atlético Madrid	1 (2015)	0	0
 Blackburn Rovers	1 (1999)	0	0
 Celtic	1 (2009)	0	0
 Instant Dict	1 (2000)	0	0
 Manchester City	1 (2014)	0	0
 Daejeon Citizen	0	2 (2009, 2011)	0
 Hong Kong Rangers	0	1 (2015)	1 (2013)
 West Ham United	0	1 (2017)	1 (2012)
 Ajax	0	1 (2010)	0
 Wolverhampton Wanderers	0	1 (2019)	0
 Bayer Leverkusen	0	0	1 (2017)
 Birmingham City	0	0	1 (2009)
 Eastleigh	0	0	1 (2010)
 Hong Kong FC	0	0	1 (2015)
 HKFC Captain's Select	0	0	1 (2011)
 Newcastle Jets	0	0	1 (2018)
 PSV Eindhoven	0	0	1 (2008)
 Rangers	0	0	1 (2023)
Stoke City	0	0	1 (2016)





Peter Beardsley 2014

look in the opposite direction from day one. "A lot of us were invited to tournaments in Singapore, Thailand and Malaysia as seven-a-side competitions had already been created by clubs such as Singapore Cricket Club," recalls Bratsanos. "We played in those tournaments against some of the great old stars like **Alan Kennedy, Mario Kempes** and **Didier Six**. I was chairman of the Soccer Section, and at our AGM, I said we could stage our own tournament because our facilities are excellent, probably better than many others. The then chairman, **Alistair McCleod**, endorsed it, so off we went. It was very much focused on the

Masters in those days, but our big trick was going for the youth, so we started inviting the academies over."

According to Bratsanos, Blackburn Rovers and Celtic were the big-name draws at the inaugural event in 1999. And it was the 1994-95 English Premier League champions who would be the first winners after they defeated the Glasgow side in the final.

The following year local side Instant Dict overcame Chelsea in the final as they became the first winners from Hong Kong, although English teams would establish a dominance in the ensuing years.

Arsenal were crowned champions in 2001 after ending Instant Dict's bid for back-to-back titles, before the Gunners were defeated by Aston Villa in the final a year later as the Midlands side began their love affair with the tournament. This year, the now seven-time champions Aston Villa return to Hong Kong to defend their 2023 title, for the silver anniversary of the tournament.

The HKFC Standard Chartered Soccer Sevens is a labour of love for the people who work tirelessly plan and execute it. We are looking forward to another hugely successful event and hope to see you all there.



Marcel Desailly 2019

## FORMAT OF THE COMPETITION

The men's competition is broken into two Competitions: the Main Draw, which sees teams compete for the Cup, Shield, and Plate, and the Masters Draw, with the Masters Cup at stake.

This year, we have eight teams competing in the Main Competition and eight in the Masters Competition.

### Main Teams\*

HKFC 1 | HKFC 2 | Aston Villa  
Newcastle United | Glasgow Rangers  
Leicester City | Brighton and  
Hove Albion | West Ham United  
Fulham | HKFA U23  
Singapore Cricket Club  
Yau Yee League Select  
Tai Po & Singapore Football Club

### Masters Teams\*

HKFC Masters  
HKFC Chairmans Select  
Rio Cricket | Havas Players  
Singapore Cricket Club Masters  
Wallsend Boys Club  
Discovery Bay | KCC Vets

## WOMENS TOURNAMENT

Following the success of their exhibition game last year, we are excited to introduce a Women's Competition this year with between four and eight teams joining. Subject to the number of eventual teams in the competition, they will be competing for the Women's Cup and Women's Plate.

### Women's Teams\*

HKFC | Kitchee | Chelsea  
Grace Citizen | Shatin | 247 FC.

## JUNIOR SOCCER

Junior Soccer wraps up its Junior 7s Tournament over the weekend, with teams having played most of their games the previous weekend.

\*Teams confirmed as at time of press.

## CRUSADERS

Our HKFC Crusaders will again continue with their traditional exhibition game on Saturday. This has proven to be a fan favourite, and the kids get a huge lift from the crowd cheering every goal and save.

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View information on tickets can be found on the Sevens Website



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# MENS FS CHAMPIONSHIP WINNING SEASON

**A**fter a promising 2022/23 season finishing in third place, we went into this pre-season with a ton of optimism. We had already decided to stay faithful to our existing squad and had hand-picked from the season before our new signings - a trusty, solid full back in **Donald Sham**, a gut running competitive beast on the left side in **Stefan Heunis**, and, of course, **June Wong**, who's composure and vision allowed him to set up play after play in the core of our midfield. Pre-season friendlies gave us a great opportunity to see how these new additions would gel. They didn't disappoint with big wins against our old rivals Cricket Club and Valley.

The season started at home against Aquila A, a game that's circled when the fixtures are released. With 4 ex-Aquila boys in our team this was always one we looked forward to. It didn't disappoint with last year's leading goal scorer **Leslie Pang** making his mark straight out of the gates with a hat-trick in the first game and a 5-1 thumping.

Our third game of the season was against Kai Tak B, who fancied themselves as one of the favourites this season. Away at boundary street it was always going to be a challenge but the boys came through with a hard fought 3-2 win. It was only our third game but you'd be excused if you mistakenly thought that we had won the league with the over top celebrations! It certainly felt like a big win, pressure built up and expectations were high, this was certainly one for our coach, **Louman**. His pre game research, intel gathering was taken to another level before this game day.

We continued to play free flowing attacking hockey with our wings, **Jason Yates**, **Chris Jones**, **Clive Miners**, and **Patrick Lam** all getting involved in fantastic attacking plays. 6 Games in, we had a 100% record, had scored 21 goals, but had also let in 8. Our defenders were not happy with the lack of clean sheet fantasy points, but they were on the horizon.

Next was Ittihad, a tough opponent,

who caused us to drop our first points. While the defence got their clean sheet, the attackers drew their first blank in a goalless draw. **Mike Tyrrell**, **Warren Suen**, **Gary Tsang**, **Ashwin Padgaonkar**, **Wing Wong** and **Prakash Kirpalani** were the cool kids in the bar celebrating the clean sheet, while the flamboyant forwards all hung their heads in shame after missing countless big chances to score.

We dusted ourselves off and put that experience behind us winning the next 6 games. Game 14 of the season at the end of February was going to be an interesting one, as a win would potentially crown us champions elect with 6 games and over 2 months left to go in the season. Although our usual F team flair was not on display, we did grind out a controlled 2-1 win to secure the title. Winning the league so early felt like declaring your innings at tea on the first day of a cricket test.

Invincibility was still on the cards as we aimed to go all season without a loss.







Unfortunately, this came to an end on what can only be described as an unplayable cabbage patch at Recreio resulting in a 1-0 defeat. Historically, the Recreio grass pitch has been perfectly rolled and in good nick, but this wasn't the case this season.

It has been a fantastic season - one that has garnered two trophies at the time of writing (the Guru Nanak Plate and HHKC Div 4) - and one that has been so much fun to be a part of. The dedication of our guys, **Bertie Leung, Ken Chan, Peter Choy, Geoff Wong, Azhar Rafee, Maurice Mak, CK Yu and Benjamin Bejczy** proving that a squad mentality is so vital in having a successful season.

Training attendance numbers have been phenomenal throughout the season - and it's no surprise to see the teams with high numbers attend regular team training atop of their leagues.

Thanks again to our goalkeeper and coach **Lewis Man** for his dedication throughout the season.

Well done boys!



## REACH THE ELITE



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# WORLD TRIATHLON CUP 2024

**T**he Hong Kong leg of the 2024 World Triathlon Cup was held on Sunday, 24th March. A big contingent from the HKFC Swim & Triathlon Society participated in the Sprint Distance format in Wan Chai Promenade.

Athletes swam 750 meters in Victoria Harbour, then cycled 18km, and finally ended the event by running 5km.

HKFC won the Open Relay with **Craig Nortje, Fred Clatworthy** and **Caitriona Jennings**, (swimming, biking and running, respectively) in a time of 55min 58secs.

**Janet Wu** took 2nd place on the podium in her AG in a time of 01:16:35.

**Debby Hanley** took 3rd place on the podium in her AG in a time of 01:24:39 and **Begum Demiral** took 5th place in her AG in a time of 01:29:31.

**Richard Hall** won his AG in a time of 01:07:15.

**Mayank Vaid** took 4th place in his AG in a time of 01:12:26.

We also had athletes braving the extremely hot day, like Vasco van der Flier who was flying on the course but then he realised that he forgot to wear the timing chip. And our Society's Chairman who after setting a Hong Kong Rowing record a few weeks before this hot race, decided to try his expertise in triathlon. Such an excellent turnout in an iconic race.





# ALEX FONG

## A WORLD MASTER SWIMMING CLASS OF HIS OWN

**A**mid the return of the placidity and the humdrum of life immediate after the uneventful Chinese Lunar year shenanigans in Hong Kong, our ex-Hong Kong Champion and Olympian and Hong Kong record holder **Alex Fong** whipped up Hong Kong pride with a loud bang in the World Master Swimming Competition in the afar Doha, Qatar. In the last World Master meet in Japan HKFC sent out a colossal team of eight swimmers. Whilst the entire Hong Kong swimming team have decided to relegate competitive swimming to a subordinated role in their busy domestic life for this meet, our Alex once again showed his mettle and leadership by stepping to the fore and being the only swimmer representing HKFC in this world meet.

Prior to his departure the team already had a prescient sense that Alex would made a significant impact in this world swimming meet. The teams' optimism was more than justified by Alex's outstanding solo performance in his five individual events. He had an auspicious start by clocking 2m 19s in the 200m backstroke and clenching the silver medal in his first event. This was



followed by the very competitive 100m backstroke in which he earned a narrow 4th place. Alex then broke the Hong Kong master record and was placed third in the 200m Individual Medley coming in 2m 17s. He then managed to secure a 4th place under 5m 04s in the most gruelling pool swimming event being the 400m Individual Medley. Put his extraordinary race time into perspective -that would take a normal person the same time being less than 5 minutes and 4 seconds to stroll up and down a standard 50m swimming pool eight times!! Despite the mental and physical exhaustion, Alex in his typical good sportsmanship fashion gave it all in his last event being 200m butterfly touching the wall in 2m 27s.

Hong Kong swimming prodigy son's performance was both inspiring and tantalising and has fully vindicated why he is considered as one of the best, if not the best, competitive swimmers for his generation in Hong Kong. Alex demonstrated that determination, consistency and positivity is a sine qua

non for success whether in swimming or otherwise. His exemplary attitude has invigorated the team to step up and train harder for the next World Master Swimming Championship in Singapore next year.

Swimming arguably is one of the most competitive and demanding sports. However, master swimming somehow is underrated and does not receive the attention that it deserves in Hong Kong in a stark contrast with our Japanese and Korean counterparts. In the past two World Master Swimming Championships swimmers HKFC master swimmers put up some extraordinary performances winning a number of Gold, Silver and Bronze medals and coming within the top five positions in these highly competitive world events. These are no fortuitous achievements; our swimmers have put in many gruelling hours into training starting at 6:30am dawn.

Many congratulations and respects to them all.

### HONG KONG CHINA SWIMMING ASSOCIATION (HKGSA)

## LONG COURSE MASTERS COMPETITION PART 1

**SUNDAY, 3RD MARCH 2024**  
**TUNG CHUNG SWIMMING POOL**

Whilst **Alex Fong** was conquering the World (racing in the World Masters in Doha), our team conquered the Tung Chung Pool at the HKGSA Long Course meet. SEVEN gold out of SEVEN swims! Second place is not a phrase in this report.

**Craig Nortje** did his usual, what looks like casually won races, accounted for 3 of the 7 golds, in 100m Fly, 800m Free and in 50m Free in a new Hong Kong Record time of 26.19 secs. He swam 25.48 seconds at the World Masters in Fukuoka last year but did not have the right documents for the record to be recognised.

Farah Masters, easily the fastest freestyler in her age group won the 800m Free and had to wait at least another minute before any others finished the race. **Braedon Sharp** also claimed Gold swimming next to Craig in the same 800m Free heat.

**Lucy Barton**, Swimming and Triathlon



Society's new SPM, raced to Gold in 50m Breaststroke, congratulations! From the same vintage of SPM, **Chris Cheng** took Gold in 100m Fly.

The next HKGSA meets will be on 28th April and 23th June so watch this space for more!



# A MOSTLY CHEERFUL DEBUT IN DIVISION 1



**Sure, I only got a taste of Division 1 action, but those few matches were a blast! My teammates, Max Lee, Carlos (the Energizer Bunny), and Mark Low, were incredibly supportive – maybe Carlos a little too much so.**

**M**y first match was against Joe Wong. Between games, Max, ever the calming influence, suggested I ease up on the lobs – apparently, they were sitting ducks for Joe. Meanwhile, Carlos, bless his enthusiastic heart, was bouncing on the balls of his feet, yelling, "Vamos! He's toast! He's toast!" punctuated by a well-meaning but rather enthusiastic shoulder pat. Somehow, I managed to pull off a close five-game thriller. In the final points, just like Carlos declared, Joe did seem to run out of steam!

My second match turned out to be pretty crucial – a win for us would secure an early victory for the team. Now, Carlos, bless him again, was unfortunately under the weather. Just before the matches, Carmen dropped

the bomb: apparently, defending our Division 1 title had been out of reach for the past 20 years! Luckily, the opposing team had a couple of last-minute no-shows, making my match at position 2 a bit more manageable. My opponent was Brogan Cheng, a talented junior player my age. Since Mark at position 3 had already secured a win, mine was the decider. Talk about pressure!

To my surprise, there was a decent crowd cheering us on. Even Carlos, hacking his way through a coughing fit, showed up to lend his... unique brand of support. My game wasn't the most stellar – I kept shanking shots into the tin – but Brogan somehow managed to outdo me in the mistake department, giving me a lucky w13-11 win in the first game. The second game was a nail-biter. Brogan started reading my shots like a book, which wasn't exactly calming for my nerves. But I clawed my way back from a 5-8 deficit and squeaked by with a 12-10 win. Throughout the games, I swear I could hear Carlos's booming voice every point: "Come on, Justin! Dig deep!" That was pretty much the last I saw of him before he peaced out

(sickness strikes again!), but his spirit (and booming voice) remained.

Between games, Max joined the coaching crew. Even Mark, who looked like he had important laptop business to attend to, abandoned his post to witness the (possibly historic?) event. Fueled by their support, I channeled my inner champion (okay, maybe a slightly less dramatic version) and cruised through the final game with an 11-3 victory. Afterwards, I even got to ref Max's match against Harley Lam, a current pro! It was a nail-biter, but Harley ended up taking it in five. In hindsight, good thing I managed to win mine!

So, that's the story of how our team (with a little help from a lucky draw and a very enthusiastic teammate) conquered Division 1! I may have only played a couple of matches, but the support from the team was incredible. Big thanks to Carlos for the opportunities and, well, the "encouragement," and here's to hoping I actually contributed to the victory!

**Justin Cheng**





# DIV 5'S TABLE TOPPING SEASON!



**T**he 2023/24 season for the HKFC's Division 5 squash team was as riveting as it was eventful. At the end of a tightly fought season, we emerged ahead of close competitors X-Alpha and KCC, securing the top position by a small margin of just four points.

The season started with a friendly confrontation against one of our club's Division 4 sides. This match was a great opportunity to gauge ourselves against higher-ranked opponents. However, as the season unfolded we ended up taking somewhat different paths. With our team fighting for the top spot, the Division 4 teams found themselves engaged in the someone different battle of avoiding last place!

The ensuing regular season witnessed great competitions with many closely fought matches throughout the line-up, and there was visible performance improvement by all players as the season progressed.

As is inevitable in every season, we had a handful of weeks with many players injured or absence...usually those weeks where we are playing away more than a stone's throw from the club. This however was a great opportunity to see the depth of talent at HKFC. When the call came, players from Division 7 stepped up admirably. A standout among them was **Cameron Cassidy**, who represented our side in not just one, but three matches. He seized each opportunity, achieving wins that boosted our standing in the league.

I also can't go without mentioned a few key contributions from the team itself. **Nate Chan** and **Sean Liu** both played exceptionally throughout the season, maintaining a 90% plus win record. Equally significant was Anthony's invaluable contribution at number 1, representing us in nearly every game.

Adding to the season's memorable moments was a display of determination and commitment from one of our players who will remain nameless. Despite being plagued by a bout of diarrhea a few days before our final match of the season, he chose team spirit over personal comfort, stepping onto the court and pushing through personal discomfort to help us clinch our victory.

As we prepare for the playoffs, we're trying to keep focused on maintaining our current performance. We'll be facing a strong set of teams and we'll need to be on top-form!

A big thank you to each team member for your efforts and dedication this season. Your contributions have shaped a great season Division 5 and set the stage for success as we head into the playoffs.

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# ASIAN CHAMPIONSHIPS 2024

**5** silver and 4 bronze for Hong Kong China Team at Asian Championships.

The Hong Kong China lawn bowls team participated in the Asian Championships and Asian U25 Championships in Pattaya, Thailand with five silver medals and 4 bronze medals.

**1** Women's Pairs 1st runner-up

**2** Men's Triples 1st runner-up

**3** Men's Fours 2nd runner-up

## SILVER MEDAL

Men's Singles  
**James Po\***

Women's Pairs  
**Christina Yeung\* and Jenny Miu**

Men's Triples  
**Po Ting Hei, Kenneth Yiu\* and Lee Ka Ho**

U25 Boy's Singles  
**Quenton Yip**

U25 Girl's Singles  
**Gillian Ng**

## BRONZE MEDAL

Women's Singles  
**Jenny Miu**

Men's Pairs  
**Anthony So and James Po\***

Men's Fours  
**Po Ting Hei, Kenneth Yiu\*, Anthony So and Lee Ka Ho**

U25 Girl's Singles  
**Emmy Luk**

\* HKFC Members





# HKFC INTERNATIONAL LAWN BOWLS OPEN 2024

The Hong Kong Football Club International Lawn Bowls Open 2024 was smoothly completed from 29th February to 3rd March 2024 at the Indoor and Outdoor Green. To close out the competition, a very convivial and sumptuous banquet dinner attended by 240 players, officials, guests, and friends was held in the Sports Hall. The event's success relies much on the General Committee's support and the Club Management's assistance. We want to thank for the hard work rendered by the Reception staff, the staff of the Sports Department, the D&C Department, and the F&B Department. We thank the sponsors **Mr. Bolly Yim, Ms. Winnie Au, Mr. Roxy Ho, Mr. Neil Roberts, Mr. Kenneth Pang** and **KBGC** for their financial support of our event. We also thank those Section Members joining the competitions. Finally, we would like to thank those Section Members who have contributed their efforts in organising the event.

## UNISEX TRIPLES

Plate Winner **HKFC-1**  
**Winner Au, Kenneth Fung,**  
**Shirley Ma and Tony Cheung**

Cup Winner **Insomnia**  
**Robin Chok, Jordi Lo,**  
**Lui Chin-hong and Dennis Yu**

## UNISEX FOURS

Plate Winner **CdeR**  
**Li Ying-wing, Eric Wong,**  
**Candy NG and Raymond Ho**

Cup Winner **Dolphin**  
**Eric Lam, Paul Lee,**  
**Boris Choi, Leo Ng**



# MEN'S NATIONAL INDOOR PAIRS 2023



An all HKFC teams  
Semi-final and Final  
were played at CdeR  
on 17th March.

Champion

**Dicky Mak and Anthony Yip**

1st Runner-up

**Stephen Chan and Terence Lee**

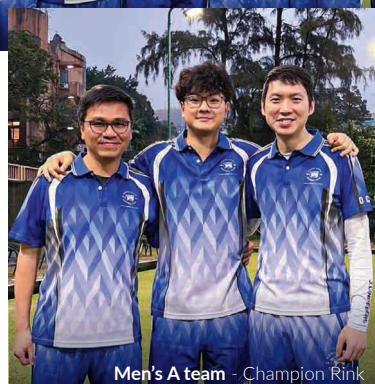


## 2024-2025 LAWN BOWLS SECTION COMMITTEE MEMBERS

Chairman	Mr Bernard Young
Deputy Chairman	Mr Esmond Lee
General Committee Representative	Mr Kenneth Pang
Men's Captain	Mr Warren Cheung
Ladies' Captain	Ms Camilla Leung
Secretary	Mr Philip Sze
Treasurer	Ms Irene Muk
Membership Secretary	Mr Patrick Fong
Social Secretary	Mr Matthew Lee
Competitions Secretary	Mr Philip Chan
Green Secretary	Mr Frankie Siu
Coach	Mr Chung Ming Sang



Men's A team - Division 1 Champion



Men's A team - Champion Rink



Men's D team - Champion Rink



Men's D team - Division 3 Champion

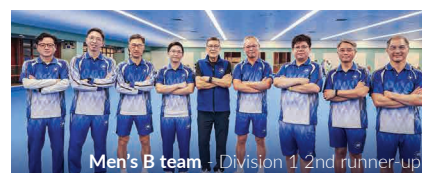
## LAWN BOWLS ASSOCIATION OF HONG KONG, CHINA TRIPLES LEAGUE 2023

### HKFC MEN'S TEAMS

HKFC-A	Division 1	Champion Best skip <b>Lyndon Sham</b>
HKFC-B	Division 1	2nd runner-up
HKFC-C	Division 1	1st runner-up
HKFC-D	Division 3	Champion Best skip <b>Marshall To</b> <i>Promoted to Division 2 next year</i>
HKFC-E	Division 7	1st runner-up Best skip <b>Johnny Tsang</b> <i>Promoted to Division 6 next year</i>
HKFC-F	Division 7	Champion <i>Promoted to Division 6 next year</i>
HKFC-G	Division 12	Champion <i>Promoted to Division 11 next year</i>

### HKFC WOMEN'S TEAMS

HKFC-A	Division 1	5th Position
HKFC-B	Division 2	1st runner-up <i>Promoted to Division 1 next year</i>
HKFC-C	Division 3	7th Position
HKFC-D	Division 4	2nd runner-up
HKFC-E	Division 6	6th Position



Men's B team - Division 1 2nd runner-up



Men's C team - Division 1 1st runner-up



Men's E team - Champion Rink



Men's E team - Division 7 1st runner-up



Men's F team - Division 7 Champion



Men's G team - Division 12 Champion



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# NHKC

## 23/24 DIV 1

### WINNERS



**A**nd there we have it - the senior league came to an end with a series of grand finals held on Saturday, 23rd March on our home turf. Whirlwinds took on Simba to compete for Div 1 title, in the second year running. Having only lost by a single point last year, it remained a sore spot but also fuel for fire for the young and ambitious Whirlies.

The first few minutes saw Simba take the lead by scoring the first couple of goals. Rattled but undeterred by the

unfavoured start, Whirlies remained composed to give Simba all they had practised during the season. The first quarter's score: Whirlwinds 9-10 Simba.

Pep talk by coach **Karin** and support (and screams) from the stands brought on an exciting 2nd quarter, where Simba and Whirlies went neck to neck, goal after goal in both ends of the court. Half time: Whirlwinds 19-18 Simba.

The team remained unchanged during the match. A tough but essential call from coach Karin - where consistency in team dynamics outweighed putting in fresh legs. As Whirlies worked hard across the court, for a non-contact sport, bodies slammed into one another, umpires handed out warnings and cautions. By the 3rd quarter, Whirlies pulled ahead: 26-20 Simba.

Not resting on their laurels, Whirlies continued to battle and gave their all - despite energy beginning to wane and questionable plays from the opponents went unnoticed by the umpire. Only until the last 3 minutes of the last

quarter did Whirlwinds pulled ahead at a comfortable pace, with the buzzer concluding the end of the match, defining Whirlwinds champions of Div 1: 34-25 Simba.

Congratulations to **Emma Badenache, Isobel Field (c), Emily Fisher, Elsie Hulme, Beca John, Matilda de Kantzow, Olivia Ng, Emily Lau (c), Janet Lee, Rachel Lui, Lorraine Ng, Sara Suzuki, Christy Chong** and coach **Karin Loomam**. Especially to **Emily Lau**, who was awarded MVP - hand picked by a selection panel.

#### FINAL PLACEMENTS IN NHKC LEAGUE 23/24

Team	Division	Placement
Club	Premier	4th
Monsoon	Premier	6th
Whirlwinds	Div 1	1st
Hurricanes	Div 2	6th
Tornadoes	Div 2	9th
Cyclones	Div 4	4th





# DSA MATCH REPORTS

## HKFC STORM

**DATE** Sunday, 25th February 2024

**LOCATION** Fa Hui

**OPPOSITION** ISF Dragons

### FINAL SCORE

HKFC Storm **26 - 17** ISF Dragons

### KEY MATCH MOMENT

This was always going to be our toughest game of the season and without our star goalkeeper, the girls had to work hard on circle defence with a few playing out of position to cover GK/GD.

### TEAM WORK-ONS

Driving onto the ball when the other team's defence is strong.

### MVP/WHY?

**Lois** - she stepped way out of her comfort zone to play GD for 2 quarter before moving back into her regular shooting position, slotting almost all her shots!

**DATE** Sunday, 3rd March 2024

**LOCATION** Wong Chuk Hang

**OPPOSITION** HKCC Swifts

### FINAL SCORE

HKFC Storm **43 - 16** HKCC Swifts

### KEY MATCH MOMENT

Storm were slow to start the match ending the first quarter 6-7 down. With determination and starting to communicate with each other more, we pulled through with an incredible win! We're looking forward to building together and getting even stronger! Let's go Storm!

### TEAM WORK-ONS

Communication and switching on right from the 1st quarter!

### MVP/WHY?

**Prisha** - relentless effort in getting turnovers for the club! She chased down her opponent and never gave up! Many goals were scored because of her amazing efforts!



## HKFC RED RAIN

**DATE** Sunday, 25th February 2024

**LOCATION** Fa Hui

**OPPOSITION** ISF Qilin

### FINAL SCORE

HKFC Red Rain **19 - 38** ISF Qilin

### KEY MATCH MOMENT

This was the first match with a new coach and they had 5 new players that had never played with the team before. They fought until the very end. Excellent effort for some players that had only started with netball a couple of weeks ago.

### TEAM WORK-ONS

Shooting technique and accuracy in the goal circle.

### MVP/WHY?

**Alexis Chiu** (GK): ISF Qilin had a very strong and accurate shooter, however, Lexi repositioned herself when there were minimal rebounds and safely passed the intercept down court. Her footwork was excellent and she picked up any loose balls in the goal circle.



## HKFC TREMORS

**DATE** Sunday, 3rd March 2024

**LOCATION** Wong Chuk Hang

**OPPOSITION** SKS Seals

### FINAL SCORE

HKFC Tremors **23 - 12** SKS Seals

### KEY MATCH MOMENT

It was a cold, windy morning at Wong Chuk Hang, but the girls warmed up well and took to the court in high spirits. The game started well, goals were being made in quick succession and at the end of the first quarter, we were 9-6 down. A few changes to the team and the Seals stepped up their game and took a bigger lead and by half time we were 6 goals down. Similar third quarter with the Seals getting 6 goals and us only managing to get 3 goals. However, a few important changes in the team in the last quarter and our defense (led by **Mia Tilbury** as GK) really stepped up, fighting for every ball and stopping Seals getting the goals. Although we were beaten, our last quarter was a close one and the girls should be proud of their efforts - never giving up!





Snowstorm



Rainstorm

## HKFC RAINSTORM

**DATE** Sunday, 17th March 2024

**LOCATION** Wong Chuk Hang

**OPPOSITION** Sandy Bay Comets

### FINAL SCORE

HKFC Rainstorm **19 - 5** Sandy Bay Comets

### KEY MATCH MOMENT

Rainstorms worked really hard throughout all four quarters of the match. Despite the result, each centre pass taken involved a lot of back and forth, where both teams demonstrated excellent attacking plays and defensive moments. The Rainstorm shooters worked hard to ensure they set up close to the post, as the opposition had a significant height advantage. This included shooter to shooter passes, and ensuring the midcourt were always available on back up. While the defensive players worked hard to maintain through court pressure, involving in some great intercepts taken by the circle defenders.

### TEAM WORK-ONS

Rainstorms will continue to work on reading off each other on attack, to ensure players aren't running into each other's space and crowding the court. Defensive units are continuing to work on going for the ball when intercepting, rather than focussing only on the player they are marking.

### MVP/WHY?

**Kayla Ming Chu Li-Black.** Kayla showed excellent defensive pressure throughout the four quarters of the game, which resulted in securing numerous clean intercepts for Rainstorm's. Additionally, she brought vision to the team, by looking down the court when on attack.

## HKFC SNOWSTORM

**DATE** Sunday, 10th March 2024

**LOCATION** Wong Chuk Hang

**OPPOSITION** Sandy Bay Supernovas

### FINAL SCORE

HKFC Snowstorm **19 - 5** Sandy Bay Supernovas

### KEY MATCH MOMENT

Snowstorms teamwork and passing on Sunday was seamless, with an amazing win 19-5. Even with 6 out of 7 players on court, playing without the Wing Attac, the girls managed to utilise the space well and passed the ball down the court with minimal effort. Great work girls!!

### TEAM WORK-ONS

Many players were able to make several interceptions which helped turn over the game several times. The girls spacing in the attacking third was very consistent making it easy for them to make quick passes into the circle.

### MVP/WHY?

Special thanks to **Alaina** who played her first match on the weekend. She joined the team with ease and managed to win the ball various times by intercepting.

## HKFC SNOWIES U8 TOURNAMENT

**DATE** Sunday, 17th March 2024

**LOCATION** Wong Chuk Hang

### KEY MATCH MOMENT

The heat was quite intense but the girls played so well especially the attacking trio. With Evie (GA) and Freya (GS) scoring so many goals! The defense worked extremely well as well with Dheeya (GD) and Xanthe (GK) intercepting multiple times and getting multiple turnovers! Mia (our WA) played extremely well as well assisting both the defense and midcourt getting the ball down the court to our attack every time!

### TEAM WORK-ONS

To work on our defense, spacing and passing through the centre third!

### MVP/WHY?

**Freya (GS)** and **Evie (GA)** for scoring some incredible goals!; **Dheeya (GD)** for always running after the ball and being so consistent and on defense! She got some incredible intercepts and turnovers as well!; **Mia (WA)** for playing so incredibly well and being a consistent and reliable player and doing so well for her first tournament!





## UMPIRE WORKSHOP

On Sunday 24th March, 4 of our coaches and umpires participated in a new rule discussion led by **Michelle Phillips** from World Netball at the Olympic Stadium. World netball received over 300 entries of rule changes in December 2019, with an International panel of 84 people from all over the world. These rules will be implemented in the new Junior League for the upcoming 2024/2025 season.

## U14 REGIONAL NETBALL ACADEMY SELECTION

After a rigorous trial and selection process, we're delighted to share that 12 junior HKFC players have been chosen for the 2023-2024 U14 Regional Netball Academy.

<b>ISLAND</b>	Maggie Barton	Thunder
	Camilla De Courcy Hughes	Rainstorm
	Kiana Lin	Thunder
	Ines Murchie	Thunder
	Lily Paradise	Thunder
	Liora Turner	Tremors
	Isabella Tyrrell	Rainstorm
	Sophie Whybrow	Thunder
	Adelaide Williamson	Thunder

<b>KOWLOON</b>	Brylee Cho Sze Ching	Rainstorm
	Amber Lau	Lightning
	Isabelle Leigh Mia	Blizzards



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# INTERVIEW WITH VENISE CHAN FROM THE TENNIS SOCIETY

Exciting news! Venise Chan, a renowned tennis player and social media creator, is joining HKFC Tennis Society. HKFC Tennis Society had the opportunity to interview her and learn more about her. Looking forward to seeing her on the courts and at club social events!



**Can you provide us with an overview of your tennis journey so far? We are particularly interested in your major achievements and milestones.**

"I have been fortunate to experience several notable achievements throughout my tennis journey. One of the highlights was winning a women's international title at the age of 16, which was a significant milestone and a testament to my dedication and talent. Additionally, I had the honour of representing Hong Kong as the No. 1 Tennis Player in 2006, and I reached a career-high world ranking of No. 340 in 2012. During my time at the University of Washington, I achieved commendable NCAA rankings, peaking at No. 9 in singles and No. 6 in doubles, and I was grateful to be recognised as an All-American player. These accomplishments have played a crucial role in shaping my development as a player, instilling in me a strong work ethic, resilience, and a deep passion for tennis. I am truly grateful for the

support and opportunities that have come my way, and I remain committed to pushing myself further and contributing to the sport that I love."

**Who is your favorite tennis player, and how have they influenced your playing style or approach to the game?**

"While I don't have a specific favourite tennis player, I draw inspiration from various players and their unique styles. I greatly admire Li Na for her humility and exceptional forehand skills. Another player I have always enjoyed watching is Hsieh Su Wei, whose crafty hands and creativity on the court are truly impressive. I had the privilege to get to them from when I was a player. I also find inspiration in the elegance displayed by Roger Federer, the sportsmanship embodied by Andre Agassi, the unwavering determination of Rafa Nadal, and the mental toughness of players like Serena Williams, who continuously challenge and redefine the boundaries of the sport. Their dedication and achievements serve as a reminder of the importance of mental strength, hard work, and perseverance in tennis."

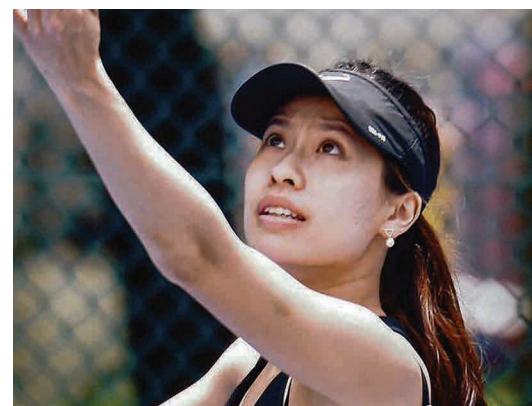
**As a tennis player in the HKFC tennis society, what is your vision for your involvement? What are your goals and aspirations within our community?**

"As a member of the HKFC tennis society, my vision for involvement is to contribute to a vibrant and supportive community. I strongly believe in fostering a positive and inclusive environment where players of all skill levels can come together to enjoy the sport and improve their game. Within the community, my goals include actively participating in club activities,

tournaments, and social events. Additionally, I am always available to offer any tennis advice or support to my fellow team members, although I must say they are all great players!"

**Besides tennis, what other interests or hobbies do you have? How do you strike a balance between your personal life and your dedication to the sport?**

"Apart from tennis, I have a diverse range of interests and hobbies. Over the years, I have explored various industries such as archaeology, sports marketing, the wine industry, event organising, pickleball, modeling, social media, and compliance in the financial sector. Furthermore, one of the most rewarding aspects of my life is being a mother to my 1.5-year-old son, and I prioritise spending quality time with him. I strongly believe in maintaining a well-rounded life and pursuing diverse passions. To achieve a balance between my personal life and tennis commitments, I focus on effective time management, prioritisation, and ensuring that I allocate time for both my commitments and personal rejuvenation."







**What motivated you to join our tennis society? What do you hope to gain from being a part of our community, and how do you envision contributing to its growth and success?**

"I was motivated to join the HKFC tennis society because of its reputation for fostering a strong tennis community. My primary goal is to cultivate a sense of camaraderie, friendship, and mentorship within the society. Additionally, I envision providing active participation in events, sharing my knowledge and experiences with fellow players, and promoting a positive and supportive atmosphere. Lastly, I am excited about the opportunity for my son to grow up in this community, where he can engage in various sports and build lifelong friendships."

We encourage all tennis society members to share their tennis stories with us. If you have an inspiring or interesting tennis experience to share, please don't hesitate to reach out to us via Instagram. We would love to hear from you and share your story with the rest of our community!!



is a combination sport in which competitors play a sequence of the four most popular racket sports: table tennis, badminton, squash, and tennis. It originated in Finland and Sweden and was modelled on other combination sports like the triathlon and decathlon. The first ever Hong Kong Racketlon Open (a Challenger event of the Federation of International Racketlon) took place between 16th -18th February at Craigengower Cricket Club and attracted 70 players (including players flying in from France, Switzerland, Finland, Austria and

Australia – to name a few) to join this year. The Hong Kong Football Club was well represented by players from the Squash Section and the Badminton and Tennis Societies, many of whom came through with flying colours.

### GOLD

**Kelvin Ng** *Squash and Badminton*

Men's Single and Doubles  
Mixed Doubles at Elite Level

**Sammy Li** *Squash, Tennis and Badminton*

Men's 50+ Single  
40+ Doubles

### SILVER

**Brian Leung** *Badminton*

Men's Single at Elite Level

**Eric Ho** *Squash*

Men's Double at Elite Level

**Sammy Li**

Men's Doubles at Advanced Level

### BRONZE

**Cheung Chun** *Squash*

Men's Doubles at Elite Level

**Adrian Ng** *Squash*

Men's Single at Advanced Level

**TK Yeung** *Squash*

Men's 60+ Single

### OTHER FC PARTICIPANTS

**Jaff Lo** *Badminton and Tennis* | **Alvin Tsang** *Squash*

**Raymond Or** *Squash* | **Chan Hok Nam** *Squash*

To promote Racketlon within the Club, the Squash section, Badminton Society and Tennis Society – together with the Hong Kong Racketlon Association is planning to jointly host a Racketlon Fun Day later this year. It will be a great opportunity to test your endurance and versatility, and to learn about other sports that you might never have tried. Watch this space.



# GOLF OUTINGS



Dori and John Dainton, Agatha Hay, Andrew Ng



Rene Theil, Jim Suttie, Colin Lunn, Peter Ayres



## WEDNESDAY, 21ST FEBRUARY 2024 KSC NORTH COURSE

It was **Jim Suttie's** first time on the North Course, and **Dallas Reid** returning after an eight-month absence. Even though the conditions were challenging—20 of us kept hacking away on the course—**Jim** almost gave up by the 16th due to the intense heat, hole but persevered to finish the round. **Well done Jim!**

**John Dainton** and **Chris Burley** were engaged in an intense battle for third place.

Though we bid farewell to the North Course for now, the memories of today's efforts and triumphs will stay with us until the cooler months later this year. It's then that we'll eagerly return to take on the challenges of the North once again!

Thank you to everyone who attended, and congratulations to everyone who won special mention to **John Dainton** getting his first podium position!

### NEAREST TO THE PIN

Hole 3	<b>Dallas Reid</b>
Hole 6	<b>Jonny Brock</b>
Hole 7	<b>Chris Burley</b>
Hole 11	<b>Terry Wright</b>
Hole 13	<b>Jonny Brock</b>
Hole 17	<b>Marcel Ralk Tharau</b>

### LONGEST DRIVE HOLE 9

Men's	<b>Marco Jorge</b>
Women's	<b>Agatha Hay</b>

### STABLEFORD WINNERS

1st	<b>Greg Medhurst</b>	34 points
2nd	<b>Rene Theil</b>	33 points
3rd	<b>John Dainton</b>	32 points





## THURSDAY, 21ST MARCH 2024 KSC SOUTH COURSE

Peter Ayres on the 12th

The atmosphere was electric when we announced the return of our golf event to KSC South course, a much-anticipated occasion since it has been six-month since we last held an event on the south course. Predictably, the news was long awaited, igniting an influx of interest that quickly oversubscribed the event.

We encountered a minor logistical hiccup when our 7:30am bus to Sai Kung failed to show up. The early risers for the bus had to scramble to find alternative transportation to reach Kai Sai Chau. Nevertheless, a cheerful group of thirty-two players gathered at KSC, eager for our first tee off at 10:03am.

The incredible performances that followed demonstrated the genuine magic in the air that day. It's amazing how well everyone played—20 out of 32 players scored 30 stableford points or higher!

Even I managed to shot my personal best, and racked up 38 stableford points. Yet, despite my score, a

podium position remained elusive, slipping through my fingers due to a disappointing back nine.

Among the standout moments of the day was **Peter Ayres'** awe-inspiring mammoth drive, reaching a jaw-dropping 320 yards to win the longest drive competition. It was a stroke of brilliance, made all the more impressive by his ingenious use of the cart path.

As the day neared its end, our determination remained unwavering as we persisted in our quest to surpass personal records. A spirited group rallied together, setting their sights on the beer tower can challenge: the last height was set in December at our Christmas Cracker event!

The bus eventually arrived for our journey home, and it's worth noting that **David Lindsay**, the day's victor, generously supplied beverages for the bus ride!

Thank you to everyone who attended, and congratulations to everyone who won see you at our next golf outing!

### NEAREST TO THE PIN

Hole 2	<b>Jonny Brock</b>
Hole 4	<b>Terry Wright</b>
Hole 6	<b>Robin Zavou</b>
Hole 11	<b>William Chan</b>
Hole 16	<b>Jonny Brock</b>
Hole 17	<b>Terry Wright</b>

### LONGEST DRIVE HOLE 17

Men's	<b>Peter Ayres</b>
Women's	<b>Lucia Lee</b>

### STABLEFORD WINNERS

1st	<b>David Lindsay</b>	40 points
2nd	<b>Terry Wright</b>	38 points
3rd	<b>Dori Dainton</b>	38 points







Men's double (grade B)

# CELEBRATING VICTORIES IN THE HONG KONG DOUBLES LEAGUE

## **MEN'S DOUBLE (GRADE B) SECURES A SPOT IN THE QUARTERFINALS**

The pulsating shuttles and the electrifying atmosphere of the Hong Kong Doubles League have been the stage for the Hong Kong Football Club's Men's Double (Grade B) team to showcase their prowess. With a commendable series of performances in the group stages, our athletes have secured their place in the quarterfinals.

On 28th January 2024, they faced a formidable team from 南聯羽毛球會. It was a match filled with intense rallies and breathtaking shots, but our team prevailed with a narrow yet exhilarating 5:4 victory.

The momentum continued as they stepped onto the court on 3rd March 2024 against 駿峰羽毛球會. With precision and a great display of teamwork, they emerged victorious with a 6:3 scoreline.

The team's back-to-back victories are a testament to their determination and skill, propelling them into the top 8 of the league. The Hong Kong Football Club Badminton Society is proud of their achievements and eagerly anticipates their upcoming performances in the quarterfinals.

## **MIXED DOUBLES (GRADE C) TRIUMPH**

The Hong Kong Football Club Badminton Society has yet another reason to celebrate following a compelling performance in the Mixed Doubles (Grade C) category of the Hong Kong Doubles League. Our mixed doubles team showcased their exceptional talent and synergy in the group stage match that took place on 9th March, 2024.

Against the skilled team from 星翔羽毛球會, our HKFC duo remained focused and tactical, maneuvering around the court with grace and agility. Their collaboration and understanding were apparent in every serve, rally, and smash, culminating in a decisive 6:3

victory that echoed their dedication and hard work.

This significant win has not only fortified their standing in the league but also secured their advancement to the quarterfinals, a testament to their prowess and the competitive spirit of the Hong Football Club Badminton Society.

We congratulate our mixed doubles team for their outstanding achievement and look forward to their continued success as they prepare to take on the challenges that await in the quarterfinals. Their journey is a source of inspiration for all our members, reminding us that teamwork and perseverance can lead to remarkable accomplishments.



Mixed doubles (grade C)



## NOBLE EFFORTS AT THE FIFTH ANNUAL NOBLE SPIRIT CUP BADMINTON TOURNAMENT

The Hong Kong Football Club Badminton Society demonstrated commendable sportsmanship and resilience at The 5th Noble Spirit Cup Badminton Tournament hosted by the Noble Spirit Badminton Club on 9th and 10th March 2024.

Our very own Shelson represented the club with honor, taking on the challenge of both singles and doubles matches. His performance was a true embodiment of the HKFC spirit—showing determination and skill in every game he played.

In the doubles arena, the dynamic duo of **Bryan** and **Derek** took to the courts, displaying admirable teamwork and strategy. Their games were a spectacle of coordination and badminton acumen. While they did not secure a podium finish, their hard-fought battles left a mark on the tournament and on every spectator who had the chance to witness their play.

Although the silverware eluded our team this time, the tournament was still a valuable experience. Our players fought with heart and tenacity, embodying the true essence of competition—striving for excellence and learning with every stroke. The lessons learned and the experience gained from competing against some of the best players in the region will undoubtedly fuel their passion and drive for future competitions.

We look forward to returning next year with renewed vigour and the same unyielding HKFC spirit.

## SPECIAL TRAINING SESSION WITH MR. OR CHIN CHUNG, FORMER HONG KONG TEAM PLAYER

On 23rd February 2024, the Hong Kong Football Club Badminton Society was graced with the presence of a distinguished guest, **Mr. Or Chin Chung** (柯展聰), a former luminary of the Hong Kong badminton team. The atmosphere at the training session was electrified with anticipation as members prepared to learn from one of the sport's finest.

Mr. Or, whose accolades in the badminton world have inspired many, shared his invaluable insights and experiences with our players. His expertise, drawn from years of competing at the highest levels of the sport, provided our members with a

unique opportunity to elevate their game through professional guidance.

During the session, Mr. Or demonstrated various advanced techniques, including deceptive net play and powerful smash shots, while also emphasising the importance of footwork, strategy, and mental fortitude. He took the time to observe our players' matches, offering personalised advice that catered to each player's style and strengths.

The session concluded with a friendly match where a few of our lucky

members had the honour of playing alongside Mr. Or. This experience was not only a highlight of the day but also a cherished memory for everyone involved.

We extend our heartfelt gratitude to Mr. Or Chin Chung for taking the time to enrich our community with his presence and expertise. His visit has undoubtedly left a lasting impression on our players, inspiring them to reach new heights in their badminton pursuits. We look forward to embracing the lessons learned and applying them in our continuous quest for excellence.



Noble Spirit Cup Badminton Tournament



Special Training Session with Mr. Or Chin Chung



## JUNIOR ASSOCIATED MEMBERS REPORT

HAPPY LO  
EUROPEAN TOUR 2024

Happy Lo trying out the Olympic badminton competition venue at Adidas Center in France

GERMAN OPEN, ORLEANS MASTERS,  
POLISH INTERNATIONAL  
CHALLENGE AND KAZAKHSTAN  
INTERNATIONAL CHALLENGE

This is one of the longest tour for elite JAM **Happy Lo** in her pursuit of Race to Paris 2024. The European tour included German Open, Orléans Masters, Polish Open, and Kazakhstan international challenge.

Happy's first tournament in Europe was the German Open 2024. This is a Badminton World Federation 300 level tournament which attracted players in world top 40. Even though she fought hard but it was not her lucky day and lost in round 32 in 3 sets against a player from Chinese Taipei.

After a few day of rest, she followed her national team to France when a few of the more senior players competed in French Open. Even though she is not qualified to play in this 750 level tournament, she found herself starstruck by training with the French national team and even got the opportunity to spar with current top 10 singles player and 2 times world champion Carolina Marin.

Happy then travelled to Orleans in France and competed in the Orleans Masters, a level 300 tournament. This time, she was determined to play well and won against another Chinese Taipei player in 3 sets. However, when playing in round 16, due to an incident of a slippery floor,

Happy unfortunately sustained a minor injury and was unable to perform adequately and lost in 2 sets against a player from United States.

Despite the mishap, she continued her journey to compete in the Orlen Polish Open in Warsaw. Unfortunately, she sustained another minor sprain in her ankle during practice and decided to rest longer before the final stop in Kazakhstan for the International Challenge. She will conclude all of her tournaments at Asian Championship in Ningbo, China before confirmation of Olympic qualification at the end of April 2024. We wish her the best of luck and speedy recovery!

## ROAD TO OLYMPICS UPDATE ON MARCH

Happy has progressed to Olympic qualification ranking of 26 over 35 spots for the rankings released on Thursday 25th March 2024.

OLYMPIC QUALIFICATION  
RANKING

Player



Happy Lo Sin Yan

Olympic Qualifier  
26 over 35World Ranking  
56VIETNAM  
INTERNATIONAL  
SERIES 2024  
SALONI MEHTA

Our other elite JAM, **Saloni Mehta** also travelled to other parts of the world and compete in the Ciputra Hanoi Yonex Sunrise Vietnam International Challenge 2024 She was up against a strong player from Korea in the qualifying round. However, Saloni did not go down without a fight and she fought hard over 3 sets but luck was not on her side on that day. Her next tournament will be the Uber Cup Finals in Chengdu, China, good luck Saloni!

NATIONAL JUNIOR  
TEAM TRAINING  
IN MAINLAND, CHINA  
CORALINE LO

Overseas training camp is always an opportunity to meet new friends. And Coraline spent her 16th birthday in training camp.

"Through these two weeks of intensive training in China, I am able to gain invaluable insights. Starting off in Fuzhou then moving to Xiamen and ending with one of the strongest, Shanghai. From all these cities, the training plans were all different, proving to be useful in diverse ways. There were also many opportunities to play full matches with different players which enabled us to learn from them. Overall, the hard but practical training there formed an unforgettable experience."



**JUNIOR TOURNAMENTS REPORT**

# **UPDATES ON OPEN AGE HKBA DOUBLES/ MIXED LEAGUE 2024**

The HKBA Doubles/ Mixed league is an important testing ground for our junior squad since this is an open age category, they will be up against adults competitively. With the help of team coach and structure training program, our players have demonstrated their competence and produced outstanding results in the current race. A summary of their league standing:

## **LEAGUE STANDING**

### **Ladies Doubles Grade E**

Total 48 teams  
1st in group stage and enter last 16

### **Men's Doubles Grade E**

Total 84 teams  
1st in group stage and enter last 16

### **Mixed Grade E**

Total 54 teams  
1st in group stage and enter last 16



Friendly matches is an important yardstick to the progression for our junior squad players. It is also a chance to acquaint with local junior clubs and learn from each other. Sinsports is a well-known local junior team and thanks to the arrangement by parents, 6 boys and 6 girls came to participate in our monthly friendly match on 22nd March 2024. It was an exciting evening of junior talent display. Even though we lost an overall games of 7:10, players gained experience and insight into their doubles pairing and put tactics into practice to prepare for upcoming tournaments.

## **NOBLE CUP 2024**

Our junior players participated in an annual Noble Cup age division badminton tournament in March 2024 and congrats to the medallists!!

### **AGE DIVISION WINNERS**

Girls' Singles	<b>Ellen Lui</b>	Gold
	<b>Thomas Lee</b>	Gold
Boys' Singles	<b>Shubh Malik</b>	Silver
	<b>Michael Cha</b>	Bronze
Boys' Doubles	<b>Thomas Lee and Kenneth Chau</b>	Bronze





## THE 9TH HONG KONG GAMES 2024

To further promote the "Sport for All" culture in the community, the Sports Commission has organised the Hong Kong Games (HKG) biennially since 2007. HKG is a territory-wide major multi-sport event with the 18 Districts as participating units. The objectives of the HKG are to provide districts with more opportunities for sports participation, exchanges and co-operation, and to encourage active public participation in sports. Apart from improving sporting standards and help promote community cohesion through facilitating communication and fostering friendship among the 18 districts. A few of our JAMs and pre-registered JAMs were among the medallists in their respective district badminton competitions. Hence, they were also selected to represent their respective district to compete in the Hong Kong wide multi-sport games. The following is a summary of participants from HKFC:

PARTICIPANTS		
U15 Singles	<b>Curtis Cheah</b>	Central Western
	<b>Andy Xie</b>	Southern
	<b>Thomas Lee</b>	Southern
	<b>Faye Wong</b>	Southern
	<b>Hannah Yip</b>	Islands
	<b>Henry Zhang</b>	Shum Shui Po
U15 Doubles	<b>Ellen Lui &amp; Lauren Lui</b>	Central Western
U16 Singles	<b>Alvin Yap</b>	Islands
U16 & U17 Singles	<b>Coey Yu</b>	Islands
	<b>Coraline Lo</b>	Islands
	<b>Thomas Lee</b>	Islands

We wish these junior players best of luck and perform well on the day!!

## INTERNAL LADDER SERIES 2023-2024

Our junior squad have successfully completed the internal ladder 2023 and a summary of results:

RESULTS		
Group A Boys' Singles	Champion	<b>Param</b>
	First-runner up	<b>Shubh</b>
	Second runner up	<b>Curtis</b>
Group B Boys' Singles	Champion	<b>Param</b>
	First-runner up	<b>Aaryan</b>
	Second runner up	<b>Jason</b>
Group A Girls' Singles	Champion	<b>Evelyn</b>
	First-runner up	<b>Joey</b>
	Second runner up	<b>Nicole</b>
Group B Girls' Singles	Champion	<b>Amber</b>
	First-runner up	<b>Cara</b>
	Second runner up	<b>Hannah</b>

## TEAM COACH REPORT

This is another month of unbelievable and exciting junior performance. From our top players Happy being very close to clinching her Olympic qualification, Saloni continuing her tour to compete in the Uber Cup (world ladies team tournament) and Coraline's non-stop overseas training to prepare for upcoming tournaments, and to our junior squad players who excelled in local tournaments especially in the open age HKBA Doubles and Mixed League. We will continue strengthening the junior squad training, competition and events structure to ensure that these young talents can fully reveal their potentials.

**John Leung**

## UPCOMING JUNIOR EVENTS

January – May 2024  
**HKBA Doubles League**

May 2024  
**HKFC and Torq Sports Junior Tournament 2024**

July 2024  
**HKFC and Torq Sports Overseas Junior Invitational Team Tournament**



# CHRISTOPHE'S *Chronicles*

## NEW "FIT FUEL BAR" AT SPORTSMAN'S BAR

Sportsman's Bar is proud to introduce its new addition, the "Fit Fuel Bar." Located conveniently by the main entrance, this corner offers a range of food and beverage options specifically tailored to support an active lifestyle and cater to athletes. The primary focus of the Fit Fuel Bar is to provide nutritious, energising, and wholesome choices that can serve as fuel for workouts, aid in post-workout recovery, or simply provide a quick and healthy takeaway option.

Whether you are heading to a training session, in need of post-workout nourishment, or seeking a nutritious on-the-go meal, our Fit Fuel Bar is here to provide your body with the sustenance it needs. Indulge in our healthy yogurt milkshakes, salads, sandwiches, and protein shakes, all carefully crafted to deliver the essential nutrition and energy required for your fitness journey.

## HOST YOUR PARTIES AT THE BACK PATIO OF SPORTSMAN'S BAR

Looking for the perfect venue to host your next party? Look no further than the Back Patio of Sportsman's Bar! The spacious and inviting patio area is equipped with BBQ stations, making it an ideal setting for private events. For enquiries and bookings, please contact Sportsman's bar at 2830 9531 or email [sportsmans@hkfc.com](mailto:sportsmans@hkfc.com).



## HKFC LOCKHART'S LAGER

The Club's very own HKFC Lockhart's Lager has rapidly gained popularity among beer enthusiasts. Whether you prefer it on tap or in a bottle, you can now enjoy the refreshing taste of Lockhart's Lager at all our outlets and Kiosks. We are committed to ensuring its availability wherever you go, so you can enjoy this delightful beverage at your convenience.

## EXPANDING OUR NON-ALCOHOLIC OPTIONS

Furthermore, recognising the increasing demand for non-alcoholic options, we are thrilled to announce the expansion of our current selection of non-alcoholic beers. We understand that not everyone consumes alcohol, but we believe that everyone deserves the chance to savour a superbly crafted beer that caters to their preferences.

**Christophe Horrenberger**  
**Director of Food & Beverage**





# HIGHLIGHTS IN MAY

## FESTIVE CELEBRATION



### Mother's Day Programme - Mamaheimer

An "atomic" tribute and an "explosion" of flavours for the mothers.

Our F&B team has already planned a bunch of activities during Mother's Day weekend, including Buffet at the Coffee Shop, Set Lunch Dinner Menu at the Restaurant and Brunch at Happy Valley Suites.

## KIOSK



**Hot Items:** Mother's Day Strawberry Cream Cake and Mother's Day Cupcakes

## SPORTSMAN'S BAR



### Gangnam Grill Fest

Get your grill on Gangnam style!



### Dolma

Roll with the dolma squad!

## COFFEE SHOP



### Marrakech Souk

A feast for the senses! Enjoy this vibrant and flavourful Moroccan cuisine.

**Buffet Upsell Dish:** Tagine & Kebabs



### Flavours of Pattaya

Pattaya is renowned for its vibrant culinary scene, offering a wide array of flavours from traditional Thai cuisine to international delicacies.

Sawadee kap, Enjoy!

**Beverage:** Pineapple Cooler & Mint Lemonade

## POOL BAR



### Japanese Salads

Fresh, vibrant and irresistible!

**Beverage:** Pineapple Cooler & Mint Lemonade

## RESTAURANT



### King Salmon

A "royal" affair of taste.

## CHAIRMAN'S BAR



### Ericeira Octopus Festival

Discover the underwater wonder.



### Farm 2 Cocktail

Raise a glass to sustainable sipping.

## FAMILY LOUNGE



### Japanese Curry Buns

Curry buns done right, unleash your cravings!

**Beverage:** Kids Juice

## CAPTAIN'S BAR



### Pastitsio

Get your pasta fix with a Greek flair.

**Beverage:** Energy Drinks



## WINE EVENTS



Saturday, 4th May | Sunday, 5th May

**Wine Fair: French May**

TIME 1:30pm – 6pm  
VENUE Lockhart Room, 2/F  
Tasting available



Thursday, 9th May

**Super Tuscan Wine Master Class**

TIME 7pm – 8:30pm  
VENUE Happy Valley Suite 1, 2/F  
PRICE \$258 per person  
\$50 refund for any wine purchased right after the class



Friday, 17th May

**La Belle Époque Wine Dinner**

TIME Anytime from 6:30pm – 11:00pm  
VENUE Restaurant, 2/F  
PRICE \$838 per member  
\$888 per member's guest

Enquiries and Bookings: 2830 9562  
or restaurant@hkfc.com

## PREVIEW IN JUNE

### FESTIVE CELEBRATION

**Father's Day Programme**

Our F&B team has already planned a list of activities during Father's Day weekend, including Buffet at the Coffee Shop, Set Menu at the Restaurant and Brunch at Happy Valley Suites.

### WINE EVENTS

Friday, 21st June

**Wine Dinner: Blind Tasting Wine Dinner**

Saturday, 22nd June | Sunday, 23rd June

**Wine Fair: Everything you can try**

### COFFEE SHOP

**Themed Buffet: Marrakech Souk**

**Monthly Special: Taiwanese Cuisine**

**Buffet Upsell Platter: Tagine & Kebabs**

**Beverage: Pineapple Cooler & Mint Lemonade**

### POOL BAR

**Japanese Salads**

**Beverage: Pineapple Cooler & Mint Lemonade**

### RESTAURANT

**Classic French Recipes**

### SPORTSMAN'S BAR

**Back Patio: Gangnam Grill Fest**

**Weekly Special: Sizzling Roast Meat & Seafood**

### CHAIRMAN'S BAR

**Beef Cuts of Uruguay**

**Tea Set: Kyoto Afternoon Tea**

**Cocktail Promotion: Tiki Cocktails**

### CAPTAIN'S BAR

**Food: Sichuan Cold Noodles**

**Beverage: Energy Drinks**

### FAMILY LOUNGE

**Food: Japanese Curry Buns**

**Beverage: Bubble Tea**

### KIOSK

**Hot Items: Signature food items from the Restaurant**

### RESTAURANT

TEL 2830 9562  
EMAIL restaurant@hkfc.com



TEL 2830 9569  
EMAIL coffeeshop@hkfc.com



TEL 2830 9531  
EMAIL sportsmans@hkfc.com



CHAIRMAN'S BAR

TEL 2830 9559  
EMAIL bar@hkfc.com



TEL 2837 2622  
EMAIL bar@hkfc.com



TEL 2837 2663  
EMAIL bar@hkfc.com



TEL 2830 9531  
EMAIL coffeeshop@hkfc.com



TEL 2837 2678  
EMAIL kiosk@hkfc.com

### CATERING SERVICE

TEL 2830 9513  
EMAIL catering@hkfc.com





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# Seas THE DAY!

## WRAP UP AND STAY HYDRATED!

- 1. Junk Twilight Sports Beach Towel \$300
- 2. Junk Twilight Rib (750ml) \$250
- 3. Stainless Steel Bottle Shaker (750 ml) \$200
- 4. Stainless Steel Bottle Shaker (750 ml) \$200

## SUNSHINE AND FLIP FLOPS!

- 5. Le Tan BB Cream SPF 50 (Light Tint, Medium Tint) \$140
- 6. Le Tan SPF Face Sensitive Sunscreen \$160
- 7. Havanianas Sunny II Sandal (Sand Grey, Steel Grey) \$360
- 8. Havanianas Ladies Slim Flip Flops (Slim Gloss Beige, Slim Gloss Ballet Rose) \$240
- 9. EEGO Ladies Flip Flops (Taffy Pink, Brown) \$240
- 10. EEGO Men's Flip Flops (Abyss Grey, Black) \$240
- 11. Mazu Resortwear Beach Bag \$180

## STAY PROTECTED!

- 12. Kids 8pcs Float Jacket (Pink, Navy Blue) \$400
- 13. Saltstick Electrolyte Fastchew (60 Capsules) \$180
- 14. Saltstick Electrolyte Drink Mix (12 Packets) \$216

**CLUB SHOP**  
HONG KONG  
FOOTBALL CLUB



**MOTHER'S DAY  
STRAWBERRY CREAM CAKE**

Please place your order  
2 days in advance



**\$460**  
2 LB

**MOTHER'S DAY**  
*Special*

**MOTHER'S DAY  
CUPCAKES SET**



SET A  
**CHOCOLATE YOGHURT  
& PINENUT PEAR**

**\$39**  
PER SET

SET B  
**STRAWBERRY COCONUT  
& LEMON POPPYSEED**





standard  
chartered  
priority private



2024

# SOCCER SEVENS

25TH ANNIVERSARY



May 24 – 26, 2024

Hong Kong Football Club, 3 Sports Road Happy Valley



HKFC Soccer Sevens



@hksoccersevens

#hksoccer7s

