

## - BREAKFAST A LA CARTE -

MONDAY TO FRIDAY FROM 7:30AM TO 10:30AM SATURDAY, SUNDAY AND PUBLIC HOLIDAY FROM 7:30AM TO 11AM

Western		Asian	
Club Breakfast Two eggs any style with premium pork sausages, ham, bacon, mushrooms, baked beans, tomatoes, hash browns,	\$111	Japanese Roasted Salmon Bowl Roasted miso marinade salmon fillet, boiled egg, pickled vegetables and steamed rice, served with miso soup	\$126
toast, butter, jam and coffee or tea  High Protein Breakfast  Free range chicken breast, egg white omelette, mashed black beans, tomato, sautéed mushrooms, half avocado, toast, butter, jam and coffee or tea	\$123	Chinese Congee  Please choose one ingredient (pork, *chicken, *beef, *fish, sliced pork with preserved egg) served with spring onions, preserved turnip and peanuts *Cooked with ginger	\$62
Continental Breakfast (S) Chilled fruit juice or sliced fruits, croissant	\$75	Steamed Chinese Dim Sum	
or toast with butter and jam, coffee or tea	404	Barbecue Pork Bun	\$39
Egg Benedict Toasted English muffin,	<b>\$91</b>	Har Gau (shrimp dumpling)	\$42
two poached eggs, Canadian bacon and hollandaise sauce served with tomatoes, hash browns and baked beans		Crab Roe Siu Mai (pork and shrimp dumpling)	\$55
Three Egg Omelette  Please choose two fillings (ham, cheese, mushrooms, onion, mixed bell peppers and scallions) served with tomatoes,	\$79	Rice Rolls with sesame Served with sweet sauce, sesame sauce and soy sauce	\$32
baked beans, hash browns and toast		BAP, TOAST AND BAKERY	
Two Egg Any Style (Poached, Fried, Boiled, Scrambled, Omelette) served with tomatoes, baked	\$79	Avocado Toast (Section 2015)  Mashed avocado on whole wheat sour dough toast	\$50
beans, hash browns and toast		Add: two poached eggs or fried eggs	\$26
Two Poached Egg or Boiled Egg	<b>\$81</b>	Bacon Bap	\$49
Served with avocado, steamed broccoli, spinach, green pea and wheat toast		Bacon Bap with Fried Egg	\$62
Toast Options: white/ brown/ granary or gluten free bread (add \$15)	or	Bread Basket 🍛	\$31
		Two slices of toast with butter and jam	
POWER BOWL		CEREAL AND FRUITS	
Quinoa Breakfast Bowl   Boiled egg, quinoa, avocado, cilantro leaves, broccoli, lime and honey	\$60	<b>Granola</b> Low fat yoghurt with seasonal apple raisin compote	\$61
dressing	<b>6</b>	Banana Muesli 🏵 🎒 🚳	\$50
Chia Seed Bowl With Banana, Kiwi and Strawberry	\$55	Assorted Seasonal (Seasonal Fresh Fruits Platter	\$73

Not all ingredients are listed for each dish. If you have a food allergy, intolerance or sensitivity, please speak to your server about ingredients in our dishes before you order your meal.



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JUICE	S	1	<b>COCONUT WATER</b>	
Fresh Juice Apple, Carrot, Grapefruit, Mango, Orange, Watermelon	\$42	\$56	Coconut Water Made form 100% Natural Coconut Water	\$22
Chilled Juice Apple, Grapefruit, Lemon, Pineapple,	\$21	\$31	MORNING SMOOTHIES	<b>\$50</b>
PROTEIN SHAKE PROTELICIOUS  Yummy protein shake, a good substitute for breakfast	<b>3</b> 40		Kale Smoothie with Pineapple and Banana This green smoothie gets its signature hue from kale, but oat milk, bananas, and fresh pineapple balance out the flavors	<b>\$58</b>
Chocolate with Banana	\$65		Blueberry Chia Smoothie The chia seeds will start to plump if the smoothie sits for too long, so drink up immediately after blending	\$58
COFFEE SELECTION		Mug	TEA BAGS SELECTION	\$28
COFFEE SELECTION Espresso	\$28	Mug /	TEA BAGS SELECTION  English Breakfast	\$28
	\$28 \$41			\$28
Espresso		1	English Breakfast	\$28
Espresso  Double Espresso	\$41	<i>I I</i>	English Breakfast Earl Gray	\$28
Espresso  Double Espresso  Macchiato	\$41 \$28	 	English Breakfast  Earl Gray  Peppermint	\$28
Espresso  Double Espresso  Macchiato  Café Latte	\$41 \$28 \$31	/ / / \$51	English Breakfast  Earl Gray  Peppermint  Jasmine Green	\$28
Espresso  Double Espresso  Macchiato  Café Latte  Cappuccino	\$41 \$28 \$31 \$31	/ / / \$51	English Breakfast  Earl Gray  Peppermint  Jasmine Green  Chamomile	\$28
Espresso  Double Espresso  Macchiato  Café Latte  Cappuccino  Coffee	\$41 \$28 \$31 \$31 \$28	/ / \$51 \$51 \$48	English Breakfast  Earl Gray  Peppermint  Jasmine Green  Chamomile  Sencha	\$28
Espresso  Double Espresso  Macchiato  Café Latte  Cappuccino  Coffee  Decaffeinated Coffee	\$41 \$28 \$31 \$31 \$28 \$28	/ / \$51 \$51 \$48 \$48	English Breakfast  Earl Gray  Peppermint  Jasmine Green  Chamomile  Sencha  Decaffeinated Tea	\$28