

# CLUB

HONG KONG FOOTBALL CLUB 香港足球會 SEPTEMBER 2021



MINI RUGBY

## IT'S COMING HOME! RICHARD HAWKES CUP

*Lawn Bowls*

HKFC BOWLERS SHINE AT NATIONAL CHAMPIONSHIP

*Swimming and Triathlon*

TALKS WITH ARTHUR LI





# BACK TO 1886 BUFFET DINNER



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Apple Charlotte





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## CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club.  
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No Better Man

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# THE THOUGHTS OF THE CHAIRMAN

## 主席的話

Michael J. Wood  
Chairman



At the time of writing, we have recently seen the conclusion of the Tokyo Olympics where a record haul of medals was achieved by Hong Kong. The General Committee has taken the decision to confer our local Olympic medallists with **Honorary Membership** of the Club. Honorary Membership is reserved for sports persons of international renown, and we feel that our young local athletes have certainly achieved this.

To remind you, the following were the results:

Edgar Cheung Ka Long	Fencing	Gold
Siobhan Haughey	Swimming	Silver x 2
Doo Hoi Kem Lee Ho Ching Minnie Soo Wai Yam	Table Tennis	Bronze
Grace Lau	Karate	Bronze
Lee Wai Sze	Track Cycling	Bronze

After a slow start it is pleasing to see that the level of Staff vaccinations at the Club accelerated at a rapid pace, allowing us to move from Mode B of operation, into Mode C of operation and then quickly into **Mode D of operation**. As such, since the beginning of August, we have been able to operate at close to normal conditions, with tables of 12, opening until 2am (where applicable) and hosting banquets for up to 180 persons.

Therefore, after being on hold for the past 2 years, we will conduct **our third Membership Survey** in the coming few weeks. Although we have faced unusual times across the past couple of years, with a semblance of normality returning, we feel that it would now be opportune to engage with the membership to solicit your thoughts and views. This is a tool which the General Committee and Management find very useful in gauging how the Club is doing and to what extent it is meeting the expectations and needs of its members. Please take time to complete the survey when it is sent out.

The **Club AGM** is scheduled to take place in the Sports Hall on Thursday 11th November. This was delayed by one week in the hope that the previous week would see the delayed Rugby 7s tournament coming to Hong Kong. Regrettably the tournament has had to be postponed, but nonetheless our AGM will remain at the rescheduled date.

Michael J. Wood  
Chairman

下筆之際，東京奧運恰好迎來完美閉幕，香港隊最終奪得1金2銀3銅，創下香港有史以來的最佳奧運成績。有見及此，常務委員會決定授予奧運獎牌得主**榮譽會員**名銜，以表揚他們在運動方面取得的頂級成就。過往有部份榮譽會員同樣因國際賽成名而獲頒名銜，本會深信一眾年輕運動員手上的獎牌已經是最有力的遴選資格。

讓我們一起回顧這些運動健將的輝煌戰績：

張家朗	花劍	金牌
何詩蓓	游泳	兩面銀牌
杜凱瑩 李皓晴 蘇慧音	乒乓球	銅牌
劉慕裳	空手道	銅牌
李慧詩	場地單車	銅牌

在此再一次恭喜各位奧運獎牌得主。除此之外，本會亦想為眾多員工拍掌叫好，皆因經歷過漫長的過程，很高興看到員工的疫苗接種率加速上升，我們亦得以從B類運作模式改以C類運作模式，再轉為**D類運作模式**，員工的配合實在厥功至偉。而正因如此，自8月起本會的餐飲設施基本上便能夠像疫情前一樣如常開放，即可以最多12人一枱、堂食至凌晨2點（如有需要），以及宴會上限180人。

伴隨着社交距離措施的放寬，本會將會在未來幾個星期進行延期了兩年的**第三次會員滿意度調查**。雖然過去幾年我們面對過種種不平凡的事，但現在終於有一切回復正常的跡象，本會相信此時此刻正是主動接觸會員、鼓勵大家分享自己想法及意見的良機，藉着會員滿意度調查這個媒介，常務委員會及管理層可以有效推算本會的營運狀況，以及了解本會能否滿足到會員的期望及需要，故此當大家收到調查時，請花少少時間完成。

有會員滿意度調查，自然少不了**周年大會**。周年大會預定於11月11日（星期四）在會所的體育館舉行。大會本來已經因為延遲的香港國際七人欖球賽而順延一個星期，可惜七欖還是要再次推遲，即使這樣，周年大會也會如期進行，請大家放心。

主席 胡米高

## OBITUARY

*We were saddened to hear the news of the recent passing of longstanding Member*

**Peter Hayes**

*Our thoughts and prayers go to his family and friends. May he rest in peace.*





CHAIRMAN'S BAR

## NEGRONI WEEK

A DRINK FOR YOUR CAUSE



Founded in 2013 it has expanded to more than 12,000 participating bars and restaurants around the world, raising nearly \$3 million USD for charity.

This year, the Club's mixologist Patrick Jr will prepare the classic negroni and a few creative variations. And for every cocktail ordered, the Club will be donating \$3 each to the Negroni Week charity fund.

Enquiries: 2830 9559 or bar@hkfc.com

HONG KONG  
FOOTBALL CLUB

## STAR AWARD

2ND QUARTER 2021



**Leung Chi Ming**  
Pool - Senior Life Guard



**Sze Hiu Wa, Kristy**  
F & B Office - Food and  
Beverage Executive



**Chow Pui Ying,  
Maggie**  
Front Office - Receptionist



# FROM THE DESK OF MARK PAWLEY

## 總經理的話

Mark Pawley  
General Manager



By the time you read this article and after a lengthy closure period, the **Children's Pool will be open**. This is a result of a further relaxation of social distancing measures by Government. As the Chairman has noted in his article, we are close to getting back to "normal" conditions. In this respect, I see many of our Sports Sections already engaged in pre-season training in readiness, and we hope for a non-disrupted League season!

A big well done and many congratulations are in order to **Ming, Kristy and Maggie** (pictured on the opposite page) **who are the winners of the Star Award for the second quarter 2021**.

And, don't forget this is the **Club's 135th Anniversary year**. With this in mind, the Food and Beverage Department researched the history books and have gone through any relevant archive material in order to come up with some menu items that were typical of what could have been available in 1886 at the Club. You can try some of these menu items at the Coffee Shop, Restaurant and Sportsman's Bar throughout the month of September.

In the Sportsman's Bar and after the euphoria of Hong Kong doing so well at the Tokyo Olympics, we have the **Beer Olympics** where members will be able to vote for their favourite pint by the glass. In doing so, we will be able to keep the best favourite beers and also make room for some new beers going forward.

The Chairman's Bar during September will honour Welsh Rarebit Day by putting on a number of food items from Wales. **The Cymru am byth: Wales Forever** promotion will last the entire month which is about as long as it will take me to say the longest Welsh name place Llanfairpwll-gwyngyllgogerychwyrndrob!

From a wine perspective, I am intrigued to see how things go with the **Learning about Organic Wines while playing "Wine Bingo"** event on Friday 10th September. And, we have an interesting evening on Tuesday 21st September where we have a **Wine Dinner where the wineries** (for the wine you will be drinking on the night) **were established round about the time the Club was founded**. We also have a **Ste. Michelle Wine Estate Masterclass** on Thursday 16th September and we have a **Bin-end Sales Wine Fair** over the weekend of Saturday 18th and Sunday 19th September.

I look forward to seeing you all at the Club.

**Mark Pawley**  
General Manager

當大家看到這篇文章的時候，皆因政府進一步放寬社交距離措施，塵封已久的**兒童游泳池**終於再次開放。正如主席先前提到，一切很快就會回復「正常」，說到這裡，本會大部份體育部均已經整裝待發，展開季前訓練，希望來年賽季可以順利完成吧！

本會能夠陸續恢復正常運作，一眾員工的付出實在功不可沒，在此恭喜**志明、曉樺及佩盈**（如左頁所示）**榮獲2021年第二季員工之星**，做得十分之好！

公佈員工之星這個喜訊固然重要，但千萬不能忘記今年是**本會創立135周年**，故此餐飲部研究了很多歷史書，徹底搜查任何相關文獻，最終構思出一些1886年本會創立時具代表性的菜式。整個9月大家都可以到Coffee Shop、Restaurant及Sportsman's Bar試試年代久遠的食物。

嘗遍1886年後，回到今日港隊在東京奧運取得歷史佳績的一刻，全城都興高采烈，因此本會在Sportsman's Bar為大家準備了**奧林匹克啤酒大賽**，到時各位會員可以用手上的啤酒杯，投下最喜愛的啤酒，這樣我們便能夠保留最好的品牌，同時騰出空間引入更多新款生啤，一舉兩得。

除了Sportsman's Bar的活動，9月Chairman's Bar也會推出一系列**威爾斯地道料理**，以向威爾斯芝士多士日致敬，這款主題料理為期足足整個月，整個月邊食邊學的話，相信9月尾我便可以出師，完整讀出Llanfairpwll-gwyngyllgogerychwyrndrob這個威爾斯的最長地名吧！

到最後，餐飲推廣當然不能缺少葡萄酒。9月10日（星期五）的**有機餐酒知多點配「Wine Bingo」晚宴**聽起來相當吸引，簡直是寓品酒於娛樂。另外，9月21日（星期二）晚上亦會有一個葡萄酒晚宴，**晚宴的主題酒廠是與本會差不多時期創立的**，相當有趣。同時我們9月16日（星期四）會舉辦**Ste. Michelle Wine Estate品酒班**，以及9月18日（星期六）至19日（星期日）的**餐酒展覽**。身為好酒之人，絕不能錯過以上活動。

期待與大家在本會相見。

總經理 龐禮文





# HKFC SUMMER CAMPS









MINI RUGBY

IT'S COMING HOME!

# RICHARD HAWKES CUP







# RICHARDS

Where do you start... This has been an incredible journey of over 6 years with these boys from U6 through to U12 Mini Rugby at the Hong Kong Football Club, and a journey where we have seen so many come and go, but a core of boys that have shown great strength and ability to push the boundaries and come up with the last game of their mini careers to become the winners of the Richard Hawkes Cup.

The cup has not been won by a HKFC team since 2009 when these young men were born, and Sunday saw them deliver what was truly a perfect end to an imperfect season. Once we knew that the RHC was going to take place and in a 7s format, the team and I said all the 45 boys in U12 squad had to adapt to a new style and understanding of a very fast game.

The forwards, who usually are not the fastest, have had to dig deep, practice, get fitter and above all learn to get out of the ruck if it's not won, and have a defensive line to battle. This has all been down to Jonty and his teaching ability with the boys. From Monday evenings to Thursdays to Sundays. Burpees galore with plenty of sprints and Cookie setting up the warmup drills like a sergeant major.

This has been a group win and should be said that it was not just FC1, but an overall achievement for the whole U12. There were players that played in earlier rounds and these boys should also feel that it was as much a win for them as well.

The morning did not go to plan with FC3 and FC4 both coming up short in the Shield and Bowl finals. FC3 who had a few boys moved to FC2 had an unlucky loss in the opening game, then came back with a win, but fell short in the final. With a valiant attack, FC4 missing a few players had a difficult time. Nevertheless, they gave all and showed that they are also part of this amazing group.

Following on from the Bowl and Shield finals, we then entered the Cup and Plate finals. Eight top teams competing for the final silverware of their mini careers. FC2 up first against Valley Fort. A slow start and the damage unfortunately done. A loss meant the Plate finals. Still giving everything, they showed great tenacity and pulled together for the semi-final of the Plate.

Up against a strong Buffalo (SLB) team, previously losing to FC1, they came out fighting in a scrappy game, but again the finish was just not there and another loss 3-4 to SLB. With still time to revive and have a win they came up against Stingrays. They had beaten this team





before, and so the confidence again was high. Starting strong and 1 up, it looked like the tide had turned. Second half and maybe with fatigue or the heat, the boys succumbed to a final loss 2-5 to SKS. They gave it all and played an important roll in the group, and on any given Sunday, they can match anyone, just not today unfortunately.

FC1 up next against Buffalos with a very convincing win over. A routing 7-0 win giving the boys a firm belief that today was indeed their day to be had. Next up, the old for Valley Fort. A formidable team that in the previous weeks had succumbed to FC1 twice and drew once. These boys in red are fast and move the ball extremely well so a true fight was to be had. Not a great start and being too sloppy with the tackling saw Valley go up 2-0. With head up calling and body language calls, the boys pulled together and came back in the first half 2-2. A quick turnaround and second half on, another try within a minute 3-2 up; the possibility to win was a sniff away. Some great heroics and the final try was scored with some hearty rugby. A 4-2 win to FC1 and now the final is beckoning.

A short break in between as the 3rd and 4th positions played out, so the boys could regroup in the comfort of the Club. This is it, the RHC Final for the cup and up against a team they have not beaten in the past 3 rounds of the RHC, Sandy Bay HKU1.

Simple tactics from Jonty, some resounding words from Head Coach Robin, play with heart and dignity and go kick some...!

Go hard and fast, hold the line, get out if

you're not in it and pass wide...

It sounds simple, but in fact it was far from that. A battle ensued and these boys were not going to lie down and roll over. Within the first 5 minutes, it was 3-0 to FC1. Wow, how could the nerves be kept in control... Second half and HKU1 came out fighting some great work and they are in the corner, and its 3-1. Hold tight boys, keep the pressure and defence line. Some amazing teamwork and the subs keep rolling on and off. Hold tight, the hooter goes, HKU1 have the ball, a turnover at the ruck, screams of kick-it-out, the ball flies high and out, the final whistle and the jumps of joys. Hong Kong Football Club U12 wins the Richard Hawkes Cup... Boom!

The tears flow for HKU1 and the FC1 boys rally around giving comfort and condolences, but the Trophy is ours. The cup comes home after 12 years or more being absent. What a day, what a challenge and what more can you say.

Well done to all the Under 12 Rugby Team of HKFC. It has been a pleasure to be your Head Coach and thank you to all the coaches, **Jonty, Dave, Duncan, Pete, Sias, Tim, Nickey, Russell, Ciaran, Mitch, Rambo**, and the list goes on.

To the Boys... Well Done !

**Robin Zavou**





# MINI RUGBY

## FROM THE CHAIRMAN

### WE'RE BACK ...

By the time you read this, you should have collected kit for your athletes and training started. So welcome back!

We are scheduling sessions so that they return, as much as possible, to pre-COVID timings. We will still use pitch space wherever we can book it, so that will mean sessions away from Club / HV1. Please bear with the arrangements.

A request, repeated: the Head Coaches and Team Managers are working hard to schedule useful sessions, maximising pitch space. If you confirm that your daughter or son will participate, and then your plans

change, please tell your Head Coach / Team Manager immediately so that they can work with those changes. "No shows" are simply rude!

### CALLING FOR MORE REGISTRANTS!

Please spread the word, at schools, offices, residential blocks, wherever, that we have vacancies in every year group.

### FESTIVALS

There are still no fixtures in the diary. Frankly, until the government (i.e. Home Affairs Bureau and Leisure and Cultural Services Department) relax restrictions on events, I cannot see there being any festivals being able to take place.

In their place, there will be friendly competitive matches against peer group clubs, at all levels (except U4,

as the other clubs don't have U4).

Also U10G and U10 will be defending the **Chris Hattam Girls Cup** and **Chris Hattam Cup** which Club's U10G and U10 won last year and passed on the batons.

Anyhow, welcome back and let's hope we have an uninterrupted season...

Best,

**Denis Brock**  
Chairman, HKFC Mini-Rugby

Scan the  
QR Code

Calling For More  
Registrants!



## U12 GIRLS

# KIM LAM CUP 2021

On three Sundays in May (2nd, 16th and 30th), our FC1 and FC2 U12 Girls' teams participated in the annual Kim Lam Cup at King's Park.

Competing against HKU, SKS, DBP, FK, Valley and USRC, the girls performed extremely well in hot and challenging conditions, playing some great rugby, and always exhibiting a fantastic attitude and desire to give their best.

The majority of both teams will still be eligible for the U12s next year, and therefore came up against physically stronger and more mature girls in a number of games. Nevertheless, both

teams held their own and improved in terms of kick-offs and defence, two of the key elements in any game of 7s. As a result, the FC2 team won the Bowl, and FC1s came fourth in the main tournament.

Many congratulations to **Iris, Bella, Emi, Milly, Lea, Louise, Kelli, Sophie, Megan, Constance, Maddi, Claudia, Zoe, Mia, Philo, Romane, Ella and Jem.**

This group of girls is a genuine delight to coach, and we have high hopes that they will continue to enjoy their rugby together as a team for many years to come.

**Robert Wall**



## MINI RUGBY

HKFC SUMMER  
MINI RUGBY CAMP

Over the 2021 summer holidays, the HKFC Mini Rugby section has held its biggest and most ambitious rugby camp. Held over six weeks (three weeks for the U5-U8 age groups and three weeks for the U9-U12 age groups), the camp has been hugely popular, running at almost full capacity every day.

The emphasis has very much been on fun, making friends and learning some new skills. Usually, the day would start out with skills and games on the pitch, followed by indoor activities as the weather warmed up. However, being Hong Kong in the summer months, the weather often forced quite a few changes to the plans! To handle the heat, a few unusual training methods were used, such as water fights and a "slip and slide"! Indoor activities had a big emphasis on coordination, movement skills and working as a team.

Camp participants were blessed with an incredible team of coaches. **Mark Wright**; HK International and former professional player in Japan. **Tom Isaacs**; international 7s player with

Wales and HKFC player/coach. **Rosie Wright**; also a HK international player and HKFC star. **Kate Palis**; HKFC Ice player and head of the girls' youth section at Club. **Tasham Ramsey**; former HK Age Grade player and elite league Touch rugby player. **Wesley Feausi**; former HKFC Ice Head Coach. **Callum Hardie**; Otago provincial player and HKFC Coach.

A big thank you to all parents for supporting the camp, the coaches for their time and effort and most of all the players for turning up and having fun. Looking forward to seeing you all at the next camp!

**Steve Jones**







The 2021 HKFC Club Championships kicked off on 12th April, with immense anticipation after a tough year of restricted court time. For the first time, players would play off to an exact place in the 128-person draw, giving everyone seven rounds of matches to play and a whole year of bragging rights if you finished above your mate.

In the Men's main draw, there were some impressive games to watch, including a 90-minute marathon last 16 between **Eric Ho** and **Nathan Rosenzweig** – the latter coming out on top. I myself had the pleasure of sharing court-time with world number 68 **Carlos Cornes**, falling far too short despite constant efforts to go for the towel to slow down play. Hong Kong's number 1 **Max Lee** unfortunately pulled out early due to injury, paving the way for the brilliant **Andrew Ward** to advance through to the final to take on the Chairman's Cup finalist, **Alex Lau**. In a thoroughly entertaining final, Alex came out on top despite a noble effort from Wardy.

On the Women's side, 9x champion **Carmen Lee** faced stiff competition from the Club's emerging junior talent, coming through two tight 3-2s in the quarters against **Mariko Tam** and in the semis against **Valeria Huang**. Her opponent in the final came in the form of Hong Kong's number 1, **Tomato Ho**, who had been boasting her dominance over the men by winning every box league game to date, which I believe without dropping a single game. Tomato proved to be too strong in a great final, rounding off a fantastic first year at the Club with her first Club Champs title.

In the Master's competitions, **Ruchika Kumar** came through convincingly by winning every match 3-0 to upset the seedings, while **Lincoln Chan** and **Keith Frith** added to their previous titles with some impressive shot-making (beware of the Lincoln Chan trickle boast).

This summer we say goodbye to Nathan Rosenzweig, setting off to the US with his family where he'll no doubt burst onto the Junior squash scene. Nathan won the Junior Boys by beating Lucas Tulloch (there should be a Super Juniors for Lucas!) and also claimed Men's Player of the Year.

Congratulations and thank you to all the players, organisers and spectators for making this a fantastic event on the calendar in a really tricky year. The finals day in particular was as glamorous as an Olympic final, with disco lights from a raging high-school party, music from DJ **Gergo Schlosser** and emceeing by **Will Chapman**, streamed live on Facebook and YouTube for the rest of the sporting world to tune in jealously. A big thank you to our new Director of Squash **Carlos Cornes** and the committee for making it all happen.

**Jack Lambert**

## 2021 HKFC CHAMPIONS

Men's Open  
**Alex Lau**

Women's Open  
**Tomato Ho**

Men's Masters  
**Lincoln Chan**

Women's Masters  
**Ruchika Kumar**

Men's Super Masters  
**Keith Frith**

Junior Boys  
**Nathan Rosenzweig**

Junior Girls  
**Alyssa Ho**







**RYDER**

Hi! I'm Farah Karbhari, a member at the HKFC and a Designer at Ryder Diamonds.

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## LAWN BOWLS

## HKFC BOWLERS

## SHINE AT NATIONAL CHAMPIONSHIP

## FINALS DAY – SUMMER 2021



This year's National Championship Finals Day of the HK Lawn Bowls Association was held at Hong Kong Cricket Club on 1st July 2021.

The finals day was played in a range of weather conditions. Players had to contend with howling gusts, heavy rain showers and bursts of sunshine.

Though the strong wind affected almost every delivery, it did not undermine our star players who captured one championship and one 1st runner up title. Our Men's Captain, **Warren Cheung**, braved the weather, played well and defeated his opponent

by a 7-shot margin to become the Men's National Champion 2021. Despite the great effort from **Eva Yu**, our Women's Novice Singles Finalist had to contend with the 1st runner-up spot.

A truly memorable day as the Club representatives demonstrated outstanding fighting spirit and great sportsmanship. Sincere gratitude to all who went to watch our fellow bowlers for their unwavering support and applause on the day.

Great team effort, congratulations and well done to all!



## LAWN BOWLS BEGINNER CLASS

The second group of lawn bowls beginner class was also completed on 28th July. LBS will arrange intermediate classes in the near future.



# THE GOLF CHALLENGE TROPHY

## HKFCGS V. WAGS

Kau Sai Chau East Course  
Thursday 6th May, 2021

In our 6th match of the year (the total number played when Covid-19 hit 2020!), the Golf Challenge Trophy is an annual fixture first played in 2001 and usually in Macau. With the ongoing quarantine restrictions on both sides of the border, again thanks to Kai Sai Chau, we could keep this fixture alive.



**W**AGS are led by a notoriously experienced campaigner who unfortunately couldn't play in the end, due to a bone spur in his elbow trapping a tendon for which he will soon have an op. He replaced himself with a strong player, meaning it was highly unlikely our famous victory last year 5½ - ½ would be repeated.

We had seen some rain showers earlier in the week leaving the course damp in patches. A few more were forecast in the morning, but the improving forecast had our 24 golfers optimistic.

**Jonny Brock** and **Andrew Wood** teaming up for just the second time, were first out versus **Oli Li** and **Mike Edie**. Oli set the tone from the off, with a birdie on the first hole. After going 4 down after 5 holes, it was a case of hanging in there. Around the turn, Andrew inadvertently played Jonny's ball, evened out by a putting rules violation from WAGS a couple of holes later. Still, the WAGS boys continued "ham and hamming", with only a birdie on the 13th keeping the match going. A good fight to the end, but at 2 over par gross on match conclusion at the 16th, our opponents closed out the match 3 & 2.

**Jason Waldie**, our current Club Champion and **Taylor Hui** were up against familiar foes from MiB and a decent pairing of **Tim Chillington** and **Alain Roberge**. Taylor had struck a psychological blow the previous Friday by easily beating Alain in a dress rehearsal. However, Alain this time played a blinder on this tricky course, resulting in another win 5 & 4.

Our Ladies pairing of **Jenny Chapman** and **Malou Waldie** have a polished record as a pair, so were looking to maintain that streak and stem the tide for HKFC. They were up against **Daniel Rupp** and **Barry Cronin**. Giving shots, but playing a much shorter course, surely this one was ours. In a game of two halves, Jenny took the first 9 and Malou the second. This led to a 5 & 4 spanking for the girls. Match situation, WAGS leading 2 -1.

The fourth match-up had our clutch putters **John Thompson** and **Justin Faulkner** take on their **Duncan Paul** and **David Law**. It was a very social grouping, with David entertaining this fourball with his usual anecdotes. John did most of the damage with the usual few clutch putts, mostly on the back 9, resulting in







a very close win 1 up. Match even, 2-2, with just 2 to play.

**Alastair Murray** and Chairman **Phil Head** were not to know the match situation playing against plus handicapper **Keith Brooks** and **Seb Hughes**. Seb was in fact the dangerman, having 2 shots on 8 holes and he did not disappoint. WAGS winning 4 & 3 and nudging ahead 3 -2 in the process.

Our anchor pairing of **Jukka Hakli** and **Simon Hague** were one of our strongest pairings, so, with one match to complete before the post-match frivolities, could they overturn **Darren Nugent** and **Steve Smith**. Simon set the tone with an Eagle on the first, with our pair never looking back. In the end, this one almost got away, but this solid 4 & 2 win resulted in HKFC drawing a very entertaining and fun golf contest 3-3.

### NEAREST TO THE PIN

Hole 3	Mike Edie
Hole 5	Mike Edie
Hole 8	Jason Waldie
Hole 13	Andrew Wood
Hole 15	Jason Waldie

### LONGEST DRIVE

Hole 17	Oli Li
apparently 280 yards	

A special thanks to Jukka who played his last match for the team, who by time of issue, will be back home with his lovely wife and family in his native Finland. We wish him and his family all the best and hope to see him back on our fairways one day soon.

So, the Golf Challenge Trophy therefore remains in our burgeoning trophy cabinet for at least another year and we look forward to defending it against these charitable gentlemen next year, hopefully back in Macau as usual.

For the record, this was our second draw with HKFC now leading overall with 11 wins, against 7 for WAGS.

So, HKFC retain the trophy for the fourth year in a row, so I say bring it on next year!

**Andrew Wood**  
Captain, Golf Society





## GOLF OUTINGS



Kau Sai Chau South Course  
Thursday 20th May, 2021

We were lucky to be blessed with beautiful weather to start the day. Not as hot as the previous week, and with a bit of cloud to give some shade to make it less demanding getting round the course. Sadly Thomas sustained an injury the day before our outing and incapacitated himself. Fortunately, Helen was able to fill his spot at the very last minute. Get Well soon Thomas.

I was playing with **Steve Lee, Law Ka Keung** and **Albert Lam**. It's been a while since we have had the chance to play golf together. I recalled the last time we played together was back in 2020 January when we were in Junan Golf Country Club. Law Ka Keung has improved his swing a lot, with better tempo, and swing path which is now much more on plane after a year of practicing. However, his short game still has room to improve that often led to 3 putts around the green. K K Law still managed to shoot 92 with 34 stableford points to claim the second place. As for Steve Lee, he hasn't been playing much golf recently, so he is also rather rusty with his short game. He told me he saw the line is moving when he tries to putt. Time to find a coach, Steve (or possibly an optician)! Ever the optimist, I had invested in a new Ping Driver. I seemed to keep leaving the club face open, so my drives kept heading off to the right! Particularly baffling for me as my normal ball shape is right to left. I ended up shooting 86 with 10 pars, but a lot of double bogeys caused by the driver mishit!

Luckily in the other flights, there were some incredible scores. **Jukka Hakli** shot an excellent 78 for 40 stableford points to claim not only the event, but with 9 pars and 1 birdie defeated JP Cuvelier in their match. Meanwhile to little surprise, **Jonny Brock** carded a very steady 78 to claim the best gross.

Happy Golfing

**Ted Li**

## NEAREST TO THE PIN

Hole 2	<b>William King</b>
Hole 5	<b>Andrew Chan</b>
Hole 11	<b>Ted Li</b>
Hole 16	<b>Malou Waldie</b>

## NEAREST TO THE PIN IN 2

Hole 7	<b>Malou Waldie</b>
--------	---------------------

## LONGEST DRIVE

Male	<b>Will Glover</b>
------	--------------------

Kau Sai Chau South Course  
Thursday 10th June, 2021

There seems to be a rule that the weather is always terrible before a golf outing! Despite this, with the faith and hopes of 24 passionate golfers, the weather decided to turn sunny and windy for our golf day. For this event, we had no fewer than 90 members signing up which I believe is a record for the Golf Society.

First to tee off were **Eric Desgouttes, Terry Wright, Phil Head** and **Kien Ng**.

Terry has been hardworking in New Zealand practicing his golf. With 2 birdies and 10 pars, he shot 76 grosses for the best gross of the event. Meanwhile Phil, had a less successful day with 11 over for the front nine. He did perk up somewhat over the back nine with a respectable 37 strokes for 33 stableford and third place. In pole position was Eric Desgouttes who shot an 83 to claim 36 stableford points and victory.

Joining my group were **Lawrence Chong, Jonny Lam** and **Choy Sheung Ki**.

We haven't seen Lawrence at our events for quite some time, and he admitted to not swinging a golf club in 2 years. Bracing ourselves for the worst, it turned out that he had forgotten how to swing badly and somehow found a nice smooth rhythm, splitting every fairway with his driver and making many greens in regulation. However, golf will always punish you somewhere and the 2-year hiatus had clearly done nothing for his short game as he managed to three putt most greens!

Also rather rusty was Choy Sheung Ki, this being his first game at Kau Sai Chau for 6 months. He has however been working very hard on his short game perfecting the pitch and run. On hole 5, his first shot left him 15 yards to the pin, and with his newly honed skills pitched it 3 feet to save his par! The wonderful thing of golf is you only remember your good shots and forget the bad ones! That's why golf is so addictive. As for me, being a more regular player, I managed to shoot 81 for 34 stableford points which was good enough for second place.

Happy Golfing

**Ted Li**

## NEAREST TO THE PIN

Hole 2	<b>Nerissa Yan</b>
Hole 5	<b>Terry Wright</b>
Hole 11	<b>Eric Desgouttes</b>
Hole 16	<b>Nerissa Yan</b>

## BEST GROSS

	<b>Terry Wright</b>	76 points
1st place	<b>Eric Desgouttes</b>	36 points
2nd place	<b>Ted Li</b>	34 points
3rd place	<b>Phil Head</b>	33 points

## NEAREST TO THE PIN IN 2

**Mike Haynes**

## LONGEST DRIVE

Male	<b>Terry Wright</b>
Female	<b>Dorothy Lam</b>





# PETERSEN TEXAS SCRAMBLE

Fanling New Course  
Wednesday 2nd June, 2021

The weather forecast for the whole week was for heavy rain and thunder storms, and to make things more bleak, the red rain signal was hosted the night before the event. Despite the bad omens, we were very fortunate to find that there was literally no rain in the morning at 6a.m., and the golf course was open. Result!



This prestigious event was again greatly assisted by its creator, Ian Petersen, who helped liaise with the Hong Kong Golf Club and enabled us to secure 8 flights on the New Course starting from 10:03 till 11:00. As we gathered at the HKFC around 7:30am in the morning, I could feel everyone's passion since most of us had not been able to play golf since the closure of the golf course.

I was partnering **Greg Medhurst**, **Mike Duggan** and **Gary Choy**. Gary told me this was his first golf outing in 5 years and he was very nervous, so we teed off first to ease his tension. Gary hit a dreadful drive on the first, topping it into the side of the cart path which ejected it backwards onto the Championship tee behind us! Luckily we were playing Texas scramble where you are allowed to pick the best shot from your team. This allowed us to benefit from a perfect drive and approach shot to 15 feet, and a nice putt from Mike to record an opening birdie to start the round! I managed to hit some bombs averaging 280-290 yards from the tee box which put us in good stead

on the par 5s! We had 3 long eagle putts (all missed), but still walked away with 3 two-putt birdies. Overall, we had 6 birdies, 10 pars and 2 bogeys to post a 4 under for the round. As we were benefiting from a 14 handicap, we shot 52 to claim the victory with 18 under par!

In the fight for second place, two groups came really close. **Brent York's** team and **Mark Li's** team both shot 55 net, but Mark's team shot 32 on the back

nine to snatch the runner-up spot.

There was some surprise that there was no nearest to the pin flags on the front nine. It turned out that as Ian's team failed to hit any of the greens, he forgot to put out the flags! So he just put the flags out on hole 11, 14, 16, with 18 as the longest drive! Early onset Alzheimer's?

Happy Golfing

**Ted Li**

## NEAREST TO THE PIN

Hole 8	Callum Dunn
Hole 13	Ted Li
Hole 17	Gary Doran

## LONGEST DRIVE

Hole 9	Mark Li
Hole 11	Richard Maton
Hole 14	Ted Li
Hole 16	Elizabeth Dendle
Hole 18	Mike Duggan

## NET SCORE

1st place	Ted Li, Greg Medhurst, Mike Duggan and Choy Sheung Ki Gary	52 points
2nd place	Mark Gah Chun Li, Andrew Wylde, John Thompson and Callum Dunn	55 points





# BEER OLYMPICS



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Photo © Ka Wai

The McBean Middle Island Challenge is an open water swim race named after our previous swimming coach Lloyd McBean, who has since retired. It took place on 1st July, 2021 with a start/finish at the VRC in Deep Water Bay and 3 distances on offer: 1km, 2km, or 3.8km. The 3.8km goes around Middle Island. The swim was technical with choppy conditions. 300 swimmers took part in one of the very first swim races allowed since the pandemic started, with 10 swimmers from the Club who showed great results.

**Matthieu MLV** continued his impressive season with a 5th position overall in 54'08", a mere 40 seconds after the overall winner. **Catherine Sen** came 1st in her age group F 40-49. Congratulations to **Jessica McCarroll** for still holding the course record in the 50+ Age group since 2018, and to all Club swimmers for their strong results.

## SWIMMING AND TRIATHLON

# MCBEAN MIDDLE ISLAND CHALLENGE

DISTANCE	GROUP	PLACE	SWIMMER
3.8km	Male 20-39	2nd	<b>Matthieu MLV</b>
	Female 40-49	1st	<b>Catherine Sen</b>
		3rd	<b>Sally Gentle</b>
	Male 40-49	8th	<b>Lachlan Wolfers</b>
		14th	<b>Rupert Puels</b>
		24th	<b>Mayank Vaid</b>
1km	Male 50+	2nd	<b>Nicolas Gontard</b>
	Male 20-39	2nd	<b>Michael Chang</b>
	Female 20-39	4th	<b>Michelle Lam</b>



Photo © Ka Wai

## TIPS FOR OPEN WATER SWIMMING

- If the sea is choppy, raise your arms higher to go over the waves.
- Going in the right direction is crucial, so look up regularly and set your direction with an easily identifiable target (a building, a mountain, a tree).
- If drafting is authorized like in cycling races, stay behind a slightly stronger swimmer to save energy.



## SPORTS

The Swimming and Triathlon Society is home to several Olympians who have all reached incredible milestones in their own right. Arthur Li is one of our very first Olympians to join the Club, and is a valuable member of our team. For over the past 10 years, he has been committed to the Swimming Society as both a competitor and a coach.

*HKFC SWIMMING SOCIETY  
TALKS WITH HONG KONG'S  
THREE-TIME OLYMPIC SWIMMER*

# ARTHUR LI

Arthur, is a former Hong Kong swimmer who competed at the highest level in the 1988 Seoul Olympics when he had just turned 16 years old. He then went on to compete in 1992 Barcelona and in 1996 Atlanta. For many, competing at the Olympic Games is the pinnacle of an athlete's career, but competing at multiple Olympics, even more so.

It was a real privilege to be able to sit with Arthur and discuss his experience and his journey to the Olympics. Especially as at that time he went on to become the fastest Hong Kong swimmer during that time, breaking two national records in the Atlanta Olympics 1996.

During our discussion, we also paid tribute to the incredible record-breaking week in Tokyo 2020 for Hong Kong swimmer Siobhan Haughey, as we witnessed her outstanding performance gaining two silver medals which made her Hong Kong's first-ever Olympic double medal winner. Her performance sparked intense interest, excitement and conversations amongst members of the Swimming and Triathlon Society, especially amongst our very own Olympians.

We sat down with Arthur last month to talk all about his Olympic journey.



All Hong Kong Olympic Swimmers :  
Arthur Li, Fenella Ng, Hannah Wilson and Sandy Chan

### Where and how did it all begin?

Arthur was raised in Hong Kong and started competitive swimming at 11 years of age. "As a child, I suffered from asthma. My doctor said swimming was good for me and luckily I took his advice. Back then, we weren't allowed to watch TV on weekdays, so doing sports seemed like the best thing to do." Arthur spent his early years training with Barracuda's Swimming Club (now Harry Wright International), doing two-hour sessions five times per week. "I was struggling in my first year but began winning competitions at the age of 12. I had that same routine until I made the Olympics in 1988. After that, I started to train with the National Squad in addition to my club (B.S.C.) training, spending up to 16 hours per week." He described the earlier training days as being very hardworking, but in a fun environment.

### How different was the training once you entered a higher-level of competition?

"At our peak training for serious competition, we trained up to 25 hours a week. A typical workout will begin with a 'light warm-up' of between 500m and 1,000m 'easy' swimming, then progress to 12x100 m sets. Then drills followed by the 'serious' swimming of 12 laps paying close attention to technique. On top of this, we would do light resistance workouts in the gym between two and three times a week". Arthur explained

that swimming workouts became more about quality not quantity.

### What have been some of your other most notable achievements?

Arthur participated in four events in 1988, seven events in 1992 and three events in 1996. He held as many as 7 long course Hong Kong records at one time. In 1999, Arthur retired from swimming at age 26 after competing in the FINA World Swimming Championships (25 m) which was held in Hong Kong in 1999. "I won a bronze medal in the Asian Championships in 1988, and was voted Hong Kong Swimmer of the year in 1991, 1993 and 1996."

### What was your most rewarding part of the Olympic experience?

Arthur's favourite swim race at the Olympics was the 100m freestyle. "The Olympics produced an amazing atmosphere, where people are performing at their absolute best. The atmosphere was uplifting like you are in a trance, and it was so loud with so many spectators. My favourite Olympic city was Barcelona. The atmosphere was incredible and the town was beautiful". During this time, Arthur met a lot of friends during his competitions, and he is still in contact with many of them from around the world. He met many famous swimmers during his competitions, and described Alexander Popov and Matt Biondi, as his favourite swimmers.



## How has the Olympic experience changed over the years?

When we asked Arthur if he could help to share a photo of his time during the Olympics, he explained how it was different back then. "There were not many cameras, and limited technology. The rules have also changed, and the stroke technique has improved significantly." Better performances can be attributed to better training, coaching, and dietary techniques, but many technological shifts in the pool have come in the lead up to each Olympics. More notably standard trunks to streamlined swimsuits. "I wish I would have been able to experience wearing the high-tech swimwear fabric." These LZR high-tech swimsuits were worn in the Beijing 2008 Olympics and controversially had a tremendous impact on the competition results.

## What advice do you have for any of our young swimmers who aspire to reach a high-level of competition?

"Never give up, just keep going. Youngsters who are thinking of taking up swimming must be prepared for a lot of work. They have to enjoy swimming and enjoy working out. Deep down they have to love it if they want to be successful. There are no short-cuts to success. Swimmers must spend a lot of time in the water. They must learn how to coordinate their body movements properly, just like walking on the ground. Anybody can start young. When I was 11 years old, I was already into serious training."

## HKFC SWIMMING AND TRIATHLON SOCIETY OLYMPIANS

### SWIMMING

#### Arthur Li

1988 | 1992 | 1996

#### Sandy Chan

2000 | 2004

#### Alex Fong

2004

#### David O'Brien

2004

#### Jo Fergus

2000

### MARATHON

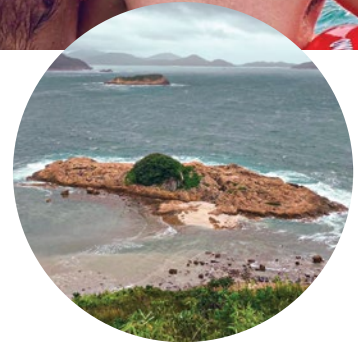
#### Caitriona Jennings

2012

## SWIMMING FOR SUSTAINABILITY AND WATER SAFETY



The EggOn 100 swim challenge was envisioned by 'Team EggOn', composed of Egon Vavrek, John Pesci and Club member and Ultra Endurance athlete Mayank Vaid. They have committed to swimming every day from Sheung Sze Wan Beach to Green Egg Island and back in July 2021 for 20 consecutive days to cover 100km of swimming together.



Team EggOn is raising funds for HK Charity Splash which assist the underprivileged to experience swimming in Hong Kong. They are also supporting a sustainable pre-loved equipment donation campaign along the 100km journey. Donors can either donate funds or declutter their swimming equipment that is sitting idle at their homes or swim clubs to be shared with HK Charities that can distribute them to those who will make good use of the equipment.

The team has been receiving great

support from Club members who have donated generously.

By way of recycling equipment, we can go a long way in reducing waste and give equipment a second life.

Green Egg (off the coast of Clearwater Bay) is one of the 263 islands surrounding Hong Kong. With no pier or other facilities, it got its unique name from its resemblance to a green poached egg. The island has very clear waters and a unique range of water life which makes it attractive for scuba diving and snorkeling.



If you would like to donate, please contact Mayank Vaid at: [mayankvaid@hotmail.com](mailto:mayankvaid@hotmail.com)





# WIMBLEDON SOCIAL

On the 10th July, the tennis courts were a vision of white, with 36 players fashionably dressed in their Wimbledon whites for the annual HKFC Wimbledon Social - a highlight on the social tennis calendar. The event ran by the ATA coaching team saw players competing in a fun, social doubles mixer event. There were fun rule challenges throughout the afternoon, including a singles sudden death knockout round. The sun turned up the heat, but with plenty of refreshments, including the All England Club's traditional Pimms with a side of strawberries and cream, everyone

got a taste of the Wimbledon Championships as well as great fun on the court. We even had our first Grand slam social 'streaker' take to the courts, Richard Wildman. The winner of the open category was Samantha Ho, and the runner up was Guillermo Medina. The winner of the social category was Jessica Maltby, and the runner up was Kelly Wildman.

The next Grand slam social will be the US Open, hitting the courts on Saturday 4th September.





## SUMMER FUN

The ATA coaching team ran a busy 10 weeks of junior camp programmes this summer. Week-long intensive tennis camps saw many HKFC juniors hit the court; from those new to the game, through to those at competition level joining the performance camps. This summer, the tennis camps were run as part of a 'Sun Smart' campaign; ATA partnering up with 'Key Sun Australia' who provided sun creams and colourful zinc sticks for the players. This provided the opportunity for the coaching team to also educate the juniors of the importance of sun protection and skin care, by wearing protective clothing, using sun block and properly hydrating etc. The players not only had a great time on court, pushing their tennis up to the next level, but did so whilst having fun and being 'sun smart'. Whilst sporting colourful zinc sun block, the players also enjoyed the occasional water fight to cool down and a slip'n'slide for those on the hockey pitch.







# US OPEN

us open



## HKFC TENNIS SOCIAL EVENT

SATURDAY 4TH SEPT 2-6PM



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**Katie Wildman**  
Tennis Society Junior Reporter

## JUNIOR TENNIS SOCIETY REPORTER

We have been lucky enough to have several tennis events this summer: Wimbledon Social, a charity event, summer camps and the beginning of UTR at HKFC! Here's a catch up of these events.

To follow up on the well known Wimbledon Championships, we had a social event including all the traditions: Wimbledon whites, strawberries and cream and even our very own streaker! Thank you again to our three coaches Nathan, Toby and Dom for organising a great event.

On the 11th July, Football Club held a charity sports event organised with the homeless charity 'Home of Love' to give these kids the opportunity of trying out all the sport options we are fortunate enough to have here; tennis, rugby, football, and dodgeball. With the baking hot weather, we all got to end the morning with a slip and slide to cool off. It was so great to see so many smiling faces with everyone enjoying it! Thank you to the HKFC and ATA team for involving the junior HKFC players.

ATA has started to host tournaments regularly throughout the summer months to give players the chance to gain a Universal Tennis Rating. Juniors have had a couple of tournaments already, followed by ladies doubles and mens singles.

Let me know if there is anything you would like me to mention in future articles, or a favourite coach you would like me to interview... With September just around the corner, we are looking forward to seeing everybody on court for the upcoming season!!



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TENNIS | BOWLING INTEREST GROUP

## BOWLING INTEREST GROUP



## HONG KONG INTER CLUB TENPIN BOWLING SUMMER LEAGUE 2021

The Hong Kong Inter Club Tenpin Bowling (HKICTB) Summer League 2021 started on 7th July, an excellent warm-up for the formal league which will start in October. We played two away games against Hong Kong Cricket Club and Royal Hong Kong Yacht Club and won scratch series, 6 to 2 in both games. The team performed well, with **Emy Clarke** scoring above 500 for 3 games. Well done to all players for your effort. Keep up the good work and keep striking!

We welcome all Club Members to join us in the 2021-2022 HKICTB League which will start in October. Practice takes place every Thursday evening at 7pm. Please come along and join in the fun!



## BADMINTON

SPORTS PREFERRED AND JUNIOR ASSOCIATED MEMBERS REPORT

**BADMINTON SOCIETY LADDER COMPETITION 2021**

Monday, 2nd August 2021



Gavin So, our ex-SPAM partnered with performance junior player in the doubles match.



Our SPAMs Lam Chun Tin and Ivan Ho playing against a pair of performance juniors.

**SPAM/JAM SINGLES**

RANKING	PLAYER	MATCH PLAYED
1	Coraline Lo	3
4	Patrick Leung	3
7	Lam Chun Tin	2
9	Leo Ng	1

**SPAM/JAM DOUBLES**

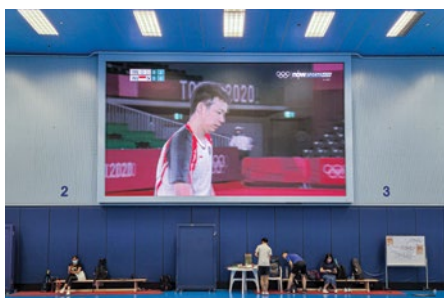
RANKING	PLAYER	MATCH PLAYED
2	Coraline Lo and performance junior	4
5	Gavin So and performance junior	1
1	Hoey Mok/ JAM nominee	4
2	Lam Chun Tin/ Ivan Ho	4
4	Nora Man and partner	4

## SOCIAL REPORT

**OLYMPICS  
BADMINTON  
VIEWING**

Badminton Society members watched the Tokyo 2020 Olympics - Men's Badminton Doubles Semi Final on Friday 30th July in between their own matches, and were inspired to replicate the moves of the champions on the Big screen.

Even our Head Coach John was overheard saying: "Don't listen to me tonight, just do what they are doing....!!"



Scan the  
QR Code

to view the  
Tokyo 2020  
Olympics  
Badminton Results





*TOURNAMENT REPORT*

**PRESIDENT CUP**

With the success in society junior pathway and team development, we are able to put the following teams down to compete in the upcoming President Cup 2021:

**ELEMENTARY LEVEL**

Mixed Team

**INTERMEDIATE LEVEL**

Men's Team | Ladies' Team | Mixed Team

We wish the teams good luck and all the success!

*UPCOMING CALENDAR*

**CLUB CHAMPIONSHIP**

**STAY TUNED!!**

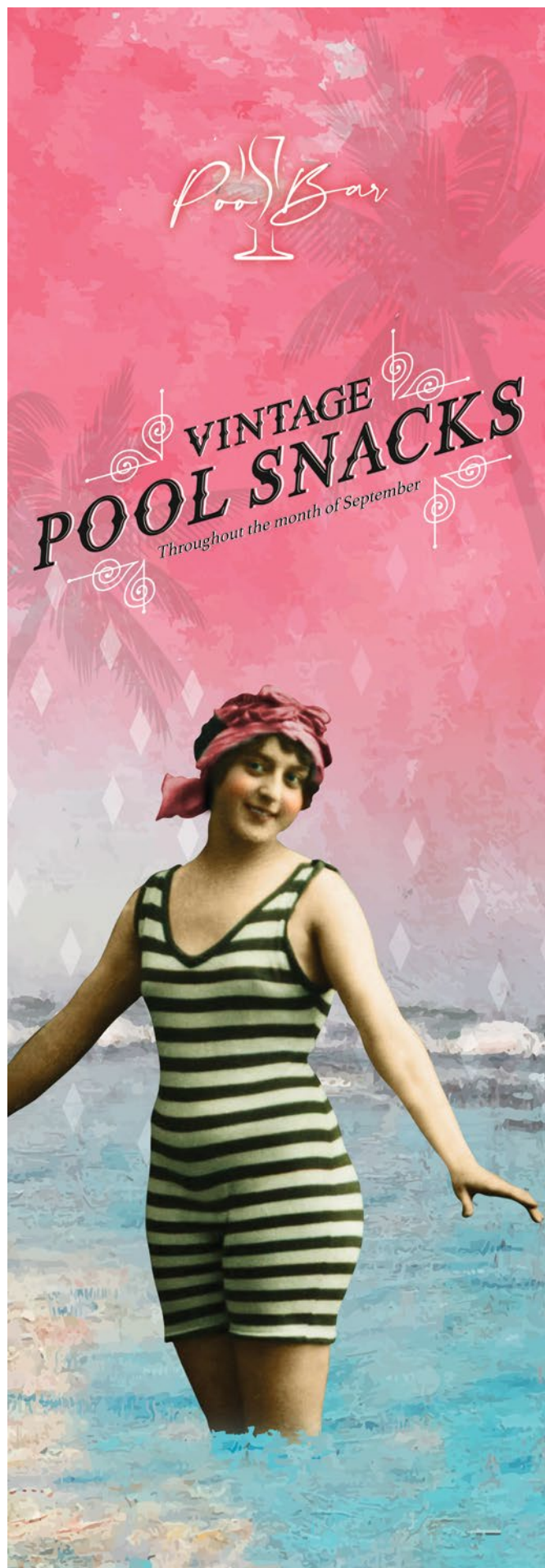
We are happy to announce the first Badminton Society Club Championships 2021. Detail will be announced shortly.

Challenge Series – resume in October 2021

We will resume our Challenge Series with quite a few teams to fill up our event calendar. Stay tuned!



A green poster for the HKFC Badminton Society Club Championship 2021. At the top, there is a white logo featuring a shuttlecock and two crossed badminton rackets. Below this, the text 'HONG KONG FOOTBALL CLUB' is written in a circular arrangement around the central logo. The main title 'HKFC BADMINTON SOCIETY CLUB CHAMPIONSHIP 2021' is prominently displayed in white capital letters. At the bottom, it says 'TO BE ANNOUNCED' and provides contact information: 'Inquiry: hkfbmtsociety@gmail.com' and 'www.hkfcbadminton.com'.





*Sportsman's  
Bar*



**Queen Victoria,** famous for her appetite, ate chops and potatoes for breakfast, a whole roast for lunch and a 6 course dinner. When advised that she should cut back a little, she gave a cold stare and uttered the words.

**"We are not amused!"**

*Available at the Sportsman's Bar Front  
Patio Pop-up every Friday, Saturday  
and Sunday, in September.*



EXERCISE OF THE MONTH

# DUMBBELL ARNOLD PRESS

BY MAVERICK

This exercise is created by Arnold Schwarzenegger. This move works all three heads of the shoulder at the same time, and helps reach the medial and posterior deltoids.



**TARGET MUSCLES** Front Deltoid, Side Deltoid, Rear Deltoid, Supraspinatus, Triceps Brachii, Middle and Lower Trapezius, Serratus Anterior.

- 1 Stand and hold dumbbell in front of chest, palms facing you and elbows close to the body.
- 2 Breath out as you press the dumbbells upward and rotate your wrists.
- 3 Palms face forward at the top of the movement.
- 4 Breath out as you lower the dumbbells and rotate your palms.
- 5 Palms face you at the bottom of the movement.
- 6 Repeat.

Complete 12 repetitions with 3 sets



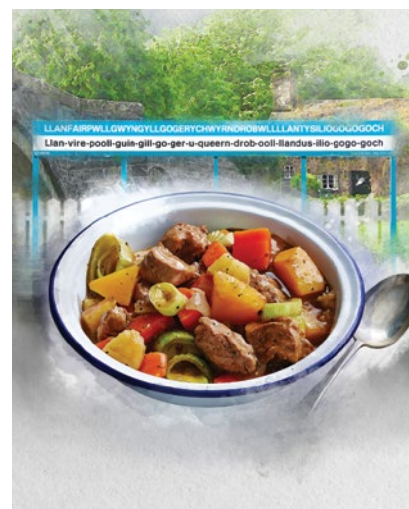
# HIGHLIGHTS IN SEPTEMBER



## Celebrating the HKFC's 135th Anniversary

Let us kick-off the season by celebrating the Club's 135th Anniversary!

List of offerings from Coffee Shop, Restaurant and Sportsman's Bar, all available in September only.



## In the Chairman's Bar

FROM WEDNESDAY,  
1ST SEPTEMBER

## Cymru am byth! Wales Forever!

In honour of International Welsh Rarebit day, enjoy some great dishes from the Welsh town of Llanfairpwllgwyngyllgogerychwyrndrobwllllantysiliogogogoch throughout the month of September.



## In the Coffee Shop

FROM FRIDAY, 3RD SEPTEMBER  
Friday and Saturday in September only

## "Back to 1886" Buffet Dinner

We've researched our history books and combed through our archives in the cellar to bring you a selection of delicacies that were typical in 1886, when the Club was founded. Very specially priced for exceptional value.

Special Anniversary Price:  
\$268 for adult  
\$134 for child (aged 4 – 11)



## In the Sportsman's Bar

FROM WEDNESDAY,  
1ST SEPTEMBER

## Beer Olympics

Sportsman's Bar has the largest selection of draught beers than any other private club in Hong Kong.

Help us review the selection by voting for your favourite with your pint glass. This helps us keep the best and make room for something new in the future.



## Catering Events

Time to resume for your  
Retreats and Trainings

While the entire F&B outlets of the Club stepped into Mode D of operations, all our catering venues are wide open for booking now!

Scan the  
QR Code  
to know more  
about the Club's  
Meeting Packages





## WINE EVENTS

In the Happy Valley Suite

THURSDAY, 16TH SEPTEMBER

**Ste Michelle Wine Estate Masterclass**

In the Restaurant

FRIDAY, 10TH SEPTEMBER

**Learning about Organic Wines while playing "Wine Bingo"**

TUESDAY, 21ST SEPTEMBER

**These wineries were established around the time the Club was founded**

In the Lockhart Room

SATURDAY, 18TH SEPTEMBER

SUNDAY, 19TH SEPTEMBER

**Bin-end Sales Wine Fair**

In the Coffee Shop

**Monthly Special: All dishes at \$135 only!**

**Drinks Promotion: Cold Brew Tea**



In the Sportsman's Bar

**Daily Specials**

**Food Promotion: Ye Olde Victorian Spit Roast and Pickled Eggs**

In the Chairman's Bar

**Set Tea: The Tea Tesseract**

**Beverage Promotion: Negroni Week**

In the Captain's Bar

**Hoagies, Subs and Po-boys  
Summer Beer Promotion**

In the Family Lounge

**Afterschool Foodies  
Pick your favourite Juice Boxes**

In the Kiosk

**Chinese specialties for Mid-Autumn Festival**

## PREVIEW IN OCTOBER

### WINE EVENTS

In the Restaurant

WEDNESDAY, 13TH OCTOBER

**Glenfiddich Whisky Dinner**

The World's most awarded single malt Scotch whisky

THURSDAY, 21ST OCTOBER

**Armagnac Masterclass**

Learn all about Cognac's curious cousin. It's all down to a matter of distillation

In the Happy Valley Suites

FRIDAY, 29TH OCTOBER

**Exploring the famous Chateau Musar's Back and new vintages**

In the Lockhart Room

SATURDAY, 30TH OCTOBER

SUNDAY, 31ST OCTOBER

**Acknowledging the Autumn Equinox**

Stock up on heartier varietals for these cooler months ahead



In the Coffee Shop

**Weekend Themed Buffet: Taiwan Night Market**

**Monthly Special: Chinese Clay Pot Dishes**

**Special Activities: Halloween Kids Cup  
Cake Decoration**

In the Restaurant

**Hunting Season in Tuscany**

In the Sportsman's Bar

**Oktoberfest and Obstacle Course**

In the Chairman's Bar

**Spanish Tapas and Fresh Oysters**

In the Captain's Bar

**Stuffed Potatoes**

In the Family Lounge

**Halloween Cupcakes**

### RESTAURANT

T: 2830 9562  
E: restaurant@hkfc.com



T: 2830 9569  
E: coffeeshop@hkfc.com



T: 2830 9531  
E: sportsmans@hkfc.com



**CHAIRMAN'S BAR**

T: 2830 9559  
E: bar@hkfc.com



T: 2837 2622  
E: bar@hkfc.com



T: 2837 2663  
E: bar@hkfc.com



T: 2830 9531  
E: coffeeshop@hkfc.com



T: 2837 2678  
E: kiosk@hkfc.com

### CATERING SERVICE

T: 2830 9513  
E: catering@hkfc.com



# THE 2ND DEVIL CHICKEN WINGS CHALLENGE

## WELL, SORT OF...

Meanwhile, on Thursday, 29th July down at the Sportsman's Bar, there certainly was a whole lot of flapping going on. That was the night we had our Devil Chicken Wings Challenge.

Technically, it's our first ever actual event for this. If you can remember last year, due to the sudden tightening of social distancing requirements, we had to cancel our competition.

But in the spirit of sportsmanship, we did go ahead and award honorary winners to the 3 fastest finalists. They were Mr Robert Jones, Mr D. A. Varley and Mr Adam Frampton. OK, on to the highlights of this year.

Well, to begin with, you must eat 6 wings in 1 attempt during the month of July to get onto our leader board. Out of that, the 6 fastest Devil wing eaters would be invited to the grand competition. Well, lo and behold, by the time we reached our cut-off date for the leader board, we had exactly 6 brave souls that qualified. We wrote them to invite them down for the big day and then we waited for their reply. Would they "chicken out" or would they try to "rule the roost"?

On the big night, the table was set, the wings were getting devilled, and our 2 champs arrived. We all had a welcome toast and went over the rules of the competition: eat 12

wings and the fastest Member wins. Then it was time to start. Both contestants had very serious focus on the task, and there was no clucking, bocking or flying feathers, just dead serious competing.

And readers need to be reminded that these Devil Wings are not for Spring Chicks. They are rubbed, marinated, and even injected with enough spices and sauces to give them more than a million units on the Scoville scale and required all participants to sign off a waiver of liability before agreeing to enter the competition. By the way, the Scoville organoleptic test is the most practical method for estimating spiciness and is a subjective assessment derived

from the spice sensitivity by people experienced with eating hot chilis.

Back to the competition. As both Adrian and James start pecking at their Devil Wings, the heat was building on their palettes. The gathering clutch of Members were watching in awe and silence. Both men steadily, methodically ate their way through those wings, one after another. They were neck and neck, both choosing to pull the wings apart and bite the meat off the bone as their tactics. As we reached the end, it was clear that we had a winner and you could see on their faces that the heat was on. In the end, James strutted away with a finishing time of 3:51 while Adrian came in at 4:50.







In this case, both were in the hen house of fame. Applause rang out through the bar and both competitors were given their grand prizes, camping ice container with 2 cases of Pilsner Urquell cans plus 6 bottles of Peroni with 2 glasses.

Special thanks to all those that got on the leader board and especially to Adrian and James for coming down to compete. Also a big thanks to our sponsor Metabev for their support and prizes and finally to the team at the Sportsman's Bar for yet again holding another fun filled monthly activity. Until next year, see you then and keep flapping!



135th Anniversary  
1886 - 2021

## LIMITED EDITION ONLY 135 BOTTLES

CELEBRATE THE CLUB'S  
135TH ANNIVERSARY



**\$698**  
PRE BOTTLE

**PRE-ORDER NOW**

and pickup at the Kiosk once stock arrived.

Throughout the month of September.

Enquiries and order:  
2837 2678 or [kiosk@hkfc.com](mailto:kiosk@hkfc.com)





# RESTAURANT

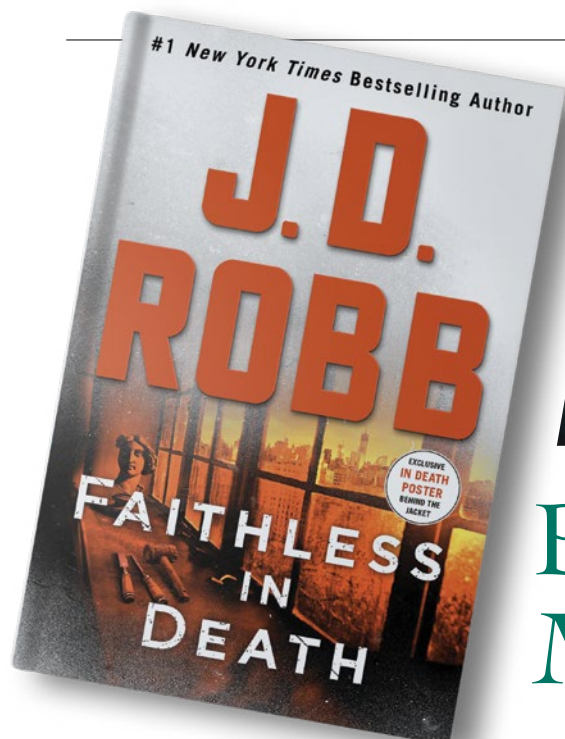
## BELLE EPOQUE REFLECTIONS

While celebrating the Club's **135th** anniversary throughout the month of September, the Restaurant is offering some dishes from that nostalgic era of years gone past.



Enquiries and Bookings: 2830 9562 or [restaurant@hkfc.com](mailto:restaurant@hkfc.com)





# BOOKS AND MOVIES

## NEW BOOKS

### After Alice Fell

Kim Taylor Blakemore

### Faithless In Death

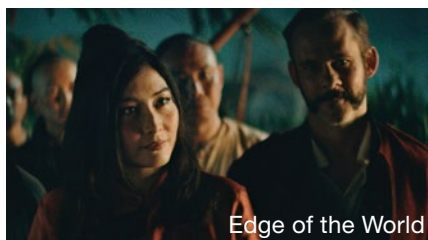
J. D. Robb

### The Mystery Of Mrs. Christie

Marie Benedict

### The Prophets

Robert Jones, Jr.



## NEW DVD

### The Great War of Archimedes

Jun Kunimura, Minami Hamabe

### The Good Traitor

Ulrich Thomsen, Denise Gough

### Edge of the World

Jonathan Rhys Meyers, Josie Ho

### No Man's Land

Jake Allyn, Frank Grillo



## NEW BLU-RAYS

### Spiral

Chris Rock, Samuel L. Jackson

### Hydra

Masanori Mimoto, Miu

### Mortal Kombat

Lewis Tan, Jessica McNamee

### Occupation: Rainfall

Dan Ewing, Temuera Morrison





Rusty Forsyth at the annual Volunteers' camp in 1927.



# NO BETTER MAN

## THE SACRIFICE OF RUSTY FORSYTH

"No better man ever trod the earth." Such a declaration was made on Saturday, 15 March 1947 by (Sir) Arthur Morse, first post-war President of the Hong Kong Football Club, head of the Hongkong & Shanghai Bank and an architect of the crown colony's rehabilitation after three years and eight months of Japanese occupation. The occasion was the Club's Annual Dinner at the Hong Kong Hotel, the first in six years. Morse was speaking of his predecessor, H.R. (Rusty) Forsyth – who whilst reigning Club President had been killed in action in Stanley Village during the night of 24/25 December 1941 wearing the uniform of an infantry company commander in the Hong Kong Volunteer Defence Corps.

### EN-ROUTE TO A WAR

Henry Russell Forsyth, known to all as 'Rusty', was born in 1898 in Montrose on the east coast of Scotland between Aberdeen and Dundee. He attended Montrose Academy where he established his worth at mathematics, swimming, athletics and rugby. In 1914, two things happened that would dictate the rest of his life. He selected accountancy as his career and started his studies and the required five-year apprenticeship with the practice of Messrs McKay, Irons & Co. in Dundee. That same year World War I broke out and he took another decision – to enlist. Rusty Forsyth became a teenager en-route to a war.

Aged seventeen (but not alone in telling the recruiters he was a year older), he earned a commission in the Royal Field Artillery, went to France in March 1916

and saw two years of action on the Western Front. After the Armistice he went back to his desk in Dundee, qualified as a chartered accountant and in 1922 was admitted into the Institute of Accountants and Actuaries of Glasgow. At once he was snapped up by John Swire & Sons and put on a ship to Hong Kong to work on the books at Butterfield & Swire. Seeking greater responsibility, he joined Linstead & Davis, a firm of merchants who wanted him to assist in the expansion of their auditing and accounting sideline and who would, after the Pacific War, be absorbed into what has grown into KPMG.

### NUMBERS, THE MILITARY, AND RUGBY

The Rusty Forsyth who stepped ashore in Hong Kong late in 1922 was driven by three forces that were not dissimilar –

numbers, the military, and rugby. Numbers were his profession, the military was his passion. Army life appealed to him; he and regimentation had a synergy. He lost no time signing up to be an infantry officer with the Hong Kong Volunteers in which he would soon be promoted to command No. 2 (Scottish) Company. Rugby, too, fitted his straight-ahead psyche; the game was his pet recreation. In the HKFC changing room he put on another uniform, the Club hoops. Elected as Rugby Captain for the next two seasons, he led the HKFC XV onto the Club pitch on New Year's Day 1924 for the first rugby interport played in Hong Kong versus a team from Shanghai.

H.R. Forsyth was not one for flair and tautology. He was of the straight-and-narrow ilk, a no-nonsense individual.





Forsyth as Club Vice-President. This photo was taken during the HKFC Jubilee Year 1935-36. Front row from left to right: C.B. Robertson, L.G. Robertson (Rugby Captain), Dr J.H. McElney, George Hutton Potts (President), H.R. Forsyth, S.H. Strange, Dr J.A.R. Selby, A.F. Walkden.



Forsyth (holding the ball) as Captain of the Club XV in 1924. In the back row, far left, is Vice-Captain James Ralston, HKFC President in 1929-30 and Chairman 1933-1936 and 1937-1939.

When he took on a responsibility, he focused on it and produced the results. He was admitted to the partnership at Linstead & Davis and earned the high esteem he was held in by Hong Kong society. In the 1930s, he was consistently elected as Vice-President by the members of the HKFC. Invariably it was Forsyth who sat, straight-backed, in the chair at the Annual General Meeting. Often an utterance of his was quoted in the press, such as the time in 1933 when he demanded of Club's under-performing soccer men: "Eschew the fleshpots and get fit!" In 1939 he was, nevertheless, popularly elected as Club President.

### JUST TEN MEN

He was overseas when the 1941 AGM was convened in the Club House on Friday, 15 August. (Ironically, one of the subjects on the agenda was a rebuilding scheme.) He had rejoined B&S and on his return would take up a 'local directorship' with them, just in time to lead his company of Scottish Volunteers in the defence of Hong Kong after the Japanese invaded on 8 December. On Christmas Eve, Major Forsyth was the forward commander in the Stanley area, in charge of the survivors of his infantry company as they fought off light armour and fanatical Japanese soldiers armed with the extra advantage of 'enormous numerical superiority'. Stanley Village itself was being held by just ten men – Forsyth and his company headquarters.

Late that night came the final assault and he was at once among the casualties,

yet he and his Scotsmen held their ground against fearsome odds, fighting off thrust after thrust. "At 2230 hours," a report reads, "Forsyth was again wounded seriously and was carried into the school house adjoining the police station." The position was deemed untenable at 0100 hours on Christmas Day and a withdrawal was ordered. Only five of the village's defenders, all wounded, managed to extract themselves. Forsyth and his sergeant-major, Tommy Swan (also a Club member), insisted on staying behind in the school house to provide covering fire for the withdrawal. Neither were seen alive again.

### A LONE VICTORIA CROSS

Forsyth's commanding officer during the battle was Brigadier Cedric Wallis. His official war diary, written during captivity at Argyle Street camp, then lost and reproduced by him from memory after the war, reads:

*"The heroic defence of Stanley Police Station locality on 24/25 Dec 1941 by Major H.R. Forsyth and his men undoubtedly went a long way in imposing valuable delay and inflicting severe casualties on the enemy, which prevented their being able to stage a final assault on the Fort itself. Throughout Major Forsyth (showed) fine leadership, courage and devotion to duty. This brave officer though mortally wounded refused to leave his post where he must have met his death when it fell into enemy hands. He stayed with his men and fought to the last."*

Among the forty bravery awards recommended by Wallis for all the men under his command (in the Mainland and East Infantry Brigades and the Stanley Force) was a lone Victoria Cross – for Major H.R. Forsyth, posthumously. The recommendation was reviewed but, as often happens in warfare, was downgraded to Mentioned In Despatches (MID). Rusty Forsyth had been, after all, a Volunteer not a full-time soldier. His name can be found among the fallen at the Military Cemetery in Stanley. The Club President was survived by his wife Marie Elaine, three sons and a daughter. "No better man ever trod the earth," is his epitaph. Never a truer word was said.

By Denis Way



Major H.R. Forsyth leading No. 2 (Scottish) Company of the Hong Kong Volunteer Defence Corps on the march. This photo was taken shortly before the Japanese invasion on 8 December 1941.





Time to reunite and send greetings to your beloved ones, with these goodies, carefully selected by *Ken*, our *Kiosk and Beverages Manager* of the Club! Now available at Kiosk throughout the month of September!

**HOT ITEM IN SEPTEMBER**

## Mid-Autumn Festival Goodies

**HAMPERS**

**FULL MOON Reunion**

**\$1,628**

*Enjoy THE MOON*

**\$1,988**

**Crescent MOON**

**\$1,328**



**GOODIES**

WHITE LOTUS SEED PASTE  
WITH TWO YOLKS MOONCAKES  
**\$308**

ORIGINAL PALMIERS  
DELIGHT GIFT SET  
**\$128**

ORIGINAL EGGROLLS  
DELIGHT GIFT SET  
**\$98**



LAVA CUSTARD MOONCAKES **\$298**



LAVA SESAME MOONCAKES **\$298**



LAVA DURIAN MOONCAKES **\$298**



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Llan-vire-poll-guin-gill-go-ger-u-queern-drob-ooll-llandus-ilio-gogo-goch



In honour of International Welsh Rarebit day, enjoy some great dishes from the Welsh town of  
**Llanfairpwllgwyngyllgogerychwyrndrobwlillantysiliogogogoch**  
throughout the month of September



CHAIRMAN'S BAR

Enquiries: 2830 9559 or [bar@hkfc.com](mailto:bar@hkfc.com)





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