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Tradition HKFC 10s

HONG KONG 1886 FOOTBALL CLUB

HKFC10S

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HKFC10s

14 - 16 APRIL, 2026

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Tradition HKFC 10s

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Celebrating **40 Years of Excellence**, Friendship, and World-Class Rugby

It gives me great pleasure to welcome you to the 2026 Tradition HKFC 10s, the world's premier 10-a-side rugby tournament.

This year's event is of particular significance as we celebrate the 40th anniversary of the HKFC 10s. Over four decades, the tournament has earned a distinctive place in the international rugby calendar, renowned for the quality of competition, the calibre of its participants and the unique spirit that has always defined it.

We also have in the spotlight: Women's Rugby Night from 1600 on Tuesday, putting the Women's game front and centre to highlight the players and also women's coaches, referees, commentators and ball retrievers. The 10s has played a role in the most significant women's global rugby competitions in recent years - notably 7, 2024 Olympians played in the lead up to those games (including Tysha Ikensaio winning gold with NZ) as well as several in the Rugby World Cup 2025 (including English winner Abi Burton).

It is also an opportunity to reflect on the remarkable legacy of the tournament and to recognise those whose vision, commitment and hard work has established and sustained it across generations. In that regard, it is impossible to speak of the history of the HKFC 10s without acknowledging Fergus Ellen, who had the original concept of the 10s. Above all, no account of the HKFC 10s would be complete without recognising Craig Wootten, whose philosophy captures the very soul of the tournament: bringing together good players from around the world to play great rugby, and then to celebrate. That spirit of excellence, friendship and camaraderie remains at the heart of the HKFC 10s to this day. The contribution of Bill Burgess, the first tournament director, also deserves a special recognition. Their efforts, together with those of many others over the years, have helped build the HKFC 10s into the exceptional tournament it is today.

We are especially pleased this year to welcome eight debutant teams, a reflection of the tournament's enduring appeal and its continuing ability to attract new talent from across the rugby world.

In the men's competition, we are delighted to welcome back defending champions Tradition YCAC, alongside the distinguished RGH Shogun International RFC, UBB 10s (the squad fresh off the back of their winning the French National 7s), Ashbury Tropics, HKFC Natixis Club, Taikoo Place Scottish Exiles, SHRM Overseas Old Boys, and after a few years absence, Tsunami East Africans. We are equally pleased to welcome four debutant sides: TP ICAP First Nations & Pasifika (who gave the Lions such a competitive game in Australia last summer), Froggies Club, Rugby Tens Select and Chennai Bulls Select (winners of India's inaugural Rugby Premier League). The depth of this year's field is further enhanced by an outstanding group of coaches, among them a number of distinguished former international players, there is every reason to expect a men's competition of the very highest standard.

The women's competition continues to grow in stature and importance and is now firmly established as an integral part of the HKFC 10s. We are thrilled to welcome back defending champions AONE Sports New Zealand Legends (which contains several unquestionable legends) together with

Nagato Blue Angels, HKFC Natixis Ice and Valley Broncos. Joining them are four debutant teams: Nanairo Prism Fukuoka, Oxford University RFC, Shaohua Rugby and the Hong Kong Bauhinias. Oxford arrive fresh from victory in this year's Varsity Match, bringing further distinction to an already impressive field. We are delighted by the calibre of talent associated with this year's women's competition.

From a sponsorship perspective, I would like to express our deepest gratitude to Tradition, our title sponsor, for their renewed, continued and generous support. We are also sincerely grateful to our sponsors: Natixis, Allied World, Orion Beer, Mourant, Taikoo Place, Samurai / Kitlocker, Park Lane Hotel, MCM Partners, Streamline Sports as their backing is invaluable to the success of the tournament. Our thanks also go to our event partners, The Hong Kong Jockey Club and Cathay Pacific Airlines, for their valued support.

A very special thank you goes to the General Committee and the Major Events Fund Committee for their continued support in enabling this event to be staged at the Club. We are also immensely grateful to the Club staff and officials, whose professionalism and hard work are central to the success of the tournament. Our sincere thanks go as well to the referees and volunteers, whose commitment, energy and expertise are essential in delivering an event of this quality, and to ZZ Events, our event manager, for their thoughtfulness and commitment in dealing with new challenges as well as their experience and support in bringing the tournament together.

My thanks also go to my fellow members of the 10s Committee for their dedication, judgement and hard work in delivering what we believe will be another memorable tournament. I'd especially like to thank Paul McSheaffrey our treasurer who moves on to a higher calling after several years of unwavering support. That's not to ignore Billy Mason's huge service recognised by the Jack Kelly award (Club Man award) by the rugby Section last year, as well as more recent joiners Josh Stone, Roshini Turner, Alex Frazer, Fiona Foxon, Ryan Matthyson, Chris Evans and Sophia Nazer.

Finally, to all our spectators, thank you for being part of this very special occasion. I hope you enjoy the tournament in the company of friends, family, loved ones and colleagues while taking in the exceptional rugby on display and wishing you many happy and fun memories as we celebrate 40 years and look forward to the future.

PAUL CHRISTOPHER

CHAIRMAN, HKFC 10S

"That spirit of excellence, friendship and camaraderie remains at the heart of the HKFC 10s to this day."

The Home of **Hong Kong Rubgy**

The Hong Kong Football Club

Established in 1886, the Hong Kong Football Club (HKFC) is one of Asia's oldest and most prestigious sports and social clubs. Located in Happy Valley, HKFC has been a cornerstone of Hong Kong's sporting community for over 135 years. Founded to develop rugby and soccer, the club now offers diverse sports facilities and hosts major international events like the Tradition HKFC 10s, HKFC Standard Chartered Soccer Sevens, and the WSF Men's and Women's World Team Squash Championships, solidifying its reputation as a premier venue.

HKFC Rugby Section

The HKFC Rugby Section is a leading force in Hong Kong rugby, dedicated to developing the sport at all levels. The section fields seven men's and two women's teams, which have excelled in local leagues. HKFC players regularly represent Hong Kong China Rugby, contributing to the sport's growth.

HKFC has played a pivotal role in shaping rugby in Asia, notably founding the Hong Kong Sevens in 1976 and the HKFC 10s in 1986. These events have become iconic on the global rugby calendar.

The HKFC Rugby Youth Section is one of the largest in the region, with over 1,100 players from under 5s to under 18s. HKFC Rugby is committed to community initiatives, promoting teamwork and sportsmanship through partnerships with local schools and charities. The club supports programs for underprivileged youth and mental health awareness, ensuring rugby continues to thrive in Hong Kong.

Join the Legacy

Whether you're a seasoned player, a budding talent, or a passionate supporter, the HKFC Rugby Section welcomes you to be part of its storied legacy. Visit www.hkfc.com/rugby to learn more about how you can get involved.

A Hub for Sports and Community

HKFC is a vibrant community hub with approximately 3,500 members, representing around 10,000 regular users. The club hosts various sporting, social, and cultural events throughout the year, fostering camaraderie among its members.

World-Class Facilities

Rugby/Soccer Pitch: Full-sized, floodlit, FIFA/World Rugby-approved, seating for 2,750.

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Sports Hall: 1,280 sqm, multi-sport facility, banqueting hall for up to 600 guests.

Squash Centre: Six international-standard courts.

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Fitness Centre & Sports Theatre: State-of-the-art gym and activity space.

Golf Simulators: Advanced video simulators.

Celebrating 40 Years at the **Home of Rugby Excellence**

Welcome to the Home of Rugby Excellence

On behalf of the Hong Kong Football Club, I am delighted to welcome all members, guests, spectators, teams, and tournament staff to the 2026 Tradition HKFC 10s.

The HKFC Rugby 10s is celebrating its 40th anniversary this year. The tournament originated as a standalone event in 1986 to mark the Club's centenary, but has nevertheless been proudly hosted by the Club ever since. New for this year is a collaboration with Hong Kong China Rugby and Official Community Partner The Hong Kong Jockey Club, with the Tradition HKFC 10s joining as part of a broader Rugby and Racing Week. This marks the first time that the 10s tournament has been held over 3 days, with racing in the Valley on a Wednesday Night.

Rugby, with its traditions of camaraderie and respect, has been a central part of the ethos and mission at the Club since its founding in 1886, so we take great pride in staging the World's Best 10s. The Club is the ideal venue for this landmark event, with spectators seated just yards from the action and often able to mingle with rugby royalty off the pitch and in the stands!

I am extremely grateful to our title sponsor, Tradition, for their continued support. The event would not be possible without them, as well as our other sponsors: Natixis, AIA, Mourant, Allied World, Taikoo Place, Streamline Sports, Samurai, and Orion Beer.

I would like to thank the 10s Organising Committee and everyone else who has worked so hard to put together this year's event, including the Club's management and staff, who have once again provided tireless support alongside their many other Club duties.

I trust that you will all enjoy the tournament!

NEIL JENSEN

Chairman, Hong Kong Football Club

"The Club is the ideal venue for this landmark event, with spectators seated just yards from the action and often able to mingle with rugby royalty off the pitch."

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GROUPE BPCE

Honoring the **Spirit and Dedication** of Our Rugby Community

Dear Guests, Members, and Rugby Enthusiasts,

Welcome to the 40th Anniversary of the Tradition HKFC Rugby 10s Tournament! It is with great excitement and enthusiasm that we gather here to celebrate not just a milestone in our rugby calendar but also the enduring spirit and camaraderie that rugby brings to our community. This tournament is a testament to the dedication and passion of everyone involved, from players to supporters, and I'm thrilled to share this momentous occasion with all of you.

First and foremost, a heartfelt thank you to all our members for their unwavering support throughout this wonderful season. Your commitment and enthusiasm have been the backbone of our success, and it's your energy that fuels events like these. Following the splendid HKFC World Youth 10's that kicked off this rugby week, we're thrilled to dive into this tournament and look forward to the excitement it promises. Soon, we'll also be gearing up for the Sevens at Kai Tak, an event I hope all our volunteers from various rugby section committees and sub-committees will thoroughly enjoy.

I would like to extend my gratitude to the countless volunteers whose hard work often goes unseen yet is invaluable. Although too numerous to name individually, each one of you plays a critical role in making these events possible. Special thanks to our team title sponsors, Tradition, with Adrian and Ian being remarkable partners of our club. We are immensely grateful for their support. Additionally, I want to acknowledge David Nazer and his team at ZZ Events for their exceptional work.

A special mention must go to our dedicated section staff: Andrew, Hannah, Mandy, Mansi, Charlie, and Ben. Your hard work and commitment throughout the year have been pivotal, and we are truly grateful for everything you do.

As we look ahead to a promising year, I invite everyone to continue supporting us, whether as spectators, sponsors, or players. Together, let's make this a memorable year filled with thrilling rugby moments.

Enjoy the tournament!

PAUL SKURR
Chairman, HKFC Rugby

"Your commitment and enthusiasm have been the backbone of our success, and it's your energy that fuels events like these."

An **International Extravaganza** in the Year of the Horse

Welcome everybody to the world's best 10s competition.

I, on behalf of the title sponsor - the Tradition Group of companies - am DELIGHTED as always to be in attendance.

Let's soak up the special sense of camaraderie and zest for life this electric celebration of rugby generates.

It has been 40 years since this event was first held. I myself first played in the event in the mid 90's. Each edition that I have been fortunate enough to come to, has been rewarding and entertaining in different ways. The tournament has managed to grow, despite all the pressures of the rugby calendar and competition for eyeballs and the sporting fans' dollar.

It is a TRULY international gathering, boosted by the exciting nature of rugby 10s. There is still a place for all body types on the field, even if it's as a waterboy like me. We have players, coaches, referees, physios, trainers, and waterboys all eager to fly to Hong Kong from all corners of the globe, in order to participate in this unique event. This year, we even have a team flying in from the United States.

And boy do we have an extravaganza of a tournament for you all, in this year of the Horse.

Firstly, it's a 3 day event in 2026, allowing us to both spread out the rugby and provide time for a few evening sessions to down glasses of Orion Beer before embarking out into the vibrant Hong Kong dining and party scene.

Tradition

Tuesday night is starting with an Opening Ceremony to mark the 40th anniversary and will be followed by 8 matches from the women's competition. On Wednesday, for the early birds, the men's competition kicks off at 7.45am with a full day of rugby from both competitions until 6pm. The Hong Kong Jockey Club is holding a spectacular night race, right here at the Happy Valley racetrack. You are encouraged and welcome to move from the inner paddock where the rugby pitch is into the grandstands, to enjoy the excitement of thoroughbred racing Hong Kong style! Thursday is championship finals knockout day, where every pass and every tackle counts, when all the games are hyper-competitive.

Matching the caliber of players we have, are the 7 international referees flying in, one of whom happens to be, 6 Nations referee, Karl Dickson (of course, I always run to him first to keep him hydrated - I'm star struck). This ensures that all of the matches are officiated to the standard of players that this event attracts.

Then the attention moves on to the players: we have had many famous players over the years, but we have also been host to upcoming and future stars. For instance, 11 out of the Tradition YCAC 18 man squad that ran out winners of the tournament last year, were picked up and given professional contracts with the following teams: the Auckland Blues, Waikato Chiefs (N.Z.), The New Zealand 7s squad, Ricoh Black Rams (Japan), Secom (Japan), The Drua (Fiji) and Bordeaux (France).

Tradition YCAC will be fielding a whole new set of players, as will many of the teams, so it will be anyone's guess who will take home the silverware.

Let's sit back and enjoy what unfolds here in Happy Valley over the next three days.

ADRIAN BELL

CEO, Tradition Asia Pasific

"Let's soak in the special sense of camaraderie and zest for life that this electric celebration of rugby generates."

香港賽馬會
The Hong Kong Jockey Club

Riding High Together
in the Year of the Horse

Game on

As the Official Community Partner of the Cathay/HSBC Hong Kong Sevens and the Tradition HKFC 10s, we've helped over 12,000 people experience these premier rugby events, all as part of our aim to encourage sports for all.

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A **Milestone Week** for Hong Kong Rugby

中國香港橄欖球總會
HONG KONG CHINA RUGBY

On behalf of Hong Kong China Rugby, I would like to welcome you to Hong Kong for a very special sporting week for our city.

This week we are not only celebrating the 50th Anniversary of the Cathay/HSBC Hong Kong Sevens, but also the 40th Anniversary of the Tradition HKFC 10s Tournament – which falls during HKFC's 140th Anniversary year.

Of course, the Hong Kong Sevens started right here at the Hong Kong Football Club in 1976, and the venue did so much to establish the tournament through its first six years. This week we are welcoming and recognising a group of Special Contributors without whom the growth and success of the Sevens would not have been possible, and we are delighted that this group includes several people who were involved in the event during the early HKFC days.

This year it has also been a pleasure to work even closer than ever with HKFC as part of the three-way partnership with the Hong Kong Jockey Club around our 'Racing with Rugby' events. We hope that many of the HKFC 10s players and fans are able to join us in enjoying the racing at Happy Valley on Wednesday night.

It is fantastic to see another strong lineup of men's and women's teams at this year's HKFC 10s, as the tournament continues to attract 7s and 15s stars of the past, present and future. A special mention to the event organisers, referees, volunteers and sponsors whose hard work and dedication ensures the event remains one of the world's best 10-a-side tournaments.

Thank you for your support for the HKFC 10s, and good luck to all those taking part!

CHRIS BROOKE

Chairman, Hong Kong China Rugby

"The tournament continues to attract 7s and 15s stars of the past, present and future."

Star Power and Fierce Rivalries: Defining the 40th Anniversary HKFC 10s

By David Nazer

NZ Legends Bring Firepower to Retain their 10s Crown

The AONE Sports NZ Legends are returning to the Tradition HKFC 10s with an unparalleled roster, driven to become the first women's side to claim back-to-back titles. Spearheading their campaign are two of the most electrifying players in the global game: the legendary Portia Woodman-Wickliffe and sevens sensation Ruby Tui.

Portia Woodman-Wickliffe, a two-time World Cup winner and three-time Olympic medalist, is set to light up the competition. Her record-breaking pace and power make her the opponent's biggest fear, and her presence alone elevates the entire team. Partnering her is Ruby Tui, known for her infectious energy and devastating footwork, ensuring the Legends' attack is virtually unstoppable.

Guiding this star-studded squad is Coach Deano Herewini, whose experience will be crucial in the unique 10s format. He is supported by Renee Woodman-Wickliffe, a former Black Fern, whose tactical insight provides an invaluable edge.

After debuting last year and immediately capturing the Cup, the NZ Legends are no longer the surprise package—they are the team to beat. With this mix of world-class talent and strong coaching, they are perfectly positioned to defend their title and etch their names further into HKFC 10s history.

AONE Sports NZ Legends kick off their title campaign on Tuesday against the Oxford University at 4:40pm

Japanese Women's Challenge: Blue Angels Return, Prism Debut

Japan brings a formidable challenge to the Women's competition with two exciting teams. Last year's Cup runners-up, Nagato Blue Angels, return with a fierce determination to go one step further and claim the title they narrowly missed in 2025.

Making their highly anticipated debut are Nanairo Prism Fukuoka. Known for their dominance in the Taiyo Seimei World Sevens Series, the Prism arrive intending to make an immediate impact and prove they belong among the world's elite 10s teams. Expect fast-paced, high-quality rugby from both Japanese sides.

The Angels and Prism will go head to head in a battle for supremacy of Women's Pool B, at 11:15am on Wednesday.

Women's Debutants Bring New Edge

The Women's competition welcomes three more exciting debutants, each adding new dimensions to the field. The Hong Kong Bauhinias unite talent from several local Premiership clubs, including players from HKFC, providing a formidable, home-grown challenge. They will be battling out against the Japanese teams and Shaohua in Women's Pool B. Joining Women's Pool A against the formidable lineup of NZ Legends, HKFC and the Broncos, Oxford University is arriving fresh from a rugby tour to Laos, where they are engaging in the Childfund's *Pass It Back* programme. The university team will feature players from their varsity squad, bolstered by some Scottish internationals. Finally, Shaohua arrives from China, bringing the structure and flair of a rapidly developing rugby nation. Shaohua will be looking to emulate the previous success of Chinese clubs Shandong and China All Stars (the Cup finalists from 2024).

The Bauhinias open their account at the tournament against Nagato Blue Angels on Tuesday night at 17:55.

Homegrown Ambition: HKFC Natixis Teams Ready for Dual Assault

HKFC Rugby is gearing up for a significant showing at this year's tournament, aiming for silverware in both the Men's and Women's competitions. As the host club, the pressure and pride are immense, especially following successful domestic seasons for both flagship teams.

The Men's squad, fresh off winning the Nan Fung Group | AIRSIDE Premiership, looks stronger than ever, despite the high number of players committed to the national teams. The recruitment efforts of the Rugby Section's DOR, Andrew Durutalo, have brought in international-quality talent to bolster the home-grown core.

On the women's side, HKFC Natixis Ice is equally motivated, striving to finally win their first HKFC 10s title after finishing as Plate runners-up last year. Club Coaching Officer Hannah Edwards has been key in attracting dynamic new players, ensuring the Ice team is a formidable contender ready to challenge for the Cup on home soil.

Natixis HKFC Ice begin their campaign for the Cup with a clash against local rivals, Valley Broncos, at 17:05 on Tuesday. Natixis HKFC Club take on French giants UBB 10s at 09:55 on Wednesday.

French Flair Arrives: UBB and Froggies Club Set to Ignite HKFC 10s

The 2026 Tradition HKFC 10s is set for an injection of Gallic rugby flair with the inclusion of two formidable French sides: Union Bordeaux Bègles (UBB) and tournament debutants, Froggies Club. Both teams arrive in Hong Kong with aspirations of claiming the coveted Burgess-Wooten Cup .

UBB 10s, representing the French Top 14 powerhouse and reigning European Champions Cup winners, return for their second appearance. While their debut in 2025 didn't yield silverware, the experience gained by the high-performance UBB 7s squad, which won the 2026 French SuperSevens championship, makes them a significant threat this year. They will be looking to translate their clubs 15s and 7s successes onto the 10s pitch.

Making their highly anticipated debut are the Froggies Club, a renowned invitational team with a 30-year history of success on the global sevens circuit. Their star-studded legacy includes former players like Bernard Laporte and Damian Penaud. Adding immense prestige to their campaign, the Froggies are coached by the legendary former French international, Philippe Sella. Sella's guidance and the team's history of attracting top talent suggest they are not here just to compete, but to conquer.

With UBB aiming for their first piece of HKFC 10s silverware and the Froggies looking to make a memorable debut, the French contingent promises to bring an exciting, unpredictable dimension to the tournament.

Froggies Club take on the giants of Pool A, Tradition YCAC at 15:40 on Wednesday and watch out for the Pool C mega clash between UBB 10s and TP ICAP First Nations & Pasifika at 17:05

Rivalry Reignited: YCAC vs. Shogun

The 10s is once again set to showcase one of its fiercest rivalries as defending champions Tradition YCAC prepare to clash with the tournament's invitational behemoth, RGH Shogun International. Despite having only played each other twice since 2023,, these two teams have, in many ways, dominated the playing field (between them winning the last 3 competitions).

Any fixture between these two teams represents a modern classic in the world of ten-a-side rugby. YCAC, one of the oldest sports clubs in Asia, arrives seeking to retain the Cup they won last year, proving their historical depth and commitment to excellence. Their 2023 victory over the side then known as Samurai (now Shogun) cemented their place as one of the top teams of the tournament's modern era. With 11 of their 18 man squad from 2025 being offered

Star Power and Fierce Rivalries: Defining the 40th Anniversary HKFC 10s

By David Nazer

professional rugby contracts, Adrian Bell and Simon Ryan (the brains behind the team's brawn) will be bringing fresh faces to retain the Champions title.

Shogun Rugby—with its unparalleled talent identification and formidable win/loss ratio—returns driven by a hunger for silverware after a dominant 2025 season that saw them conquer major international sevens tournaments. If these two powerhouses meet, expect a display of contrasting styles: YCAC's structure and physicality against Shogun's relentless, star-studded attack.

Two big matches to watch out for on Wednesday: at 15:40 Tradition YCAC take on the French giants Froggies Club and at 16:35 RGH Shogun International play against the ambitious Ashbury Tropics

TP ICAP First Nations & Pasifika Debut

TP ICAP First Nations & Pasifika X arrives as one of the most anticipated debutants at the 2026 HKFC 10s. This Australian-based invitational side brings a potent mix of Indigenous Australian and Pacific Islander talent, promising a physical and skillful brand of rugby.

Their inclusion follows their historic 2025 clash against the British & Irish Lions in Melbourne, where they impressed with a passionate, near-upset performance. Coached by former Wallaby Glen Ella and former Australian 7s Captain, Matt Sonter, the squad embodies culture, resilience, and attacking flair. Expect them to inject immense power and excitement into the tournament, making them a must-watch contender aiming for immediate silverware success.

A Tale of Two Selects: Contrasting Debutants at HKFC 10s

The 2026 Tradition HKFC 10s features two compelling debutants, both named "Select," yet representing fundamentally different rugby models.

The Chennai Bulls Select, a professional franchise from the Indian Rugby Premier League, are coached by 7s legend Ben Gollings (former Fiji coach, 4x HK 7s winner). The squad, a mix of Indian national talent and Western Force academy players, brings a structured, competitive performance driven by Gollings' expertise. Their inclusion is a major step for Indian rugby.

In contrast, the Rugby Tens Select is the official invitational team of the Rugby Tens ecosystem (R10). They are a grassroots selection, showcasing talent from R10's global development villages (South Africa, USA). Coached by former All Blacks player Danny Lee, this team embodies opportunity and potential, promising an unpredictable, high-tempo style.

While the Chennai Bulls Selects represent a top-down, professional approach, the Rugby Tens Select exemplifies a bottom-up, developmental model. Both "Selects" arrive in Hong Kong not just seeking a title, but aiming to validate their distinct pathways on the global 10s stage.

Taking It Up a Step: Tropics and OSOB Chase Championship Glory

Two determined teams—Ashbury Tropics and SHRM Overseas Old Boys (OSOB)—are clearly aiming to take it up a step from previous Plate and Bowl victories to challenge for the coveted Burgess-Wooten Cup. Both teams have announced world class coaches from the International Sevens Circuit and will battle it out in Men's Pool B.

Ashbury Tropics, under the guidance of founder Dan James, have established

themselves as a formidable force in the tournament since 2023, lifting the Men's Plate title in 2025. This year Tropics have recruited former USA 7s head coach, Mike Friday. The team has always been an eclectic mix of multi-national players, with a distinctive Anglo-Franco character. Friday, with his Olympic-level coaching expertise, is aiming to take the team higher. The goal is clear: translate passion and flair into a Cup winning run.

Equally ambitious are the SHRM Overseas Old Boys. The perennial HKFC 10s attendees, renowned for nurturing local Hong Kong talent, have made a massive statement by bringing in legendary coach Sir Gordon Tietjens. The World Cup-winning former All Blacks Sevens coach has been tasked with transforming OSOB's proud history of Plate and Bowl wins into a title charge.

With these coaching appointments, both the Tropics and OSOB signal their intent to move beyond previous silverware and prove they have the structure, talent, and leadership to conquer the competition.

The teams go head to head in their first Pool B match on Wednesday at 9:05am.

Hong Kong clubs take on the visitors: Exiles and Broncos Ready to impress

The 2026 Tradition HKFC 10s will showcase the depth of local Hong Kong rugby talent with the inclusion of two formidable club sides: Taikoo Place Scottish Exiles and Valley Broncos.

The Taikoo Place Scottish Exiles return to the Men's competition, bringing their distinctive mix of speed, set-piece strength, and gritty determination. Known for a dynamic, high-tempo game, the Exiles consistently punch above their weight on the local circuit. Their participation provides a crucial local yardstick for the international invitational teams and a chance for the club to make a deep run in the knockout stages.

In the Women's competition, the Valley Broncos stand ready to challenge for the Cup. As one of Hong Kong's most successful women's clubs, the Broncos possess a deep roster of local internationals and are renowned for their powerful attacking play. They face an immediate test in Pool A against the mighty NZ Legends, and local rivals HKFC Natixis Ice, in a clash that promises fireworks and provides the perfect platform for the Broncos to demonstrate their championship aspirations.

The Exiles start their tournament campaign against RGH Shogun International on Wednesday morning at 08:35.

The Valley Broncos first match is against HKFC Natixis Ice at 17:05 on Tuesday.

The East Africans return!

Head Coach John McKittrick (former USA and Cook Islands coach) again leads a squad drawn from Rwanda, Kenya, Uganda and.... New Zealand. Tsunami East Africans established themselves as crowd favourites, with their endearing style of play on the pitch and dance routines on the touchline. Back at the tournament after a hiatus of a couple of years, McKittrick has built his team around a combination of experience and new talent. Veteran players include Asuman Mugerwa (his seventh appearance at the 10s) and Samson Onsomu (third tour). The squad welcomes several debutants, led by George Nyambua, current captain of the Kenya Simbas, and Isaac Masangazira, who has represented Uganda in both Sevens and 15s. Emerging talent from Rwanda, Kenya and Uganda, together with players from New Zealand, give the team a dynamic, truly international character.

McKittrick has also stacked the support staff with Backs Coach Benjamin Breeze supported by Forwards Coach Dave Hughes and Strength & Conditioning Coach Allan Otim.

The East Africans feature in the opening match of the men's competition against current Cup holders, Tradition YCAC, at 07:45 on Wednesday morning.

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WOMEN'S POOLS

POOL A

- AONE SPORTS NEW ZEALAND LEGENDS
- OXFORD UNIVERSITY RFC
- HKFC NATIXIS ICE
- VALLEY BRONCOS

POOL B

- NAGATO BLUE ANGELS
- HONG KONG BAUHINIAS
- NANAIRO PRISM FUKUOKA
- SHAOHUA RUGBY

Tradition HKFC 10s

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MEN'S POOLS

POOL A

- TRADITION YCAC
- TSUNAMI EAST AFRICANS
- FROGGIES CLUB
- CHENNAI BULLS SELECT

POOL B

- RGH SHOGUN INTERNATIONAL RFC
- TAIKOO PLACE SCOTTISH EXILES
- ASHBURY TROPICS
- SHRM OVERSEAS OLD BOYS

POOL C

- TP ICAP FIRST NATIONS & PASIFIKA
- RUGBY TENS SELECT
- UBB 10S
- HKFC NATIXIS CLUB

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TUESDAY | 14 APIL 2026

DAY 1 SCHEDULE

#	START	POOL	TEAM	SCORE		TEAM
1	4:40	WOMEN'S POOL A	AONE Sports New Zealand Legends			Oxford University RFC
2	5:05	WOMEN'S POOL A	HKFC Natixis Ice			Valley Broncos
3	5:35	WOMEN'S POOL B	Nagato Blue Angels			Hong Kong Bauhinias
4	6:00	WOMEN'S POOL B	Nanairo Prism Fukuoka			Shaohua Rugby
	6:30	YOUTH RUGBY	UNDER 14 GIRLS FINAL			
5	6:55	WOMEN'S POOL A	Valley Broncos			AONE Sports New Zealand Legends
6	7:20	WOMEN'S POOL A	Oxford University RFC			HKFC Natixis Ice
7	7:50	WOMEN'S POOL B	Shaohua Rugby			Nagato Blue Angels
8	8:15	WOMEN'S POOL B	Hong Kong Bauhinias			Nanairo Prism Fukuoka

WEDNESDAY | 15 APIL 2026

DAY 2 SCHEDULE

#	START	POOL	TEAM	SCORE		TEAM
9	7:45	MEN'S POOL A	Tradition YCAC			Tsunami East Africans
10	8:10	MEN'S POOL A	Froggies Club			Chennai Bulls Select
11	8:35	MEN'S POOL B	RGH Shogun International RFC			Taikoo Place Scottish Exiles
12	9:05	MEN'S POOL B	Ashbury Tropics			SHRM Overseas Old Boys
13	9:30	MEN'S POOL C	TP ICAP First Nations & Pasifika			Rugby Tens Select
14	9:55	MEN'S POOL C	UBB 10s			HKFC Natixis Club
15	10:25	WOMEN'S POOL A	AONE Sports New Zealand Legends			HKFC Natixis Ice
16	10:50	WOMEN'S POOL A	Valley Broncos			Oxford University RFC
17	11:15	WOMEN'S POOL B	Nagato Blue Angels			Nanairo Prism Fukuoka
18	11:45	WOMEN'S POOL B	Shaohua Rugby			Hong Kong Bauhinias
19	12:10	MEN'S POOL A	Chennai Bulls Select			Tradition YCAC
20	12:35	MEN'S POOL A	Tsunami East Africans			Froggies Club
21	1:05	MEN'S POOL B	SHRM Overseas Old Boys			RGH Shogun International RFC
22	1:30	MEN'S POOL B	Taikoo Place Scottish Exiles			Ashbury Tropics
23	1:55	MEN'S POOL C	HKFC Natixis Club			TP ICAP First Nations & Pasifika
24	2:25	MEN'S POOL C	Rugby Tens Select			UBB 10s
	2:50	TOUCH RUGBY	LEGENDS TOUCH RUGBY			
25	3:15	MEN'S POOL A	Chennai Bulls Select			Tsunami East Africans
26	3:40	MEN'S POOL A	Tradition YCAC			Froggies Club
27	4:10	MEN'S POOL B	SHRM Overseas Old Boys			Taikoo Place Scottish Exiles
28	4:35	MEN'S POOL B	RGH Shogun International RFC			Ashbury Tropics
29	5:05	MEN'S POOL C	TP ICAP First Nations & Pasifika			UBB 10s
30	5:30	MEN'S POOL C	HKFC Natixis Club			Rugby Tens Select

THURSDAY | 16 APIL 2026

DAY 3 SCHEDULE

#	START	POOL	TEAM	SCORE		TEAM
31	8:30	Women's Cup QF	2nd. Pool A			3rd. Pool B
32	8:55	Women's Cup QF	2nd. Pool B			3rd. Pool A
33	9:25	Women's Cup QF	1st. Pool A			4th Pool B
34	9:50	Women's Cup QF	1st Pool B			4th Pool A
35	10:20	M Bowl Semi Final	3rd Best 3rd Place			3rd Best 4th Place
36	10:45	M Bowl Semi Final	2nd Best 4th Place			Best 4th Place
37	11:15	Mens Cup Q Final	1st Pool A			2nd Best 3rd Place
38	11:40	Mens Cup Q Final	2nd Pool B			2nd Pool A
39	12:10	Mens Cup Q Final	1st Pool C			2nd Pool A
40	12:35	Mens Cup Q Final	Best 3rd Place			1st Pool B
41	1:05	Womens Bowl SF	Loser 1			Loser 4
42	1:30	Womens Bowl SF	Loser 2			Loser 3
43	1:55	Womens Cup SF	Winner 2			Winner 3
44	2:25	Womens Cup SF	Winner 1			Winner 4
45	2:50	M 11th/12th Place	Loser 5			Loser 6
46	3:15	Mens Bowl Final	Winner 5			Winner 6
	3:45	Presentation	MEN'S BOWL PRESENTATION			
47	3:50	M Plate Semi Final	Loser 8			Loser 9
48	4:15	M Plate Semi Final	Loser 7			Loser 10
	4:40	Youth Rugby	UNDER 13 BOYS FINAL			
49	5:10	M Cup Semi Final	Winner 7			Winner 10
50	5:35	M Cup Semi Final	Winner 8			Winner 9
51	6:05	Womens Bowl Final	Winner 11			Winner 12
	6:30	Presentation	WOMEN'S BOWL PRESENTATION			
52	6:35	Womens Plate Final	Loser 13			Loser 14
	7:00	Presentation	WOMEN'S PLATE PRESENTATION			
53	7:05	Mens Plate Final	Winner 17			Winner 18
	7:35	Presentation	MEN'S PLATE PRESENTATION			
54	7:40	Womens Cup Final	Winner 13			Winner 14
	8:10	Presentation	WOMEN'S CUP PRESENTATION			
55	8:20	Mens Cup Final	Winner 19			Winner 20
			MEN'S CUP PRESENTATION			
	9:00		After Party			

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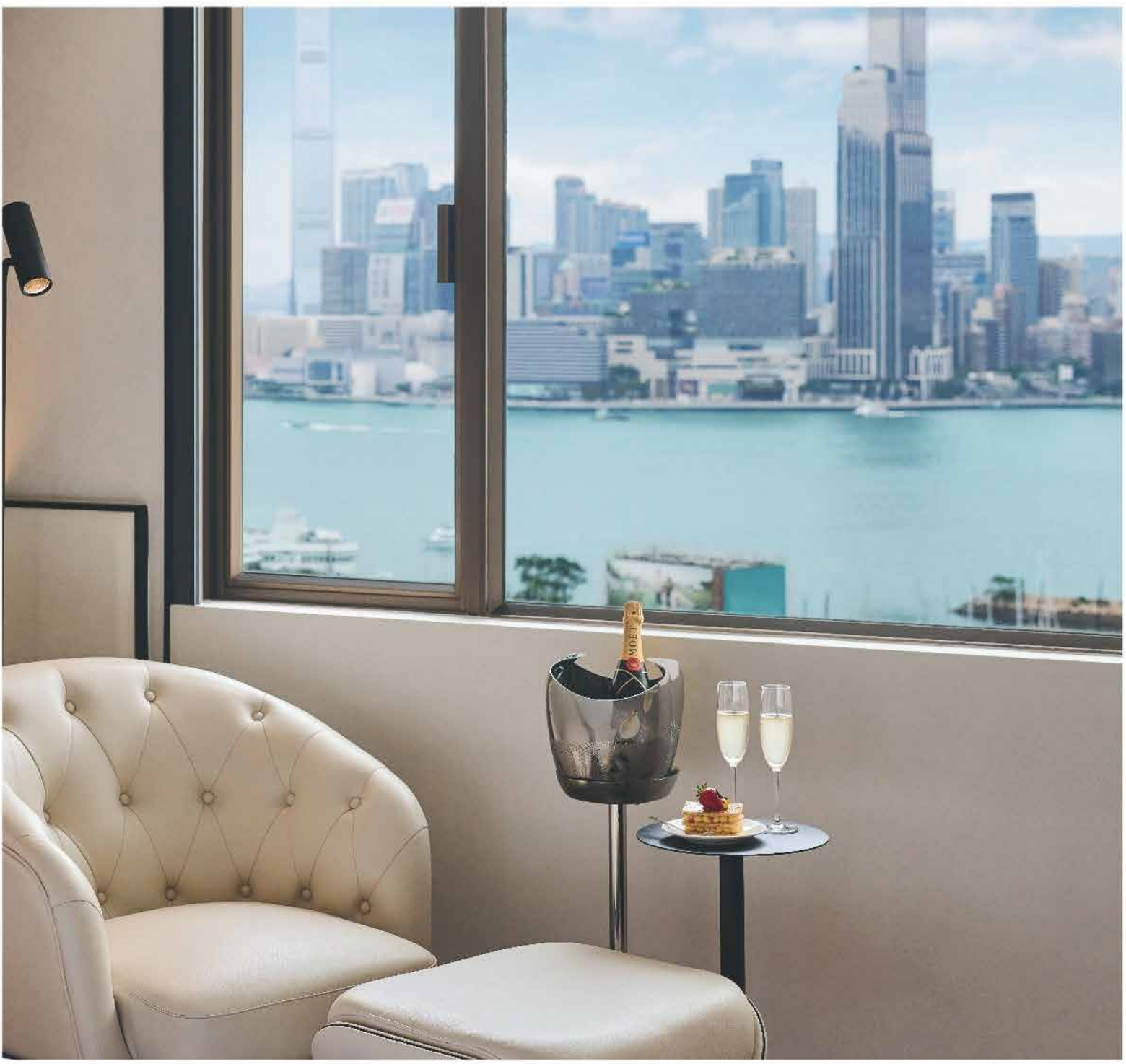

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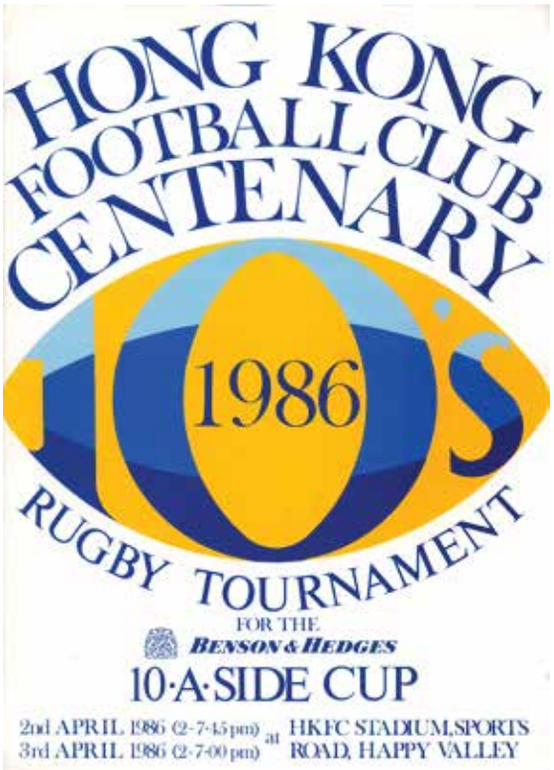
From Idea to Inauguration: **The Genesis of the 10s Tournament**

By David Nazer

1986 marked the centenary year for the Hong Kong Football Club and so, in true HKFC style, a committee was formed to organise events to mark the Club's momentous milestone. Representing the Rugby Section on the Centenary Committee was Fergus Ellen, who is credited with coming up with the idea to host a Rugby 10s Tournament, as part of the Rugby Section's contribution to the Centenary Celebrations. Ellen noted that many visiting rugby fans arrived in Hong Kong several days before the Hong Kong Sevens with little to do besides socializing. A rugby 10s tournament, therefore, would provide the perfect platform to "work up a thirst" for the more serious rugby connoisseurs.



To avoid competing with the Hong Kong Sevens directly, and finding a 15-a-side tournament unsuitable due to the timeframe and squad requirements, 10-a-side rugby was selected. It was chosen for its faster pace, shorter games, and a requirement of fewer players per team. Rugby 10s, which was originally created in 1967 by Malaysia's COBRA club, had become a very popular format for tournament rugby in Asia.

The initial challenges included securing sponsorship and promoting the event across the rugby world to attract teams from the widest geographical area possible. The first sponsor was Benson & Hedges, which was accepted despite not being ideal for "clean-living" rugby players. The inaugural year was a success, featuring 12 teams from the UK, Australia, Singapore, Thailand, Muscat, South Korea, the Philippines, and Hong Kong. The home team, Hong Kong, were the first winners. The tournament concluded with a dinner at the China Fleet Club, which featured All Black Graham Mourie as the guest speaker and cabaret performances from each competing team.

The success of the inaugural tournament led to the 10s organising committee to decide to make the event an annual one. Craig Wooten and Bill Burgess played pivotal roles in establishing the HKFC 10s as a lasting fixture on the international rugby calendar. Following the successful inaugural tournament, Wooten, who had served as the Rugby Section Chairman, and Burgess, the tournament's first official tournament director, were instrumental in transitioning the event from a one-off centenary celebration into an annual competition. They spearheaded the efforts to secure long-term sponsorship, manage the rapid growth in participating teams, and solidify the tournament's reputation for both high-level rugby competition and unmatched social camaraderie, laying the groundwork for its sustained success. In recognition of their unparalleled contribution to the development of the 10s, the Champions trophy in the men's competition has been named Burgess Wooten Cup.

As the tournament gained popularity and word spread, securing sponsorship and attracting participants ceased to be an issue. The tournament hosted 12 teams in 1986 and 1987, expanded to 16 in 1988, and reached 20 participating teams by 1989. Steinlager, a more fitting sponsor, took over title sponsorship for the following three years, and not surprisingly having an 'official beer' has been a cornerstone of the tournament ever since.

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Tradition YCAC

Established in 1866, the Yokohama Country and Athletic Club (YCAC) is the oldest club in Asia. According to the Twickenham Rugby Museum, YCAC is also one of the top ten oldest active rugby clubs in the world.

YCAC has consistently been a top performer in the Tradition HKFC 10s, and were the men's cup winners in last year's tournament. They reached Cup finals in 2014, 2015, and 2018, and won the Plate in 2019. The club also secured a Cup victory in 2023 when they triumphed over Samurai (now Shogun Rugby Men).

With a rich history and a commitment to excellence, YCAC continues to be a formidable presence in the rugby community and will be aiming to retain the cup this year.

COACH
Simon Ryan

RGH Shogun Rugby

SHOGUN RFC

Established in 1996 by Terry Sands, inspired by the tenacity of the Japanese national rugby team, RGH Shogun RFC (formerly Samurai RFC) has become a leading force in invitational rugby sevens. The club operates on a purely invitational basis, creating a new squad of coaches and players for each tournament, and boasts a win/loss ratio that is the envy of the sport.

Founded on the values of integrity, honor, courage, and respect, the club has evolved into one of the best 7s clubs in the world, acting as a springboard for numerous players who have achieved international success. Shogun's talent identification program is considered unparalleled globally.

Squads are usually a mix of professional and amateur players and coaches, but more especially a mix of nationalities with at least five or six countries being represented. Players do not get paid for playing and being selected to play for Samurai Rugby is seen as an honour, even for professional players.

In 2024, Shogun Rugby celebrated a remarkable season, winning prestigious tournaments such as the HKFC 10s, Melrose 7s, Dubai International 7s, and Cape Town 10s.

RGH Shogun RFC have been loyal attendees of the HK10s and are back this year with as strong a side as ever looking to gain some silverware.

COACH
Jimmy Maher

TP ICAP First Nations & Pasifika

First Nations & Pasifika XV is an Australian-based rugby union team which played the British & Irish Lions during their 2025 tour of Australia. The team was made up of players with Indigenous Australian or Pacific Islander origin.

Despite being tournament debutants, they arrive in Hong Kong after nearly toppling the British & Irish Lions in their historic 2025 clash, and will bring along with them a powerhouse squad stacked full of Indigenous Australian and Pacific Islander talent.

Glen Ella, their coach at the tournament this year is no stranger to Hong Kong or the HKFC, representing Australia in the Hong Kong Sevens numerous times during the 70s and 80s.Glen also represented Ella Randwick, Manly, New South Wales and Australia in 15s.

COACH
Matt Sonter

UBB 10s

Union Bordeaux Bègles (UBB) is a French rugby club founded in 2006 following the merger of Stade Bordelais and CABBG. Chaired by Laurent Marti, UBB was promoted to the Top 14 in 2011. “The Union” has gradually established itself as a major team in France and Europe.

The club’s most recent accomplishment was winning the European Champions Cup for the first time in the 2025 season, where they defeated the Northampton Saints at the Principality Stadium in a thrilling match 28 to 20. UBB are also runners up for the last two seasons in the French Top 14.

The UBB Sevens team was created in 2022 following the UBB Sevens Cup, a tournament designed to scout young talents from Bordeaux and its surroundings. UBB Sevens joined the Elite circuit in 2023 and won the French championship. The team also competes in the In Extenso Supersevens, France’s first professional rugby sevens competition, featuring Top 14 clubs.

After debuting in the tournament in 2025, this year they are still on the hunt for their first bit of HKFC 10s silverware.

COACH
Laurent Ferrères

Froggies Club

For over 30 years, the extraordinary journey of the Froggies Club has been unfolding, capturing the hearts of rugby enthusiasts and making a lasting impact on the sport. Founded in 1989 the Froggies have visited 18 countries and been represented by over 900 players.

Some of the famous players to wear this club's shirt include Bernard Laporte, Fabien Pelous, Ugo Mola, Francis Ntamack, Sireli Bobo and Damian Penaud.

They regularly compete at top sevens tournaments around the world and will now be debuting at the Hong Kong 10s in 2026.

COACH
Philippe Sella

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Chennai Bulls Select

Chennai Bulls are a professional rugby sevens franchise team based in Chennai, Tamil Nadu. They compete in the Indian Rugby Premier League and were the competition's inaugural winners in 2025.

They enter this year's Tradition HKFC 10s as debutants and will be wanting to make a mark with their team consisting of Indian national players and stars of the future from the academy of Australian Super Rugby Pacific side, Western Force.

The team will also be coached by England rugby 7s legend Ben Gollings. Gollings is a 4 time winner of the Hong Kong Sevens, and became the first rugby sevens player to score over 2,000 points. He later went on to become the Fijian Sevens Head Coach in 2021 until 2024.

COACH
Ben Gollings

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VALLEY BRONCOS

Ashbury Tropics

Established in 2016 as the South London Tropics, the team quickly earned a reputation as a top UK side competing internationally. Tropics 7s first launched between 8 mates looking to play rugby 7s in the summer off season and share in the community that came with it. Tropics have now evolved into a thriving club centred around sport and the social change it inspires.

The club has representation of over 15 nationalities including capped players for England,

Wales, Scotland, Australia, Samoa, GB, Jamaica, Philippines, Austria and the Netherlands.

This year the side will be coached by well rounded rugby sevens coach Mike Friday. Friday is most noted for his successful 10 year tenure as USA men's sevens coach. Under Friday's leadership, the USA qualified for the Olympics in 2016, 2020, and 2024.

Tropics continually punch above their weight. Having only made their tournament debut in 2023, they are already back-to-back Men's Plate winners as of last year, and the team will be aiming for a championship win this time around.

COACH
Mike Friday

Tsunami East Africans

Tsunami East Africans (formally East African RFC) make a return after missing last year's competition. Their inclusion this year will make it the side's 8th appearance in the Hong Kong 10s

In 2024 they just missed out on their first piece of Hong Kong 10s silverware when they narrowly went down to the Taikoo Place Scottish Exiles 10-7 in the plate final.

Could this be their year to grab some silverware.

COACH
John McKittrick

R10 SELECTS

Rugby Tens Select

R10 Selects is the official invitational representative team of Rugby Tens. The squad is selected from the standout rugby players identified from various R10 competitions and High-Performance training programs.

Launched in 2021, Rugby Tens is an innovative ecosystem providing sustainable pathways for players, coaches, and administrators to reach their full potential. Through the 10s format and its Rugby Villages in South Africa and USA, R10 advocates for equality and inclusivity in sport.

R10 Select's teams compete in select tournaments, as well as host scrimmages against professional clubs and national teams.

COACH
Danny Lee

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OSOB
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SHRM Overseas Old Boys

The Overseas Old Boys Rugby Football Club (OSOB for short) was established in 2004 by the founding fathers Rob Wright and Tony Pannell. OSOB developed out of the annual New Year's Day Youth Rugby Tournament where teams coached by Rob and Tony went unbeaten between the years of 1997 and 2002.

Since 2003, the Old Boys have been a fixture at the HKFC Tens, showcasing an unparalleled commitment to the sport by competing in every tournament except during the COVID-19 hiatus. It's a record that speaks volumes about their dedication. Over the years, the team has celebrated victories in the Plate and Bowl competitions

Staying true to their roots, the Old Boys continue to nurture local Hong Kong talent. Names like Mark Wright, Jamie Hood, Liam Herbert, and Harry Sayers are just a few of the alumni who have proudly carried the team's legacy onto the international stage representing Hong Kong.

As the Old Boys gear up for another thrilling HKFC Tens, the spirit of camaraderie, resilience, and passion for rugby remains as strong as ever.

COACH
Sir Gordon Tietjens

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EXILES

Taikoo Place Scottish Exiles

Hong Kong Scottish rugby football club was formed in April 2011. The HKRFU set up a new premiership team with the support of London Scottish, adopting their badge and sharing their colours (blue, white and red) as a mark of that relationship. They made its first appearance at the Melrose 7s, the birthplace of Rugby Sevens, represented by a largely invitational side, predominantly featuring rugby players of Scottish ancestry playing in Hong Kong.

Returning for their 12th appearance at the HKFC 10's, this year's team combines a strong mix of local and overseas talent. The Exiles have won silverware throughout the years here at the HKFC 10s, winning the plate in 2019 & 2024 and the bowl in 2018 & 2023.

With an exciting brand of rugby, the Exiles will certainly keep the crowd entertained.

COACH
Will Webster

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HKFC Natixis CLUB

The HKFC Natixis Club is a leading force in Hong Kong rugby, fielding seven men's teams that compete in the local leagues. The top side has achieved significant success in recent years, winning the League & Grand Championship in both the 2022/23, 2023/24 and now 2025/2026 seasons.

The current Nan Fung Group | AIRSIDE Men's Premiership Champions will be looking to complete their successful season by improving on how they did in last year's tournament where they finished as plate runners up.

COACH
Andrew Durutalo

HKFC Natixis ICE

HKFC Natixis Ice is a prominent women's team within the HKFC Rugby Section. They compete in the Women's Premiership and have secured back-to-back league titles in the 2022/23 and 2023/24 seasons.

Ice have been plate runners up twice in the competition's history, most recently last year. This time around with home support the side will be highly motivated to win silverware for the first time at the Hong Kong 10s.

COACH
Hannah Edwards

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AONE Sports New Zealand Legends

The New Zealand Legends have a storied history in the HKFC 10s, participating since the late 1990s. Their men's team notably reached the Cup finals in 2009, finishing as runners-up.

Similar to last year, they will be showcasing a roster filled with experienced players from the NZ Sevens and Black Ferns. This year their most recognisable name is Portia Woodman-Wickliffe, a legendary New Zealand rugby union player who has represented her nation in both 7s and 15s. She is a two time Rugby World Cup winner (2017, 2021), and a three time Olympian winning two gold medals and one silver medal. In 2025 she became the outright highest try scorer in New Zealand rugby history. Portia will certainly be one to watch come 10s week in 2026.

After debuting last year, not only are their women's side coming back as defending cup champions, they also have the opportunity to become the first women's side to be back to back winners.

COACH
Deano Herewini

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Nagato Blue Angels

Established in 2018, the Nagato Blue Angels is a dominant force in the Japanese women's sevens scene, consistently competing in the Taiyo Seimei World Sevens Series. In August 2025, the team won the series for the 5th time.

They were the surprise package of last year's tournament and are back again for their second appearance at the HKFC 10s. This time the team will be looking to go one better than 2025 after finishing as cup runners up, losing a tight clash against the New Zealand Legends 5-0.

COACH
Puea Faifua

Oxford University RFC

The Oxford University Rugby Football Club (Oxford University RFC or OURFC) is the rugby union club of the University of Oxford. Founded in 1869, fifteen months before the creation of the Rugby Football Union, the first Varsity Match was played in February 1872 in Oxford at 'The Parks'

As part of their upcoming tour to Laos, where they will be engaged in the Pass it Back program, run by ChildFund Rugby, they will also travel to Hong Kong where they will make their first ever Hong Kong 10s appearance fielding a women's side.

Oxford University WRFC was founded in 1988. Today OURFC Women's 1st XV compete in BUCS league and most recently have won the 2025 Varsity Match 27-7 at StoneX Stadium against Cambridge.

Women's Club Captain Chloe-Marie Hawley said, "Competing at the HKFC 10s is both a privilege and a responsibility. We're proud to represent Oxford Women's University Rugby and the values of respect, ambition and shared growth that define our club".

COACH
Chloe-Marie Hawley

Nanairo Prism Fukuoka

Nanairo Prism Fukuoka are a Japanese women's rugby union team based in Kurume, Fukuoka Prefecture. They mostly compete in the Taiyo Seimei World Sevens Series, but have occasionally formed joint teams with other clubs to compete in fifteens competitions.

In 2026 it will be the club's first appearance at the Hong Kong 10s, and they will want to make their mark on the competition.

COACH
Kosei Kukimoto

Shaohua Rugby

Founded in 2020, Shaohua Sports Rugby is an amateur rugby team based in Tai'an, Shandong, striving to become a top amateur rugby team in China. With around 80 members from all walks of life, the team upholds the values of unity, courage, respect and perseverance. With the motto "Uphold Rugby Spirit, Live a Positive Life", the team holds sharing sessions, campus rugby experiences and team-building activities to promote the sport.

They compete in various local, regional and national tournaments across China. Some of their recent success includes winning the Shandong Women's 15s Rugby Champions Cup in 2024.

In the future, the club aims to improve their youth development system, strengthen exchanges with international professional rugby teams and deepen cooperation with sports brands and local enterprises.

This will be Shaohua Rugby's first time competing at the Hong Kong 10s, fielding a Women's side that will be excited to test themselves against top players and teams.

COACH
Li Yang

Valley Broncos

The Valley Broncos make their second appearance at the Hong Kong 10s this year.

While this year is only their second appearance as a team, the Broncos are no strangers to the game or success. Their players boast a wealth of experience and quality from leagues and competitions around the globe, and they're eager to channel that expertise into a strong tournament performance.

Composed of a dynamic mix of international talent and Hong Kong-based players, the Broncos bring together a diverse group of athletes, each bringing their unique skills, experiences, and flair to the pitch.

COACH
Bella Milo

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Hong Kong Bauhinias

The Hong Kong Bauhinias are an invitational women's side specially assembled to compete at the Tradition HKFC 10s. The team features a blend of top talent selected from across the Hong Kong Women's Premiership clubs, including representatives from the host club, HKFC. This unique assembly of players aims to showcase the depth and quality of rugby within the territory, providing a high-level competitive platform for local stars. The team embodies the spirit of Hong Kong rugby, uniting rivals under one banner to take on international competition. They will be looking to leverage the combined strength and familiarity of their local playing group to make an impact in the tournament.

COACH
Ben Wills

WOMEN'S TOURNAMENT RULES

Match Play & Timing

- Format: Matches are 10-a-side played according to World Rugby law variations.
- Duration: 10 minutes per half with a 2-minute half-time interval.
- Extra Time: In knockout draws, sudden-death extra time is played in 5-minute periods; the first score wins.
- Scrums: Must have 5 players per side. The No. 9 must play the ball; no unbinding to pick it up is permitted.

Squads & Substitutions

- Squad Size: Teams may name up to 18 players; no replacements are allowed once the squad is registered.
- Interchanges: Rolling substitutions are permitted only at half-time or during one designated period of the team's choosing in each half.
- Injury: Injured players may be replaced at any time with official approval.

Pool Standings & Knockout

- Scoring: 2 points for a win, 1 point for a draw.
- Tie-Breakers: If level on points, standings are decided by: Most Tries > Points Difference > Points Scored > Coin Toss.
- Pathways: All teams advance to the Cup Quarter-Finals. Winners stay in the Cup; losers move to the Bowl. Losers of the Cup Semi-Finals contest the Plate Final.

Discipline & Welfare

- Yellow Cards: Suspend a player for 2 minutes of actual playing time.
- Concussion: A strict "Recognise & Remove" policy is in effect; there are no HIA allowances.
- Removal: Any player removed for a suspected concussion is barred for the remainder of the tournament.

For the full version of the rules, please visit: www.hkfc-10s.com

MEN'S TOURNAMENT RULES

Match Play & Timing

- Format: Matches are 10-a-side played according to World Rugby law variations.
- Duration: 10 minutes per half with a 2-minute half-time interval.
- Extra Time: In knockout draws, sudden-death extra time is played in 5-minute periods; the first score wins.
- Scrums: Must have 5 players per side. The No. 9 must play the ball; no unbinding to pick it up is permitted.

Squads & Substitutions

- Squad Size: Teams may name up to 18 players; no replacements are allowed once the squad is registered.
- Interchanges: Rolling substitutions are permitted only at half-time or during one designated period of the team's choosing in each half.
- Injury: Injured players may be replaced at any time with official approval.

Pool Standings & Knockout

- Scoring: 2 points for a win, 1 point for a draw.
- Reseeding: After pools, teams are seeded 1–12 based on Points > Most Tries > Points Difference > Points Scored > Coin Toss.
- Pathways: Seeds 1–8 advance to the Cup Quarter-Finals; seeds 9–12 advance to the Bowl Semi-Finals. Cup Quarter-Final losers move to the Plate.

Discipline & Welfare

- Yellow Cards: Suspend a player for 2 minutes of actual playing time.
- Concussion: A strict "Recognise & Remove" policy is in effect; there are no HIA allowances.
- Removal: Any player removed for a suspected concussion is barred for the remainder of the tournament.

For the full version of the rules, please visit: www.hkfc-10s.com

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